



Photo: Viktorishy/Shutterstock.com



Viktorishy/Shutterstock.com



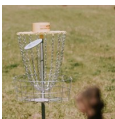
Johan Dalstrom/Shutterstock.com





m.prinke/cc by-sa 2.0/Flickr

For several months of the year, Idre is covered in winter snow and ice, which allows visitors to make the most of everything the cold season has to offer: from frozen lakes and snow-covered forests to cross-country trails, skiing slopes, and snowmobile trails. During summer, numerous outdoor activities are also possible. In-between adventures, you can recharge your batteries in one of Idre's picturesque restaurants, cafés and pubs.

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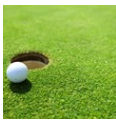
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THE DESTINATION



Linda Raituma Skanste/Shutterstock.com

Idre, a vibrant sports hub, thrives in both summer and winter. This town boasts Sweden's most picturesque golf course and offers easy access to the majestic mountains of Stådjan and Nipfjället. At the heart of Idre is the Idre Fjäll resort, a family-friendly destination packed with activities. From exhilarating rapid shooting and serene canoeing to winter favourites like dog sledding and cross-country skiing, there's something for everyone. Idre is also a haven for fishing enthusiasts, with the Storån river and numerous pristine lakes dotting the landscape.

DO & SEE WINTER



Viktorishy/Shutterstock.com

Idre has one of the biggest ski resorts in Sweden, which makes it a great place to be if you love winter sports. With over 500 km of cross-country tracks, 2,400 km of snowmobile trails and 40 ski slopes, there is plenty to do here during the cold season.

Alpine Skiing



Idre Fjäll is one of the largest ski resorts in Sweden and has 40 slopes of various difficulties for alpine skiing, all of which can be reached with the same lifts. Once on the top, you'll be able to ski in four directions.

In order to access the slopes and the lifts you'll need passes that can be obtained at the tourist office, at Idre Fjäll reception and at some local businesses.

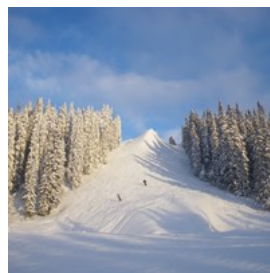
Ski lessons are available for both children and adults.

Photo: MWiklik/Shutterstock.com

Internet: www.idrefjall.se

Email: info@idrefjall.se

Skiing at Idre Fjäll

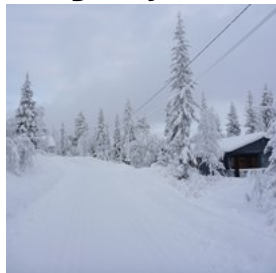


The best thing about Idre Fjäll is that you can ski in all directions, and no matter which way you head, there are slopes suitable for both the experienced skier and the beginner. Even if you split up, everyone ends up in the same place, ready to take the lift back to the top together.

At Idre Fjäll, you can also leave your car parked for the entire holiday. All hotels, restaurants, cafes and shops are within walking distance of the ski slopes.

Photo: René Bongard/cc by-sa 3.0/wikimedia(image cropped)

Skiing on Fjätervålen



Fjätervålen mountain is where both beginners and advanced skiers find their delight. The vastness of the skiing area relative to the

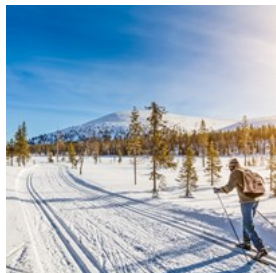
number of guests means it never feels crowded, and the slopes don't get overused. Perfect for smooth carving, but also a favourite spot for many alpine clubs for training and competitions. The slopes meet international FIS norms for slalom, giant slalom, and women's super-G.

The fact that all slopes converge in one place is a definite advantage. Everyone can ski their favourite slope, but it's always easy to find each other again at the foot of the mountain.

Photo: Magnus/cc by-nd 2.0/Flickr

Internet: www.visitdalarna.se/gora/aktiviteter/fjatervalen

Cross Country Skiing in Dalarna



Northern Dalarna boasts 560 kilometers of well-prepared cross-country ski tracks waiting to take you on new adventures. The

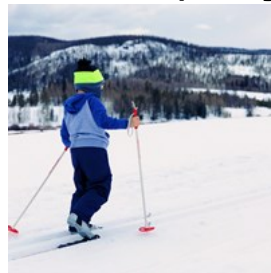
trails are divided among 19 different track centers, with at least one near each of our four main localities: Grövelsjön, Idre, Särna and Älvdalen.

