



Featured

Botanical Garden

where you'll fin...

Photo: DigitalMammoth/Shutterstock.com



Known for its seamless blend of natural beauty and modern urban life, Oslo offers a unique Scandinavian experience. From its iconic waterfront, dotted with sleek architecture, to its cultural landmarks like the Viking Ship Museum, the Munch Museum, and the Royal Palace, Oslo delights visitors with its rich history and contemporary charm. With a thriving arts scene, innovative cuisine, and a commitment to sustainability, Oslo is a dynamic city that captivates travellers with its stunning landscapes, friendly locals, and progressive spirit.

Anna Jedynak/Shutterstock.com



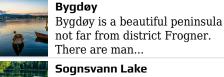
William Perugini/Shutterstock.com



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# THE CITY



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Nestled between the Oslofjord and the surrounding green hills, Oslo is a vibrant city which has evolved from its humble origins as a Viking settlement to become a thriving modern metropolis.

Founded around the year 1000 AD by the Viking king Harald Hardrada, Oslo served as an important trading hub. Throughout the Middle Ages, the city experienced various power struggles and changed hands between Norwegian, Danish, and Swedish rulers.

In 1624, a devastating fire razed much of the city to the ground. This catastrophe presented an opportunity for King Christian IV of Denmark-Norway to redesign Oslo, granting it city status and renaming it Christiania.

The city flourished under Danish rule and later came under Swedish control during the Napoleonic era. Fast forward to 1905, when Norway gained independence from Sweden, and Christiania regained its original name, Oslo, as the capital of the newly established Norwegian state.

The early 20th century witnessed significant urban development, with grand public buildings and cultural institutions shaping the city's

## skyline.

In recent years, Oslo has become renowned for its sustainable practices and environmental initiatives, including its eco-friendly transportation. Parks and green spaces are integral to Oslo's urban fabric, providing residents and visitors with ample opportunities to connect with nature.

Today, Oslo is a cosmopolitan city, blending a modern and innovative outlook with its historical charm. It is home to world-class museums, including the iconic Viking Ship Museum and the Munch Museum. The city's culinary scene is thriving, with a diverse range of international cuisines and a strong emphasis on locally sourced ingredients.

## DO & SEE



Scharfsinn/Shutterstock.com

Oslo is a lively city, brimming with museums, art, and entertainment, ensuring visitors are constantly engaged and, therefore, never bored. In the heart of the city, one can easily transition from exploring Viking history and charming old wooden neighbourhoods to immersing themselves in the hip districts with innovative architecture and contemporary art. The cityscape is alive with frequent festivals and concerts, scattering delightful melodies and festivities throughout Oslo.

#### **Oslo Opera House**



An iconic city landmark, the white-oblique building of the Opera House is located right next to the harbour and was constructed to

emulate a floating glacier. Offering a rich program of opera and ballet, this emblematic building has oak interiors, street-level windows, and a shimmering marble rooftop. To climb it and enjoy great views over Oslo and its fjord is a must for every visitor.

Photo: Medvedeva Oxana/Shutterstock.com Address: Kirsten Flagstads Plass 1, Oslo Phone: +47 21 42 21 21 Internet: operaen.no/en Email: post@operaen.no

#### Aker Brygge & Tjuvholmen



Aker Brygge is a lively and very popular area situated right by the fjord. It has witnessed enormous development since the days when it

used to be a shipyard up until the 80s. Now, visitors and locals come here for shopping, al fresco dining at one of the countless restaurants and bistros, or just to take a stroll along the waterfront.

Tjuvholmen is an area located on a peninsula adjacent to Aker Brygge, between Pipervika and Filipstad. It has also undergone remarkable transformations throughout its history. Once a bustling dock, shipyard, and warehouse district, Tjuvholmen has evolved into a modern hub characterised by innovative architecture and bustling with stylish apartments and trendy restaurants. Tjuvholme also hosts many art galleries, a sculpture park, and a city beach. Here you'll also find the Astrup Fearnley Museum of Modern Art, housed in a spectacular wooden building designed by Renzo Piano.

Photo: byggarn.se/Shutterstock.com

#### **Vigeland Park**



Located in Frogner Park, Vigeland Park is home to more than 200 sculptures in bronze, granite, and cast iron by Norwegian artist Gustav Vigeland,

and is one of Norway's most popular tourist attractions. Every year, over one million visitors come here to discover this curious park and its sculptures, including the mighty Monolith, The Angry Boy, and the touching Wheel of Life sculpture. There is also a museum displaying the works of Gustav Vigeland, plus temporary art exhibitions.

Photo: Milan Sommer/Shutterstock.com Address: Nobels Gate 32, Oslo Opening hours: The park is open 24/7. The museum is open from Tue-Sun 10am-5pm Phone: +47 23 49 37 00 Internet: vigeland.museum.no/en More Info: The park is open to visitors all year round at no cost.

#### Munch Museum



Boasting an impressive 13 floors and 11 exhibition spaces, the Munch Museum, known simply as Munch, houses a remarkable collection of

26,000 works by Munch, including 1,183 paintings, providing a comprehensive exploration

of Munch's artistic legacy. Notably, visitors can marvel at the iconic painting "The Scream", which is on permanent display within the museum.

Photo: Ysbrand Cosijn/Shutterstock.com Address: Edvard Munchs Plass 1, Oslo Opening hours: Sun-Tue 10am-6pm, Wed-Sat 10am-9pm Phone: +47 23 49 35 00 Internet: www.munchmuseet.no/en Email: info@munchmuseet.no More Info: Near the Oslo Opera House

#### **Akershus Fortress**



Originally constructed as a medieval fortress in 1299 by King Håkon V, it was later transformed into a Renaissance castle and royal residence under

the reign of King Christian IV. Throughout the centuries, this historic landmark has stood witness to pivotal events that have shaped the country's history. Guided tours are available daily.

Photo: Paulo Miguel Costa/Shutterstock.com Address: Grev Wedels Plass 5, Oslo Phone: + 47 23 09 39 17 Internet: kultur.forsvaret.no/forsvarets-festninger/akershus-festning

#### **Royal Palace**



The neo-classical Royal Palace lies right at the end of Karl Johann Gate and makes for a very impressive sight. The park, which surrounds

the palace, is a popular picnic and sunbathing spot thanks to its grassy areas and majestic trees. Every day at 1:30 pm the guard changing ceremony takes place. Photo: Ahnjo/cc by-sa 4.0/Wikimedia(image cropped) Address: Slottsplassen 1, Oslo Phone: +47 22 04 87 00 More Info: The palace is accesible during summer season with guided tours only.

### Oslo City Hall (Rådhuset)



The double-towered building made of red bricks housing the city council, the city's administration, and various other municipal

organisations is a major symbol of the city. The interiors are decorated with scenes of Norwegian culture, history, and working life from the first half of the 20th century. The ceremony for the Nobel Peace Prize awarding is held here every year.

Photo: Nanisimova/Shutterstock.com Address: Rådhusplassen 1, Oslo Opening hours: Daily 9am-4pm Phone: +47 23 46 12 00 Internet: www.oslo.kommune.no/oslo-city-hall

#### Bygdøy



Bygdøy is a beautiful peninsula not far from district Frogner. There are many popular museums here, but the peninsula is also a

well-appreciated recreational area during the summer months, with beaches, hiking trails, and cycling paths.

