



# Toulon

Photo: BearFotos/Shutterstock



Petr Kovalenkov/Shutterstock



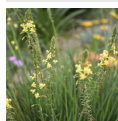
Yury24/Shutterstock



Petr Kovalenkov/Shutterstock

Toulon is a genuine incarnation of Provence—no over-the-top souvenir shops, just markets full of lavender and thyme, a sea breeze that rolls in from the harbour, and a mix of energy and laid-back local life. It's a working port with a bit of grit, but that's part of the charm.

## Featured



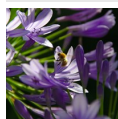
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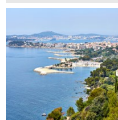
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## Top 5



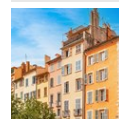
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## THE CITY



Tony Moran/Shutterstock

Ever since the Sun King proclaimed Marseille as the centre of French trade at the Mediterranean Sea, Toulon's harbour was only of second choice: in its sheltered bay, it accommodated and built the French navy, which has remained so until today.

Toulon is the home port for French aircraft carriers and other naval ships: the military base and the Navy's shipyards occupy a large area in the western part of town, and with its several miles of quays, it is a town within a town itself, now hosting yachts and fishing boats and sailing ships as well.

Further to the west, undulating hills and the Château Vallon Cultural Centre arise, and squeezed between the railway station and the yacht harbour, the Old Town and its maze of little alleyways, fountains and delightful squares like le Cours Lafayette (also called le Marché Provence) emerge.

To the Southeast, the village Mourillon awaits you with fine old residences of the haute bourgeoisie, lively vegetable markets and above all, sandy beaches, while to the north, the mountain of le Mont Faron towers over the town. Take the cableway up to the top for a magnificent view over the turquoise bay.

## DO & SEE



Telly/Shutterstock

Toulon is the very soul of Provence, as this huge military port reveals its sunny charm nearly all year long: while breathing in the breeze of the majestic sea, you can also take in the fragrances of Provence herbs and oils while experiencing a culturally rich atmosphere that heartily welcomes you to everywhere.

### Mountain Faron



Mountain Faron offers some of the best views over the bay, and if the mistral isn't too strong, you can take the cable car up. Check with the ticket office for conditions, and if it's running,

don't miss the chance—it's worth it.

Photo: BearFotos/Shutterstock

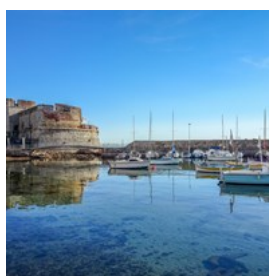
Address: 2 Boulevard Amiral Vence, Toulon

Opening hours: Daily 10am-6pm

Phone: +33 4 94 92 68 25

Internet: [www.telepherique-faron.fr](http://www.telepherique-faron.fr)

### Fortifications



Toulon's bay is surrounded by around 40 fortifications, the oldest dating back to the 16th century. While many are best seen from a distance,

you can actually visit two: Fort Balaguier and La Tour Beaumont.

Photo: TravelKiwis/Shutterstock

## Old Town



Toulon's Old Town isn't the prettiest in Provence, but it's got character. The narrow streets are a mix of old and rebuilt, with faded shutters, street art, and locals going about their day. The Cours Lafayette market is worth a stop—lots of noise, fresh produce, and the smell of herbs and spices in the air. Grab a chichi frégi (a local sugar-dusted doughnut) and wander past small squares and fountains until you reach the harbour. You'll also spot the statue of locals playing cards—straight out of a Marcel Pagnol story. It's a good place to just walk, look around, and get a feel for the real Toulon.

Photo: FredP/Shutterstock  
Address: Old Town, Toulon

## Toulon Cathedral



Toulon Cathedral (Cathédrale Sainte-Marie-de-la-Seds) has been a work in progress since the 11th century, with each era leaving its mark. The mix of styles—from medieval to baroque—makes it a bit of an architectural patchwork, but that's what makes it interesting. Step inside, and you'll see centuries of history layered together in one place.

Photo: FredP/Shutterstock  
Address: 55 Place de la Cathédrale, Toulon

Opening hours: Mon-Sat 8am-7pm, Sun 7:30am-noon / 4pm-8:30pm

Phone: +33 4 94 92 28 91

Internet: <https://cathedrale-toulon.fr>

## Royal Tower



Le Tour Royale is a 16th-century fort built to defend Toulon's port. There's a walking path around it, so you can take in the history while also enjoying views of the harbour and the nearby beach.

Photo: saiko3p/Shutterstock  
Address: Avenue de la Tour Royale, Toulon  
Phone: +33 4 94 36 89 16

## National Naval Museum



The Musée National de la Marine is the place to dive into Toulon's maritime history. Learn about galley slaves, pirate attacks led by Redbeard, and a young Captain Napoleon Bonaparte, who played a key role in retaking the city from the English after the Revolution.

Photo: sirtravelalot/Shutterstock  
Address: Place Monsenergue, Quai de Norfolk, Toulon  
Opening hours: Wed-Mon 10am-6pm, Tue closed  
Phone: +33 4 22 42 02 01  
Internet: [www.musee-marine.fr](http://www.musee-marine.fr)

### Memorial of the Landing & Liberation in Provence



Most people think of Normandy when it comes to the Allied landings, but Provence had its own in August 1944. This memorial tells that story, from the landings to the region's liberation. If you're into history, it's well worth a visit.

