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Montpellier, one of Europe's emerging holiday gems, draws travellers with its Mediterranean proximity, enchanting medieval core, and lively nightlife fuelled by its large student community. Nestled amidst scenic landscapes, Montpellier beckons exploration, whether it's the nearby Mediterranean beaches or the

adventurous allure of the Cévennes mountains just an hour's drive away.

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THE CITY



Olgysha/Shutterstock.com

Montpellier — originally called Monte Pestalario — is one of only a few larger cities in southern France that does not have Roman roots. The city was founded in 985 under a local feudal dynasty, the Guilhem, who combined two hamlets and built a castle and walls around the united settlement.

During the Middle Ages, Montpellier evolved into a prominent medieval trading hub and a centre of intellectual and cultural pursuits. Its renowned University of Montpellier, established in 1220, holds the distinction of being one of the oldest continuously operating universities in the world. Its roster of famous alumni includes the creator of prophecies, Nostradamus, and the author Rabelais.

Over the next centuries, the open-minded and liberal Montpellier was faced with several challenges. It was struck by the plague in the 1300s, and later became a stronghold for the French Protestants, the Huguenots. Until the revocation of the Edict of Nantes in 1685, they fought a losing battle against the Catholic Church and the French crown. By the time these religious wars ended, all surviving Huguenots had either surrendered or fled to England, Ireland or America.

Today, Montpellier is known for its university and a quarter of its citizens are students. The beautiful medieval area is a pedestrian haven with marbled alleys like L'Ancien Courrier. Low-set medieval buildings and churches adorn the area's 16 squares, including the one in the city centre, Place de la Comédie.

DO & SEE



Matej Kastelic/Shutterstock.com

There is plenty to do in the way of culture and entertainment, as well as exciting tours to go on — from regional vineyards and wineries to hiking up Pic St-Loup. Visit the city's many cathedrals (Carre Sainte-Anne is one that stands out with its refurbished interior turned into an art space), walk down the windy streets of the Old Town, and plan a field trip to the nearby seaside villages.

Montpellier Cathedral



A national monument of France, this Roman Catholic cathedral, dedicated to Saint Peter, was originally founded as a church in 1364 and

later became a cathedral in 1536. The architectural marvel is built in the Gothic style and captivates visitors with its stunning features, including beautiful stained glass, old religious paintings, and an attached garden.



Photo: Inu/Shutterstock.com

Address: Rue Saint-Pierre, Montpellier

Public Transport: Tram: Line 1, station Louis Blanc or Line 1,

2, station Comédie.

Opening hours: Mon-Sat 10:30am-11:45am / 2:30pm-6pm;

Sun closed

Phone: +33 4 67 66 04 12

Internet: www.cathedrale-montpellier.fr

Roquefort Société Caves



To explore the Roquefort Société Caves, you must venture a bit off the beaten path, approximately 1 1/2 hours northwest of

Montpellier. The prime period to witness the cheeses ripening in the caves spans from January through July. However, access to the caves remains available throughout the entire year.

Photo: JPC-PROD/Shutterstock.com

 ${\bf Address:\ 2\ Avenue\ François\ Galtier,\ Roquefort-sur-Soulzon}$

Opening hours: Daily 10am-noon / 1:30pm-4:30pm

Phone: +33 5 65 58 54 38

Internet: www.roquefort-societe.com/les-caves

Place de la Comédie



Place de la Comédie, situated in the heart of Montpellier, is a bustling and iconic square that serves as the vibrant focal point of the city.

Also known as 'Place de l'oeuf' (Square Egg) due to its oval shape, the square is surrounded by stunning architectural landmarks, including the Opéra Comédie and the Three Graces fountain. A lively hub of activity, Place de la Comédie is adorned with outdoor cafés, restaurants, shops, and street performers, making it a must-visit destination for both locals and tourists.

Photo: Giancarlo Liguori/Shutterstock.com

Address: Place de la Comédie, Montpellier

Public Transport: Tram: Line 1, 2 - station Comédie.

Notre-Dame des Tables



The original church was destroyed during the religious wars of the 16th century, but it is still an exciting historical destination. The name,

Notre-Dame des Tables, comes from the tables of the currency exchange that was linked to the spice trade, originally located in front of the church.

Photo: Frank Gaertner/Shutterstock.com

Address: 43 Rue de l'Aiguillerie, Montpellier

Internet:

www.montpellier.fr/333-eglise-notre-dame-des-tables.htm

Musée Atger



Situated within the Department of Medicine, the museum holds the distinction of being the oldest in the city. It houses a remarkable

collection of historic European drawings, paintings, and manuscripts. This extensive assortment was meticulously gathered by the collector Xavier Atger and features works by renowned artists such as Rubens, Tiepolo, Carracci, and Fragonard.

Photo: Ditty_about_summer/Shutterstock.com

Address: 2 Rue de l'École de Médecine, Montpellier

Phone: +33 4 34 43 35 80

Internet: facmedecine.umontpellier.fr/patrimoine-historique/

musee-atger/

Jardin des Plantes



Pierre Richer de Belleval founded France's oldest botanical garden in 1593. Today, it is a charming array of tropical greenhouses, ancient

trees and worn benches. The ancient trees provide plenty of shaded areas to make it a sought-after spot in the heat of summer.

Photo: 123451/Shutterstock.com

Address: Boulevard Henri IV, Montpellier

Public Transport: Tram: line 1, station Albert 1er. Bus: n°6, 7

or 16, station Peyrou.