Photo: Maria Endermar/Shutterstock.com Address: Bygdøy, Oslo

#### Damstredet & Telthusbakken



Damstredet & Telthusbakken is a picturesque area in central Oslo with characteristic wooden houses from the 19th

century. These two narrow and winding streets, lined with colourful houses are the perfect way to take a break from the hustle and bustle of the city and experience some authentic old-Norway atmosphere. Surrounding this idyllic setting, you'll find the peaceful Egebergløkka, an area boasting allotment gardens, as well as the medieval Gamle Aker Kirke (Old Aker Church), adding to the historical charm of the surroundings.

Photo: Arnsdale/Shutterstock.com

#### Norwegian Museum of Cultural History



Norsk Folkemuseum is an extensive open-air museum at Bygdøy displaying more than 150 traditional buildings from all around Norway,

including the impressive Gol Stave Church from around 1200. Craft demonstration, animal feeding and horse and carriage riding are among the many activities available daily through the summer. An indoor exhibition showcases traditional handicraft items, national costumes, and folk art, and offers exceptional insight into Sami history and culture.

Photo: vyskoczilova/Shutterstock.com Address: Museumsveien 10, Oslo Opening hours: Daily 10am-5pm Phone: +47 22 12 37 00 Internet: norskfolkemuseum.no/en Email: post@norskfolkemuseum.no

#### **Museum of Cultural History**



At the Museum of Cultural History, visitors will find a vast collection of artefacts that span Norwegian history, tracing back from the Ice

Age to the era of Christianity. With a particular emphasis on the Viking period and the Middle Ages, it comprehensively explores these significant chapters. On the upper floors, visitors can immerse themselves in an ethnographic museum that showcases rotating exhibitions, offering a glimpse into diverse cultures and traditions.

Photo: Vidariv/cc by-sa 3.0/Wikimedia(image cropped) Address: Frederiksgate 2, Oslo Opening hours: Tue-Sun 10am-5pm, Mon closed Phone: 47 22 85 19 00 Internet: www.historiskmuseum.no/english/ Email: info@khm.uio.no

#### **Botanical Garden**



Escape the bustling energy of Oslo at the Botanical Garden, where you'll find a serene oasis of expansive greenery. Established in 1814, it

holds the distinction of being Norway's oldest garden. It features an Arboretum showcasing approximately 1,800 plant varieties, including an array of exotic species, plus a scent garden and wooden sculptures by British artist Tom Hare.

Photo: Nanisimova/Shutterstock.com Address: Sars Gate 1, Oslo Opening hours: Sat-Thu 7am-9pm, Fri 7am-5pm Phone: +47 22 85 16 30 Internet: www.nhm.uio.no/english/index.html

#### **Tusenfryd Amusement Park**



Located just 20 kilometres south of Oslo in Vinterbro, Tusenfryd is Norway's largest amusement park. With a wide range of attractions

to choose from, including a thrilling wooden roller coaster, carousels, and exciting long rides, a visit to Tusenfryd promises a fantastic time for both children and adults.

Photo: rustycanuck/Shutterstock.com Address: Fryds Vei 25, Vinterbro Opening hours: Daily 10:30am-7pm Phone: +47 64 97 64 97 Internet: www.tusenfryd.no/en Email: firmapost@tusenfryd.no.

#### Holmenkollen Ski Museum



Nestled at the base of Holmenkollbakken, a renowned ski jumping hill in Oslo, the Holmenkollen Ski Museum is an absolute must-visit for

sports enthusiasts. Established in 1923, it holds the esteemed title of being the world's oldest ski museum. It takes visitors on a journey through 4,000 years of skiing history, offering fascinating insights and exhibits. Furthermore, a visit to Holmenkollbakken provides an extraordinary experience, as you ascend to the top of the ski jump hill and behold breathtaking panoramic views of Oslo and its picturesque fjord. For added excitement, try the ski simulator to get a taste of the thrill of jumping from Holmenkollen.

Photo: Marcel Alsemgeest/Shutterstock.com Address: Kongeveien 5, Oslo Phone: +47 91 67 19 47 Internet: www.skiforeningen.no/en/holmenkollen/ Email: post@skiforeningen.no

#### Sognsvann Lake



Sognsvann Lake, a beloved recreational area, is conveniently located just a stone's throw away from Oslo's city centre. Throughout

the winter, the landscape comes alive with skiers, while in the summer, the approximately 3-kilometre path encircling the lake attracts numerous walkers and runners. This picturesque destination offers a plethora of activities, including picnicking, swimming, and fishing, providing endless opportunities to enjoy the great outdoors.

Photo: Tim M/Shutterstock.com Address: Sognsvann Lake, Oslo

#### Kon-Tiki Museum



Thor Heyerdahl, a Norwegian adventurer and ethnographer, earned international fame for his expeditions across the Pacific Ocean on board

the Kon-Tiki and Ra in 1947. And at the Kon-Tiki Museum, you can follow the intriguing events during his expeditions and their significance to world history. See the actual balsa and papyrus rafts, and learn more about Heyerdahl's travels.

Photo: Nanisimova/Shutterstock.com Address: Bygdøynesveien 36, Oslo Opening hours: Daily 9:30am-6pm Phone: +47 23 08 67 67 Internet: www.kon-tiki.no Email: kon-tiki@kon-tiki.no

#### National Museum — Architecture



The combination of classical and modernist architecture makes the building signed by two of the most important Scandinavian architects,

Fehn and Grosch, an attraction in itself. Here you can find changing exhibitions related to different historical periods, with photos, models, and drawings, as well as a gift shop and café.

Photo: Jean-Pierre Dalbéra/cc by 2.0/Wikimedia(image cropped) Address: Bankplassen 3, Oslo Opening hours: Mon-Fri 10am-3pm, Sat & Sun closed Phone: +47 21 98 20 00 Internet: www.nasjonalmuseet.no Email: info@nasjonalmuseet.no

#### Norwegian Maritime Museum



The Norwegian Maritime Museum is located on the Bygdøy peninsula. Here, visitors can enjoy fascinating environmental exhibitions about fishing,

shipbuilding, sailing, marine archaeology, and an impressive collection of boat models and marine paintings.

Photo: sirtravelalot/Shutterstock.com Address: Bygdøynesveien 37, Oslo Opening hours: Mon-Sat 10am-5pm, Sun 11am-4pm Phone: +47 24 11 41 50 Internet: marmuseum.no/en Email: fellespost@marmuseum.no

# Center for Studies of the Holocaust & Religious Minorities



The Centre for Studies of Holocaust and Religious Minorities showcases a modern exhibition that sheds light on the Holocaust. Through a

combination of powerful imagery, immersive sounds, films, artefacts, and informative textual documents, the exhibition chronicles the tragic genocide of European Jews. It also highlights the Nazi State's systematic mass murder and persecution of other targeted groups and minorities.