Photo: George Trumpeter/Shutterstock

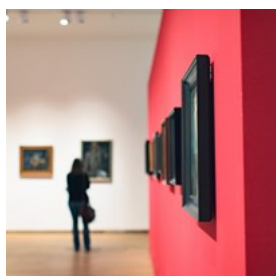
Address: 8458 Route du Faron, Toulon

Opening hours: Tue–Sun 10am–12:30pm / 1:15pm–5:15pm;  
Mon closed

Phone: +33 4 94 88 08 09

Internet: <https://montfaron.onacvg.fr>

### Toulon Museum of Art



The Toulon Museum of Art features paintings from the School of Provence alongside an exhibition on the region's wildlife and minerals.

Photo: Ysbrand Cosijn/Shutterstock

Address: 113 Boulevard Maréchal Leclerc, Toulon

Opening hours: Tue–Sun noon–6pm, Mon closed

Phone: +33 4 94 36 81 15

Internet: <https://toulon.fr/envie-bouger/article/musee-d-art-de-toulon-mat>

### Cours Lafayette Market



Cours Lafayette Market is Provence in a nutshell—fresh produce, local spices, and plenty of noise. It's worth a visit just to take in the smells, flavours, and energy of the place.

Photo: Song\_about\_summer/Shutterstock.com

Address: 47 Cours Lafayette, Toulon

Opening hours: Tue–Sun 8am–1pm, Mon closed

### Mayol Stadium



Stade Mayol is Toulon's home ground, holding up to 15,000 fans. It's used for different events, but these days, it's mostly about rugby. Check the schedule—if there's a match on, it's worth experiencing the atmosphere.

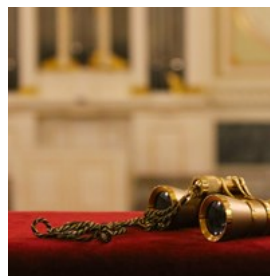
Photo: Melinda Nagy/Shutterstock

Address: Quai Joseph Lafontan, Toulon

Phone: +33 4 94 41 67 78

Internet: [www.toulon.fr](http://www.toulon.fr)

### Toulon Opera



Toulon's 19th-century opera house is worth a visit, whether for a concert, an opera, or just to admire the architecture. Check the schedule while you're in town—you might catch something interesting.

Photo: LeDarArt/Shutterstock

Address: Boulevard de Strasbourg, 22 Rue Pierre Semard, Toulon

Phone: +33 4 94 92 70 78

Internet: [www.operadetoulon.fr](http://www.operadetoulon.fr)

### Jardin Alexandre 1er



Jardin Alexandre 1er is a small, quiet park in central Toulon—good for a break if you need to sit down for a bit. There's some greenery, a few fountains, and plenty of shade.

Photo: Amanda Bartley/Shutterstock

Address: Place Gabriel Péri, Toulon

Opening hours: Mon-Sat 9am-1pm / 2pm-6pm; Sun 9am-1pm  
Phone: +33 4 94 18 53 00  
Internet:  
<https://toulon.fr/toulon-pratique/article/jardin-alexandre-1er>

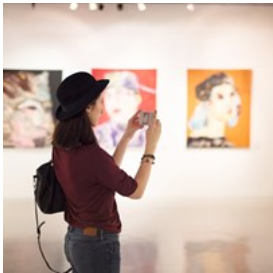
### Place Pierre Puget



Place Pierre Puget is a small square with a fountain covered in greenery—nice for a quick break. From here, take a walk through the Old Town's main street down to the harbour. It's an easy stroll with plenty to see along the way.

Photo: imnoom/Shutterstock  
Address: Place Pierre Puget, Toulon

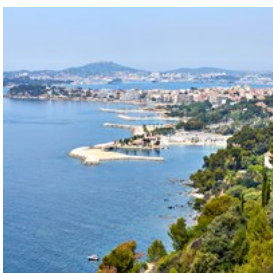
### Galerie Estades



Galerie Estades is an interesting gallery which focuses on 20th-century contemporary art, featuring paintings, sculptures, and glasswork.

Photo: Rawpixel.com/Shutterstock  
Address: 22 Rue Henri Seillon, Toulon  
Opening hours: Tue-Sat 10am-6:30pm, Sun & Mon closed  
Phone: +33 4 94 89 49 98  
Internet: [www.estades.com/en](http://www.estades.com/en)

### Toulon Harbour



At Toulon Harbour, you can hop on a boat and head out to sea for a fresh perspective of the city and its waterfront. Whether you choose to start or end your visit this way, it's a memorable experience. For an extra treat, opt for a boat

tour that includes a meal.

Photo: Ir. s/shutterstock  
Address: Rade de Toulon, Quai Cronstadt, Toulon  
Internet: [www.lesbateliersdelarade.com](http://www.lesbateliersdelarade.com)

### Statue of Men Playing Cards



In Toulon's Old Town, there's a statue of men playing cards—La Partie de Cartes. It's a nod to Provence's folklore and Marcel Pagnol's classic plays, *Marius and Fanny*, which later became films. If you know them, you'll recognise the scene—card games, banter, and all. Even if you don't, it's a fun spot for a photo.

