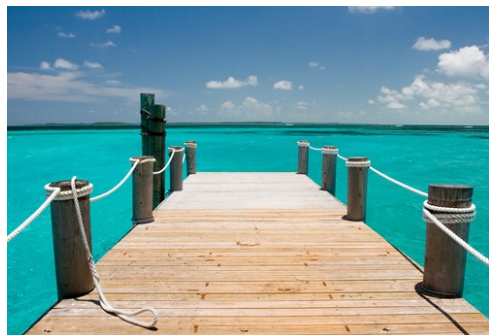




# Nassau

Photo: YoTuT/cc by 2.0/Flickr



Ariel Bravy/Shutterstock.com



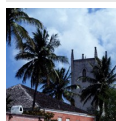
Costin Constantinescu/Shutterstock.com



John Wollwerth/Shutterstock.com

With a culture and natural landscape as vibrant as its history (it was once declared a “pirate republic” by infamous pirates Charles Vane, Calico Jack Rackham, “Blackbeard” Edward Teach, Anne Bonny, and Mary Read), Nassau is The Bahamas’ crown jewel. The booming downtown makes for some wonderful on-land entertainment. The beaches are its signature attraction, however, with the likes of Cable Beach at its helm. The turquoise waters are some of the clearest on the planet with visibility of over 200 feet!

## Featured



### Christ Church Cathedral

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### Wellness Spa Bahamas

Wellness Spa Bahamas brings the healing of Therapeutic Massage to you. Treat...



### Dermalogica Skin Centre

Dermalogica’s Skin Treatment is customized to your skin’s needs with a thoro...



### The Heritage Museum of the...

At the Heritage Museum, you get a captivating insight into the history of th...



### Clifton Heritage National ...

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## Top 5



### Dolphin Encounters

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### Sandy Toes

Enjoy the day snorkeling and kayaking, soaking up the sun on the private bea...



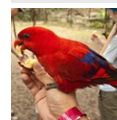
### Powerboat Adventures

Get a breathtaking view of the picturesque scenery and feed the iguanas on o...



### John Watling's Distillery

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### Ardastra Gardens

This lovely little Zoo hosts a variety of animals. The flamingo show is wond...



## THE CITY



*TravelingOtter (image cropped)*

Nassau is best known as a vibrant city where you can choose your own pace and vacation style to suit your frame of mind. Its bouncing jitneys, colorful pirate history, and candy colored government buildings co-exist with ultra-modern resorts that enchant everyone. From backpackers to luxury travelers, it's time for sun, sand, and sea as you kick back and discover the many attractions in Nassau.

## DO & SEE



*Worachat Sodsri/Shutterstock.com*

The good weather makes it easy to visit attractions year round. The Bahamas has plenty of different sights to charm you-whether it is the nature, art, history, shopping, or the people.

## Dolphin Encounters



Dolphin Encounters, located on private Blue Lagoon Island, is one of the most intriguing and memorable tours available. Visit the world famous dolphins of Dolphin Encounters for a once-in-a-lifetime experience. The boat departure dock/check-in area is located at the Paradise Island Ferry Terminal.

Photo: Boris Kasimov(image cropped)

Address: Blue Lagoon Island

Phone: +1 242 363 1003

Internet: [www.dolphinencounters.com](http://www.dolphinencounters.com)

Email: [info@dolphinencounters.com](mailto:info@dolphinencounters.com)

More Info: Duration of encounters span 3 hours.

## Sandy Toes



Enjoy the day snorkeling and kayaking, soaking up the sun on the private beach or in a hammock. When it's all said and done, your experience on Sandy Toe is sure to be a memorable one. The private island destination offers guided snorkeling tours, all you can eat Bahamian buffets, unbeatable vistas, beach bars, a private beach, hammock garden, nature trails, kayaking and inner tube rentals, and professional beach massages.

Photo: ohrim/Shutterstock.com

Address: Rose Island, New Providence, Bahamas

Opening hours: Tuesday, Wednesday, Friday, & Sunday:  
10am-4pm

Phone: +1 242 363 8637

Internet: [www.sandytoesroseisland.com](http://www.sandytoesroseisland.com)

Email: [sandytoesroseisland@gmail.com](mailto:sandytoesroseisland@gmail.com)

More Info: Book your excursion through:  
[www.sandytoes.rezgo.com](http://www.sandytoes.rezgo.com)

### Powerboat Adventures



Get a breathtaking view of the picturesque scenery and feed the iguanas on one of the islands with grapes when going on this adventurous powerboat trip.

Photo: Moto "Club4AG" Miwa(image cropped)

Address: Atlantis Bridge, Bahamas

Opening hours: Sunday - Saturday 9am - 5pm

Phone: +1 242 363 1466

Internet: [www.powerboatadventures.com](http://www.powerboatadventures.com)

### John Watling's Distillery



John Watling's Distillery is a bit off the beaten path, but a most for rum-lovers. Watch the process of rum making and sample the different types of rum.

