

Photo: 12019/Pixabay



RPBaiao/Shutterstock.com

Just a mere 38-minute journey from Stockholm, Uppsala is a city that dances between the beats of urban vibrancy and the soothing rhythm of a tranquil town. The city unfolds its rich history through iconic landmarks such as Uppsala Cathedral and Uppsala Castle. It's also home to Scandinavia's oldest university and engaging museums offering glimpses into bygone eras. A dynamic fusion of tradition and modernity, Uppsala invites travellers to savour the seamless coexistence of the old and the new in this lively tapestry of cultural significance.



Nadezhda Kharitonova/Shutterstock.com



Nord-bei-Nordost/Pixabay

#### **Featured**



**Fyrishov**Fyrishov is one of Sweden's largest arenas with approximately 2 million visi...



# Stadsträdgården

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#### Linnaeus' Hammarby

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# Uppsala Castle

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# Museum Gustavianum

Uppsala University's oldest existing building is now a museum for the univer...



#### **Uppsala Konsert & Kongress**

Uppsala Concert & Congress is a multifunctional meeting place with a design ...



#### Gamla Uppsala

Gamla Uppsala (Old Uppsala) is one of Scandinavia's most noteworthy areas wi...



# THE CITY



Shooting Wild Photography/Shutterstock.com

Uppsala, one of Sweden's oldest cities, boasts a history that spans over a millennium. It became a prominent religious and cultural centre during the Viking Age, with the construction of Uppsala Cathedral in the 13th century serving as a testament to its early significance. The city's historical prominence is further underscored by the establishment of Uppsala University in 1477, making it the oldest university in Scandinavia.

Uppsala's role in Swedish history includes being the site of important political events, such as the Sture Murders in the 16th century. The city also witnessed the abdication of Queen Christina of Sweden in the 17th century within the walls of Uppsala Castle.

Throughout the centuries, Uppsala has been a hub for intellectual and cultural pursuits, fostering advancements in science, literature, and the arts. The city's architectural landscape is adorned with well-preserved medieval structures, including the impressive Uppsala Castle.

Today, Uppsala continues to honour its heritage while embracing modernity. Its historical landmarks, vibrant academic community, and cultural attractions make it a captivating destination for those eager to explore Sweden's

rich past and dynamic present.

# DO & SEE



Tomasz Wozniak/Shutterstock.com

Uppsala is a city that is full of life and there are many things to experience here. Move easily between beautiful natural surroundings, busy shopping streets, fascinating sights, and exciting cultural treasures. The city offers loads of activities and organises many entertaining events.

# **Uppsala Cathedral**



Scandinavia's largest cathedral was built in the Gothic style in the 1270s before being consecrated in 1435. The cathedral is home to the tombs of

several Kings and famous scientists including Gustav Vasa and Carl Linnaeus. The treasury houses Gustav Vasa's sword, the relics of Eric IX of Sweden, as well as the golden chalice of Christina, Queen of Sweden. It is also possible to listen to concerts, look at exhibits, have coffee and cake in the cosy Katedralcafé, or browse the gift shop.

Photo: Andrew Friberg/CC BY-SA 4.0/Wikimedia(image

cropped)

Address: Domkyrkoplan, Uppsala Opening hours: Daily 8am-6pm Phone: +46 18 430 35 00



Internet: www.svenskakyrkan.se/uppsaladomkyrka

# **Uppsala Castle**



Constructed in the late 1540s under the rule of Gustav Vasa, Uppsala Castle stands as a testament to centuries of Swedish history. This

historic fortress has witnessed pivotal events like the Sture Murders and the abdication of Queen Christina of Sweden. Today, the castle serves as a venue for meetings and conferences in its majestic Great Hall, while also being the residence of the County Governor. Visitors can explore the Uppsala Peace Museum, attend lectures, enjoy films, appreciate modern art at the Uppsala Art Museum, and delve into the castle's history amidst the ruins of Vasaborg.

Photo: Andrew Friberg/CC BY-SA 4.0/Wikimedia(image cropped)

Address: Drottning Christinas väg 1, Uppsala

Phone: +46 18 727 24 82

Internet: www.visituppsalaslott.se

#### Museum Gustavianum



Uppsala University's oldest existing building is now a museum for the university's collections. There are mummies and ancient coins, as well as

artefacts from the age of the Vikings, and instruments from Linnaeus, Rudbeck, and Celsius. The building also houses the imaginatively embellished Augsburg Art Cabinet and the Anatomical Theatre.

Photo: Riggwelter/CC BY-SA 3.0/Wikimedia(image cropped)

Address: Akademigatan 3, Uppsala

Phone: +46 18 471 75 71

Internet: www.gustavianum.uu.se

Email: museum@gustavianum.uu.se

# **Uppsala Konsert & Kongress**



Uppsala Concert &
Congress is a
multifunctional meeting
place with a design and
acoustics of world-class.
The building is eight

stories high and spans 14,600 square meters, making it an ideal forum for all kinds of concerts, conventions, events, and meetings.