Photo: Eugenio Marongiu/Shutterstock  
Address: Place Raimu, Toulon

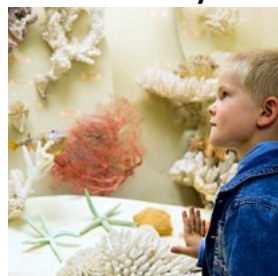
### The Genius of Navigation



Overlooking the marina, this statue represents The Genius of Navigation. First cast in 1801, it was destroyed during World War II but later restored and has stood proudly here ever since. Affectionately nicknamed "Cuverville" after an admiral of the same name, it also lends itself to the playful joke of "bum-facing-the-city" (Cul-vers-Ville).

Photo: Telly/shutterstock  
Address: Génie de la Navigation, Port de Toulon, Toulon

## Natural History Museum



The Muséum départemental du Var showcases the region's flora and fauna, with exhibitions that highlight species you may not have encountered before. Since its relocation in 2011 to a larger space, it features a collection of nearly 1,000 bird species and 2,500 plants, primarily from the Var region. Visitors can also explore rooms dedicated to mineralogy, paleontology, and ethnology, displaying fossils, ancient tools, and even a dinosaur skeleton. It's a fascinating insight into the natural world.

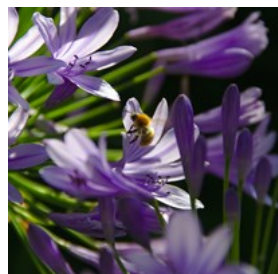
Photo: K. Anisko/shutterstock

Address: Muséum départemental du Var, Jardin du Las, Toulon

Opening hours: Tue-Sun 9am-6pm, Mon closed

Phone: +33 4 83 95 44 30

## Jardin du Las Botanical Garden



Adjacent to the Natural History Museum, Toulon's botanical garden features rare and exotic plants alongside fossil displays. Established in the 19th century by local sailors, the garden showcases species from the Orient, Oceania, and America, set alongside the Las river. A serene meadow, dominated by a towering cedar tree, adds to the tranquil atmosphere, making it an ideal spot for a leisurely stroll, particularly in spring and summer.

Photo: aldricenoc/unsplash

Address: Jardin du Las, Toulon

Phone: +33 4 83 95 44 20

## DINING



futuristman/shutterstock

In Provence, a stroll through the hills or past fountains offers a taste of what's to come in the restaurants — the scents of thyme, rosemary, and fresh vegetables in olive oil lingering in the air. The food is often simple but satisfying: tapenade on crusty bread, a glass of chilled rosé, and marinated grilled peppers are enough to make any visitor feel spoiled. Dining al fresco beside a fountain, under the shade of plane trees in the heart of Toulon, is an experience that captures the city's charm.

## Au Sourd



Au Sourd, a Toulon institution with a history dating back to an artilleryman of Napoleon III, is celebrated for its exceptional seafood. The chef's expertise shines in dishes like bouillabaisse, bourride, and fresh catches such as red mullet and sole, prepared to order. Set in a chic, contemporary space, the restaurant combines a warm atmosphere with a focus on quality, making it a favoured destination for both locals and visitors.

Photo: Kondor83/shutterstock

Address: 10 rue Molière, Toulon

Phone: +33 4 949 228 52

Internet: [www.restaurantausourd.fr](http://www.restaurantausourd.fr)

### La Feuille De Chou



La Feuille De Chou, located on the charming place Eugène Baboulène in Toulon, offers a blend of inventive and traditional French cuisine

with a modern touch. Set in a tranquil courtyard shaded by olive trees, the restaurant focuses on fresh, locally sourced ingredients, with standout dishes like freshly caught octopus. The welcoming atmosphere and attentive service make it a delightful spot for a relaxed, flavourful meal.

Photo: Ryzhkov Photography/shutterstock

Address: 15 rue de la Glacière, Toulon

Phone: +33 4 94 62 09 26

Internet:

[www.bonsrestaurants.fr/restaurants/la-feuille-de-chou-toulon](http://www.bonsrestaurants.fr/restaurants/la-feuille-de-chou-toulon)

### L'Ostrea



L'Ostrea, a seafood-focused restaurant by the Port of Toulon, has become a local favourite since its revival in 2011. Known

for its generous portions and fresh offerings, the menu highlights carefully selected seafood, complemented by quality wines. The welcoming atmosphere and dedication to quality make it a popular choice, and advance booking is recommended.

Photo: PaulNI/pixabay

Address: Quai des Sous-Marinières, Port de Plaisance, Toulon

Phone: +33 4 944 665 60

Internet: [www.restaurant-ostrea.fr](http://www.restaurant-ostrea.fr)

### Les Têtes d'Ail



Les Têtes d'Ail, a staple since 2010, focuses on Provençal cuisine crafted from fresh, locally sourced ingredients. The menu changes monthly to reflect seasonal produce, much of which comes from a biodynamic farm partnered with the restaurant. Set near a fountain and ancient olive trees, the terrace provides a relaxed setting for dishes like bouillabaisse, showcasing the region's flavours.

Photo: hphoto/shutterstock

Address: 22 rue des Bonnetières, Toulon

Phone: +33 4 946 207 64

Internet: [www.instagram.com/lestetesdaildetoulon](http://www.instagram.com/lestetesdaildetoulon)

More Info: Closed on Sundays during winter.