Photo: Africa Studio/Shutterstock.com

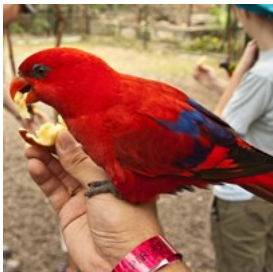
Address: 17 Delancy St, Nassau, Bahamas

Opening hours: 10am-6pm every day, Friday until 9pm

Phone: +1 242 322 2811

Internet: [www.johnwatlings.com](http://www.johnwatlings.com)

### Ardastra Gardens



This lovely little Zoo hosts a variety of animals. The flamingo show is wonderful and you also get to feed the birds and some of the animals.

Photo: Bryce Edwards(image cropped)

Address: Chippingham Road, Nassau, Bahamas

Opening hours: Sunday - Saturday 9am - 5pm

Phone: +1 242 323 5806

Internet: [www.ardastra.com](http://www.ardastra.com)

### The Heritage Museum of the Bahamas



At the Heritage Museum, you get a captivating insight into the history of the island and it's people as well as original artifacts. Each part of the

museum has an own theme ranging from history of the island to pirate era.

Photo: Amy Johannson/Shutterstock.com

Address: West Hill St, Nassau, New Providence Island

Opening hours: Daily 9am - 5pm

Phone: +1 242 302 9150

Internet: [www.graycliff.com/heritage-village-at-graycliff/](http://www.graycliff.com/heritage-village-at-graycliff/)

### The National Art Gallery of The Bahamas



The National Art Gallery of The Bahamas is the premier arts institution in The Bahamas. This gallery is excellently curated and definitely

worthy of a visit. Four decades of Bahamian Art are exhibited, from 1973, the year of Bahamian Independence, to the present.

Photo: ArnoldReinhold(image cropped)

Address: West & West Hill Streets, Nassau, Bahamas

Opening hours: Tuesday - Saturday: 10-4pm, Sundays:

12-4pm, Closed: Mondays & Public Holidays

Phone: +1 242 328 5800

Internet: [www.nagb.org.bs](http://www.nagb.org.bs)

Email: [info@nagb.org.bs](mailto:info@nagb.org.bs)

### Pirates of Nassau Museum



Nassau was the base for the greatest concentration of pirates during the 17th century. The museum, located in downtown Nassau, is fun, informative, cleverly put together, and gives a

great portrayal of a pirate's life. Board a replica of the pirate ship "Revenge" and let the adventures begin!

Photo: Keo the Younger(image cropped)

Address: King and George Streets, Nassau, Bahamas

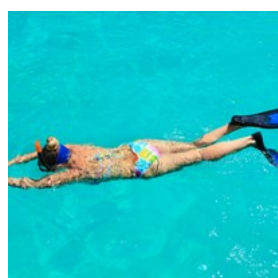
Opening hours: Monday-Saturday: 9am-6pm. Sunday: 9am-12pm.

Phone: +1 242 356 3759

Internet: [www.piratesofnassau.com/](http://www.piratesofnassau.com/)

Email: [piratesofnassau@batelnet.bs](mailto:piratesofnassau@batelnet.bs)

### Seahorse Snorkel and Sailing Excursions



Spend a wonderful morning or afternoon sailing, sunning, and snorkeling out to one of the nearby reefs along Spruce Cay or Athol

Island. Complimentary water and snacks are available throughout the tour, while rum punch and a full bar are available after snorkeling. En route back to shore, relax with a drink, listen to Bahamian music, and enjoy sailing aboard a state-of-the-art catamaran. This 3-3 1/2 hour tour departs daily from either the Ferry Terminal or Cruise Ship Dock.

Photo: Khoroshunova Olga/Shutterstock.com

Address: Paradise Island Marina, Nassau, New Providence Island

Opening hours: Daily: 9am - 12:30pm and 1pm - 4:30pm

Phone: +1 800 821 4505

Internet: [www.seahorsesailingadventures.com](http://www.seahorsesailingadventures.com)

### Tru Bahamian Food Tours



Tru Bahamian Food Tours offer a unique guided tasting and cultural walking tour that takes you on a 3-hour culinary adventure. Authentic

Bahamian cuisine still remains largely unknown

and often times inaccessible to the islands' annual visitors. Tru Bahamian Food Tours brings the authenticity of island flavor and specialties to you.

Photo: BlueOrange Studio/Shutterstock.com

Address: George St. off of Bay St, exact location is disclosed upon ticket purchase

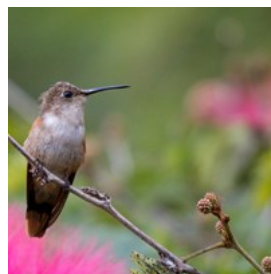
Opening hours: Monday - Saturday: 11:30am

Phone: +1 242 601 1725

Internet: [www.trubahamianfoodtours.com](http://www.trubahamianfoodtours.com)

Email: [customersupport@trubahamianfoodtours.com](mailto:customersupport@trubahamianfoodtours.com)

### Caribbean Birding Trail



Despite its small stature, New Providence island boasts the second-most Bahamian, as well as Caribbean specialty birds, after Abaco. Many of the

sites are accessible only by vehicle, so consider utilizing a birding guide. While the Bahama Woodstar is the only endemic species present on the island, there are still a wealth of other colorful, exotic birds to see. Look to the Cuban Grassquit and the Caribbean Dove as examples.