Opening hours: Tue-Sun 11am-6pm, Mon closed

Phone: +33 4 34 43 36 20

Internet: facmedecine.umontpellier.fr/patrimoine-historique/j

ardin-des-plantes

Email: jdplantes@umontpellier.fr

Villeneuve-lès-Maguelone



Villeneuve-lès-Maguelone , situated a few miles south of Montpellier, is home to a magical lagoon landscape with beaches, sand dunes, islands, and

a massive 17th-century cathedral. There are plenty of relaxing and active pursuits to explore in the area — from water sports to bird watching.

Photo: Jossuha Théophile/Unsplash

Address: Villeneuve-lès-Maguelone, France

Espiguette Beach



Espiguette Beach is a tranquil and low-key destination, known for its long, wide expanse of sandy shores. The shallow waters make it safe environment for younger swimmers. While this beach becomes a popular and bustling spot during the summer, the serene atmosphere and expansive coastline make it well worth a visit.

Photo: Pixelheld/Shutterstock.com Address: Plage de l'Espiguette

Musée Fabre



One of the biggest museums in France, exhibiting nearly 800 works with Flemish, Dutch, Italian, Spanish and French collections.

Admire works from the 16th-18th centuries from painters like Zurbaran, Reynolds, Tenier, Veronese and Monet. On display are ceramics, sculptures and contemporary paintings.

Photo: blurAZ/Shutterstock.com

Address: 39 Boulevard Bonne Nouvelle, Montpellier Opening hours: Tue-Sun 10am-5pm, Mon closed

Phone: +33 4 67 14 83 00 Internet: www.museefabre.fr

Email: musee.fabre@montpellier3m.fr

Planet Ocean World



It is one of the most popular tourist attractions in town, and no wonder why — it contains 3,500 animals from nearly 300 species

which fills the 24 pools. Beyond its impressive marine life collection, the aquarium offers a unique experience with various marine landscapes and features cutting-edge exhibits, including storm and hurricane simulators.

Photo: AMA/Shutterstock.com Address: Allee Ulysse, Montpellier Opening hours: Daily 10am-6pm



Phone: +33 4 67 13 05 50

Internet: www.planetoceanworld.fr Email: contact@planetoceanworld.fr More Info: Centre commercial Odysseum

Montpellier Zoological Park



Montpellier Zoological Park, sprawling across an 80-hectare site, boasts an impressive collection with 141 species and over 1350 animals. This

expansive and diverse habitat offers a delightful experience for visitors, combining the joys of nature with the opportunity to observe a wide array of wildlife.

Photo: Janossy Gergely/Shutterstock.com

Address: Parc Zoologique de Lunaret, 50 Avenue Agropolis,

Montpellier

Opening hours: Daily 10am-6pm Phone: +33 4 67 54 45 23 Internet: zoo.montpellier.fr

Musée des Dinosaures



Situated in an authentic paleontological site, this dinosaur park stands as the largest in Europe, making it an exceptional day trip from Montpellier.

Combining real fossil displays with life-size dinosaur models, including the impressive 25-metre-long Brachiosaurus, the park offers a captivating and educational experience for visitors of all ages.

Photo: alexsvirid/Shutterstock.com Address: Route de Pézenas, Mèze Opening hours: Daily 2pm-6pm Phone: +33 7 60 00 92 22

Internet: www.dinosaure.eu

Château de la Mogère



Located on the outskirts of Montpellier, Château de la Mogère is a magnificent 18th-century castle surrounded by sprawling gardens and

vineyards. This historic estate, once a residence of Montpellier nobility, showcases classic French architecture with its elegant façade and meticulously landscaped grounds. The château is renowned for its well-preserved interiors, featuring lavish furnishings and period details that offer a glimpse into the aristocratic lifestyle of the past. Visitors can explore the beautiful gardens, adorned with fountains and sculptures, and savour the charm of this enchanting castle.

Photo: Georges Seguin/CC BY-SA 2.5/Wikimedia(image

cropped)

Address: 2235 Route de Vauguières, Montpellier

Phone: +33 6 61 14 72 01 Email: contact@lamogere.fr

Europark Indoor



Europark, the largest indoor children's entertainment park in France, offers a paradise for children up to 13 years old. Packed with a

plethora of activities, young visitors can indulge in delights such as swimming in the ball pool, exhilarating slides, bouncing on trampolines, and much more.

Photo: ZouZou/Shutterstock.com

Address: Voie Communale du Tricot et des Tots, Vias Opening hours: Sat-Wed 10am-7pm, Thu & Fri closed

Phone: +33 4 67 30 71 06 Internet: europarkindoor.com Email: contact@europarkindoor.com

More Info: Located 60 km away from Montpellier



Pavillon Populaire



This hard-to-miss building, located in very close proximity to the Tourist Office, regularly hosts a wealth of photography exhibitions

featuring the works of local and international photographers. Expositions change frequently, so stop by to see what is on display when you're in town.

Photo: Aleksandar Mijatovic/Shutterstock.com

Address: Esplanade Charles de Gaulle, Montpellier

Opening hours: Tue-Sun 11am-1pm / 2pm-6pm; Mon closed

Phone: +33 4 67 66 13 46

Internet: www.montpellier.fr/506-les-expos-du-pavillon-popul

aire-a-montpellier.htm

Pic Saint-Loup



Pic Saint-Loup is the highest observation point in the Montpellier area and a perfect place to go for a rewarding hike. As you ascend, the true

reward unveils at the summit, where lush valleys stretch out below, offering breathtaking panoramic views.

Photo: Sean Gillies/CC BY-SA 2.0/Flickr(image cropped)

Address: Pic Saint-Loup

Le Petit Paradis De Vendarques



This lovely animal farm is located just outside of Montpellier, only a short drive northeast of the city. Animal inhabitants of the farm include

alpacas, pigs, donkeys, goats, adorable ponies and more — all rather friendly. Plus, boat rides

or pedal boats, inflatable structures and games for children.