### Le Saint Gabriel



Restaurant Le Saint Gabriel, located by Toulon's port, offers a modern take on Provençal cuisine with a focus on fresh, seasonal

ingredients. Dishes like Tamaris mussels, wild prawn ravioli, and the signature Bourride Toulonnaise highlight the chef's skill and creativity. The relaxed setting, with its maritime-inspired decor and views of the port, complements the menu's generous, flavourful offerings.

Photo: DanaTentis/pixabay

Address: 334 avenue de la République, Toulon

Phone: +33 6 270 579 15

Internet: [www.instagram.com/saintgabriel\\_toulon](http://www.instagram.com/saintgabriel_toulon)

### China Moon



For a change of pace, China Moon offers a taste of Asian flavours. With its well-crafted dishes and strong vegetarian options, it has carved out a lasting place alongside Toulon's French cuisine.

Photo: Kzenon/shutterstock

Address: 449 avenue Franklin Roosevelt, Toulon

Phone: +33 4 94 41 60 00

Internet: [www.chinamoontoulon.fr](http://www.chinamoontoulon.fr)

### L'Etoile de l'Inde



L'Etoile de l'Inde is a standout Indian restaurant, offering a full range of dishes — from starters and main courses to desserts. To secure a table and enjoy this authentic experience, it's best to book in advance, particularly on weekends.

Photo: Joe Gough/shutterstock

Address: 3 rue Dumont d'Urville, Toulon

Phone: +33 4 948 929 68

Internet: [www.restaurant-indien.net](http://www.restaurant-indien.net)

### Pizzeria L'Italienne



Although this Pizzeria L'Italienne is a bit hard to find, it is really worth the effort. Located on a shaded square near the beaches, the pizzeria offers a variety of pizzas made with fresh ingredients, alongside frozen options for meats like chicken and kebab. The menu also includes homemade desserts and lunch specials. Known for its generous portions and friendly service, the

pizzeria provides dine-in, takeaway, and free delivery, making it a reliable choice for pizza lovers.

Photo: StockSnap/pixabay

Address: Place du docteur Horace Cristol, Toulon

Phone: +33 9 82 22 97 72

Internet: [pizzeria-litalienne.eatbu.com](http://pizzeria-litalienne.eatbu.com)

### CAFÉS



RossHelen/shutterstock

Cafés are an integral part of life in Provence. Everybody has their own preferred drink and a place to enjoy it depending on the time of day. At the same time, the café that happens to be nearest to you inevitably becomes your daily favourite. Whether it's a morning croissant, an evening coffee, or a pastis before dinner, these moments define the rhythm of Provençal life.

### Crêperie & Glacier l'Igloo



Glacier l'Igloo overlooks the harbour, making sunglasses a must. True to its name, it offers Toulon's widest range of ice cream, alongside its famous crêpes — a treat for anyone with a sweet tooth.

Photo: Jeshoots dot com/pixabay

Address: 45 quai de la Sinse, Toulon

Phone: +33 4 83 42 94 69

Internet: [www.ligloo-toulon.fr](http://www.ligloo-toulon.fr)

### Café Culture



Café Culture is a cosy spot that draws in culture enthusiasts, and it never disappoints. Built on strong values — communication, culture, citizenship, solidarity, exchange, and sustainable development — the café's ethos shapes everything it does. With regular cultural events and language exchanges, there's always something engaging to experience here.

Photo: rawpixel/Pixabay.com

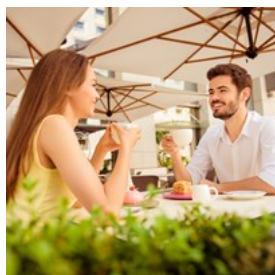
Address: 24 rue Paul Lendrin, Toulon

Phone: +33 4 94 62 44 52

Internet: [www.cultures-et-communication.org](http://www.cultures-et-communication.org)

Email: [contact@cultures-et-communication.org](mailto:contact@cultures-et-communication.org)

### Le Saint-Cyprien



Le Saint-Cyprien, located in a quiet courtyard next to Toulon's cathedral, is a community café offering a peaceful retreat from the city's bustle. With a menu featuring local products, it serves coffee, light meals, and snacks throughout the day. The space includes a library, board games, and a children's corner, blending historical charm with a welcoming, relaxed atmosphere.

Photo: Roman Samborskiy/shutterstock

Address: 23 place de la Cathédrale, Toulon

Phone: +33 4 94 62 22 35

Internet: [www.facebook.com/cafelesaintcyprien/](http://www.facebook.com/cafelesaintcyprien/)

### Cafés Maurice



Cafés Maurice, founded in 1875 in Haiti by Marc Maurice Levy, has been a family-run coffee roastery since its establishment. With two locations in Toulon — one in the city centre and another near the beach — it offers a range of high-quality coffee beans and blends, including Nespresso-compatible pods. The roastery blends its rich heritage with modern coffee culture, creating a welcoming experience for enthusiasts.