Photo: Matt MacGillivray(image cropped)

Address: Botanic Gardens in Nassau or Paradise Island

Internet: [www.caribbeanbirdingtrail.org/sites/bahamas/new-providence/](http://www.caribbeanbirdingtrail.org/sites/bahamas/new-providence/)

Email: [info@caribbeanbirdingtrail.org](mailto:info@caribbeanbirdingtrail.org)

### Queen's Staircase



The Queen's Staircase, located in the proximity of Fort Fincastle and the Water Tower, was built to honor Queen Victoria and carved by hand. Walk up the impressive stairs lying in the shade and escape the heat.

Photo: TravelingOtter(image cropped)



Address: Elisabeth Ave, Nassau, Bahamas

### Clifton Heritage National Land and Sea Park



The Clifton Heritage National Park offers a series of educational programs that utilize archival documents, photographs, craft, songs,

dramatizations, dance, story telling, audio and visual presentations, field trips, electronic lessons, readings, and site tours. One of the island's best kept secrets, the Park combines beautiful nature trails, historical ruins, amazing beaches, and guided tours.

Photo: Joseph Bylund/Flickr(image cropped)

Address: South West Rd, Nassau, New Providence

Opening hours: Monday-Sunday: 9am-7pm

Phone: +1 242 362 4368

Internet: [www.cliftonheritage.org](http://www.cliftonheritage.org)

Email: [info@cliftonheritage.org](mailto:info@cliftonheritage.org)

### Christ Church Cathedral



Built in 1841, Christ Church Cathedral is the fifth church to occupy the location. Tablets trace the trials Nassau citizens endured over the

centuries years ago, and the sanctuary's back also features baptismal font. The Lord Proprietors built the original building in 1670, making it the first church built in The Islands Of The Bahamas.

Photo: Rüdiger Stehn/Flickr(image cropped)

Address: George Street, Nassau

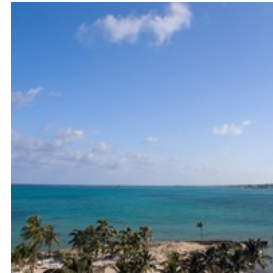
Opening hours: Monday - Friday 9am-5pm

Phone: +1 242 322 4186

Internet: [www.christchurchcathedralbahamas.com](http://www.christchurchcathedralbahamas.com)

Email: [cc.cathedral@batelnet.bs](mailto:cc.cathedral@batelnet.bs)

### Beaches



Nassau boasts dozens of wondrous beaches, which are the area's prized possessions. Soft sands and crystalline waters rein in accolades as the

region's best:

#### Junkanoo Beach

West Bay Street and Nassau Street

Nassau, New Providence Island

#### Cabbage Beach

Paradise Island (north side)

Nassau, New Providence Island

#### Cable Beach

Nassau, New Providence Island

#### Love Beach

10 miles west of downtown Nassau

Photo: Kanu Suguro/Shutterstock.com

### Wellness Spa Bahamas



Wellness Spa Bahamas brings the healing of Therapeutic Massage to you. Treat yourself well and enhance your health mentally, physically, and

emotionally. They encourage total relaxation, improving blood flow and reducing chronic pain for elevated health.

Photo: Karl Cossio(image cropped)

Address: Paradise Island Dr, Nassau, New Providence Island

Opening hours: Monday-Saturday: 10am-8pm

Phone: +1 242 438 3932

Internet: [www.wellnessbahamas.net](http://www.wellnessbahamas.net)

Email: [wellnessbahamas@gmail.com](mailto:wellnessbahamas@gmail.com)

### Dermalogica Skin Centre



Dermalogica's Skin Treatment is customized to your skin's needs with a thorough, zone-by-zone Face Mapping analysis. This will help you

understand your skin and its needs. The professional Skin Therapists will diagnose and prescribe a home care and treatment regimen to deliver your optimum skin health.

Photo: Zenspa1(image cropped)

Address: Old Fort Town Centre, Nassau, New Providence Island

Opening hours: Monday - Thursday: 10am - 7pm, Saturday: 10am - 5pm, Sunday: Closed

Phone: +1 242 377 7546

Internet: [www.dermalogicaskincentre.com](http://www.dermalogicaskincentre.com)

Email: [appointments@dermalogicaskincentre.com](mailto:appointments@dermalogicaskincentre.com)

### DINING



*tiverylucky/Shutterstock.com*

In the mood for fresh seafood, succulent meats or Bahamian traditional favorites? Perhaps you'd like to see today's fresh selection of rock lobster, snapper and conch. Nassau provides some of the finest dining with endless possibilities.

### Café Matisse



Dine al fresco in Café Matisse charming courtyard or on the veranda. The menu, which changes every three months, features

homemade pasta, fresh seafood, real Italian pizza, and delicious desserts.