Photo: Robert Zunikoff/Unsplash Address: Villa Grande, Huk Aveny 56, Oslo Opening hours: Daily 10am-6pm Phone: +47 22 84 21 00 Internet: www.hlsenteret.no/english Email: post@hlsenteret.no

## DINING



LMspencer/Shutterstock.com

Oslo is an exceptionally modern capital with a large variety of ethnic cuisines, gourmet restaurants, and traditional eateries. Norway's capital is also one of the most expensive cities in the world. For that reason, prices are generally high. However, if you are travelling on a budget, cheaper alternatives serving good quality food can also be found all around the city.

#### Sanguine Brasserie



Sanguine Brasserie sits in the middle of the iconic Opera House's foyer. You can visit during day time, have a coffee in the sun, or combine a grand

dinner with an opera show. Serving Norwegian classics and some international dishes, Sanguine's menu changes every month.

Photo: Mostovyi Sergii Igorevich/Shutterstock.com Address: Oslo Opera House, Kirsten Flagstads Plass 1, Oslo Opening hours: Daily noon-8pm Phone: +47 21 42 21 42 Internet: www.sanguinebrasserie.no/english Email: post@opera-huset.no

#### Syverkiosken



Syverkiosken has become an iconic symbol of Oslo, offering affordable and delicious hot dogs arguably the best ones in Norway. The boiled

wieners are prepared following a family recipe, wrapped in a sort of thick potato pancake, and served with a wide range of traditional toppings.

Photo: Skumer/Shutterstock.com Address: Maridalsveien 45B, Oslo Opening hours: Mon-Fri 10am-11:30pm, Sat & Sun noon-11:30pm Phone: +47 94 85 90 91 Internet: www.instagram.com/syverkiosken

#### Ekebergrestauranten



The first thing that strikes you as you enter the Ekeberg restaurant is the magnificent view over the Oslo fjord, the islands, and the city. This restaurant was first built in 1916 but was modified into its current appearance in 1929, following a design competition. Ekeberg consists of several restaurants, a bar/lounge, an outside venue, and a fine dining restaurant upstairs.

Photo: hiphoto/Shutterstock.com Address: Kongsveien 15, Oslo Opening hours: Mon-Sat noon-9pm, Sun noon-8pm Phone: +47 23 24 23 00 Internet: www.ekebergrestauranten.com/english Email: post@ekebergrestauranten.com

#### **Cheap Eats in Oslo**



While it's true that eating out in Oslo can be pricey, the city also offers a range of wallet-friendly choices that cater to travellers looking to save

some money.

Here are some suggestions for affordable eats in the city:

- Syverkiosken: an iconic hot dog stand on Maridalsveien 45B.

- Illegal Burger: charcoal grilled, homemade burgers served at two locations: Møllergata 23 & Olaf Ryes Plass 4.

Freddy Fuego Burrito Bar: freshly-made
burritos in the heart of Oslo on Hausmanns Gate
31a.

- Mamma Pizza Osteria: tasty pizza and pasta for a great price on Dronningens Gate 22.

- Munchies: popular hamburger restaurant with several locations around Oslo: Thorvald Meyers Gate 36A, Pløens Gate 4 & Skovveien 4.

- Haralds Vaffel: waffle shop on Olaf Ryes Plass 3.

- Tuk Tuk Thai: Thai restaurant on Møllergata 8.

Photo: Igor Rand/Unsplash (cropped)

#### Theatercaféen



A classic Viennese-style venue located inside the elegant Continental Hotel and just in front of the National Theatre, Theatercaféen is one of

the most popular eateries in Oslo. The focus is on national cuisine, with Norwegian classics from both sea and land prepared with local, fresh ingredients.

Photo: Mateusz Gzik/Shutterstock.com Address: Stortingsgaten 24/26, Oslo Opening hours: Tue-Sat 11am-11pm, Sun & Mon closed Phone: +47 22 82 40 50 Internet: www.theatercafeen.no/english Email: bord@theatercafeen.no

#### Asylet



Nestled within the city's oldest wooden house, Asylet is a charming bar and restaurant that invites you to savour classic Norwegian dishes

in an inviting and rustic setting. When the sun graces the city, bask in the summer vibes on their terrace, soaking up the rays. And as winter sets in, find solace by the comforting fireplace, enveloped in a cosy ambience.

Photo: Paul Einerhand/Unsplash Address: Grønland 28, Oslo Opening hours: Mon-Fri 11am-midnight, Sat noon-midnight, Sun noon-10pm Phone: +47 22 17 09 39 Internet: asylet.no/en/ Email: bestilling@asylet.no

#### Munchies Grünerløkka



Munchies is a budget-friendly choice that boasts some of the best burgers (including plant-based ones) and fries in Oslo. With three

branches conveniently located throughout the city, it's easy to satisfy your cravings. Munchies also offers a selection of quality craft beers to complement your meal.

Photo: veryulissa/Shutterstock.com Address: Thorvald Meyers Gate 36A, Oslo Opening hours: Mon-Thu 11am-10pm, Fri & Sat 11am-3am, Sun 11am-11pm Internet: www.munchies.no

#### Alex Sushi



Modern interiors, top-quality ingredients, and innovative cuisine have made Alex Sushi one of the most popular sushi restaurants in town. The

food is prepared just in front of the customers' eyes and the menu offers a broad choice of different combinations of tastes and cooking styles.

Photo: prapass/Shutterstock.com Address: Cort Adelers Gate 2, Oslo Opening hours: Mon-Sat 4pm-11pm, Sun closed Phone: +47 22 43 99 99 Internet: www.alexsushi.no Email: alex@alexsushi.no

#### Louise Restaurant & Bar



Louise Restaurant & Bar is situated on the premises occupied by the Aker boat workshop in the 1920s. Many unique artefacts from Oslo's

naval history were utilised for its interior decoration. The restaurant overlooks the beautiful Oslo fjord and the Akershus Fortress across the water and offers prime-quality seafood based on seasonal Norwegian ingredients. In the summer, the outside area is very popular.

Photo: hiphoto/Shutterstock.com Address: Stranden 3, Oslo Opening hours: Mon-Thu 11am-10:30pm, Fri & Sat 11am-3am, Sun noon-9:30pm Phone: +47 22 83 00 60 Internet: www.restaurantlouise.no/engelsk Email: booking@restaurantlouise.no

#### Delicatessen



Delicatessen is a popular eatery serving classic and modern Spanish tapas dishes as well as salads and sandwiches in a casual atmosphere. The

jamon and manchego and the saffron and chorizo croquettes come highly recommended.

Photo: Takin' Shotz/Shutterstock.com Address: Søndre Gate 8, Oslo Opening hours: Sun-Wed noon-10pm, Thu & Fri noon-11pm, Sat noon-midnight Phone: +47 22 46 72 00 Internet: delicatessen.no/en/grunerlokka/ Email: post@cres.no

#### Trattoria Popolare



Located in an old brewery, Trattoria Popolare serves classic Italian dishes made from seasonal and fresh ingredients in a casual

setting, along with a wide selection of wine to accompany your dish.

Photo: Piyato/Shutterstock.com Address: Trondheimsveien 2, Oslo Opening hours: Mon 11am-9pm, Tue-Fri 11am-10pm, Sat noon-10pm, Sun noon-9pm Phone: +47 40 67 52 31 Internet: www.popolare.no Email: post@popolare.no

#### Palace Grill



Palace Grill is an intimate, gourmet restaurant specialising in seafood dishes. It features a ten-course menu, plus a live music

bar, and an outdoor club area for DJ sets. During the summer, don't miss the opportunity to relax in their lovely beer garden while savouring a refreshing drink of your choice.