Photo: Duan Wade/shutterstock

Address: 2 place Camille Ledeau, Toulon

Phone: +33 4 22 44 99 45

Internet:

[www.cafesmaurice.com/nos-boutiques-cafes-maurice](http://www.cafesmaurice.com/nos-boutiques-cafes-maurice)

### Hanawa



Hanawa, located a block from Place de la Liberté, is a popular spot for brunch and light meals in Toulon. Known for its fresh, balanced dishes, the menu features a mix of sweet and savoury options, including vegetarian choices. The Sunday brunch, served as an all-you-can-eat buffet, offers a variety of cheeses, charcuterie, and well-seasoned dishes. The cosy atmosphere, complemented by lounge music and stylish decor, makes it a favourite for both locals and visitors.

Photo: Tanya Terekhina/shutterstock

Address: 4 rue de la Paix, Toulon

Phone: +33 9 87 79 83 42

Internet: [www.instagram.com/hanawarestaurant](http://www.instagram.com/hanawarestaurant)

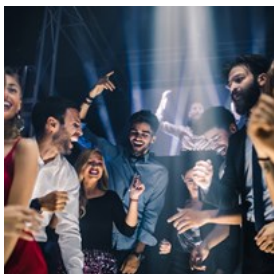
## BARS & NIGHTLIFE



bbernard/shutterstock

Provençal nights are warm and irresistibly charming, so it's no wonder Toulon — a town with deep maritime roots — has a long-standing tradition of nightlife. The harbour and Le Mourillon's beachfront are dotted with popular cafés and bars, but there are also plenty of lesser-known spots just waiting to be discovered.

### Le Pussy Cat



Perched high above the city at Mont Faron, Le Pussy Cat is a club that spins everything from techno and house to funk and disco. With an

Photo: bbernard/shutterstock

Address: 655 avenue de Claret, Toulon

Opening hours: Thu-Sun 11pm-5am

Phone: +33 4 94 92 76 91

### Le Navigateur



Le Navigateur sits beside its namesake statue on the marina, offering unbeatable views of the military harbour. With a menu that covers everything from brunch and lunch to dinner and

cocktails, it's a popular spot for both locals and visitors. The lively atmosphere and unique location make it a standout choice.

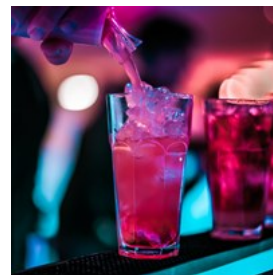
Photo: Alexander Chaikin/shutterstock

Address: 128 avenue de la République, Toulon

Phone: +33 4 940 943 91

Internet: [www.instagram.com/lenavigateur.toulon](http://www.instagram.com/lenavigateur.toulon)

### Le Barathym



Le Barathym, formerly known as Le Bar à Thym, is a lively music bar featuring authentic live performances and occasional DJ sets.

Alongside the music, it offers a wide range of whiskies, beers, rums and trashy (in the best way possible!) shots, as well as a menu of appetisers, tapas, and main dishes.

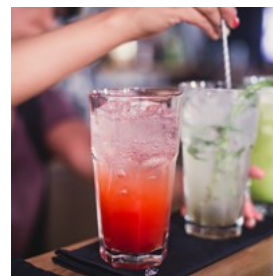
Photo: Monica Martini/shutterstock

Address: 32 boulevard Docteur Cunéo, Toulon

Phone: +33 4 94 41 90 10

Internet: [www.instagram.com/lebarathymtoulon](http://www.instagram.com/lebarathymtoulon)

### Havana Café



Havana Café offers a broad menu of dishes but also — as the name may have already revealed — delicious rum-heavy cocktails, with one of

them taking centerstage: the refreshing mojito. With a lively atmosphere both indoors and on the terrace, it's a great spot to relax with a drink and enjoy some music.

Photo: Tsuguliev/shutterstock

Address: 35 rue Muiron, Toulon

Phone: +33 4 943 125 55

Internet: [www.havanacafetoulon.com](http://www.havanacafetoulon.com)

### Old Coucou



This friendly local pub, located next to Le Barathym, offers an impressive selection of beers, cocktails, and pub food in a distinctive

industrial setting. With its lively atmosphere, it's a great spot to spend the evening. Alongside a wide range of beers, the skilled barmaids craft cocktails with care and flair. The music, mostly rock, adds to the alternative vibe.

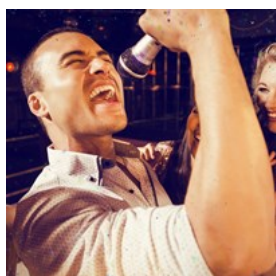
Photo: VGstockstudio/shutterstock

Address: 14 boulevard Dr Cuneo, Toulon

Phone: +33 9 51 54 37 14

Internet: [www.instagram.com/old\\_coucou](http://www.instagram.com/old_coucou)

### Boka Club del Magot (Le Magot)



Le Magot is the spot to unleash your inner star with a night of karaoke. Whether you're testing your skills or showing them off, it's a fun place

to enjoy drinks with friends — and maybe make a few new ones along the way.

Photo: vectorfusionart/shutterstock

Address: 3261 avenue de la Résistance, Toulon

Phone: +33 4 94 27 08 55

Internet: [www.clublemagot.fr](http://www.clublemagot.fr)

### Gaëtano



Gaëtano is well-known for homemade pizzas, but it also excels at crafting excellent cocktails. While the tempting menu is a draw in itself, the

welcoming atmosphere and friendly service make it a standout. On warm summer evenings, their terrace — with its signature red chairs — is

the perfect spot to unwind.