Photo: photoshooter2015/Shutterstock.com

Address: Ancienne Route de Sommières, Vendargues

Opening hours: Sat-Thu 10am-6pm, Fri closed

Phone: +33 4 67 91 99 33 Internet: www.petitparadis.com

Wine Tours



There are multiple companies offering wine tours to wineries in the Montpellier area. Some include a visit to an olive farm (and other

activities), followed by a tour of one of the regional wineries, which usually includes a wine-tasting session. One company organising tours of this kind is Montpellier Wine Tours.

Photo: Jose Ignacio Soto/Shutterstock.com Address: 2 Rue de Rhodes, Montpellier Internet: www.montpellierwinetours.com Email: info@montpellierwinetours.com

Carré Sainte Anne



From the outside, Carré Sainte Anne deceptively looks like just another church. Those who do venture inside, however, will be surprised to see

the refurbished space that has been turned into a contemporary exhibition pavilion, with expositions designed to resonate with the unusual nature of the space.

Photo: Wolfgang Staudt/CC BY 2.0/Flickr(image cropped)

Address: 2 Rue Philippy, Montpellier

Phone: +33 4 67 60 82 11

Internet: www.montpellier.fr/505-carre-sainte-anne.htm

Email: visites@ville-montpellier.fr



DINING



Maksim Toome/Shutterstock.com

The cuisine of the Languedoc region is characterised by its rich Mediterranean influence. Known for incorporating sumptuous fresh ingredients sourced from both land and sea, Languedoc cuisine emphasizes fresh produce, olive oil, herbs, and aromatic spices. Seafood plays a significant role, given the region's proximity to the Mediterranean. Traditional dishes include cassoulet (a hearty bean stew with meat), bourride (fish soup with aioli), and anchovy-based specialities. The flavours are robust, often featuring locally sourced meats, cheeses, and wines.

Le Bistrok Montpellier



Just a few steps from
Place de la Comédie lies
Le Bistrok, a beloved
restaurant offering a
fusion of Italian, French,
and Asian cuisines,

creatively presented in bistro-style dishes. The venue's funky ambience includes a wine cellar and opportunities for wine tastings. The dishes, true culinary works of art, not only captivate visually but also reflect the chefs' meticulous attention to detail and evident passion for their craft.

Photo: Monkey Business Images/Shutterstock

Address: 47 Rue de l'Aiguillerie, Montpellier Opening hours: Mon-Thu noon-10:30pm, Fri & Sat

noon-11pm, Sun closed Phone: +33 7 68 87 74 93

Internet: lebistrok.com/restaurant-montpellier Email: bistrokmontpellier1@gmail.com

La Coquille



La Coquille is a long-standing, family-run restaurant nestled in the Old Town on a romantic square. Usually packed with locals — a tell-tale

sign when it comes to eateries — La Coquille offers traditional and family cuisine. Some of their signature dishes include roasted camembert, coquillettes with truffle and calf sweetbreads.

Photo: Yulia Grigoryeva/Shutterstock.com Address: 1 Rue du Plan du Palais, Montpellier

Opening hours: Mon-Fri 7:30am-7pm, Sat 9am-7pm, Sun

closed

Phone: +33 4 67 60 47 97

Internet: restaurantlacoquille.com Email: lacoquille34@orange.fr

Empanadas Club



For a break from classic French flavours, try the excellent Argentinean eatery Empanadas Club, located in the heart of the city. Specialising in

empanadas, small turnovers filled with meat, cheese, or vegetables, the restaurant prides itself on homemade excellence — from the empanada dough to the flavourful fillings and the traditional chimichurri sauce. With eight enticing varieties to choose from, there's something for everyone in this friendly place. Complement your empanadas with a traditional



Argentinian Quilmes blond beer or a fine bottle of Argentinian wine.

Photo: Lesya Dolyuk/Shutterstock.com Address: 15 Rue de Ratte, Montpellier

Phone: +33 4 83 43 28 23

Internet: www.empanadasclub.com Email: hola@empanadasclub.com

Le Pat'Daniel's



Le Pat'Daniel's is a unique restaurant dedicated to the versatile use of Jack Daniels whiskey in both its kitchen creations and an

extensive selection of 17 distinct flavours available for individual sampling. Given its popularity, it's advisable to book in advance.

Photo: Kzenon/Shutterstock.com

Address: 31 Rue de la Méditerranée, Montpellier

Opening hours: Mon-Fri 7:30am-9:30pm, Sat & Sun closed

Phone: +33 6 58 63 73 01

Internet: www.instagram.com/lepatdaniels

Burger'N'Co



Burger'n'Co is an American diner-inspired restaurant celebrated for its juicy, creative, and diverse burger offerings. Take a seat inside and

dine to classic rock'n'roll playing in the background. To get that amazing taste, all burgers are prepared with fresh ingredients.

Photo: Olga Miltsova/Shutterstock.com Address: 18 Boulevard d'Orient, Montpellier

Opening hours: Mon-Sat noon-2pm / 7pm-10:30pm; Sun

close

Phone: +33 9 78 81 35 45 Internet: www.burgernco.fr

More Info: Another branch is located at 4 Rue Vanneau

Pizzeria Sicilia



Specialising in the art of wood-fired pizza making since 1980, along with homemade pasta, Pizzeria Sicilia offers a genuine taste of Italy in an

unpretentious and friendly setting.