Photo: Cody Berg/Unsplash.com

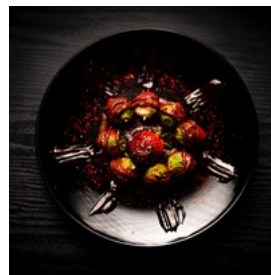
Address: Bank Lane and Bay Street, Nassau, New Providence Island

Opening hours: Tuesday-Saturday: 12pm-3pm, 6pm-11pm.

Phone: +1 242 356 7012

More Info: Behind Parliament Square, just off Bay Street

### Dune at The Ocean Club



Set atop a white sand bluff overlooking the sea, Dune indulges all of your senses. The menu offers an imaginative blend of French Asian dishes

infused with local herbs and Bahamian flavours.

Photo: Omar Gattis/Unsplash.com

Address: One Ocean Drive Nassau N.P Nassau, Bahamas

Opening hours: Daily 7-11am, 12-3pm, 6-10pm

Phone: +1 242 363 2501

Internet: [www.fourseasons.com/oceanclub](http://www.fourseasons.com/oceanclub)

### Carmine's



The ever-popular New York-style Carmine's is guaranteed to delight your palate. An array of fine Italian wines pair alongside classic Italian

recipes to create the ultimate menu. Chicken scarpariello, shrimp scampi, fried calamari, veal saltimbocca, and more are all served in abundant portions.

Photo: Christine Siracusa/Unsplash.com

Address: One Casino Drive, Paradise Island, Nassau

Opening hours: Daily: 5:30pm-10pm

Phone: +1 242 363 3000

Internet: [www.carminesnyc.com](http://www.carminesnyc.com)

### Graycliff Restaurant



Graycliff Restaurant is pure elegance. Serving signature dishes, fine wines, and vintage Cuban cigars from its colonial mansion location,

Graycliff is the ultimate Bahamian dining experience. Guests can even buy the world's oldest bottle of wine, a German vintage 1727.

Photo: Scott Warman/Unsplash.com

Address: West Hill Street, Nassau, Bahamas

Opening hours: Monday-Friday: 12pm-2:30pm,

6:30pm-10:30pm. Saturday-Sunday: 6:30pm-10:30pm.

Phone: +1 242 302 9150

Internet: [www.graycliff.com](http://www.graycliff.com)

Email: [info@graycliff.com](mailto:info@graycliff.com)

### Goldie's Conch House



As the winner of consecutive Certificates of Excellence from Tripadvisor, Goldie's needs little introduction.

Tourists and locals are

consistently dazzled by the homemade dishes of owner Goldie Evans himself. The fettuccine with conch and shrimp is a particular favorite.

Photo: Louis Hansel/Unsplash.com

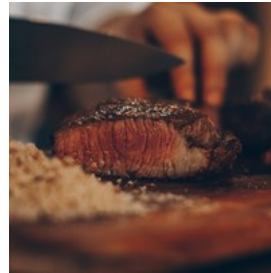
Address: West Bay Street and Chippingham Road, Paradise Island, New Providence Island

Phone: +1 242 325 4300

Internet: <http://goldiesconch.restaurantwebexperts.com/>

Email: [goldiesconchhouse@yahoo.com](mailto:goldiesconchhouse@yahoo.com)

### Bahamian Club



Fine meat is the house specialty at Bahamian Club, where a menu of rib-eye steak, veal chop, herb-roasted rack of lamb, and chateaubriand

for two are sure to impress. Not a meatlover? Look to fresh seafood delights like the grilled swordfish steak, Bahamian lobster, and salmon fillet.

Photo: Emerson Vieira/Unsplash.com

Address: Atlantis, Paradise Island, New Providence Island

Opening hours: Daily: 6pm-10pm

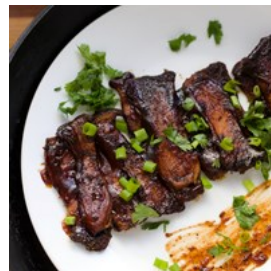
Phone: +1 242 363 3000

Internet: [www.atlantisbahamas.com](http://www.atlantisbahamas.com)

Email: [AtlantisSocialTeam@gmail.com](mailto:AtlantisSocialTeam@gmail.com)

More Info: Located at Atlantis Paradise Island

### Bahama Grill



Taste the islands at the popular Bahama Grill. Choose to dine indoors or outdoors on the covered deck while sipping on yummy cocktails.

Made-to-order dishes are their specialty, including hickory smoked pork, baby-back, and beef ribs; grilled, barbecue, and rotisserie chicken; and tasty grilled conch.

Photo: Sean Stone/Unsplash.com

Address: West Bay Street, Nassau, Bahamas

Opening hours: Monday-Saturday: 11am-11pm. Sun: 11am-9pm.

Phone: +1 242 356 4745

Internet: [www.bahamagrill.com](http://www.bahamagrill.com)

Email: [bahamagrill@coralwave.com](mailto:bahamagrill@coralwave.com)



### Sapodilla



At Sapodilla, you're in for something extraordinary with expert service, food, live music, and ambiance. Even the cutlery and glassware is carefully placed.