Photo: fornStudio/shutterstock

Address: 4, place Amiral Sénés, Toulon

Phone: +33 4 949 236 72

Internet: [www.gaetano-pizza.com](http://www.gaetano-pizza.com)

More Info: Be sure to also check out Gaëtano's Le Port location.

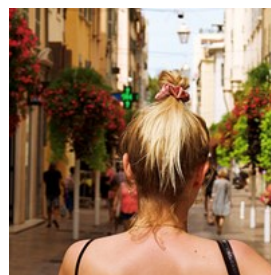
## SHOPPING



Babaroga/shutterstock

Shopping in Toulon is a delight, with its charming alleyways, fountains around place Puget, and independent boutiques along rue d'Alger offering plenty of unexpected finds. For a more upscale experience, explore the chic Mourillon district, where antique shops and designer boutiques provide a glimpse into local interior styles. Near the harbour, you'll find shops stocked with fishing and diving gear, perfect for those drawn to the sea.

### Le Mourillon



Round off your day of sunbathing with a leisurely stroll and some shopping along Littoral Frédéric Mistral.

Continue up boulevard Sainte-Hélène and rue Lamalgue to discover the upscale Mourillon neighbourhood. Explore a mix of home furnishing boutiques, clothing stores, including rugby-inspired fashion at Serge

Blanco, and artisan cut glass shops. Keep an eye out for hidden gems tucked away, offering unexpected treasures to uncover.

Photo: Julian Hacker/pixabay

Address: Mourillon, Toulon

### Quai Cronstadt



The post-war buildings around Quai Cronstadt have gained a near-cult status and now house a variety of sports and fishing shops. While the area caters to almost every shopping need, it's also a picturesque spot worth exploring at a leisurely pace. A casual stroll might lead you to Centre commercial Mayol, a large shopping centre home to numerous brands and restaurants.

Photo: Gold Pixels/shutterstock

Address: Quai Cronstadt, Toulon

### Centre Mayol



Located next to the Mayol Stadium, the eponymous shopping centre is home to over 100 shops, including well-known brands like Zara and Fnac, as well as lesser-known names such as Celio, Grain de Malice, and Etam. Don't miss the food court and the hypermarket Carrefour, which add to the centre's appeal.

Photo: NaiyanaB/shutterstock

Address: Rue du Mûrier, Toulon

Phone: +33 4 980 091 91

Internet: [www.centremayol.com](http://www.centremayol.com)

### La Fiancée du Pirate



In the bourgeois neighbourhood of Le Mourillon, La Fiancée du Pirate (The Pirate's Fiancée) is a lively shop packed with unique finds.

Much like a treasure trove, it offers an eclectic mix of decorative items, ensuring there's always something to catch your eye and spark your curiosity.

Photo: Anastasiia Horova/shutterstock

Address: 55 Rue Lamalgue, Toulon

Phone: +33 4 940 347 54

Internet: [www.lafianceedupirate.fr/gb](http://www.lafianceedupirate.fr/gb)

Email: [contact@fianceedupirate.fr](mailto:contact@fianceedupirate.fr)

### Boutique officielle RCT – Stade Mayol



Toulon is synonymous with its rugby team, and the official store of Rugby Club Toulonnais (RCT) is a must-visit for fans.

Located at Stade Mayol, it stocks everything from shirts and polos to pens and mouse pads, all proudly emblazoned with the RCT logo. Whether you're a die-hard supporter or a casual visitor, it's the perfect spot to pick up souvenirs and show your team spirit.

Photo: Dragon Images/shutterstock

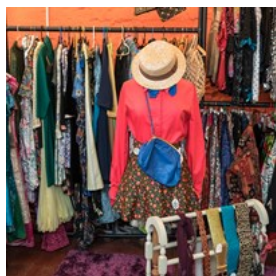
Address: Stade Mayol, Quai Joseph Lafontan, Toulon

Phone: +33 4 12 05 74 45

Internet: [www.rctstore.com/en](http://www.rctstore.com/en)

More Info: You'll also find another RCT boutique at Centre commercial Mayol.

### Noush



This small shop is a treasure trove for vintage fashion lovers, offering everything from crockery and home décor to clothing and jewellery.

Owner Anaïs is on hand to help you find the perfect piece, but don't hesitate to explore on your own — you might just stumble upon something unexpected to try on or take home.

Photo: Marbury/shutterstock

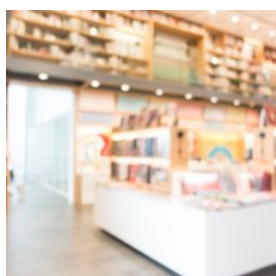
Address: 33 Rue Paul Lendrin, Toulon

Phone: +33 4 98 03 75 43

Internet: noush-touch.blogspot.com

Email: noush.fripe@gmail.com

### Librairie Charlemagne



This popular chain bookstore is known for its professional and welcoming staff, who can help you find the right book for any occasion —

whether it's a beach read or a souvenir to take home. Take your time browsing and let the books and atmosphere spark your curiosity.