Photo: stocksolutions/Shutterstock.com Address: 20 Rue du Pila St Gély, Montpellier Opening hours: Daily 11:30am-10:30pm

Phone: +33 4 67 66 30 98

Internet: sicilia-montpellier.metro.rest/?lang=en

CAFÉS



 $Ekaterina\ Pokrovsky/Shutterstock.com$

Café culture is alive in Montpellier, with quite a few establishments serving coffee of the highest quality. Brunch is very much a thing here, and finding a suitable location in the vicinity should not present much difficulty.

Coffee Club



Coffee Club enjoys a great reputation for its coffee — some say, it is among the best offered in the city. Non-dairy milk substitutes are available

upon request. Other drinks include teas, hot chocolate, and even fresh fruit smoothies. As for food, they serve delicious cakes and a variety of



sandwiches.

Photo: baranq/Shutterstock.com

Address: 12 Rue Saint-Guilhem, Montpellier

Opening hours: Mon-Fri 8:30am-6pm, Sat & Sun 9am-6pm

Phone: +33 9 81 68 29 56

Internet: www.instagram.com/coffeeclubmontpellier

Café BUN



Embark on a global coffee journey with an array of high-quality selections from Brazil, Ethiopia, and Kenya at Café Bun. Thanks to its location, in

one of the busy shopping streets in Montpellier, this café is a great spot for a session of people-watching.

Photo: B and E Dudzinscy/Shutterstock.com Address: 5 Rue des Étuves, Montpellier

Opening hours: Mon-Fri 8:30am-7pm, Sat 9:30am-7pm, Sun

10am-7pm

Internet: cafebun.fr Email: contact@cafebun.fr

BARS & NIGHTLIFE



Jacob Lund/Shutterstock.com

Montpellier's large student population sets the tone for its vibrant nightlife. There are quite a few dance clubs, as well as concept bars that are not afraid to break away from convention and put unexpected twists on old familiar favourites. The warm evenings and relaxed atmosphere

make Montpellier one of France's nicest cities for an evening out; many of the bars and clubs are located around Place Jean Jaurés in the Old Town. When in town, remember to savour the locally produced Languedoc wines and champagne.

Rockstore



Rockstore is a traditional rock club hosting live performances by local and international bands, as well as tribute acts. In addition to dynamic live

gigs, the club features DJ sets, ensuring a diverse and energetic atmosphere. There's no risk of missing the entrance to Rockstore: above it, a suspended bright red Cadillac looks like it's had a head-on collision with the building.

Photo: Pressmaster/Shutterstock.com Address: 20 Rue de Verdun, Montpellier Opening hours: Wed-Sat midnight-6am

Phone: +33 467 06 80 00 Internet: www.rockstore.fr Email: webmaster@rockstore.fr

Fitzpatrick's Irish Pub



Fitzpatrick's is a warm and friendly Irish pub conveniently located just a stone's throw from Place de la Comédie. It offers, as expected,

Guinness along with a diverse selection of beers. Plus, sports broadcasts and live Irish music every Friday. Whether enjoying your favourite brew or soaking in the vibrant atmosphere on its terrace, Fitzpatrick's invites you to savour the authentic Irish pub experience in the heart of the city.

Photo: Brent Hofacker/Shutterstock.com Address: 5 Place Saint-Come, Montpellier



Opening hours: Daily noon-1am Phone: +33 4 67 60 58 30 Email: contact@fitzpatricks.fr

Los Parigos



Known for its hip vibe,
Los Parigos is a lively bar
in the heart of
Montpellier. It gets very
busy at night, teeming
with customers both

inside its compact space and in the seating area outside. It offers a decent selection of bistro food and drinks (wine and cocktails are a speciality).

Photo: Kzenon/Shutterstock.com

Address: 3 Rue de la Petite Loge, Montpellier

Opening hours: Tue–Sat 6pm–1am, Sun & Mon closed

Phone: +33 6 32 33 17 89 Email: contact@losparigos.fr

Couleurs de Bières



It's all about the beer at this (rather compact) bar, which packs quite a punch with its 800 bottled beer varieties and several drafts on tap.

Some say the place's selection is some of the best in France. When the weather permits, a small outside seating area is arranged.

Photo: Room 76/Shutterstock.com

Address: 48 Rue du Faubourg Saint Jaumes, Montpellier

Opening hours: Mon-Sat 5pm-1am, Sun closed

Phone: +33 4 67 03 31 54

Internet: www.couleursdebieres.fr Email: hopsandgrapes34@gmail.com

Délirium Café



Délirium Café is a famous bar from Brussels boasting a vast selection of beers, including Trappists, renowned Belgian Abbeys, and

unique flavours like chocolate, banana, and coconut. From strong dark brews to fruity or lighter options, the menu spans Belgium and the world. The ambience is adorned with brewery memorabilia, offering a lively setting complemented by pizza and live music on Thursday evenings.

Photo: Gerrie van der Walt/Unsplash

Address: 28 Rue du Faubourg Figuerolles, Montpellier Opening hours: Mon-Sat 5pm-12:30am, Sun closed Internet: www.instagram.com/deliriumcafemontpellier

Email: dcafe.montpellier@gmail.com

Game Taverne



If a board game night sounds like your idea of fun, then give the Game Taverne a try. The establishment contains hundreds of games of

various genres and can accommodate small and large parties in its impressive two-storey space with sofas. At Game Taverne, patrons can indulge in creative creative cocktails and tapas-style bar food.

Photo: Karthik Balakrishnan/Unsplash Address: 22 Rue de Candolle, Montpellier

Opening hours: Mon-Fri 4pm-1am, Sat & Sun 2pm-1am

Phone: +33 6 31 63 72 22 Internet: www.gametaverne.fr Email: gametaverne@gmail.com



The Shakespeare



Housed in a sumptuous 14th-century building, The Shakespeare is a beloved British pub in Montpellier, particularly popular among students.