The building itself is well worth a visit for its renowned design and fantastic view. Uppsala Konsert & Kongress sells tickets to its own and other venues in Sweden.

Photo: Kilyan Sockalingum/Unsplash Address: Vaksalagatan 1, Uppsala

Phone: +46 18 727 90 00 Internet: www.ukk.se Email: info@ukk.se

#### Gamla Uppsala



Gamla Uppsala (Old Uppsala) is one of Scandinavia's most noteworthy areas with ancient remains. It is the site of three majestic

royal mounds from the 6th century, one of Scandinavia's largest burial areas and ruins of a cathedral built in the 12th century.

The area is surrounded by myths, with legends of ruthless power struggles between the Svea kings, as well as the golden heathen temples, human sacrifices and ancient Nordic blood sacrifices. Today, Gamla Uppsala is a popular excursion spot.



You can also visit Gamla Uppsala Museum, Odinsborg restaurant and the open-air museum, Disagården.

Photo: Pudelek/CC BY-SA 4.0/Wikimedia(image cropped)

Address: Disavägen, Uppsala

#### The Museum of Evolution



The Museum of Evolution was founded in 1999 from the former natural history museums of Uppsala University. It preserves and displays unique

collections of animals, plants, fungi, lichen, minerals, dinosaur skeletons, and other fossils. The museum has been collecting the wonders of nature since the 1600s — for research, education, and admiration.

Photo: thaloengsak/Shutterstock.com Address: Norbyvägen 16, Uppsala

Phone: +46 18 471 27 39 Email: info@em.uu.se

#### **Upplands Museum**



Upplands Museum is a cultural and historic county museum that provides knowledge, experiences and inspiration about

Uppland. Situated on an islet of Fyrisån River near the centre of Uppsala, the museum is housed in the old Academy Mill from the 1760s. The museum began its collections in 1909. Come and visit the different exhibitions, both permanent and temporary, spanning four floors.

Photo: Stavrida/Shutterstock.com Address: S:t Eriks torg 10, Uppsala

Phone: +46 18 16 91 00

Internet: www.upplandsmuseet.se

Email: info@upplandsmuseet.se

# **Uppsala City Theatre**



Discover the cultural richness of Uppsala at the Uppsala City Theatre, Sweden's third-largest city theatre. With a diverse and broad

program, the theatre stages approximately 50 performances annually across its four stages. The dynamic repertoire includes a variety of productions, spanning theatre, dance, and performance art. Additionally, the Uppsala City Theatre regularly hosts guest performances, contributing to the vibrant cultural scene in the city and offering audiences a diverse range of artistic experiences throughout the year.

Photo: Liu zishan/Shutterstock.com Address: Kungsgatan 53, Uppsala

Phone: +46 18 14 62 00

Internet: www.uppsalastadsteater.se Email: bokabiljett@uppsalastadsteater.se

#### Carolina Rediviva



Carolina Rediviva was erected between 1817 and 1841 and is home to Sweden's oldest university library, founded in 1620.

Originally three stories high with two mezzanines, the building now spans 12 stories and has about 5 million books and 3,500 shelf meters of handwritten documents.

When you walk through the entrance of the library, you'll come to the exhibition room, where you can view the famous Silver Bible from the 6th century, musical notations made by Mozart himself, medieval manuscripts, and Olaus



Magnus' Carta Marina, printed in 1539.

Photo: Mirko Junge/CC BY-SA 2.0/Flickr(image cropped)

Address: Dag Hammarskjölds Väg 1, Uppsala

Opening hours: Daily 9am-6pm Phone: +46 18 471 39 00 Internet: www.uu.se/en

Email: fraga.biblioteket@ub.uu.se

# **Biotopia**



Embark on a captivating journey through nature at Biotopia, an interactive museum nestled in the picturesque Vasaparken. Designed for individuals

of all ages, this museum offers a unique exploration of Uppland's rich natural heritage. Its permanent exhibit unravels the origins of Uppland, while lifelike dioramas showcase hundreds of Swedish animals in their natural habitats.

Photo: BlackRabbit3/Shutterstock.com Address: Vasaqatan 4, Uppsala

Opening hours: Tue 9am-5pm, Wed 9am-8pm, Thu & Fri

9am-5pm, Sat & Sun 11am-5pm, Mon closed

Phone: +46 18 727 63 70 Internet: www.biotopia.nu Email: info@biotopia.nu

# Stadsträdgården



Stadsträdgården, Uppsala's enchanting city park, traces its roots back to the late 1800s when the initial efforts were made to create this

beautiful green oasis. Open year-round, the park beckons with landscaped paths, a vibrant playground, and a lively riverside ambience. In spring and summer, Stadsträdgården transforms into a floral spectacle, showcasing a parade of vibrant blooms. This inviting urban retreat hosts a variety of events, including concerts and dance classes, adding a touch of cultural vibrancy to its natural charm.