Photo: valeriiaarnaud/Shutterstock.com Address: Solligata 2, Oslo Opening hours: Mon-Sat 5pm-3am Phone: +47 23 13 11 40 Internet: palacegrill.no

#### Hanami



Hanami is an elegant Japanese restaurant situated at the picturesque Tjuvholmen, providing an enchanting waterside dining experience. With its focus on sushi and robata grill dishes, Hanami presents the ideal venue to indulge in Japanese cuisine amidst a stunning backdrop.

Photo: Wuttisit Somtui/Shutterstock.com Address: Kanalen 1, Oslo Opening hours: Mon-Wed 11am-midnight, Thu & Fri 11am-2am, Sat 1pm-2am, Sun 4pm-10pm Phone: +47 22 83 10 90 Internet: hanami.no/en/ Email: post@hanami.no

#### Stortorvets Gjæstgiveri



In the town centre lies one of Oslo's oldest buildings where people have gathered since the early 1700s. Here you can eat, drink, and

admire the historic surroundings while sampling some authentic Norwegian dishes.

Photo: Rawpixel.com/Shutterstock.com Address: Grensen 1, Oslo Opening hours: Tue-Sat noon-10pm, Sun & Mon closed Phone: +47 23 35 63 60 Internet: stortorvet.no Email: bestilling@storgjest.no

#### Bølgen & Moi



Bølgen & Moi is located in an old power station and is definitely worth a visit. The restaurant offers a diverse menu for both lunch and dinner

featuring salads, sandwiches, and an extensive selection of wines to be enjoyed in its industrial-chic setting.

Photo: Inspired by Maps/Shutterstock.com Address: Bygdøy Allé 53, Oslo Phone: +47 24 11 53 53 Internet: www.bolgenogmoi.no/en/restaurant-gimle-en/

#### Yaya's Restaurant Vika



A laid-back environment where you can indulge in a variety of traditional Thai cuisine at a very reasonable price, have a drink at the beach bar

and enjoy the happy reggae tones.

Photo: jutamas/Shutterstock.com Address: Munkedamsveien 53B, Oslo Opening hours: Sun-Thu 4pm-9pm, Fri & Sat 4pm-10pm Phone: +47 22 83 71 10 Email: feedback@yayas.no

## CAFÉS



Jacob Lund/Shutterstock.com

Cosy espresso bars, charming bakeries, and tasty snacks can be found in every corner of Oslo's districts, and the proximity to sublime landscapes surely makes a coffee break in the city a delightful one.

#### Tim Wendelboe



Extremely popular micro-roastery and espresso bar, Tim Wendelboe serves prime-quality coffee-based beverages

and makes for the perfect place to experience

the Nordic coffee culture. All beans are self-sourced and hand-roasted in the shop.

Photo: ImYanis/Shutterstock.com Address: Grüners Gate 1, Oslo Opening hours: Mon-Fri 8:30am-6pm, Sat & Sun 11am-5pm Internet: timwendelboe.no Email: brenneriet@timwendelboe.no

#### Café Sør



Café Sør seamlessly transitions from a cosy, intimate café during the day to an exciting club atmosphere at night. Throughout the day,

patrons can relax and enjoy a laid-back ambience while savouring aromatic coffee and exploring their light lunch menu. As the sun sets, the atmosphere transforms, and Café Sør unveils its vibrant nightlife persona. The space comes alive with energetic DJ sets and a tantalizing selection of cocktails, inviting guests to let loose and dance the night away.

Photo: Jacob Lund/Shutterstock.com Address: Torggata 11, Oslo Opening hours: Sun & Mon noon-1:30am, Tue-Thu noon-2:30am, Fri & Sat noon-3:30am Internet: www.cafesor.no Email: post@cafesor.no

#### Pascal



Pascal is a famous French café and patisserie celebrated for its delectable cakes, pastries, and petit fours crafted to the highest

international standards. Indulge in a tempting array of confections that will transport your taste buds to the streets of France. Alongside their irresistible sweet treats, Pascal also serves delightful and authentic French dishes for a satisfying lunch experience.

Photo: Anne-Sophie/cc by 2.0/Flickr(image cropped) Address: Henrik Ibsens Gate 36, Oslo Opening hours: Mon-Sat 11am-5pm, Sun noon-5pm Phone: +47 22 55 00 20 Internet: www.pascal.no/restauranter/henrik-ibsensgate-36/ Email: post@pascal.no

#### Skansen



Skansen is a stylish café and restaurant ideally located right by Christiania Plaza, with an amazing view over Rådhusplassen, drenched

in sunlight until late in the evening during the summer. The menu mostly contains classics, including Norwegian fish, shrimp, and mussels.

Photo: Magdanatka/Shutterstock.com Address: Rådhusgata 32, Oslo Phone: +47 24 20 13 11 Internet: cafeskansen.no Email: bordbestilling@cafeskansen.no

#### **Hjemme hos Svigers**



Located in an old postal office on the picturesque Bygdøy peninsula, this family-run café embraces a warm and inviting atmosphere with an

interior decorated with antiques that add to its cosy charm. Their menu is thoughtfully curated, with a focus on gluten- and lactose-free options. Indulge in their homemade burgers, refreshing salads, and comforting soups, all crafted to cater to dietary preferences and restrictions.

Photo: Brent Hofacker/Shutterstock.com Address: Fredriksborgveien 16, Oslo Opening hours: Tue-Sun 11am-6pm, Mon closed

Phone: +47 22 55 62 26 Internet: cafehjemmehossvigers.no Email: cafehjemmehossvigers@gmail.com

## Åpent Bakeri



Åpent is a cosy little bakery located in the city centre of Oslo serving prime-quality pastries, home-baked with fresh ingredients and following

traditional recipes. Besides pastries and cakes, you will also have an excellent choice of salads and hot drinks to be enjoyed on the outside patio.

Photo: ampersandphoto/Shutterstock.com Address: Inkognito Terrasse 1, Oslo Opening hours: Mon-Fri 7:30am-5pm, Sat 8am-5pm, Sun 9am-4pm Phone: +47 92 04 65 43 Internet: www.apentbakeri.no Email: post@apentbakeri.no

#### Fuglen



Drop by Fuglen to have an aromatic coffee or choose from well-selected tea flavours from Asia. During the night, the café turns into a cocktail bar

and you get the chance to try some of the best cocktails in the city while mingling. Fuglen is also a vintage design shop and everything from furniture to plates and cutlery is for sale here.

Photo: kikovic/Shutterstock.com Address: Universitetsgata 2, Oslo Opening hours: Mon & Tue 7am-9pm, Wed & Thu 7am-11pm, Fri 7am-2am, Sat 9am-2am, Sun 9am-9pm Internet: fuglen.no Email: cadre@fuglen.no

#### Stockfleths



Stockfleths is a well-regarded café chain in Oslo, known for its high-quality espresso drinks and loose teas. This modern coffee shop

is a favourite spot for many locals and the biggest of the seven locations across the city. They also serve baked goods, cakes and sandwiches.