Photo: Jay Wennington/Unsplash.com

Address: West Bay Street, Nassau, New Providence Island

Opening hours: Tue-Sat 6pm-12am

Phone: +1 242 327 0611

Internet: [www.sapodillabahamas.com](http://www.sapodillabahamas.com)

Email: [information@sapodillabahamas.com](mailto:information@sapodillabahamas.com)

### Cafe Martinique



Known for its grills, everything from prime rib for two, to a succulent veal chop, Cafe Martinique is perfection. Paradise Island's most

most elegant and upscale restaurant features imported art and antiques from Belle Epoque Paris.

Photo: Kenneth Mallia/Unsplash.com

Address: Atlantis Paradise Island, Nassau, New Providence Island

Opening hours: Daily 6am-10pm

Phone: +1 954 809 2100

Internet:

[www.atlantisbahamas.com/dining/finedining/cafemartinique](http://www.atlantisbahamas.com/dining/finedining/cafemartinique)

### Compass Point



Compass Point is located in the hotel of the same name. The large restaurant features several bars that jut out of the sea on a barrier wall, and seating for diners is inside or outside. The food is good, service excellent, and there's

never a rush to vacate a table. Enjoy!

Photo: Kobby Mendez/Unsplash.com

Address: West Bay Street, Nassau, New Providence Island

Phone: +1 242 327 4500

Internet: [www.compasspointbeachresort.com](http://www.compasspointbeachresort.com)

### CAFES



Elenadesign/Shutterstock.com

Whether you want a regular coffee or a light meal, Nassau offers a variety of options. Some cafes are high-end, while others are friendly for all occasions.

### Athena Café & Bar



Enjoy authentic Greek dishes with excellent service and a delightful open porch view of Nassau. Souvlaki, moussaka, or hearty

Greek gyros are local favorites at Athena.

Photo: Nick Bratanek/Unsplash.com

Address: Bay Street at Charlotte Street, Nassau

Opening hours: Monday-Saturday: 9:30am-6pm. Sun: 9am-4pm.

Phone: +1 242 326 1296



### Gregory's Mediterranean Delights



Pastries, paninis, baguettes, greek burgers, salads, wraps, vegetarian choices, fresh squeezed orange juice, frozitos, lattes, cappuccinos, and

mouth watering desserts are the name of the game at Gregory's. European coffee is also served here.

Photo: Kaffee Meister/Unsplash.com

Address: George Street, Bay Street, Nassau, New Providence

Opening hours: Mon-Fri 7am-7pm, Sat 8am-6pm

Phone: +1 242 356 7175

Email: gmdfood@gmail.com

### McKenzie's Fresh Fish and Conch



Great food without the pomp of touristy traps is what McKenzie's offers you. The conch salads are all individually made from this small shack. Seafood

is balanced with fresh fruits and vegetables to create yummy extraordinaire.

Photo: ANDI WHISKEY/Unsplash.com

Address: Potters Cay Dock Road & East Bay Street, Nassau, New Providence Island

### Oh Andros



Enormous portions of delicious food is to be expected at Oh Andros. The seafood is always freshly prepared onsite.

Photo: Adolfo Félix/Unsplash.com

Address: Arawak Cay, Nassau, New Providence

Opening hours: Daily 12pm-12am

Phone: +1 242 326 7115

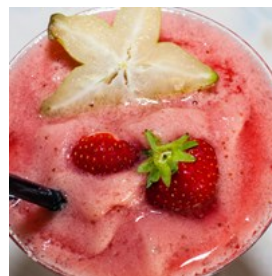
## BARS & NIGHTLIFE



Ramunas Bruzas/Shutterstock.com

Nassau nightlife finds visitors headed for the casinos or beach bars for an evening of music and gaming. Many resorts offer superb casino entertainment, bars, and nightclubs.

### The Daiquiri Shack



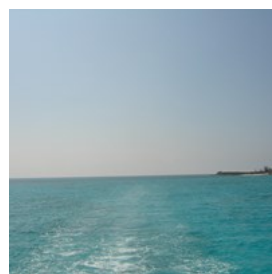
The Daiquiri Shack is well-known for the best Daiquiris on the whole island made with fresh fruit and rum. Served by the knowledgeable

bartenders and in a relaxing atmosphere with muxeic will certainly make your night memorable.

Photo: mstella/Shutterstock.com

Address: West Bay Street, Nassau

### Booze & Cruise



Enjoy a fantastic party with drinks like the famous Bahama Mama, rhythmic beats and a picturesque view of the sunset on board of a ship.

You can even go snorkeling or swimming during the cruise.

Photo: Matt Phillips/Flickr.com(image cropped)

Phone: +1 242 363 8637

Internet: [www.sandytoesbahamas.com/bahamas-booze-cruise](http://www.sandytoesbahamas.com/bahamas-booze-cruise)

Email: [info@sandytoesbahamas.com](mailto:info@sandytoesbahamas.com)

### Atlantis Casino



The Atlantis Resort offers poolside gaming in a 100,000-square-foot casino. The table games are open daily at this unique resort destination,

which even features the world's largest open-air marine habitat. Awards are as follows: Condé Nast Traveler: "Top 121 Golf Resorts" and "Top 20 Foreign Golf Resorts;" "The 100 Best Vacations For 2012;" Caribbean Travel + Life's "Best of the Caribbean Awards," and "Best Mega-Resort."