Known for its incredible deals on alcoholic drinks and cocktails, the pub boasts a selection of traditional ales and lagers. Adding to its appeal, The Shakespeare regularly hosts trivia nights in English and provides dart enthusiasts a lively space to enjoy their favourite game, all within a cosy and friendly atmosphere.

Photo: ne3p/Shutterstock.com

Address: 12 Rue de la Petite Loge, Montpellier

Opening hours: Mon 4pm-midnight, Tue-Fri 4pm-1am, Sat

1pm-1am, Sun 3pm-midnight Phone: +33 4 67 60 22 25

 $In ternet: www.instagram.com/the shake spearemont pellier \\ Email: shake speare.mont pellier @charles wells.co.uk$

SHOPPING



kykykis/Shutterstock.com

Rue de la Loge is Montpellier's ultimate High Street, and the post-modern Polygone just east of Place de la Comédie is a three-storey open-air mall full of everything from designer fashions to deli foods. Halles Laissac and Halles Castellane are two good-covered food markets next to each other by Place Jean Jaurés. Obligatory purchases include cheese, olives, and regional wines.

Odysseum



Odysseum is a large and dynamic district in Montpellier, which seamlessly blends shopping, entertainment, and leisure. Boasting a

diverse range of attractions, including a large shopping mall, multiplex cinema, ice rink, and numerous restaurants and cafés, Odysseum offers a comprehensive experience for visitors of all ages. The district is also home to the Planet Ocean World, a large aquarium featuring hands-on, high-tech exhibits, including 3D ocean simulator rides.

Photo: LuckyImages/Shutterstock.com Address: Odysseum, Montpellier Internet: odysseum.klepierre.fr

Les Dimanches du Peyrou



Every Sunday,
Montpellier's Peyrou Park
comes alive with a
vibrant flea market that
captivates locals and
visitors alike. Featuring

around 60 vendors, the market offers a diverse array of treasures — from unique items and furniture to trinkets, works of art, jewelry and old books.

Photo: AnastasiaNess/Shutterstock.com Address: Promenade du Peyrou, Montpellier

Opening hours: Sun 7:30am-2pm

Email: lesdimanchesdupeyrou@ville-montpellier.fr

Comptoir des Olives



For food enthusiasts exploring Montpellier, a visit to this small gourmet grocery store is a must. Specialising in olives, as the name suggests, the

shop offers a diverse array of olive varieties, complemented by an enticing selection of dried fruits, condiments, jams, and a range of local products.

Photo: marco mayer/Shutterstock.com

Address: 577 Boulevard d'Antigone, Montpellier

Opening hours: Wed-Sun 8am-1pm, Mon & Tue closed

Phone: +33 6 03 06 21 83

Internet: www.comptoirdesolives.com Email: info@comptoirdesolives.com

Halles Castellane



A historic institution in Montpellier since 1859, the Halles Castellane market is the go-to destination for fresh local produce. It boasts a lively

atmosphere with traders offering an array of delights, such as fresh fruits, vegetables, baked goods, and dried fruits. Notably, the market stands out for its exceptional selection of shellfish and seafood products, as well as an enticing variety of local wines.

Photo: lakov Filimonov/Shutterstock.com Address: 8 Place Castellane, Montpellier

Opening hours: Mon-Sat 7am-8pm, Sun 7am-1:30pm Internet: www.instagram.com/hallescastellane Rue de la Loge



Rue de la Loge is the main shopping strip in Montpellier. The street starts at Place de la Comédie and is a good starting point for city

walks. This bustling street is lined on both sides with a diverse array of shops and boutiques, from international High Street names to local independent stores.

Photo: Peter/CC BY 2.0/Flickr(image cropped)

Address: Rue de la Loge, Montpellier

Old Town



The Old Town in Montpellier is known for offering a charming and unique shopping experience. Often referred to as 'l'Écusson',

the city's historic Old Town is characterised by narrow winding streets lined with a mix of boutiques, artisan shops, and speciality stores. You can find a diverse range of products, including fashion, jewellery, antiques, and local crafts.

Photo: bikeriderlondon/Shutterstock.com Address: L'Écusson, Montpellier

Crèmerie du Faubourg



A paradise for cheese enthusiasts, this gourmet shop specialises in artisanal local cheeses crafted from both sheep's and cow's milk. The range

includes creamy and hard varieties, each infused with distinctive flavours like wildflowers from the Alps or the decadence of Italian truffles —



the variety of cheeses is truly impressive. Besides cheese, La Crèmerie du Faubourg also offers a selection of unique jams and marmalades.

Photo: Ewais/Shutterstock.com

Address: 16 Rue du Faubourg de la Saunerie, Montpellier Opening hours: Tue-Fri 9am-1pm / 3pm-7:30pm; Sat

9am-7:30pm, Sun closed Phone: +33 9 50 51 27 26

Internet: www.cremeriedufaubourg.fr Email: contact@cremeriedufaubourg.fr

Le Polygone



Le Polygone is a centrally located shopping mall, with a decent selection of stores and boutiques. It houses the famous French department store

Galeries Lafayette, a Monoprix (another well-known French name), and various international brand shops.

Photo: Kzenon/Shutterstock.com

Address: 1 Rue des Pertuisanes, Montpellier

Public Transport: Tram: line 1, station Antigone or Guesclin.