Photo: baranq/Shutterstock.com Address: Prinsens Gate 6, Oslo Opening hours: Mon-Fri 7am-6pm, Sat 10am-6pm, Sun closed Phone: +47 40 09 23 64 Internet: stockfleths.as

#### Café Sara



Centrally located, Café Sara has more of a pub-like atmosphere with cosy wooden interiors and a backyard garden. The menu features

burgers, burritos & BBQ dishes, which are served until late at night.

Photo: Yulia Davidovich/Shutterstock.com Address: Hausmanns Gate 29, Oslo Opening hours: Mon-Sat 11am-3:30am, Sun 1pm-3:30am Phone: +47 22 03 40 00 Internet: www.instagram.com/cafesaraoslo/ Email: kontakt@cafesara.no

#### Café Laundromat



Café Laundromat is based on an unusual concept: not only can you have a cup of coffee or a meal, but you can also do your laundry at the same time. They serve a variety of meals like burgers, salads, and pizzas. Grab a book from their big collection, have a snack and sip some coffee while waiting for your laundry.

Photo: locrifa/Shutterstock.com Address: Underhaugsveien 2, Oslo Opening hours: Daily 10am-1am Phone: +47 21 38 36 29 Internet: www.laundromat.no Email: post@laundromat.no

#### Javelin Coffee & Tea



A cosy neighbourhood café, Javelin serves delicious homemade cakes, sandwiches, and soups along with plenty of hot drinks in a relaxed

and quiet atmosphere.

Photo: suriyachan/Shutterstock.com Address: Bøgata 10, Oslo Opening hours: Mon-Wed 8am-6pm, Thu & Fri 8am-8pm, Sat 10am-8pm, Sun 10am-6pm Phone: +47 98 63 89 04 Internet: www.kampenbar.no Email: kampenkaffebar@gmail.com

#### Espresso House



Espresso House is a well-established café brand in Scandinavia. Oslo is not an exception and invites you to a place where quality coffee and

quaint ambience go hand in hand. Sit back and sip on their delicious coffee and enjoy an irresistible pastry.

Photo: Lostry7/Shutterstock.com Address: Nordre Gate 18, Oslo Opening hours: Daily 8am-7pm Internet: no.espressohouse.com/en

## BARS & NIGHTLIFE



basiczto/Shutterstock.com

Oslo offers an abundance of options for an enjoyable evening, with a vibrant selection of top-notch wine bars, renowned clubs, and innovative night spots. Whether you prefer fancy cocktail bars or more chilled venues, the central area of the city caters to diverse tastes.

For those seeking a more laid-back experience, Grünerløkka is the perfect destination. Here, you can unwind with a refreshing beer in the company of a relaxed crowd.

#### Torggata Botaniske



A lush cocktail bar with climbing plants covering the ceiling and its own greenhouse. The interiors are simple and classy while the superb cocktails

are made with high-quality spirits and fresh ingredients grown in their greenhouse. The cocktail list changes according to the season.

Photo: Jacob Lund/Shutterstock.com Address: Torrgata 17B, Oslo Opening hours: Sun-Thu 5pm-1am, Fri & Sat 2pm-3am Internet: www.torggatabotaniske.no Email: post@torggatabotaniske.no

#### Territoriet



Territoriet is a wine bar with an intimate atmosphere offering almost 400 different wines, most of which are available by the glass.

They have wines for every taste and price range that can be enjoyed with some cheese and finger food. All the music at Territoriet is played on vinyl and can be also chosen by customers.

Photo: MaksLogvinov/Shutterstock.com Address: Markveien 58, Oslo Opening hours: Mon-Thu 4pm-1am, Fri 3pm-1am, Sat-Sun noon-1am Internet: www.territoriet.no/english Email: karin@territoriet.no

#### Blå



Blå is an alternative live music venue hosting numerous concerts that vary from indie to rock to jazz bands. They have both Norwegian and

international artists performing early in the evenings and then, as time progresses, Blå turns into a vibrant nightclub with DJ sets. They also have a great outdoor terrace on the banks of the Akerselva River.

Photo: Melinda Nagy/Shutterstock.com Address: Brenneriveien 9C, Oslo Opening hours: Mon-Thu 4pm-midnight, Fri-Sun noon-3am Internet: www.blaaoslo.no

#### Aku-Aku



Aku-Aku is a popular Tiki Bar which transports its guests to a Polynesian oasis with its colourful decorations and atmosphere. Known for

boasting Norway's largest rum selection, it offers an impressive array of cocktails that cater to every taste. Additionally, Aku-Aku also serves its own tap beer, and while the drinks may be a little pricey, they remain within the average price range for Oslo.

Photo: Shyripa Alexandr/Shutterstock.com Address: Thorvald Meyers Gate 32, Oslo Internet: www.akuaku.no Email: post@akuaku.no

#### Bar Boca



The smallest bar in Oslo, Bar Boca is a cosy venue with 1950s decor serving some of the best cocktails in town. The selection is huge and the bartenders

are always ready to make off-the-list cocktails on the spot. They also serve craft beer and wine.

Photo: Adam J Horwitz/Shutterstock.com Address: Thorvald Meyers Gate 30, Oslo Opening hours: Mon & Tue 4pm-1am, Wed & Thu 4pm-2am, Fri & Sat 2pm-3am, Sun 2pm-1am Internet: www.instagram.com/barbocaoslo/

#### The Villa



The Villa is an underground club where live DJs spin electronic music on two different dance floors.

Photo: Melinda Nagy/Shutterstock.com Address: Møllergata 23-25, Oslo Opening hours: Fri-Sat 10pm-3am Phone: +47 93 25 57 45 Internet: www.instagram.com/thevillaoslo/ Email: post@thevilla.no

### Dattera til Hagen



Dattera Til Hagen is a colourful bar and café on two floors with a popular backyard beer garden. The café serves tapas, salads, burgers, and

pasta. They also host regular events like concerts, improv theatre, and stand-ups. On the weekends, there are DJs on both floors.

Photo: Joey\_Danuphol/Shuttersyock.com Address: Grønland 10, Oslo Phone: +47 22 17 18 61 Internet: dattera.no Email: kontakt@dattera.no

## The Dubliner Folk Pub



The Dubliner Folk Pub brings the lively spirit of Ireland to the heart of Oslo with its large selection of beers and delicious pub fare, along

with weekly live folk music and big-screen sports.

Photo: Kirill Z/Shutterstock.com Address: Rådhusgata 28, Oslo Opening hours: Mon 3pm-midnight, Tue-Fri 3pm-3am, Sat 1pm-3am, Sun 1pm-midnight Phone: +47 22 33 70 05 Internet: www.dubliner.no Email: post@dubliner.no

#### T.G.I. Fridays



A well-established chain restaurant serving American food, beer, and cocktails in a festive and casual environment.

Photo: Monkey Business Images/Shutterstock.com Address: Stranden 39, Oslo Phone: +47 45 83 24 35 Internet: fridays.no

## SHOPPING



Daniel\_Dash/Shutterstock.com

In Oslo, you'll discover a wide array of shopping options. From sprawling shopping malls and department stores to unique boutiques and charming shopping streets, the Norwegian capital has got it all. Additionally, antique shops, flea markets, and local handicraft shops are also very popular with both locals and visitors alike.