Photo: Kanashkin Evgeniy/Shutterstock.com Address: Stadsträdgården, Uppsala

#### **Botanical Garden**



The Botanical Garden is a baroque garden in which more than 8,000 species from all over the world are grown. Enjoy the light, the greenery, and

the tranquillity of the tropical greenhouse, visit the majestic rooms of the orangery, or just have a stroll around the gardens. The café is open during the summer, and there's also a programme of exhibitions, concerts, courses, and children's activities. Admission is free.

Photo: Estea/Shutterstock.com Address: Villavägen 6-8, Uppsala Opening hours: Daily 7am-7pm Phone: +46 18 471 28 38 Internet: www.botan.uu.se Email: bokning@botan.uu.se

#### **Universitetshuset (University Hall)**



Situated in the historic quarter in the heart of the city,

Universitetshuset is the main building of Uppsala University. This stately

building, in a type of Roman Renaissance style, was designed by architect Herman Teodor Holmgren and built in the 1880s. It was inaugurated in 1887 with great pomp and circumstance.

Photo: Alexander Engström/CC BY-SA 3.0/Wikimedia(image



cropped)

Address: Biskopsgatan 3, Uppsala

# **Fyrishov**



Fyrishov is one of Sweden's largest arenas with approximately 2 million visitors every year. The indoor water park attracts many

visitors all year round, but there are also sports facilities and swimming pools, along with a spa, gym, restaurant and outdoor swimming pool.

Camping areas and cabins are located right next to the arena.

 $Photo: ESB\ Professional/Shutterstock.com$ 

Address: Idrottsgatan 2, Uppsala

Opening hours: Mon-Fri 6am-10pm, Sat & Sun

7:30am-9:30pm

Phone: +46 18 727 49 50

Internet: fyrishov.se/om-oss/english

Email: info@fyrishov.se

#### The Linnaeus Garden



The Linnaeus Garden is a lush oasis with a beautiful orangery, right in the centre of Uppsala, where you can find over 1,000 species arranged

according to Linnaeus' 'Systema Naturæ'.

Wander amongst the plants and enjoy the profusion of flowers whilst relaxing with a coffee or some lunch in the restaurant and café. The garden is also home to Linnaeus' residence, which now features a museum where you can learn more about the so-called King of Flowers and the period in which he lived.

The Garden and Professor's Residence (Linnaeus Museum) is open from May through September.

Photo: vetpathologist/Shutterstock.com Address: Svartbäcksgatan 27 B, Uppsala

Phone: +46 18 471 28 38

Internet: www.botan.uu.se/our-gardens/the-linnaeus-garden

Email: bokning@botan.uu.se

# Linnaeus' Hammarby



Hammarby is a rural 18th-century estate bought by Carl Linnaeus in 1758. In the well-preserved manor house, you'll find

Linnaeus' study with unique plant illustrations. Many of the plants that Linnaeus grew still flourish in the lush park. From the hill above the farm, you can enjoy the scenery and dream yourself back to the landscape of the 18th century. The manor with a café and exhibitions is open from May through September, and the surrounding cultural reserve all year round.

Photo: Camilo Torres/Shutterstock.com Address: Danmarks-Hammarby, Uppsala

Phone: +46 18 471 28 38

Internet: www.botan.uu.se/our-gardens/linnaeus-hammarby

#### **Bror Hjorth's House**



Explore the artistic legacy of Bror Hjorth at Bror Hjorth's House, an interesting studio museum located in the artist's former home and

studio. Renowned as one of Sweden's great modernists, Bror Hjorth (1894-1968) was a versatile talent, excelling in both sculpture and painting. The museum not only showcases his artworks but also hosts exhibitions featuring other artists in its gallery wing. Hjorth's creations are a vibrant celebration of love, music, and life, providing visitors with a glimpse into the profound and diverse world of this



esteemed artist.

Photo: Yannis Papanastasopoulos/Unsplash

Address: Norbyvägen 26, Uppsala Opening hours: Thu-Sun noon-4pm

Phone: +46 18 56 70 30 Internet: brorhjorthshus.se/en Email: info@brorhjorthshus.se

#### DINING



Mizio1970/Shutterstock.com

There is a thriving food culture in Uppsala, and you'll find trendy new bistros alongside classic, familiar restaurants. Organic and locally produced, eccentric crossovers, finger food in its various forms, or old-fashioned Swedish home cooking — there is something for all tastes and moods.

# Domtrappkällaren



Nestled within the historic Domtrapphuset, the restaurant Domtrappkällaren stands as a culinary gem. Their menus, intricately

designed to mirror the seasonal changes in forest, land, and sea, skillfully capture the essence of each time of year. The culinary focus is on Swedish flavours and locally sourced ingredients, seamlessly blended with international influences for a unique dining experience. To complement the gastronomic

journey, Domtrappkällaren offers a wide selection of drinks, with a spotlight on meticulously chosen quality wines. The wine list features a harmonious mix of iconic, highly sought-after producers and spirited up-and-coming labels, ensuring a beverage selection as diverse and rich as the culinary offerings.