Opening hours: Mon-Sat 10am-8pm, Sun closed

Phone: +33 4 28 70 21 00 Internet: www.polygone.com Email: contact@polygone.com

Le Bookshop



Nestled in the historic centre of Montpellier — in the city's prettiest street - Le Bookshop stands out as a haven for book enthusiasts. Despite

specialising in English-language books, both new and used, the shop also boasts selections in German and French. Beyond its literary offerings, Le Bookshop hosts language exchange nights in both English and French and features a charming café area for a delightful coffee break.

Photo: Mutita Narkmuang/Shutterstock.com Address: 8 Rue du Bras de Fer, Montpellier

Opening hours: Mon 2pm-7pm, Tue-Fri 11am-7pm, Sat

10am-7pm, Sun closed Phone: +33 4 67 66 22 90 Internet: lebookshop.com

Email: contact@lebookshop.com

Pomme de Reinette et Pomme d'Api



A magical gem of a shop, this toy shop with several themed rooms (Magical Forest and Spaceship, for example) will keep you browsing for hours.

Check out artisan toys, explore an array of card and board games, and discover a curated selection of unique collector items.

Photo: enterlinedesign/Shutterstock.com

Address: 33 Rue de L'Aiguillerie, Montpellier

Phone: +33 4 67 60 52 78

Email: amstramgram34@hotmail.fr

Dans les Yeux de Gaïa



Dans les Yeux de Gaïa is a unique shop specialising in the sale of minerals, mineral jewelry, essential oils, and incense. Beyond its captivating inventory,

the boutique also houses a well-stocked bookstore dedicated to well-being and esoteric items offering numerous literary works and an extensive selection of cards, including tarots, oracles, and personal development games.

Photo: Stuart Webster/Shutterstock.com Address: 16 Rue de l'Université, Montpellier

Public Transport: Tram: station Louis Blanc (line 1 or 4) or

station Arc de Triomphe (line 4).

Opening hours: Mon-Sat 10am-7pm, Sun closed



Phone: +33 9 84 18 47 35

Internet: www.danslesyeuxdegaia.com
Email: boutique@danslesyeuxdegaia.com

Excalibur



A must-visit for game lovers, this not-so-hidden gem of a shop is a haven for anyone who enjoys medieval paraphernalia (such as toys and

full-blown costumes). It contains various curiosities, as well as a whole assortment of games — from board games to role plays and even drinking games.

Photo: Ballda/Shutterstock.com

Address: 7bis Rue de l'Ancien Courrier, Montpellier Opening hours: Mon 2pm-10pm, Tue-Sat 10am-7pm, Sun

closed

Phone: +33 4 67 60 81 33 Internet: www.excalibur34.fr Email: contact@excalibur34.com

En Traits Libres



En Traits Libres is a dynamic hub that goes beyond being an alternative comic bookstore — it also functions as a gallery and

artists' workshop. Local artists showcase their original designs, some of which are transformed into saleable objects. The shop not only features an array of comic books but also sells vinyl records, tapes, and postcards.

Photo: Comaniciu Dan/Shutterstock.com Address: 1 Rue Voltaire, Montpellier

Opening hours: Tue-Sat 11am-8pm, Sun & Mon closed

Phone: +33 6 63 47 15 29

Internet: entraitslibres.wordpress.com Email: entraitslibres@gmail.com

TOURIST INFORMATION



Matej Kastelic/Shutterstock.com

Montpellier-Méditerranée Airport (MPL)



Montpellier Méditerranée Airport, conveniently located just 10 minutes from the city centre, offers seamless accessibility through

various transport options. The Airport Shuttle by Hérault Transport and the well-connected bus and tram network by TaM provide efficient public transport links from across the Montpellier Metropolitan area.

Travellers can take the Montpellier Airport
Shuttle (line 620) from Boulevard de l'Aéroport
or Montpellier Sud de France Railway Station,
with a journey time of approximately 25 minutes.
Additionally, from Montpellier St Roch Railway
Station, you can board Tramway line 1 towards
'Odysseum', disembark at 'Place de l'Europe'
Tramway Station, and then connect to the
Airport Shuttle (line 620). Taxis and rental cars
are also available for hire at the airport.

Photo: Eduardo Velazco Guart/Unsplash

Address: Montpellier-Méditerranée Airport - Mauguio,

France

Phone: +33 825 83 00 03

Internet: montpellier-airport.com



Passport/Visa



France can be visited visa-free for up to 90 days by citizens of Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and

most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport but must have a valid ID with them during their stay.

Photo: ConvertKit/Unsplash

Best Time to Visit



Montpellier welcomes visitors year-round with generally pleasant temperatures and plenty of sunshine. However, the best time to visit the city

is during May to July, offering excellent weather conditions without the peak travel crowds. Summer temperatures peak around 29°C (84°F), while winters, particularly in January, can see lows of 1°C (34°F). For extended daylight and optimal daytime activities, July stands out as the month with the longest sunlight hours, making it an ideal period to explore the city.

Photo: Nathan Cima/Unsplash

Public Transport



Montpellier has an extensive network of buses and trains. Most pass through the main train station en route. The developed

transportation system makes it easy for travellers to reach destinations within the city and in the suburbs. Consult the website for schedules.

With that said, the city is a rather compact one and many of the places of interest may be reached simply by walking.

Photo: david muscroft/Shutterstock

Internet: www.tam-voyages.com/index.asp

Taxi



The best places to find taxis quickly are at Place de la Comédie (next to Opera Comédie) and at the train station. Taxis are not often hailed from

the side of the road.

Allô Taxi Montpellier +33 4 67 15 46 85

Taxi Bleu Du Midi +33 4 67 03 20 00

Taxis Radio Artisans +33 4 67 58 10 10

Photo: Peter Kasprzyk/Unsplash

Post



All post offices are open from Monday to Saturday. Stamps can be bought at tobacconists and newsstands.