#### Sunday Market at Blå



The Sunday Market in Ingensgate, also known as The Sunday Market at Blå, is a handicraft and second-hand market, which takes place every

Sunday all year around. Designers and craftsmen sell their handmade products, like ceramics, knitwear, glass, jewellery, paintings, and soap. Usually, some street-food stalls are also present.

Photo: Helge Høifødt/cc by-sa 3.0/Wikimedia(image cropped) Address: Ingens Gate, Oslo Opening hours: Sun noon-5pm Phone: +47 41 32 99 54 Internet: linktr.ee/oslosundaymarket Email: sondagsmarkedet@kunaoslo.no

#### Aker Brygge



Situated by the stunning Oslo fjord, Aker Brygge is a sought-after neighbourhood where shopping and dining converge. With over 30

diverse shops, it offers a vibrant array of fashion, design, flowers, books, jewellery, home decor, and cosmetics. Along the boardwalk, Aker Brygge boasts a lovely strip of restaurants, creating an inviting ambience for indulging in al fresco dining.

Photo: Grisha Bruev/Shutterstock.com Address: Aker Brygge, Oslo Internet: www.akerbrygge.no Email: post@akerbrygge.no

#### **Oslo City**



One of the biggest shopping malls in Oslo and the most visited in Norway, Oslo City has more than 90 shops and eateries spread over five

floors. Here you'll find shops selling everything from clothes, shoes and accessories to music, home decor and electronic devices.

Photo: veryulissa/Shutterstock.com Address: Stenersgata 1, Oslo Opening hours: Mon-Fri 10am-10pm, Sat 10am-8pm, Sun closed Phone: +47 40 00 73 70 Internet: oslo-city.steenstrom.no/

#### **Cappelens Forslag Bookshop**



Cappelens Forslag is an independent bookshop selling used, new, and antiquarian titles of both rare and cult literature. The books are mostly in

English, but also in Norwegian and other languages. They also have a small selection of vinyl and photographs as well as a cosy café.

Photo: GaudiLab/Shutterstock.com Address: Bernt Ankers Gate 4B, Oslo Opening hours: Mon-Fri noon-6pm, Sat noon-3pm, Sun closed Phone: +47 93 66 59 93 Internet: www.instagram.com/cappelensforslag/ Email: post@cappelensforslag.no

#### **Birkelunden Flea Market**



Held every Sunday, all year round, this bric-a-brac market is worth experiencing even if you're not planning to buy anything. Here you'll

find countless stalls selling a range of everything, from books and clothing items to kitchen utensils and small pieces of furniture.

Photo: Rishiken/Shutterstock.com Address: Birkelunden Park, Oslo Opening hours: Sun noon-7pm

#### Gutta på Haugen



A well-stocked deli shop with top-quality cheeses, sausages, cold cuts, olive oils, and sweet treats, both Norwegian and international. They also sell fresh produce and ice cream. Be sure to try the traditional Brunost (brown cheese) and the Norwegian flatbread.

Photo: Artens/Shutterstock.com Address: Ullevålsveien 45, Oslo Opening hours: Daily 8am-7pm Phone: +47 22 60 85 12 Internet: www.gutta.no Email: nettbutikk@gutta.no

#### Paleet



Situated on the bustling Karl Johans gate, Paleet is a sophisticated shopping gallery exuding style and elegance. Within its walls, you'll

discover a curated collection of over 30 high-end fashion and lifestyle shops, along with inviting bars, cafés, and gourmet restaurants.

Photo: nd3000/Shutterstock.com Address: Karl Johans Gate 37-43, Oslo Opening hours: Mon-Fri 10am-8pm, Sat 10am-6pm, Sun closed Phone: +47 23 08 08 11 Internet: paleet.no/english/ Email: paleet@klpeiendom.no

#### Chillout



A travellers' paradise, Chillout is a one-of-a-kind shop, which combines a bookshop, a travel agency, a travel gear shop, and a café all under

the same roof. At the entrance level, you'll find all sorts of travel-related products and apparel while downstairs you will find their impressive travel books collection. The guides, maps, and photography books, although for sale, you are free to browse through them while sipping on one of the internationally-inspired hot beverages from the café.

Photo: Kimrawicz/Shutterstock.com Address: Markveien 55, Oslo Opening hours: Mon-Fri 10am-7pm, Sat 10am-6pm, Sun noon-5pm Phone: +47 22 35 42 00 Internet: chillout.no

#### Arkaden



Located in Karl Johans Gate, in the heart of Oslo, Arkaden is a compact shopping centre featuring a mix of shops, services, and casual eateries.

Photo: Syda Productions/Shutterstock.com Address: Karl Johans Gate 5-7, Oslo Opening hours: Mon-Fri 10am-8pm, Sat 10am-6pm, Sun closed Phone: +47 22 17 05 71 Internet: arkaden.no Email: arkaden@olavthon.no

#### Eger



Located in the heart of Oslo's main shopping street, Eger is a trendy high-end department store representing more than 300 international

brands from the most elegant shops, plus restaurants, and cafés.

Photo: Syda Productions/Shutterstock.com Address: Karl Johans Gate 23B, Oslo Opening hours: Mon-Fri 10am-7pm, Sat 10am-6pm, Sun closed Internet: egeroslo.no/en/ Email: info@egeroslo.no

#### **Bærums Verk**



Just a few miles outside of Oslo, you'll find Bærums Verk, a charming village founded over 400 years ago to increase the

Dano-Norwegian iron production. Today, it has transformed into a bustling haven of eateries, shops, galleries, and workshops.

At Bærums Verk, many of the shops are dedicated to showcasing the artistic talents of local craftsmen, featuring a wide range of hand-made products—from intricate quilts to pottery, jewellery, and stunning glasswork, this village has got it all. Whether you're in search of a unique hand-crafted souvenir or simply yearning for a leisurely stroll, Bærums Verk is the perfect destination to satisfy your desires.

Photo: Alexander Ottesen/cc by 2.0/Flickr(image cropped) Address: Bærums Verk

#### Steen & Strøm



Steen & Strøm is a high-end department store with seven floors filled with well-known, Norwegian, Scandinavian, and

international brands. In the basement, there is a food court with many restaurants and specialised deli shops.

Photo: Mockey Business Images/Shutterstock.com Address: Nedre Slottsgate 8, Oslo Opening hours: Mon-Fri 10am-7pm, Sat 10am-6pm, Sun closed Internet: steenogstromoslo.no Email: info@steenogstromoslo.no

#### **Byporten**



Byporten is a shopping centre with more than 70 shops and several restaurants and cafés in the middle of downtown Oslo, right next to Oslo

Central Station. Here you will find everything from clothes and accessories to shoes, beauty products, electronics, and housewares.

Photo: Creative Lab/Shutterstock.com Address: Jernbanetorget 6, Oslo Opening hours: Mon-Fri 10am-9pm, Sat 10am-8pm, Sun closed Phone: +47 92 61 44 80 Internet: byporten.no Email: byporten@byporten.no

#### Bryggeriutsalget Grünerløkka



Beer store featuring one of the widest selections of beers in Norway—over 300 labels, including gluten- and alcohol-free options.