Photo: Yuguesh Fagoonee/Shutterstock.com

Address: 1 Casino Drive, Nassau, New Providence

Opening hours: Daily 10am-4am

Phone: +1 242 363 3000

Internet: [www.atlantisbahamas.com/casino](http://www.atlantisbahamas.com/casino)

Email: [AtlantisSocialTeam@gmail.com](mailto:AtlantisSocialTeam@gmail.com)

### Twisted Lime Sports Bar and Grill



Located in Sandyport's Marina Village, the Twisted Lime specializes in Gastro Pub and Fire Grill fare. Try their creative sandwiches,

pastas, and signature flatbreads while watching the big games on 18 Big Screen HDTV's.

Photo: Joshua Resnick/Shutterstock.com

Address: Olde Towne Marina, Sandyport Plaza, Nassau, New Providence Island

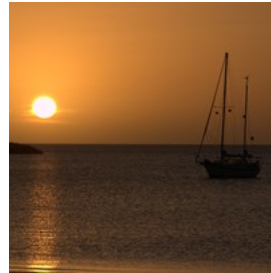
Opening hours: Daily 11am-2am

Phone: +1 242 327 0061

Internet: [www.twistedlimebar.com](http://www.twistedlimebar.com)

Email: [twistedlimebar@gmail.com](mailto:twistedlimebar@gmail.com)

### Compass Point Outdoor Ocean Bar



The Outdoor Bar at Compass Point Beach Resort boasts some of the island's best views. Tropical libations and an extensive bar menu make

this a viable option.

Photo: Matt Berger/Shutterstock.com

Address: West Bay Street, Nassau, New Providence

Phone: +1 242 327 4500

Internet: [www.compasspointbeachresort.com/dining](http://www.compasspointbeachresort.com/dining)

### Señor Frog's



The motto "have fun, let yourself go and unleash your fiesta" already suggests what Señor Frog's is about. A great selection of cocktails and

food to fill up even the hungriest of guests and lots of fun.

Photo: Pressmaster/Shutterstock.com

Address: Woodes Rodgers Walk, Nassau, Bahamas

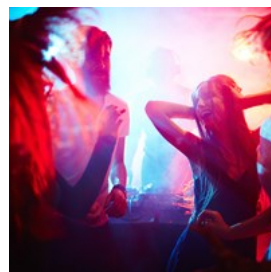
Opening hours: Mon-Fri 11am-1am

Phone: +1 242 323 1777

Internet: [www.senorfrogs.com](http://www.senorfrogs.com)

Email: [info@senorfrogs.com](mailto:info@senorfrogs.com)

### Aura Night Club



As one of the country's hottest nightclubs, Aura even draws celebrities. Bartenders keep the crowds energized as they dance the night away.

The genre of music varies according to the crowd.

Photo: Pressmaster/Shutterstock.com

Address: One Casino Drive, Suite 35, Paradise Island, Bahamas



Opening hours: Thu-Sat 10pm-3am  
Phone: +1 242 363 3000  
Internet: [www.atlantisbahamas.com](http://www.atlantisbahamas.com)  
Email: [auratables@atlantisparadise.com](mailto:auratables@atlantisparadise.com)  
More Info: Casually elegant attire is required. Absolutely no shorts, flip flops or athletic wear will be permitted.

### Club Waterloo & Shooters Bar

Club Waterloo claims to be Nassau's largest indoor/outdoor nightclub. With five bars, nonstop dancing, and live bands on the weekends, Waterloo has something fun up its sleeves.



Photo: [dwphotos/Shutterstock.com](https://www.shutterstock.com/user/dwphotos)  
Address: East Bay Street, Nassau, New Providence Island  
Opening hours: Tue-Sat 8pm-4am  
Phone: +1 242 393 7324  
Email: [info@clubwaterloo.com](mailto:info@clubwaterloo.com)

### Sea Glass



Tapas, fruit martinis, and signature cocktails are served at the voguish Sea Glass nightly. Table games like blackjack or roulette are to be had as well.

Photo: [Syda Productions/Shutterstock.com](https://www.shutterstock.com/user/Syda%20Productions)  
Address: 1 Casino Drive, Nassau, New Providence  
Opening hours: Daily 11am-1am  
Phone: +1 242 363 3000  
Internet: [www.atlantisbahamas.com](http://www.atlantisbahamas.com)

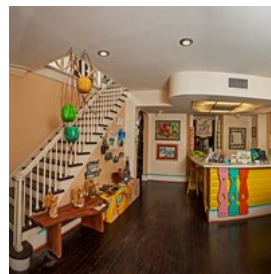
## SHOPPING



[steven andres/Shutterstock.com](https://www.shutterstock.com/user/steven%20andres)

The Bahamas provides its visitors with every shopping experience imaginable. Nassau's duty-free status makes it popular for buying luxury items. The Bahamas are famous for handicrafts, paintings, sea treasure, blown glass, Conch shell jewelry and Junkanoo art. Practice your bartering skills while witnessing local artisans at work.