Photo: Lifestyle Travel Photo/shutterstock

Address: 50 boulevard de Strasbourg, Toulon

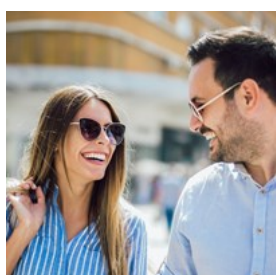
Opening hours: Mon–Sat 9am–7pm, Sun closed

Phone: +33 4 946 222 88

Internet:

[www.librairiecharlemagne.com/librairie-charlemagne-toulon](http://www.librairiecharlemagne.com/librairie-charlemagne-toulon)

### Grand Var



Just outside Toulon, Grand Var is a sprawling open-air shopping centre perfect for a leisurely browse. With hundreds of shops, it caters to every

need — whether you're refreshing your wardrobe, updating your home décor, or stocking up on beauty products, this is the place to go.

Photo: adriaticfoto/shutterstock

Address: Centre commercial Grand Var, La Valette-du-Var

Phone: +33 4 94 75 90 29

Internet: [grandvar.com](http://grandvar.com)

### Comptoir des Fromages



Comptoir des Fromages, located in central Toulon, offers a diverse selection of over 120 cheeses, focusing on raw milk and farmhouse varieties.

Alongside cheeses, the shop features fresh dairy products, artisanal charcuterie, and Provençal specialities, ideal for creating custom platters. The knowledgeable staff provide tailored recommendations, making it a go-to spot for cheese enthusiasts and those seeking quality local produce.

Photo: Valentyn Volkov/shutterstock

Address: 5 rue de la Paix, Toulon

Phone: +33 4 83 42 48 69

Internet: [www.comptoir-des-fromages.com/fromagerie](http://www.comptoir-des-fromages.com/fromagerie)

### Les Quilles



For wine enthusiasts, Les Quilles is a must-visit, offering an unmatched selection from small, independent producers.

You can sample their carefully curated wines, which will likely inspire you to take a bottle or two home.

Photo: Amy Johansson/shutterstock

Address: 6 place d'Armes, Toulon

Phone: +33 4 942 423 53

Internet: [fr.gaultmillau.com/en/artisans/les-quilles-shop](https://fr.gaultmillau.com/en/artisans/les-quilles-shop)

### Galleries Lafayette Toulon



Galleries Lafayette in Toulon, like its counterparts across France, features well-known brands in fashion, beauty, and home décor. Catering to men, women, and children, it's a go-to destination for those with an eye for style. Stop by to explore the latest trends and elegant offerings.

Photo: [didesign021/shutterstock](#)

Address: 9 boulevard de Strasbourg, Toulon

Phone: +33 4 942 239 71

Internet: [www.gallerieslafayette.com/m/magasin-toulon](https://www.gallerieslafayette.com/m/magasin-toulon)

## TOURIST INFORMATION



*David Herraez Calzada/shutterstock*

### Toulon-Hyères Airport (TLN)



Toulon-Hyères Airport is just 23 kilometres from Toulon city centre, easily accessible by bus, taxi, or train. Services run regularly, with a taxi ride taking around 20 minutes. Car rental options are also available at the airport for added convenience.

Photo: [Sergey Furtaev/shutterstock](#)

Address: Boulevard de la Marine, Hyères

Phone: +33 4 94 00 83 83

Internet: [www.toulon-hyeres.aeroport.fr/en](https://www.toulon-hyeres.aeroport.fr/en)

### Passport/Visa



Citizens of European Union (EU) and European Economic Area (EEA) countries do not need a visa to enter France, only a valid ID. Many other countries, including the United Kingdom, United States, Canada, United Arab Emirates, Australia, and New Zealand, benefit from visa-free entry for short stays of up to 90 days within a 180-day period.

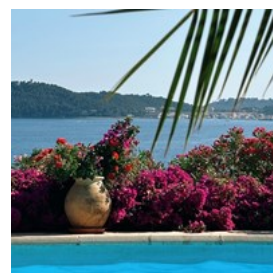
Visitors from visa-exempt countries must hold a valid passport and, starting in late 2025, will need to apply for an ETIAS (European Travel Information and Authorisation System) authorisation online before travelling.

For those requiring a visa, such as travellers from some Middle-East, African or Asian nations, a Schengen visa must be obtained prior to arrival. All travellers should ensure their passport is valid for at least three months beyond their intended stay.

Photo: [maramade/shutterstock](#)

Internet: [home-affairs.ec.europa.eu/policies/schengen-border-s-and-visa/visa-policy\\_en](https://home-affairs.ec.europa.eu/policies/schengen-border-s-and-visa/visa-policy_en)

### Best Time to Visit



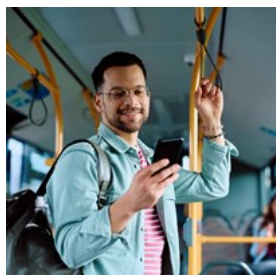
Toulon enjoys a subtropical Mediterranean climate, marked by plenty of sunshine, dry summers, and occasional heavy

rainfall. Summers are warm, while winters remain mild, with temperatures moderated by the city's seaside location. This makes Toulon a year-round destination worth exploring.

The best time to visit Toulon for proper sunshine-filled vacations may be the season between April and August, as both temperature and humidity are at their most pleasant. Visiting in off-season times has its benefits, too, as the beaches and the narrow streets are less crowded, and you can take advantage of lower prices when it comes to hotel reservations and flights.