Photo: Emanuel Ekström/Unsplash Address: S:t Eriks torg 15, Uppsala

Opening hours: Mon-Fri 11am-10pm, Sat noon-10pm, Sun

closed

Phone: +46 18 13 09 55 Internet: domtrappkallaren.se Email: info@domtrappkallaren.se

#### Hodja



Embark on a culinary journey at Hodja, a Turkish restaurant known for its exquisite flavours and vibrant ambience. Indulge in a delightful

array of small plates and bowls, featuring spinach-filled pierogies, succulent grilled racks of lamb, and flavorful chickpea mash among other tempting meze options. Be sure to save room for the grand finale – a mouth-watering baklava. Hodja's colourful interior, adorned with gold mosaics, rich textiles, and a fresco ceiling, transforms your dining experience into a truly memorable affair.

Photo: Prometheus72/Shutterstock.com Address: Sysslomansgatan 13, Uppsala

Opening hours: Mon-Sat 5pm-11:30pm, Sun closed

Phone: +46 18 14 59 59 Internet: www.hodja.se Email: info@hodja.se



#### Stationen



Since it was built in 1866, Uppsala's old station building has been the city's link to the wider world and continental Europe. An arena for

farewells and homecomings, meetings and yearnings, waiting and bustle, tears and laughter.

Over 145 years later, Stationen has opened its doors again, welcoming you to one of Uppsala's most popular restaurants. Partake of life's pleasures at the brasserie in Paris, the bar in London, and the café in Rome. Three European classics at Stationen, with food and drink that is timeless.

Photo: Freddy G/Unsplash

Address: Olof Palmes Plats 6, Uppsala

Opening hours: Sun & Mon 11:30am-11pm, Tue

11:30am-midnight, Wed & Thu 11:30am-1am, Fri & Sat

11:30am-2am

Phone: +46 18 15 35 00 Internet: www.stationen.se

Email: reservation@svenssonskrogar.se

#### **Hambergs Fisk**



Hambergs Fisk is a seafood restaurant serving oysters, fish, and shellfish platters in a relaxed, French-themed setting. The menu is

seasonal and is one of the most varied fish menus in Uppsala with alternating seafood medleys thanks to its own imports.

Photo: chuckstock/Shutterstock.com Address: Fyristorg 8, Uppsala

Opening hours: Mon 11:30am-2:30pm, Tue-Sat

11:30am-10pm, Sun closed Phone: +46 18 71 21 50 Internet: www.hambergs.se Email: info@hambergs.se

#### Il Forno



Il Forno is an authentic Italian restaurant serving wood-oven baked pizzas, fresh pasta, delectable antipasti dishes, and tiramisu all within a 'Lady

and the Tramp' style setting.

Photo: Denizo71/Shutterstock.com Address: S:t Olofsgatan 8, Uppsala

Opening hours: Mon-Fri 4pm-11pm, Sat noon-11pm, Sun

noon-9pm

Phone: +46 18 10 35 20

Internet: ilfornoitaliano.se/uppsala Email: ilfornoitaliano@hotmail.com

#### Jay Fu's



A crossover kitchen where American tenderised beef meets Asian lemongrass. In just a couple of years, this restaurant has become

one of Uppsala's most popular, situated in the classic Saluhallen with views across the River Fyris.

Photo: Lesya Dolyuk/Shutterstock.com Address: S:t Eriks torg 8, Uppsala

Opening hours: Mon-Thu 5pm-9pm, Fri & Sat 5pm-10pm,

Sun closed

Phone: +46 18 15 01 51

Internet: www.instagram.com/mrjayfu

Email: reservation@jayfu.se



# **Koh Phangan**



Embark on a culinary
escapade at Koh
Phangan, a Thai
restaurant featuring an
exotic and kitschy setting
adorned in genuine Thai

style. The ambience offers a delightful voyage to paradise, complemented by the skilled craftsmanship of Thai chefs preparing a diverse array of authentic Thai dishes.

Photo: wing f chen/Shutterstock.com Address: Fyristorg 2, Uppsala

Opening hours: Mon-Thu 4pm-11pm, Fri 4pm-1am, Sat

noon-1am, Sun noon-10pm Phone: +46 18 13 48 48 Internet: kohphangan.se

Email: contact@kohphangan.se

#### Villa Anna



In the heart of Uppsala, Villa Anna, a well-preserved and modernised 1870s building, invites patrons to experience an

atmosphere and culinary delights that surpass the ordinary. This award-winning restaurant prides itself on using locally sourced ingredients to craft exceptional lunches, tasting menus, and à la carte meals from its renowned Swedish kitchen. Villa Anna seamlessly blends historical charm with contemporary flair, providing a dining experience that not only honours its heritage but also tantalizes taste buds with flavours that reflect the essence of Swedish cuisine.