There are plenty of illuminated ski tracks for evening tours in the winter darkness.

Photo: canadastock/Shutterstock.com

Internet: www.visitdalarna.se/en/crosscountryskiing

Cross Country Skiing at Idre Fjäll



The ski resort Idre Fjäll has 80 km of well prepared tracks for cross country skiing, 30 of which are illuminated. They all start from the ski

stadium adjacent to Västbacken and offer beautiful landscapes. The trails leading to the lake Burusjön or the Städien and the Nipfjället mountains are especially scenic.

To ski you'll need a trail pass that you can get at Idre's tourist office, at Idre Fjäll reception and at some local businesses. Private lessons are also available for beginners.

Photo: jgregoryd/unsplash

Address: Stadion Idre Fjäll

Internet: www.idrefjall.se/en/skiing/cross-country-skiing

Snowmobiling with Idre Adventure



Over 2,400 km of prepared snowmobile trails await you around Idre, providing a fun way to explore the area's stunning natural

surroundings. In particular, the Älvdalen's area offers two great areas for snowmobiling: the Nordic Area (www.nordicarea.se) in the south and the Snöskoter Område Norra Dalarna (www.sond.se) in the north.

To drive a snowmobile here, you'll need a license that can be obtained at the tourist office, at gas stations and at some other local businesses. You'll also need to ask for map and information about the rules and regulations you need to respect.

If you don't have a snowmobile of your own,

there is a wide range of rental companies in the area, with the possibility to go on a guided tour. One of them is Idre Adventure.

Photo: Parilov/Shutterstock.com

Address: Idre Adventure, Ljunghemsvägen 8, Idre

Opening hours: Mon-Sat 9am-5pm

Phone: +46 0 762 4216 19

Internet: www.idreadventure.se

Email: info@idreadventure.se

Dog Sledding



In Idre, you can enjoy a unique ride on a sled pulled by beautiful huskies. Adventure Dreams dogsled

organises several guided tours of different duration, going from 30 minutes to 3 hours. You can book the tour you prefer at Idre Fjäll reception. The meeting point for all tours is the Skistadion near the resort.

Photo: Melinda Nagy/Shutterstock.com

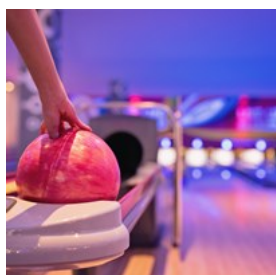
Address: Adventure Dreams Dogsled, Idre Fjäll, Idre

Phone: +46 73 048 89 83

Internet: www.adventure-dreams.se

Email: info@adventure-dreams.se

Idre Fjäll Activity Center



If you don't feel like going outside in the cold, Idre Fjäll Activity Center offers something fun for everyone. Here you'll be spoilt for choice: there

are bowling alleys, an arcade, a gym, indoor pools, a sauna and a hall where you can play badminton, table tennis, basketball, volleyball and other sports.

Photo: Natnan Srisuwan/Shutterstock.com

Address: Aktivitetscenter, Idre Fjäll, Idre

Opening hours: Daily 10am-9:30pm

Phone: +46 253 412 31

Internet: www.idrefjall.se/en/explore-idre-fjall/activity-center

Email: aktivitetscenter@idrefjall.se

DO & SEE SUMMER



Johan Dalstrom/Shutterstock.com

Idre is an ideal destination for summer vacations, offering activities and sights that suit various interests. From leisurely walking in the mountains to fishing or canoeing on a lake, you'll have plenty of options for a fun and active holiday.

Biking



Several biking trails are easily accessible from Idre Fjäll resort. The trails are unidirectional and have different degrees of difficulty

marked by colours: the green trails are the easiest and the red ones are the hardest, while the blue ones have medium difficulty. When the lift is in service you can easily go to the top of the mountain and enjoy the red downhill trails.

For road cyclists, there are long hills with a pristine road leading to Norway. For those coming for the day, there's access to showers in the sports hall, bike wash, and a sports shop if you need some new bike gear.

Idre Fjäll also features a practice area with jumps, drops, a pump track, stone steps and balance training. To access the practice area, as well as some of the trails, you need a pass that you can obtain at Idre Fjäll reception, at the bike rental of the Mountain Sports shop and at some local businesses.