Photo: Piotr Piatrouski/Shutterstock.com Address: Nordre gate 18, Oslo Opening hours: Mon noon-8pm, Tue-Fri 10am-8pm, Sat 10am-6pm, Sun closed Phone: +47 41 37 27 22 Internet: bryggeriutsalget.no Email: kontakt@bryggeriutsalget.no

#### Utopia Retro Modern



Utopia Retro Modern is a design gallery that specialises in the finest works of design, art, and decorative arts. Its focus lies particularly on

Scandinavian and Italian design.

Photo: Photographee.eu/Shutterstock.com Address: Bygdøy Allé 60, Oslo Opening hours: Tue-Fri 12:30pm-6pm, Sat 1pm-4pm, Sun & Mon closed Phone: +47 21 30 48 85 Internet: www.utopiaretromodern.com Email: info@utopiaretromodern.com

## **TOURIST INFORMATION**



Beas777/Shutterstock.com

#### Passport/Visa



Norway can be visited visa-free for up to 90 days by citizens of Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and

most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country.

International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport but must have a valid ID with them during their stay.

Photo: ConvertKit/Unsplash

#### **Oslo Airport (OSL)**



Oslo's main airport (OSL), also known as Oslo Gardermoen Airport or simply Gardermoen, is situated 50 kilometres north of the Norwegian

capital. The airport coaches and high-speed trains depart regularly for central Oslo.

The train takes about 20 minutes and there are two trains to choose from:

- The Airport Express Train (Flytoget)
- Vy (formerly NSB), the national Norwegian railway company

There are also several buses to take from the airport, one of them is Airport Express Coach (Flybussen) which runs every 20 minutes every day between the airport and the city centre.

Taxis are represented at the airport, just head over to the taxi information desk in the arrival hall where you will get information about the fixed rates of the different taxi companies. They can also help you book a taxi, otherwise, the taxi rank is just outside the arrival hall.

Photo: Marco López/Unsplash Address: Edvard Munchs Veg, Gardermoen Phone: +47 64 81 20 00 Internet: avinor.no/en/airport/oslo-airport

#### TORP Sandefjord Airport (TRF)



TORP Sandefjord Airport (TRF) is located in Sandefjord, approximately 120 kilometres southwest of Oslo's city centre.

Torp-Ekspressen coaches will take you to Oslo's

bus terminal from the airport.

Vy (formerly NSB) has a train service to Oslo that runs from the train station by the name of Torp, located between Stokke and Sandefjord. There is a connected shuttle bus service between the airport and the train station that takes approximately 4 minutes.

Taxis and car rental companies are also represented at the airport.

Photo: CHUTTERSNAP/Unsplash Address: Torpveien 130, Sandefjord Phone: +47 33 42 70 00 Internet: torp.no/en/welcome-to-torp-sandefjord-airport

#### **Best Time to Visit**



The best time to visit Oslo is in late spring and during the summer, as the temperatures rise and you can enjoy numerous outdoor activities. It can

still get chilly, however, so make sure to pack proper clothes. Spring and summer are some of the most popular seasons to travel to Oslo, especially from May to July. During this period, you will experience nearly 24 hours of daylight.

For those who are interested in winter sports, November to April are good periods to visit. In the north of the city, there are great skiing opportunities but be aware the temperatures are around freezing and the daylight hours are short.

Photo: Arsene M Øvrejorde/Unsplash

#### **Public Transport**



Oslo has convenient public transportation, and there are multiple options for travelling around the city, including buses, trams, subways, ferries,

and local trains.

The public transport system is operated by Ruter, and they are all part of the same ticketing and pricing system. Tickets can be purchased from Ruter's Customer Service Centre (in front of Oslo Central Station), from ticket machines at metro stations, or in most Narvesen and 7Eleven shops. Single tickets can be bought on the buses and ferries, but be aware it gets more expensive than tickets bought in advance. There is also Ruter's mobile ticket app where you can buy single, 24-hour, 7-day, and 30-day tickets before boarding.

Photo: Ant Rozetsky/Unsplash Internet: ruter.no/en/

#### Taxi



You can easily catch a taxi from one of Oslo's many taxi stands or call ahead to book. Do not try to hail cabs on the street, fares are more expensive

than if you book one by telephone.

Oslo Taxi +47 02323

Norgestaxi +47 08000

Photo: Maik Winnecke/Unsplash

#### Post



In addition to the regular post offices, many grocery stores have a postal service. Stamps are also available from most newsagents and

tobacconists.

## Photo: Ali Bakhtiari/Unsplash

Address: Grønland Post Office - Olafiagangen 5, Oslo Opening hours: Mon-Fri 9am-6pm, Sat 10am-3pm, Sun closed

Phone: +47 22 03 00 00 Internet: www.posten.no

#### Pharmacy



In Oslo, some of the largest pharmacy chains include Vitusapotek, Ditt Apotek, and Apotek 1. The pharmacy Vitusapotek on

Jernbanetorget is open around the clock.

Photo: Dima Mukhin/Unsplash Address: Vitusapotek - Jernbanetorget 4B, Oslo Opening hours: 24/7 Phone: +47 23 35 81 00 Internet: www.vitusapotek.no

#### Telephone



Country code: +47 Area code for Oslo: 022, 023 or 024

Photo: Wesley Hilario/Unsplash

#### Electricity



Photo: Neven Krcmarek/Unsplash

Population 702,543 (2022)

**Currency** Norwegian Kroner (NOK) 1 krone = 100 øre

#### **Opening hours**

Shops are normally open Mon–Fri 10am–6pm and Sat 10am–4pm. Department stores are open Mon–Fri 10am–8pm and Sat 9am–6pm.

#### Newspapers

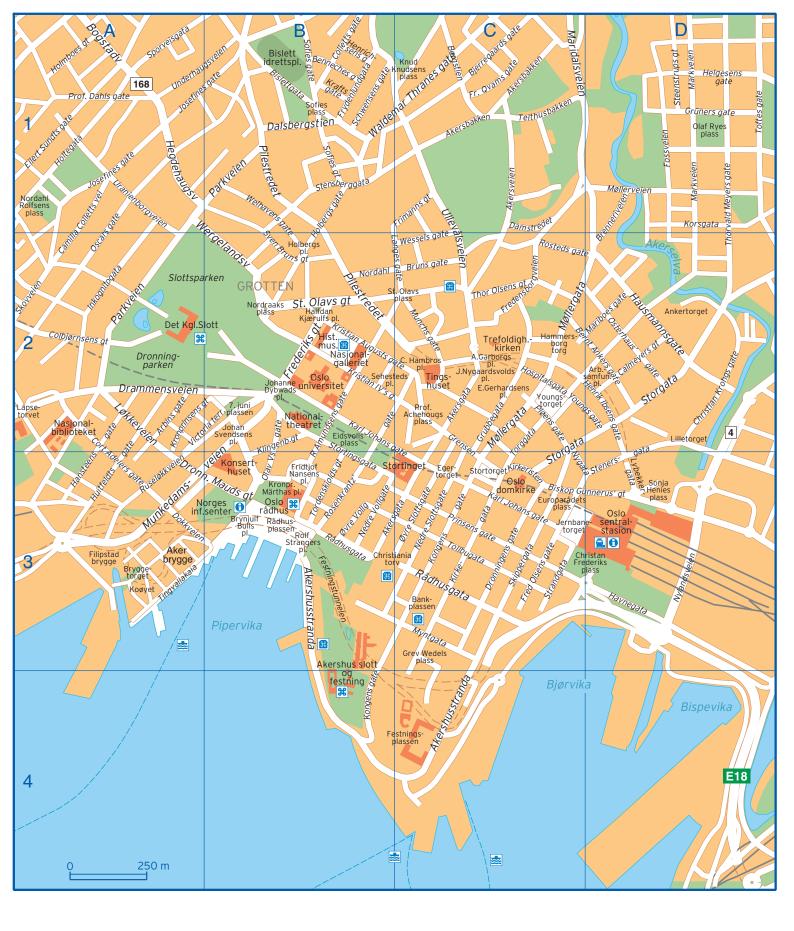
VG (Verdens Gang) — www.vg.no Aftenposten — www.aftenposten.no Dagbladet — www.dagbladet.no