### Doongalik Studios



Doongalik is a delightful art studio showcasing Bahamian art from a lovely garden setting. The Exhibition Gallery is located in a historically traditional building, from which the proprietors hope that the majority of visitors to The Bahamas will "come to experience its Art, Culture and Heritage rather than its Sun, Sand and Sea."

Photo: [Guilden Gilbert](https://www.shutterstock.com/user/Guilden%20Gilbert)  
Address: 20 Village Road, Nassau, Bahamas  
Opening hours: Mon - Wed: 10am - 4pm, Sat: 9am - 1pm  
Phone: +1 242 394 1886  
Internet: [www.doongalik.com](http://www.doongalik.com)  
Email: [pam.burnside@doongalik.com](mailto:pam.burnside@doongalik.com)

### Straw Market



If you are looking for some souvenirs, this is the place to go. The vendors sell an array of gifts and souvenirs like straw bags made from bleached palm leaves. Haggling is obligatory at the Straw Market.

Photo: Kushal Bose/Shutterstock.com

Address: W Bay St, Nassau, Bahamas

Phone: +1 242 302 9741

Email: williamd53@msn.com

### Coin of the Realm



This gem of a shop is located centrally on Charlotte Street. It has a large variety of high-quality jewelry and unique pieces on offer.

Photo: Africa Studio/Shutterstock.com

Address: Charlotte Street, Nassau

Opening hours: Monday - Saturday 10am - 5pm

Phone: +1 242 322 4862

Internet: [www.coinrealm.net](http://www.coinrealm.net)

Email: [sales@coinrealm.net](mailto:sales@coinrealm.net)

### Tag Heuer Boutique



Since 1860, Tag Heuer Boutique offers exceptional service and high-quality Swiss watches at affordable prices. The Tag Heuer

Boutique in Nassau is no exception and excellent service will be guaranteed.

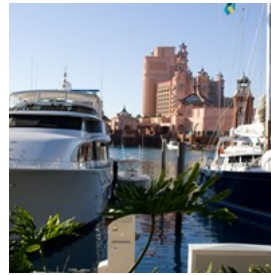
Photo: wongwean/Shutterstock.com

Address: Bay Street, Nassau

Phone: +1 242 322 8389

Internet: [www.tagheuer.com/int-en/home](http://www.tagheuer.com/int-en/home)

### Marina Village at Atlantis



World class shopping is offered at Atlantis Resorts through the Marina Village. Fine jewelry, watches, clothing, crystal, and everything in

between is here. Peruse an assortment of luxury boutiques including Dooney & Bourke, Versace JC, John Bull, and Solomon's Sea Treasures.

Photo: Jon Worth(image cropped)

Address: 1 Casino Drive, Nassau, New Providence, Bahamas

Phone: +1 242 363 3000

Internet: [www.atlantisbahamas.com](http://www.atlantisbahamas.com)

### Bahama Hand Prints



Bahama Hand Prints is a small factory and boutique where the tradition of hand screen-printing continues. A must do on

any trip for unique take home gifts for yourself and friends.

Photo: Petr Lerch/Shutterstock.com

Address: Ernest Street, Nassau, North Providence

Opening hours: Monday-Friday: 10am-4pm, Saturday: 10am-2pm.

Phone: +1 242 394 4111

Internet: [www.bahamahandprints.com](http://www.bahamahandprints.com)

Email: [info@bahamahandprints.com](mailto:info@bahamahandprints.com)

### Crystal Court Shops



The Crystal Court Shops are premier destinations for high-fashion. The finest in women's and men's apparel are available, spanning Amici,

Cole's of Nassau, Faconnable, Island Gear with Tommy Bahama, Mademoiselle, Salvatore



Ferragamo, and Versace.

Photo: michaeljung/Shutterstock.com

Address: 1 Casino Drive, Nassau, New Providence

Phone: +1 242 363 3000

Internet:

[www.atlantisbahamas.com/thingstodo/activities/shopping](http://www.atlantisbahamas.com/thingstodo/activities/shopping)

### La Casita



The charming La Casita is a boutique offering high-end straw bags, purses, and costume jewelry. Come see what you can find!

Photo: Farknot Architect/Shutterstock.com

Address: Bay Street, Nassau, New Providence Island

Phone: +1 242 356 7302

Email: [meke@lacasitabahamas.com](mailto:meke@lacasitabahamas.com)

### Brass and Leather



Find leather goods for men and women, including bags, shoes, and belts, at Brass and Leather. There're even luggage, wallets,

fragrances, and more from the International collection at Fendi.

Photo: Jascha Asadov/Shutterstock.com

Address: Charlotte Street, Nassau, New Providence Island

Phone: +1 242 322 3806

Email: [fendi.store@brass-leather.com](mailto:fendi.store@brass-leather.com)

### Diamonds International



Diamonds International is the duty free leader in fine jewelry throughout the Caribbean and the Bahamas is no exception. There are three,

convenient Bay Street locations in Nassau.