Photo: Kzenon/Shutterstock.com Address: Odinslund 3, Uppsala Phone: +46 18 580 20 00 Internet: villaanna.se/en Email: info@villaanna.se

#### **Aaltos**



Housed between the pillars under Alvar Aalto's famous house in Uppsala, this elegant Italian restaurant serves as a generous meeting point

and a tribute to the world-renowned Finnish architect, and his love for Italy and the Renaissance. At Aaltos, patrons are welcomed with Bellinis, Italian wines, and Aperols, along with the best of Italian gastronomy.

Photo: Gaus Alex/Shutterstock.com Address: Sysslomansgatan 14, Uppsala

Opening hours: Sun-Thu 5pm-9pm, Fri & Sat 5pm-10pm

Phone: +46 18 10 09 08

Internet: www.instagram.com/aaltosuppsala

#### **Picnic**



Situated within the Radisson Blu Hotel, Picnic offers a delightful dining experience for both hotel guests and external visitors alike.

Begin your day with the daily breakfast buffet or indulge in the popular à la carte brunch served on Saturdays. As the day transitions into evening, Picnic transforms into a great spot for drinks. The venue boasts a playful and cosy interior, characterised by splashes of colours and an abundance of plants. During the summer, patrons can choose to dine indoors or soak in the charm of the beautiful green outdoor terrace.

Photo: HQuality/Shutterstock.com Address: Stationsgatan 4, Uppsala

Phone: +46 18 474 79 30

Internet: www.picnicuppsala.com
Email: picnic.uppsala@radissonblu.com



More Info: Located at Radisson Blu Hotel

# **CAFÉS**



StudioByTheSea/Shutterstock.com

Uppsala's cafés are well-frequented at all times and are where students meet to study, where business owners have their meetings, and where the people of Uppsala come for a moment of relaxation or a get-together — there is something for all tastes and moods.

Why not savour a sandwich made with stone-baked bread, enjoy a cup of fair-trade coffee, sink into a comfy sofa in opulent surroundings, or simply just people-watch while sitting outside?

#### Carl Von Linnés Café Kardemumma



Small and intimate café situated in the old premises of the city library serving locally sourced produce, both organic and fair-trade.

You can find light lunches, baked goods, and sumptuous sandwiches on stone-baked sourdough bread.

Photo: vasanty/Shutterstock.com Address: Svartbäcksgatan 17, Uppsala

Opening hours: Mon-Fri 9am-7pm, Sat 11am-5pm, Sun

noon-4pm

Phone: +46 18 52 53 33

Internet: www.cafecarlvonlinne.se

#### Güntherska



Traditional café and Swiss-style bar celebrated for its delectable cakes and baked goods, along with some delightful lunch

options, including the renowned fresh pea soup paired with generous slices of sourdough bread. What sets Güntherska apart is its reputation for boasting Uppsala's finest outdoor seating area, situated in the midst of the city and overlooking the picturesque River Fyris.

Photo: santypan/Shutterstock.com Address: Östra Ågatan 31, Uppsala

Opening hours: Mon-Fri 9am-7pm, Sat & Sun 10am-6pm

Phone: +46 18 13 07 57

Internet: www.instagram.com/guntherskaschweizeri

Email: info@forsahembageri.se

#### Konditori Fågelsången



Konditori Fågelsången is a traditional patisserie exuding a charming fifties-style atmosphere retained from when it was opened. It serves an

extensive array of cakes and baked goods, all crafted in-house every day. The warmth of its cosy surroundings has made it a favourite among regulars, and on sunny days, the spacious terrace becomes a bustling haven for those seeking delightful treats in an inviting setting.

Photo: Prostock-studio/Shutterstock.com

Address: Munkgatan 3, Uppsala

Opening hours: Mon-Fri 7:30am-7pm, Sat & Sun 9am-6pm

Phone: +46 18 14 52 65

Internet: www.konditorifagelsangen.se



#### Café Linné



Cosy and charming café furnished in vintage style and offering a delightful selection of cakes and sandwiches, complemented by the

richness of fair-trade coffee. Not to be missed is the huge Linné buns, a signature pastry that beckons all visitors to indulge in its delectable goodness.

Photo: Ossile/Shutterstock.com

Address: Svartbäcksgatan 22, Uppsala

Opening hours: Mon-Sat 7:30am-10pm, Sun 8:30am-10pm

Phone: +46 18 15 55 10 Internet: www.cafelinne.com Email: info@cafelinne.com

# **BARS & NIGHTLIFE**



Michael Discenza/Unsplash

Uppsala's nightlife has something for all ages and tastes. Unwind after work at a relaxing lounge bar, or why not try new beers and innovative drinks at one of the many bars this University town has to offer? You might also enjoy one of the stimulating and good-value dishes on offer at a tavern, dancing to the sounds of talented DJs or listening to a live band in historic surroundings. The choice is yours.