Photo: ricochet64/Shutterstock

Address: Central Post Office - 15 Rue Rondelet, Montpellier Opening hours: Mon-Fri 9am-6pm, Sat 9am-12:30pm, Sun

closed

Phone: +33 9 70 82 36 31 Internet: www.laposte.fr

Pharmacy



If you need urgent medical care call the medical emergency number, 15. They can give you free medical advice and direct you to

the nearest doctor or hospital.

Pharmacie de la Comédie 1 Rue de Verdun, Montpellier +33 4 67 58 54 94 Open daily 8am-8pm

Pharmacie du Polygone (Centre Commercial Le Polygone)

71 Rue des Pertuisanes, Montpellier +33 4 67 65 13 66

OpenMon-Sat 8:30am-8pm, Sun closed

Photo: Dima Mukhin/Unsplash

Telephone



Country code: +33 Area code: 467

Photo: Wesley Hilario/Unsplash

Electricity



In France, the electrical supply operates at a voltage of 230V and a frequency of 50Hz. The country employs two main types of electrical

plugs: type C and type E. Type C plugs feature two round pins. Type E plugs, on the other hand, also have two round pins but include an additional hole for the earth (ground) pin.

Photo: Neven Krcmarek/Unsplash

Population

Montpellier Metro Area: 478,000 (2023)

Currency

1 Euro = 100 cents

Internet

www.montpellier-france.com

Newspapers

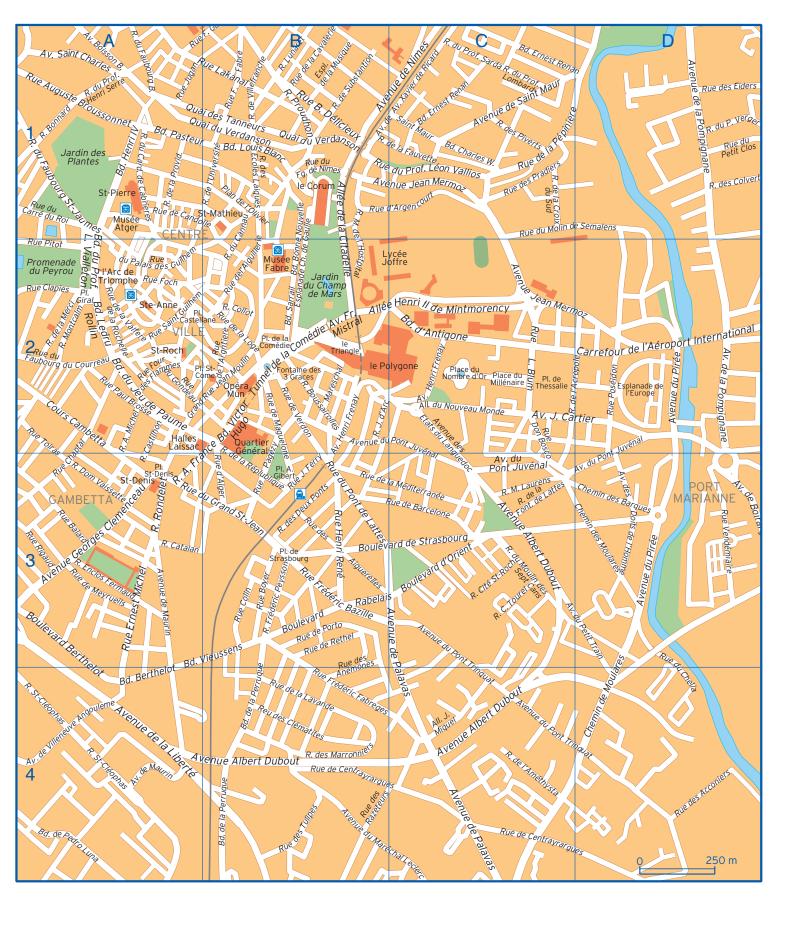
Le Monde: www.lemonde.fr Le Figaro: www.lefigaro.fr Midi Libre: www.midilibre.fr

Emergency numbers

Fire brigade: 18 Medical: 15 Police: 17

Tourist information

Office de Tourisme de Montpellier 30 Allée Jean de Lattre de Tassigny, Montpellier +33 4 67 60 60 60 Open daily 10am–1pm / 2pm–6pm