Photo: VOJTa Herout/Shutterstock.com

Address: Mountain Sports, Idre Fjäll, Idre

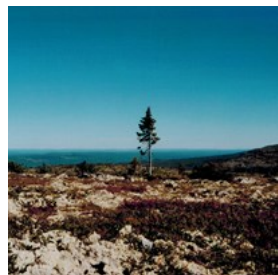
Opening hours: Daily 8:30am-5pm

Phone: +46 253 412 33

Internet: www.idrefjall.se/en/biking

Email: mountainsports@idrefjall.se

Fulufjällets National Park



Fulufjället National Park was established in 2002 and is the largest national park in south Sweden.

Here, you will find Sweden's highest

waterfall — Njupeskar — at 93 meters high, as well as the world's oldest tree — an impressive 9,550-year-old Norway spruce named the Old Tjikko!

Njupeskar waterfall is 93 meters and thus Sweden's highest. The water falls freely 70 meters. The fog around the stream created the perfect environment for many rare mosses, lichens and vascular plants. The deep groove cut into the sandstone layers of the waterfall is a textbook example of vertical erosion. A few days around midsummer, the sun finds its way to the waterfall and gives it a magical blue light. But this occurs only in the morning between 3 am and 5 am.

Photo: Karl Brodowsky/cc by-sa 3.0/wikimedia(image cropped)

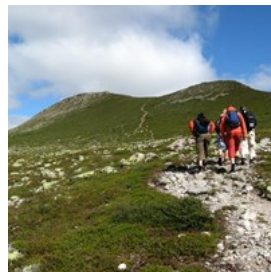
Address: Naturum Fulufjället, Fulufjällets nationalpark, Älvdalen

Internet: www.sverigesnationalparker.se/park/fulufjallets-nat

[ionalpark/besöksinformation/naturum](http://nationalpark/besöksinformation/naturum)

More Info: The hiking trails on Fulufjället are well-marked, and the trail to the waterfall is 4 km long.

Hiking



The area around Idre Fjäll offers endless hiking opportunities. The most scenic and exciting trails allow you to reach the summit of the mountains

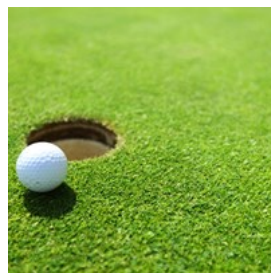
Nipfjället (starting from Nipfjället's car park) or Städian (starting from Städjan's car park). Once you arrive on top, you can enjoy the breathtaking views and perhaps a picnic. A shorter and easier hike starting from Nipfjället's car park is to the Lillnipen mountain. If you don't mind going a bit further, you can choose to hike in the Fulufjället National Park, the largest of its kind in southern Sweden. There you can see the country's highest waterfall — Njupeskar — and the world's oldest tree.

Don't forget to bring a map, some refreshments and good clothes for all weathers. If you need some company, you can join a guided hiking tour organised by the resort.

Photo: m.prinke/cc by-sa 2.0/Flickr(image cropped)

Internet: www.visitdalarna.se/en/hiking-idre

Idrefjällens Golf Club



Idrefjällens's golf course has earned acclaim from critical golf journalists and players alike and is one of Sweden's most beautiful golf courses.

This is truly golfing at a high level!

Designed by Bengt Lorichs, the course offers varied fairways that exceed expectations,

especially in a mountainous setting.

Photo: Yellowj/Shutterstock.com

Address: Idrefjällens Golfklubb, Foskrosvägen, Idre

Phone: +46 70 266 23 35

Internet: idregolf.se

Email: golf@idrefjall.se

More Info: Lessons for beginners are available at the golf club

Rafting



Rafting, or 'forsränning' in Swedish, is an exciting outdoors-activity where you, with an experienced guide, paddle a rubber-raft down a rapid

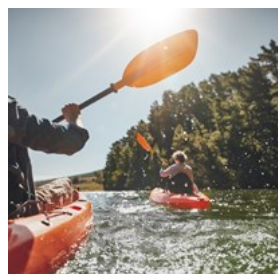
white water. Though this takes place in fast moving waters, you need no previous experience. The rafting tours take place on the Trysil and Glötta rivers in Norway, around 70 km from Idre Fjäll, or along the Österdal river. The meeting point is the Rafting centre, below restaurant Störröset. You can book the tour on the Idre Fjäll website.