#### **Flustret**



This long-established restaurant, beautifully situated by Svandammen and the City Park, has been enjoyed since the 1840s. Even today it

attracts people of all ages for dancing, entertainment, food, and a refreshing drink. The restaurant features outdoor seating overlooking the City Park, plus two dance floors, and a nightclub, as well as after-work events, among other things. It's also possible to reserve a table in the lounge.

Photo: Goodluz/Shutterstock.com Address: Flustergränd 5, Uppsala Opening hours: Sat 10:30pm-3am

Phone: +46 18 10 04 44 Internet: www.flustret.se Email: info@flustret.se

#### **Plock**



Modern and cosy restaurant and bar offering a symphony of tapas-style dishes in a convivial setting. It's the perfect spot for those

seeking a relaxed ambiance, ideal for engaging conversations and enjoying a delightful array of drinks.

Photo: santypan/Shutterstock.com

Address: Dragarbrunnsgatan 24, Uppsala

Opening hours: Mon & Tue 11:30am-midnight, Wed-Fri 11:30am-1am, Sat noon-1am, Sun 4pm-midnight

Phone: +46 18 12 16 12

Internet: www.instagram.com/plock uppsala

Email: info@plock.nu



#### Katalin And All That Jazz



One of the country's top live music venue and jazz clubs, where Swedish and international artists weave melodies that captivate the soul. Set in

a former cargo warehouse, the atmosphere exudes a unique blend of raw charm and homely warmth. As the notes fill the air, patrons can indulge in a wide selection of Czech beer and savoury delights.

Photo: Galiullin Ruslan/Shutterstock.com

Address: Roslagsgatan 1, Uppsala

Phone: +46 18 14 06 80 Internet: www.katalin.com Email: info@katalin.com

# Magnussons



A tavern with attitude and something to suit every time and occasion. Here you can drop in for a snack, eat lunch in spacious surroundings, or

while away the whole evening. Perch yourself at the bar, have an appetiser, and tantalise your taste buds as you choose between dishes of various sizes. There's also a popular after-work event on Fridays or chilled-out Sundays with cheese, wine and other goodies.

Photo: archimede/Shutterstock.com Address: Drottninggatan 1, Uppsala

Opening hours: Mon-Thu 11am-10pm, Fri 11am-2am, Sat

noon-2am, Sun noon-10pm Phone: +46 18 14 00 18 Internet: rmagnussons.se

#### **SHOPPING**



Niklas Lundengård / Destination Uppsala

Uppsala is a lively shopping city. There is a nice mix of modern malls, specialty shops, cafés and restaurants. Shop, have a coffee or just enjoy the pulse of the city and the beautiful Uppsala surroundings.

You can take a walk among the charming shops in the cobblestone cultural district around the Fyris River and St. Erik's Square, or along the popular pedestrian street where most of the city's fashionable malls and chain stores are located. If you continue under the railroad tracks, you will find small shops and the old Godsmagasinet, a former goods warehouse that now serves as a popular design and art gallery.

# The English Bookshop



Embark on a literary escape at The English Bookshop in Uppsala, often hailed as Sweden's best bookstore. With a stock of approximately

ten thousand books, this charming and cosy haven offers an extensive collection of English books. The selection includes regular imports from the UK and the US, spanning various genres and housing little treasures and unexpected finds. As you step into this delightful bookstore, the atmosphere is akin to a scene



from a beautiful movie set, with shelves reaching from floor to ceiling, creating an inviting ambiance for book enthusiasts to explore and discover the perfect literary companion.

Photo: lakov Filimonov/Shutterstock.com Address: Svartbäcksgatan 19, Uppsala

Opening hours: Mon-Fri 10am-6:30pm, Sat 10am--5pm, Sun

noon-5pm

Phone: +46 18 10 05 10 Internet: bookshop.se Email: uppsala@bookshop.se

#### Godsmagasinet



Housed within Godsmagasinet, a quaint shopping haven, two distinct gems await discovery: Stickspåret Klädbutik and Kaleido

Konsthantverk. At Stickspåret, you'll find an array of Nordic-designed clothes, shoes, bags, and jewellery, characterised by vibrant colours, intricate patterns, and environmentally-friendly materials. Meanwhile, Kaleido is a cooperative containing over twenty craftsmen specialising in ceramics, textiles, blacksmithing, art jewellery, and more. This carefully curated shop offers high-quality crafts, each piece a testament to meticulous design and craftsmanship.