#### **Emergency numbers**

Police: 112 Fire Brigade: 110 Ambulance: 113

#### **Tourist information**

Oslo Visitor Centre (Østbanehallen, next to Oslo Central Station) Jernbanetorget 1, Oslo +47 23 10 62 00 Open Mon–Sat 9am–6pm, Sun 9am–4pm



7. juni plassen	В
Akersbakken	C
Akersgata	B3 C2 C
Akershusstranda	B3 C
Akersveien	C
Ankertorget	D
Arbeidersamfunnets plass	D
Arbins gate	А
Arne Garborgs plass	C
Bankplassen	C
Benneches gate	В
Bergstien	C
Bernt Ankers gate	C2 D
Biskop Gunnerus' gate	C3 D
Bislettgata	В
Bjerregaards gate	C
Bogstadveien	А
Brenneriveien	D1 D
Bryggetorget	А
Brynjulf Bulls plass	В
C. Hambros plass	C
Calmeyers gate	D
Camilla Colletts vei	A1 A
Christan Frederiks plass	C3 D
Christian Krohgs gate	D
Christiania torv	B3 C
Colbjørnsens gate	А
Colletts gate	В
Cort Adelers gate	A2 A
Dalsbergstien	В
Damstredet	C
Dokkveien	А
Drammensveien	А
Dronning Mauds gate	A3 B
Dronningens gate	C
Egertorget	C
Eidsvolls plass	В
Eilert Sundts gate	А
Einar Gerhardsens plass	С
Europarådets plass	C3 D
Festningsplassen	B4 C
Festningstunnelen	В
Filipstad brygge	А
Fossveien	D
Fred Olsens gate	С
Fredensborgveien	С
Frederikke Qvams gate	С
Frederiks gate	В
Fridtjof Nansens plass	В
	D

B2	Frimanns gate	
C1	Frydenlundgata	
3 C2 C3	Grensen	С
B3 C4	Grev Wedels plass	
C1	Grubbegata	
D2	Grüners gate	
D2	Halfdan Kjærulfs plass	
A2	Hammersborg torg	
C2	Hansteens gate	
C3	Hausmannsgate	
B1	Havnegata	
C1	Hegdehaugsveien	
C2 D2	Helgesens gate	
C3 D3	Henrichsens gate	
B1	Henrik Ibsens gate	С
C1	Holbergs gate	В
A1	Holbergs plass	
D1 D2	Holmboes gate	
A3	Holtegata	
B3	Hospitalsgata	
C2	Huitfeldts gate	
D2	Inkognitogata	
A1 A2	Jernbanetorget	С
C3 D3	Johan Nygaardsvolds plass	
D2	Johan Svendsens plass	
B3 C3	Johanne Dybwads plass	
A2	Josefines gate	А
B1	Karl Johans gate	В
A2 A3	Kirkegata	
B1	Kirkeristen	
C1	Klingenberggata	В
A3	Knud Knudsens plass	2
A2	Kongens gate	B3 B
A3 B3	Korsgata	D0 D
C3	Koøyet	
C3	Krafts gate	
B2	Kristian Augusts gate	В
A1	Kristian IV's gate	D
C2	-	•
	Kronprinsens gate	A
C3 D3	Kronprinsesse Märthas plass	п
B4 C4	Langes gate	В
B3	Lapsetorvet	
A3	Lilletorget	
D1	Lybekkergata	
C3	Løkkeveien	
C2	Mariboes gate	
C1	Maridalsveien	
B2	Markveien	
B3	Munchs gate	

C1	Munkedamsveien	A3 B2 B3
B1	Myntgata	C3
C2 C3	Møllergata	C2 D2
C3	Møllerveien	D1
C2	Nedre Slottsgate	C3
D1	Nedre Vollgate	B3
B2	Nordahl Bruns gate	B2 C2
C2	Nordahl Rolfsens plass	A1
A3	Nordraaks plass	B2
D2	Nygata	C3 D3
D3	Nylandsveien	D3
A1	Olaf Ryes plass	D1
D1	Olav Vs gate	B2 B3
B1	Oscars gate	A1 A2
C2 D2	Osterhaus'gate	D2
B1 B2	Parkveien	A2 B1
B2	Pilestredet	B1 B2
A1	Pløens gate	C2
A1	Prinsens gate	C3
C2	Professor Achehougs plass	C2
A3	Professor Dahls gate	A1
A2	Roald Amundsens gate	B2 B3
C3 D3	Rolf Strangers plass	B3
C2	Rosenkrantz' gate	B2 B3 C2
B2	Rosteds gate	C2 D2
B2	Ruseløkkveien	A3
A1 B1	Rådhusgata	B3 C3
32 C3	Rådhusplassen	B3
C3	Schwensens gate	B1
C3	Sehesteds plass	B2 C2
B2 B3	Skippergata	C3
C1	Skovveien	A2
34 C3	Sofies gate	B1
D1	Sofies plass	B1
A3	Sonja Henies plass	D3
B1	Sporveisgata	A1
32 C2	St. Olavs gate	B2
B2	St. Olavs plass	B2 C2
A2 B2	Steenstrups gate	D1
B3	Stenersgata	D2 D3
32 C2	Stensberggata	B1
A2	Storgata	C3 D2
D2	Stortingsgata	B2 B3
D3	Stortorget	C3
A2	Strandgata	C3
D2	Sven Bruns gate	B2
C1	Telthusbakken	C1
D1	Thor Olsens gate	C2
C2	Thorvald Meyers gate	D1 D2

Tingvallakaia Toftes gate Tollbugata	A3 D1 C3	Underhaugsveien Uranienborgveien Victoria terrasse	A1 B1 A1 A2 B2	Wessels gate Youngs gate Youngstorget	C2 C2 D2 C2
Tordenskiolds gate	B3	Waldemar Thranes gate	B1 C1	Øvre Slottsgate	C3
Torggata	C2 C3	Welhavens gate	B1 B2	Øvre Vollgate	B3
Ullevålsveien	C1 C2	Wergelandsveien	A1 B2		