		Boulevard Vieussens	A4 B3	Rue de l'Université	B1
Allée de la Citadelle	B1 B2	Carrefour de l'Aéroport International	D2	Rue de Maguelone	B2 B3
Allée du Nouveau	C2	Chemin de Moularès	D3 D4	Rue de Meyrueils	A3
Monde					
Allée Henri II de	B2 C2	Chemin des Barques	D3	Rue de Porto	В3
Mintmorency					
Allée J. Miquel	C4	Chemin des Moularès	C3 D3	Rue de Rethel	В3
Avenue Albert Dubout	A4 B4 C3 C4	Cours Cambetta	A2	Rue de Substantion	B1
Avenue Boisson	A1	du Palais des Guilhem	A2	Rue de Verdon	B2
Bertrand					
Avenue de Boirargues	D3	Esplanade Ch. de Gaulle	B1 B2	Rue de Villefranche	B1
Avenue de la Liberté	A4	Esplande de la Musique	B1	Rue del'Aiguillerie	B1 B2
Avenue de la	D1 D2	Grand Rue Jean Moulin	A2 B2	Rue des Acconiers	D4
Pompignane					
Avenue de Maurin	A3 A4	Quai des Tanneurs	A1 B1	Rue des Aiguerelles	В3
Avenue de Nîmes	B1 C1	Quai du Verdanson	A1 B1	Rue des Anémones	B3 B4
Avenue de Palavas	B3 C4	Reu des Clématites	B4	Rue des Colverts	D1
Avenue de Saint Maur	C1	Rue A. France	A3 B2	Rue des Deux Ponts	В3
Avenue de Villeneuve	A4	Rue A. Michel	A2	Rue des Ecoles Laïques	B1
Angouleme					
Avenue des Doits de	D3	Rue Auguste Broussonnet	A1	Rue des Eiders	D1
l'Homme					
Avenue des Etats du	C2 C3	Rue Balard	A3	Rue des Marronniers	B4
Languedoc					
Avenue du Maréchal	B4 C4	Rue Bernard Délicieux	B1	Rue des Piverts	C1
Leclerc					
Avenue du Petit Train	C3 D3	Rue Bonnard	A1	Rue des Pradiers	C1
Avenue du Pirée	D2 D3	Rue Bosquet	A1	Rue des Razeteurs	B4 C4
Avenue du Pont Juvénal	B2 C3 D2 D3	Rue Boussairolles	B2	Rue des Tulipes	B4
Avenue du Pont Juvénal	C3	Rue Boyer	В3	Rue Dom Vaissette	A3
Avenue du Pont Trinquat	C3 C4 D4	Rue C. Tourel	C3	Rue Don Bosco	C2 C3
Avenue Fr. Mistral	B2	Rue Castilhon	A2 A3	Rue du Cannau	B1 B2
Avenue Georges	A3	Rue Catalan	A3	Rue du Card. de Cabrieres	A1
Clemenceau					
Avenue Henri Frenay	B2 B3 C2	Rue Chaptal	A2 A3	Rue du Carré du Roi	A1
Avenue J. Cartier	C2 D2	Rue Cité St-Roch	C3	Rue du Chelia	D3 D4
Avenue Jean Mermoz	B1 C1 C2 D2	Rue Clapiès	A2	Rue du Faubourg Boutonnet	A1
Avenue Saint Charles	A1	Rue Colin	В3	Rue du Faubourg du Courreau	A2
Avenue Xavier de Ricard	C1	Rue Collot	B2	Rue du Faubourg Saint Jaumes	A1
Boulevard Berthelot	A4	Rue de Barcelone	B3 C3	Rue du Fg. de Nîmes	B1
Boulevard Berthelot	A3 A4	Rue de Candolle	A1 B1	Rue du Gondeau	A2
Boulevard Bonne	B1 B2	Rue de Centrayrargues	B4 C4 D4	Rue du Grand St-Jean	A3 B3
Nouvelle					
Boulevard Charles	C1	Rue de la Cavalerie	B1	Rue du Molin de Semalens	C1 D1
Warnery					
Boulevard de la	B3 B4	Rue de la Croix du Sud	C1	Rue du Moulin des Sept Cans	C3
Perruque					
Boulevard de Pedro	A4	Rue de la Fauvette	B1 C1	Rue du Petit Clos	D1
Luna					

Destination: Montpellier Publishing date: 2024-03-17



Boulevard de Strasbourg	B3 C3	Rue de la Fontaine de Lattes	C3	Rue du Petit Verger	D1
Boulevard du Jeu de	A2	Rue de la Lavande	B4	Rue du Plan de l'Olivier	B1
Paume					
Boulevard du Prof. L.	A1 A2	Rue de la Loge	B2	Rue du Pont de Lattes	В3
Vialleton					
Boulevard d'Antigone	C2	Rue de la Merci	A2	Rue du Professeur Henri Serre	A1
Boulevard d'Orient	C3	Rue de la Méditerranée	B3 C3	Rue du Professeur Lombard	C1
Boulevard Ernest Renan	C1 D1	Rue de la Providence	A1	Rue du Professeur Léon Vallios	B1 C1
Boulevard Henri IV	A1	Rue de la Pépinière	C1 D1	Rue du Professeur Sarda	C1
Boulevard Ledru Rollin	A2	Rue de la Rochelle	A2	Rue d'Alger	В3
Boulevard Louis Blanc	B1	Rue de la Réplublique	B2 B3	Rue d'Argencourt	B1 C1
Boulevard Pasteur	A1	Rue de la Valfère	A2	Rue Enclos Fermaud	A3
Boulevard Rabelais	В3	Rue de l'Acropole	C2 D2	Rue Ernest Michel	A3
Boulevard Sarrail	B2	Rue de l'Améthysta	C4	Rue F. Garnier	A1
Boulevard Victor Hugo	B2	Rue de l'Argntiere	B2	Rue Ferdinand Fabre	B1

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Rue Foch	A2	Rue Lunaret	B1	Rue Proudhon	B1
Rue Four des Flammes	A2	Rue Léon Blum	C2	Rue Rigaud	A3
Rue Frédéric Bazille	В3	Rue M. Laurens	C3	Rue Rondelet	A3
Rue Frédéric Fabrèges	B4	Rue Mareschal	B2	Rue Saint Cléophas	A4
Rue Frédéric Peysson	В3	Rue Michel de l'Hostpital	B1 B2	Rue Saint Guilhem	A2
Rue Henri René	В3	Rue Montcalm	A2	Rue Therése	B1
Rue J. d'Arc	B2 C2	Rue Pagézy	B2 B3	Rue Toiras	A2 A3
Rue J. Ferry	В3	Rue Paul Brosse	A2	Rue Vendémiaire	D3
Rue Jugan	A1	Rue Pitot	A2	Tunnel de la Comédie	B2
Rue Lakanal	A1 B1	Rue Poséidon	D2		