Photo: giggsy25/Shutterstock.com Address: Roslagsgatan 1, Uppsala Internet: www.sticksparet.se More Info: www.kaleido.nu/english

#### **Ulva Kvarn**



Ulva Kvarn is an estate with an old, traditional Swedish mansion surrounded by an enormous park. Inside of the estate, you'll discover a variety of shops owned by craftsmen who make the most astonishing products. For instance, there is the Silversmedja, which is a silversmith with its own jewellery and can make any type, form, or shape of jewellery that you desire. It's impossible not to mention Glashyttan Ulven, this is a place where you can find glass-blown products and even book classes if you want to learn the craft of glassblowing.

Photo: jurra8/Shutterstock.com Address: Ulva Kvarn, Uppsala Opening hours: Mon-Sun 11am-6pm Internet: www.ulvakvarn.com Email: info@ulvakvarn.com

#### Gränbystaden



If you're looking for a traditional shopping mall with all the shops that you could possibly dream of, look no further.

Gränbystaden is home to

over 100 shops, a cinema, a food court, a supermarket, plus a kids' play area.

Photo: adriaticfoto/Shutterstock.com Address: Marknadsgatan 1, Uppsala Opening hours: Daily 10am-8pm

Phone: +46 73 400 31 75 Internet: granbystaden.se Email: info@granbystaden.se

# Flea Markets



Who is not familiar with a flea market and its bargains of second-hand goods? Uppsala is known for its many flea markets which sell a variety of

goods, such as antiques, furniture, clothes, and toys.



One of the most known flea markets is the one located on Vaksala Torg, every Saturday. It is mostly focused on antiques with professional dealers who offer a good bargain. In Fyrispark, you can find a selection of clothes and items for children. In the summer, it turns into a popular car boot sale.

Photo: Peryn22/Shutterstock.com Address: Vaksala Torg 1, Uppsala Opening hours: Sat 8am-6pm

#### Tantens Gröna Skafferi & Garderob



This store has it all. When you walk into the foyer, you'll find a café filled with vegan and vegetarian dishes and drinks. Walk a little bit

further and it turns into a cultural centre, where frequent music events are held. Walk outside and you'll discover a children's clothing and toy shop.

Tantens Gröna is known for its organic, fair-trade, and eco-friendly products. Because of its popularity, the shop has turned into the largest alternative store in Sweden.

Photo: GRSI/Shutterstock.com Address: Hågavägen 188, Uppsala

Opening hours: Mon-Fri 10am-6pm, Sat 11am-3pm, Sun

11am-4pm

Phone: +46 18 46 25 79 Internet: tantensgrona.se Email: info@tantensgrona.se

#### Färnert Guldsmeder



You may wonder how it's possible to create a delicate piece of jewellery. Luckily, there's an extraordinaire shop in Uppsala where you can

not only buy jewellery but also see how it's made!

Most of the design is made by the shop itself, so you won't find a piece of jewellery like it anywhere but in Färnert Guldsmeder. The shop and its methods have existed for over a hundred years and for the people from Uppsala, it's still the place to buy jewellery or get your broken/damaged pieces fixed.

Photo: Nejron Photo/Shutterstock.com Address: S:t Eriks torg 13, Uppsala

Opening hours: Tue-Fri 11am-6pm, Sat 11am-2pm, Sun &

Mon closed

Phone: +46 18 10 20 60 Internet: www.farnert.se Email: smycken@farnert.se

# **Bergmans**



Elevate your wardrobe with timeless sophistication at Bergmans, a distinguished clothing shop celebrated for its

exquisite custom-made suits and splendid array of ties. Whether you're in search of a perfectly tailored suit, a refined blazer, a shirt, or a comfortable sweater, Bergmans offers a curated collection of high-quality clothing. And if navigating the world of fashion feels overwhelming, fear not — Bergmans offers a personal shopper, dedicated to ensuring you find the ideal ensemble that complements your style.



Photo: Pressmaster/Shutterstock.com Address: Drottninggatan 4, Uppsala

Opening hours: Mon-Fri 10am-6pm, Sat 10am-4pm, Sun

closed

Phone: +46 18 13 06 63

Internet: www.bergmanskonfektion.se Email: info@bergmanskonfektion.se

#### **Forumkvarteret**



Step into history while indulging in contemporary shopping at Forumkvarteret, Uppsala's first shopping mall boasting a rich

70-year legacy. Nestled in the city centre, this iconic destination offers a unique blend of fashion boutiques, restaurants, cafés, and beauty salons. Explore the diverse array of shops within this historic mall, where the past seamlessly merges with modern trends, providing a distinctive and enjoyable shopping experience.

Photo: blurAZ/Shutterstock.com Address: Forumtorget, Uppsala

Opening hours: Mon-Fri 10am-7pm, Sat 10am-5pm, Sun

noon-5pm

Phone: +46 18 18 23 70

Internet: www.forumkvarteret.se

#### **TOURIST INFORMATION**



isaia nisoli/Shutterstock.com

# Passport/Visa



Sweden can be visited visa-free for up to 90 days by citizens of Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and

most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport but must have a valid ID with them during their stay.