Photo: Amateur007/Shutterstock.com

Internet: www.idrefjall.se/en/explore-idre-fjall/summer-at-idre-fjall/adventure-activities/riverrafting

Email: rafting@idrefjall.se

Fishing & Canoeing



Fishing and canoeing are two fun outdoor activities that you can enjoy in Idre during summer. You can rent boats, canoes and life jackets at the

Mountain Sports shop at Idre Fjäll and then head to the nearby Burusjön lake.

Note that for fishing you'll need to buy a license at the reception of Idre Fjäll resort. There, you

can also get a fishing map and discover other good spots for this activity, like the rivers Storån, Grövlan, Sörälven, Österdalälven and Fjätälven.

Photo: Jacob Lund/Shutterstock.com

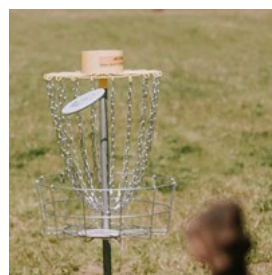
Address: Mountain Sports, Idre Fjäll, Idre

Phone: +46 253 412 33

Internet: www.visitdalarna.se/en/canoeing

Email: mountainsports@idrefjall.se

Idre Fjäll Disc Golf



Disc golf is an outdoor sport similar to traditional golf, where players throw flying discs at a target, typically a metal basket, aiming to

complete each hole in the fewest throws. It's a free open air activity that you can enjoy it whenever you like. Disc rentals are available at the Activity Center and at the kiosk by the high ropes course.

Photo: Priscilla Du Preez/unsplash

Internet: udisc.com/courses/idre-fjaell-o1Kl/map

High Ropes Adventure



Idre Fjäll's High Ropes course ranks among its most thrilling adventures. This area features three distinct courses, varying in height from 1 to 10

meters, offering challenges suitable for family members who are at least four years old. For refreshments, the nearby kiosk serves ice cream, soft drinks and various snacks.

Photo: public domain/pxhere

Address: Meeting place: Höghöjdsområdet

Internet: www.idrefjall.se/en/explore-idre-fjall/summer-at-idre-fjall/adventure-activities/adventure

More Info: You will find the high-altitude area next to Västbacken and just above the central station. It's walking

distance the central square.

FOOD & DRINKS



CatchaSnap/Shutterstock.com

While in Idre, don't forget to try local delights such as char, trout, reindeer, and other wilderness foods which are served at many local eateries. If you prefer familiar flavours, don't worry because pizza and pub food are largely offered in the area as well.

STF Grövelsjön Mountain Station



At the Swedish Tourist Association (STF) Mountain Station, 816 metres above sea level, at the end of the road, surrounded by

mountains, you can enjoy a nice dinner in a cosy atmosphere with panoramic views.

From the large dining room windows, you have a magnificent view of the Norwegian mountains, making every table a window table. The kitchen offers not only taste sensations but also healthy and nutritious meals. In 1996, our restaurant was certified as a KRAV restaurant, meaning that cooking is done using the highest possible number of KRAV-approved or organically produced ingredients. Today, you can also enjoy KRAV-certified wines with your meal.

Photo: Bysmon/cc by-sa 4.0/wikimedia(image cropped)

Address: STF Grövelsjön Fjällstation, Grövelsjövägen 495, Idre

Phone: +46 10 190 24 30

Internet: www.swedishtouristassociation.com/facilities/stf-grövelsjön-mountain-station/food-drinks

More Info: Make sure to book a table

Storsätra Fjällhotell



Storsätra Fjällhotell has a restaurant open for both lunch and dinner. The menu features regional flavours, with a focus on fish and local ingredients.

In the winter, you can warm up next to the fireplace in the lounge and enjoy a hot beverage or a digestif.

Photo: Grisha Bruev/Shutterstock.com

Address: Grövelsjövägen 401, Idre

Phone: +46 253 231 50

Internet: storsatra.se

Email: info@storsatra.se

More Info: Reservation required

PW Kök & Bar



On the ground floor of Pernilla Wiberg Hotel, you'll find PW Kök & Bar, a fine dining restaurant just a leisurely walk away from Idre Fjäll. Fresh, top

quality ingredients make each dish flavorful and healthy. Together with the à la carte menu comes a wine list carefully selected by the restaurant's own sommelier. The hotel also features a cosy lounge, where you can relax with a drink after your meal or check out the casual bistro menu.