Photo: Coprid/Shutterstock.com

Address: 324 Bay Street, Nassau, Bahamas

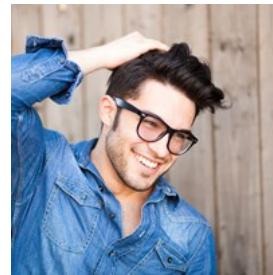
Opening hours: Monday-Saturday: 9am-6pm. Sunday: 9:30am-3pm.

Phone: +1 800 515 3935

Internet: [www.diamondsinternational.com/location/store/nassau-bahamas](http://www.diamondsinternational.com/location/store/nassau-bahamas)

Email: [Bahamas@ShopDI.com](mailto:Bahamas@ShopDI.com)

### His Fashion



Nassau's premier boutique for men's clothing and accessories is His Fashion. Featured brands include Ralph Lauren, Tommy Hilfiger,

Nautica, Faconnable, Kenneth Cole, Reaction, Robert Graham, and Calvin Klein.

Photo: Matusciac Alexandru/Shutterstock.com

Address: Old Fort Bay Town Centre, New Providence Island

Opening hours: Monday-Saturday: 10am-6pm

Phone: +1 242 377 3900

Email: [lebcoldtbahamas@gmail.com](mailto:lebcoldtbahamas@gmail.com)

## TOURIST INFORMATION



[ezpic/Shutterstock.com](http://ezpic/Shutterstock.com)

## Lynden Pindling International Airport (NAS)



Lynden Pindling International Airport, the major airport for the Bahamas, is located about 16 kilometers (9.9 miles) west of Nassau city

center, and has daily flights to major cities in the United States, the Caribbean, Canada and the United Kingdom.

Photo: Juan Garces

Address: Windsor Field Road, Nassau

Phone: +1 242 702 1010

Internet: [www.nassaulpia.com](http://www.nassaulpia.com)

Email: [feedback@nas.bs](mailto:feedback@nas.bs)

## Time Zone



Nassau is located in the Eastern Standard time zone, and all times are reflected in Eastern time.

Photo: Marek Polakovic

## Public Transport



Jitney Bus Public transportation service (referred to as jitneys) is available on several of the major islands, such as Nassau/Paradise Island

and Grand Bahama Island. Fares vary, depending on the route, and exact change is required. Bus stops are marked.

Ferry Boats (water taxis) can take you between Nassau and Paradise Island while at the same time giving you a waterfront view of Nassau Harbor. Tickets can be purchased at the tour

desk at Festival Place and at Woodes Rogers Wharf right next door.

Photo: Pierre-Luc Auclair

More Info: Bus service is generally from early morning (about 6:30am) until about 7pm. Ferries leave every half hour on the hour from 9am to 6pm.

## Taxi



Taxi fares are fixed by the government. Usually you tip taxi drivers 15%. You can call a taxi, take one on the street or in front of a hotel. Jermaine's Taxi &

Tours +1 242 425 1789

[info@jermainestaxiandtours.com](mailto:info@jermainestaxiandtours.com)

Bahamas Taxi Services +1 242 423 4982

[cherylfoxferguson@live.com](mailto:cherylfoxferguson@live.com)

Photo: ArrivalGuides

Internet: [jermainstaxiandtours.com/taxi\\_fares](http://jermainstaxiandtours.com/taxi_fares)

## Post



Bahama General Post Office

Photo: Andy Fuchs

Address: East Hill Street, Nassau

Phone: +1 242 322 3025

## Pharmacy



In Nassau, there are many independent stores such as Lowe's Wholesale Pharmacy, PharmaChoice, and Friendly



Pharmacy.

Lowe's Wholesale Pharmacy  
Soldier Rd, Nassau

Friendly Pharmacy Elizabeth on Bay  
Bay St, Nassau  
+1 242 323 0051

Photo: Gemma Garner  
Address: Bay St, Nassau  
Opening hours: 9.30am - 5.30pm, Sunday closed  
Phone: +1 242 323 0051

### Telephone



Country code: +1 Area  
codes in Nassau: 242

Photo: Jardson Almeida

### Electricity



Electrical outlets in The  
Islands Of The Bahamas  
are 60 cycles/120 volts,  
which is compatible with  
all US appliances. British  
and European appliances

require a flat two-pin adaptor and 220-volt  
converter.

Photo: Stirling Tschan

**Population**  
266,100

**Currency**  
The Bahamian dollar is held on par with the US dollar and  
both are accepted interchangeably throughout the islands.

**Internet**  
[www.nassauparadiseisland.com](http://www.nassauparadiseisland.com)  
[www.bahamas.com](http://www.bahamas.com)

### Newspapers

The Nassau Guardian — [thenassauguardian.com](http://thenassauguardian.com)  
The Tribune — [www.tribune242.com](http://www.tribune242.com)  
Official Gazette The Bahamas

### Emergency numbers

911 or 919

### Tourist information

The Bahamas Ministry of Tourism and Aviation  
P.O. Box N-3701, Nassau  
+1 242 302 2000  
+1 800 Bahamas