Photo: TukTuk design

#### Stockholm Arlanda Airport (ARN)



Stockholm Arlanda
Airport (ARN) is the
biggest airport in Sweden
and an important hub for
Uppsala. The journey to
and from Uppsala and the

airport takes about 20 minutes.

There are several ways to transport to and from the airport:

Train: Storstockholms Lokaltrafik (SL)'s commuter trains whisk you to Uppsala in 18 minutes, departing from Arlanda Central Station in SkyCity (between Terminals 4 and 5). Tickets are available at SL and Upplands Lokaltrafik (UL) websites or at Arlanda Central Station.

Airport Coach: Upplands Lokaltrafik (UL) operates route 801, departing twice hourly from 3 am to midnight. Tickets can be purchased at the Arlanda Visitor Centre in Terminal 5 or any other information desks in Terminal 2 and 4. There are also self-service ticket machines at the stops at Terminal 2, 4 and 5. Another option to buy your ticket is when boarding the bus, but they only accept cards. Night buses (bus 593) also connect the airport and Uppsala.

Taxi: Taxi with airport agreements are conveniently located outside all terminals. For assistance, taxi rank officers are readily available.

Rental Cars: Most car rental offices are situated in Arlanda's dedicated car rental area, providing flexibility for travellers.

Photo: Juan Garces

Address: Stockholm Arlanda Airport

Phone: +46 10 109 10 00

 $\label{linear_com_arlanda} In ternet: www.swedavia.com/arlanda \\ Email: info@arlanda airport.se$ 

#### **Best time to Visit**



With mild summers and cold winters, Uppsala can be visited throughout the year depending on what you're looking for. Spring is the time when the city

bursts into life but there can be high levels of pollen so if you suffer from hay fever make sure to take your medicine. The summer months start in May and the maximum temperature rarely goes over 30°C in June, July, and August. Winter months are between late November and late March when the average temperatures are between -2°C and -4°C. Uppsala is a delightful place to visit during this period and there are plenty of winter activities to choose from like skiing, skating, or jig-fishing. During Christmas time (November and December) there are Christmas markets, Christmas buffets and celebrations of Sankta Lucia to enjoy.

Photo: VectorA

# **Public Transport**



Uppsala's city centre is compact making it easy to walk around and very bicycle-friendly too. You can rent a bike and just follow the manicured bike

paths.

Uppland's regional buses UL (Upplands Lokaltrafik) are responsible for public transport in Uppsala county, i.e. the local city buses and the yellow regional buses. Mälartåg operates the regional train service in the greater region. The UL tickets are valid for travel with City buses, Regional buses, Mälartåg on the Uppsala-Sala, Uppsala-Gävle and Uppsala-Arlanda/Märsta



routes, as well as the SL shuttle on the Uppsala-Knivsta-Arlanda route. UL offers tickets with several different validity options, ranging from 75 minutes to a whole year.

There are many different ways to buy your tickets, for example, through the UL mobile app, through a UL Card (where you load your Travel Funds), or from the ticket machines at all major transport hubs. You can also pay when boarding the bus or train, but only with credit/debit cards.

The UL Centre is located in Uppsala Central Station, where you can get information and help regarding tickets and transport.

Photo: Pierre-Luc Auclair Internet: www.ul.se/en

#### Taxi



Uppsala Taxi +46 18 10 00 00 Taxi Upppsala 24/7 +46 18 10 410 00 42

Photo: Destination Uppsala

# Post



You will find postal service points in supermarkets and petrol stations across Uppsala, where you can buy stamps and send and

receive packets. Stamps can also be bought at smaller newsagents, for example at Pressbyrån shops.

Photo: Andy Fuchs

# **Pharmacy**



Apoteket Kronan Svartbäcksgatan 8, Uppsala +46 77 145 04 50 Open Mon-Fri 8am-7pm, Sat 10am-6pm, Sun

11am-5pm

One pharmacy with late opening hours is:

DOZ Apotek Uppsala Samariten Kålsängsgränd 10c, Uppsala +46 18 580 21 10 Open daily 8am-10pm

Photo: Gemma Garner Internet: www.apoteket.se

# Telephone



Country Code: +46 Area

Code: 018

Photo: Jardson Almeida

#### **Electricity**



230 V, 50 Hz

Photo: Stirling Tschan

**Population** 149,245 (2023)

**Currency** Swedish Krona, SEK

# Destination: Uppsala Publishing date: 2024-02-07



# Opening hours

Most shops are open between 10am and 6pm. Shops in central Uppsala in pedestrianised areas and in shopping centres are open between 10am and 7pm, while larger supermarkets are usually open between 8am and 8pm, or sometimes longer.

#### Internet

destinationuppsala.se/en

# Newspapers

Upsala Nya Tidning: unt.se The Local (in English): www.thelocal.se

# **Emergency numbers**

112