Photo: BorisK9/Shutterstock.com

Address: Pernilla Wiberg Hotel, Idre

Opening hours: Daily 7am-11pm

Phone: +46 253 59 30 65

Internet:

www.idrefjall.se/en/food-and-entertainment/pw-kok--bar

More Info: Hours might change according to the season

Byvägen 30 Mat & Logi



Byvägen 30 is a café located in the centre of Idre. At lunchtime, they serve a homemade food and salad buffet. A menu à la carte is also

available, offering local dishes, sandwiches, pies, and more.

Photo: Thor Jorgen Udvang/Shutterstock.com

Address: Byvägen 30, Idre

Opening hours: Mon-Fri 11am-3pm

Phone: +46 253 204 11

Internet: byvagen30.se

Email: info@byvagen30.se

Charlies



Charlies is a restaurant and bar near Idre Fjäll serving burgers and hearty dishes like goulash, meatballs and pancakes. On Tuesday evening there is a BBQ buffet, while on Thursday it's fondue evening. Charlies also offers a selection of drinks and sweet treats for fika. During the winter season, they organise after ski parties every day from 3pm to 6pm, with live bands playing frequently.

Photo: Oleksii Grygorenko/Shutterstock.com

Opening hours: Mon, Wed and Fri-Sun: 10am-6pm, Tue and Thu: 10am-11pm

Phone: +46 253 413 07

Internet: www.charliesidre.se

Email: info@charliesidre.se

Vildmarksnästet



Vildmarksnästet is a typical mountain pub a few steps away from Idre Fjäll resort. They serve pub food and local specialities. You can

come here after skiing or hiking and relax with a cup of hot wine or browse through their extensive list of whiskeys and beers before choosing the perfect one.

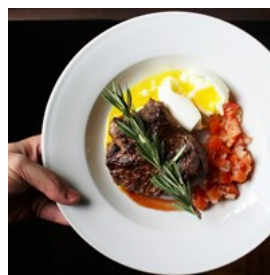
Photo: Peter Kim/Shutterstock.com

Phone: +46 0 253 413 12

Internet: www.vildmarksnastet.se

Email: info@vildmarksnastet.se

Lilla Vildt



Lilla Vildt offers a harmonious blend of classic and modern culinary approaches, drawing upon local traditions while

incorporating influences from various world cuisines. Relish in an array of delightful medium-sized dishes, or delve into the extensive selection at the delicatessen counter, featuring aromatic cheeses, savoury charcuterie, various accompaniments, and premium cuts of meat.

Photo: Eduardo Roda Lopes/unsplash

Phone: +46 253 414 39

Internet: www.lillavildt.se

More Info: Lilla Vildt is pet friendly

Renen & Älgen



Discover Idre's latest culinary gem at Idre Himmelfjäll. The Renen & Älgen is a family-friendly eatery catering to a variety of preferences

with a diverse menu that includes lunch, dinner, coffee, á la carte selections, pizza and takeaway. Serving as a popular spot for both casual and formal dining, the restaurant's interior showcases a unique photographic style infused with Idre's essence.

Photo: Raphael Nogueira/unsplash

Address: Idre Himmelfjäll, Jupitervägen, Idre

Phone: +46 253 260 66

Internet: www.idrehimmelfjall.se/restaurang

Email: renenalgen@idrehimmelfjall.se

TOURIST INFORMATION



byggarn.se/Shutterstock.com

Passport / Visa



Sweden can be visited visa-free for up to 90 days by citizens of Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and

most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport but must have a valid ID with

them during their stay.

Photo: mana5280/unsplash

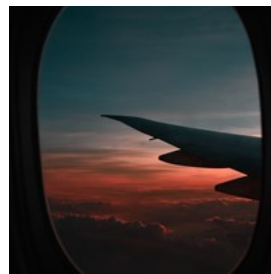
Best Time to Visit



The best time to visit Idre is around February and March if you're looking for higher chances of snow, or from May to August if warmer temperatures are what you're after.

Photo: Oleh Holodyshyn/unsplash

Airports



Since reaching Idre is very easy both by car and public transportation, you can choose to fly to almost any airport in the area. Airports in the

biggest cities include Göteborg Landvetter Airport (GOT) and any airport in Stockholm:

Arlanda Airport (ARN) -

www.swedavia.com/arlanda

Bromma Airport (BMA) -

www.swedavia.com/bromma

Skavsta (Nyköping) Airport (NYO) -

www.skavsta.se/en

Västerås Airport (VST) - vasterasairport.se

Stockholm is located around 460 km from Idre, while Göteborg is around 580 km. Direct buses to Idre are run by Fjällexpressen.

If you wish for a shorter journey, Oslo Gardermoen Airport (OSL) and Åre Östersund Airport (OSD) are situated closer to Idre, around 300 km away.

Also, the Dala Airport (BLE) and the Mora-Siljan Airport (MXX) are situated close to Idre. Both airports are operated by Dalaflyget.

If you don't fly to Mora and you don't rent a car, you'll probably have to take first a train to Mora and then a bus to reach Idre. For information about train and bus tickets, visit www.sj.se/en.

Photo: Leonardo Yip/unsplash

Public Transport

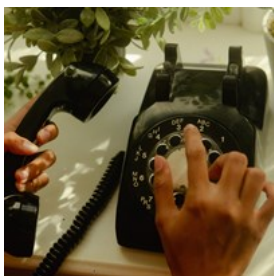


Trains in Sweden are mainly operated by SJ (www.sj.se). On their website you can also find information about buses. If you're arriving from Norway, you can also check out the Vy trains website (www.vy.no).

Public transportation in the Dalarna region is operated by Dalatrafik (www.dalatrafik.se).

Photo: Smiley.toerist/cc by-sa 3.0/wikimedia(image cropped)

Telephone



Country code +46 Area code: 253

Photo: Wesley Hilario/unsplash

Post

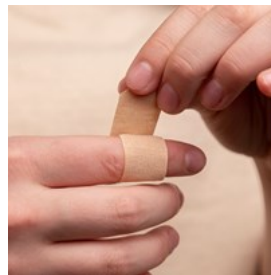


There are no post offices in Sweden. Stamps are available for purchase at most kiosks, newsstands and convenience stores. Postboxes can usually be found nearby. For packages and big parcels, look for "Postombud", a designated area in grocery stores or corner stores.

Photo: Ali Bakhtiari/unsplash

Internet: www.postnord.se/en

Pharmacy



Some non-prescription products are available at the supermarket ICA Nära in the central square of Idre Fjäll. The reception of the resort also offers some pharmacy services and can order prescription medicines.

Photo: Diana Polekhina/unsplash

Address: ICA Nära, Idre Fjäll, Idre

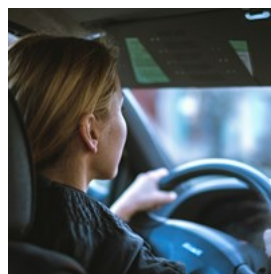
Opening hours: Daily 8am-8pm

Phone: +46 0253 412 68

Internet:

www.ica.se/butiker/nara/alvdalen/ica-nara-idre-fjall-1003965

Taxi



Call Idrefjällens Buss & Taxi AB to order a cab.

Photo: Jan Baborák/unsplash

Phone: +46 253 20 900

Hospitals



Hospitals are found in Särna (about 40 minutes northwest by car) and Älvdalen (about 1 hour 40 minutes southeast by car). Both hospitals are

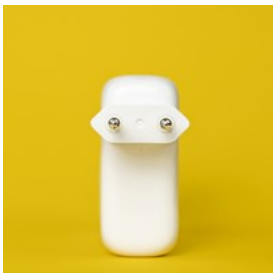
also accessible by bus 396.

Särna vårdcentral,
Sjukstugevägen 16, Särna
+46 253 49 87 00

Älvdalens vårdcentral,
Furuvägen 12, Älvdalen
+46 251 49 86 00

Photo: Karolina Grabowska/pexels

Electricity



220-240V AC, 50Hz

Photo: Mika Baumeister/unsplash

Population

712 (2022 estimate)

Currency

Swedish Krona (Svensk krona, pl. Svenska kronor), SEK

Internet

www.idrefjall.se/en
www.visitdalarna.se/en/idre

Newspapers

Aftonbladet — www.aftonbladet.se
Barometern — www.barometern.se
The Local (in English) — www.thelocal.se

Emergency numbers

112

Tourist information

Idre Tourist Office (Idre Turistbyrå)
Framgårdsvägen 1, Idre
+46 77 162 62 62

idre@visitdalarna.se