Photo: megmarietravel/shutterstock

### Public Transport



The bus company Réseau Mistral operates in Toulon and its surrounding areas, with tickets available at the kiosk on place de la Liberté. Réseau Mistral tickets are also valid for the company's four boat services in the bay, and bicycles can be carried free of charge, space permitting. Note that much of the Old Town's centre is pedestrian-only.

Toulon's compact centre is easily explored on foot, particularly if you arrive by cruise ship at the city centre terminal. Follow the brass plaques embedded in the ground to discover the main sights.

For unlimited travel on Toulon's buses, boat shuttles, and cable car, the modestly priced "1 Jour téléphérique" ticket is a great option. If you don't plan to use the cable car, the even cheaper "1 Jour ticket" covers buses and boats only. Both

tickets are available at the Toulon Tourist Office, local newsagents, tobacconists, and on the Réseau Mistral website.

Toulon's "petits trains" mirror the charming, toy-town style found in other French cities. Two 45-minute routes are available. One includes commentary in English and French, taking you past many of the city's key attractions.

Photo: Drazen Zigic/shutterstock

Internet: [www.reseaumistral.com/en](http://www.reseaumistral.com/en)

### Boat Trips



Bateaux-bus (boat-bus) shuttles crisscross the bay, connecting Toulon with La Seyne-sur-Mer, Les Sablettes, and Saint-Mandrier. These

services are part of the Réseau Mistral public transport network and are popular with both commuters and tourists. All routes depart from Toulon's Gare Maritime (Station Maritime) on Quai Cronstadt, near the Town Hall.

For a guided boat or catamaran tour of the bay, several companies operate just a few metres away on Quai de la Sinse, opposite place Louis Blanc — where the Tourist Office is located.

During the summer, boat tour operators also run excursions to the secluded island of Porquerolles, perfect for a day trip.

Photo: pio3/shutterstock

Address: Port de Toulon, Quai Cronstadt, Toulon

Internet: [www.reseaumistral.com](http://www.reseaumistral.com)

## Taxi



Place de la Liberté has a steady supply of taxis to take you around the city.

The company Taxis Toulon lets you book a cab by phone, on their

website or via their app. Uber also now operates in Toulon.

Photo: ImagingL/shutterstock

Phone: +33 4 94 93 51 51

Internet: [www.taxi-toulon.com](http://www.taxi-toulon.com)

## Post



Branches of La Poste can be found across the city, generally open from 8am to 7pm. Like the central location at place Louis Blanc, these offices offer the full range of services listed on their website.

Photo: Ekaterina Pokrovsky/shutterstock

Address: La Poste, 4 place Louis Blanc, Toulon

Phone: +33 9 70 82 36 31

Internet:

[localiser.laposte.fr/var/toulon/toulon-louis-blanc-839320](http://localiser.laposte.fr/var/toulon/toulon-louis-blanc-839320)

## Pharmacy



Pharmacies are spread throughout the city and are easily identified by their green cross signage.

If a pharmacy is closed, a note on the door will

typically provide details of the nearest on-duty pharmacy. One central option is located at Centre Commercial Mayol, though many others are available across the city.

In France, for urgent medical care, dial 15 to contact the SAMU (Service d'Aide Médicale

Urgente) — the national medical emergency service.

Photo: Bonsales/shutterstock

Address: Centre commercial Mayol, Toulon

Opening hours: Mon-Sat 9:30am-7:30pm, Sun closed

Phone: +33 4 943 100 31

Internet:

[pharmacie-centremayol-toulon.pharmaprovence.com](http://pharmacie-centremayol-toulon.pharmaprovence.com)

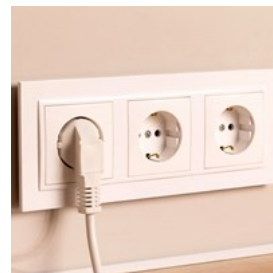
## Telephone



Country code: +33 Area code: 4

Photo: Besjunior/shutterstock

## Electricity



In France, the electrical supply operates at a voltage of 230V and a frequency of 50Hz. The country employs two main types of electrical plugs: type C and type E. Type C plugs feature two round pins. Type E plugs, on the other hand, also have two round pins but include an additional hole for the earth (ground) pin.

Photo: Bykfa/shutterstock

## Population

182,244 (2024)

## Currency

Euro (EUR, €)

## Newspapers

Var Matin: [www.varmatin.com](http://www.varmatin.com)

## Emergency numbers

European Emergency Number: 112

## Tourist information

Tourist Office of Toulon

12 Place Louis Blanc, Toulon

+33 4 94 18 53 00









Avenue Jacques Cartier	D4	Boulevard H Fabre	D3	Rue Docteur Barrois	D1
Avenue Alphonse Juin	D3	Boulevard J Noble	D4	Rue Docteur Fontan	A1
Avenue Amiral Collet	B1	Boulevard Jules Michelet	D3 D4	Rue Docteur Jean Bertholet	B2 C2
Avenue Cdt Marchand	C2 D2	Boulevard Louis Bozzo	D1	Rue Dr Jouany	B1
Avenue Colbert	C2	Boulevard Louis Picon	A1	Rue du Capt Colonna	B1 C1
Avenue de la Victoire du Mai 1945	B1 C1	Boulevard Louvois	B1 C1	Rue du Gal Marchand	C1
Avenue de l'Infanterie de Marine	C3 C4	Boulevard Pierre Toesca	B1	Rue du Jeu de Paume	A1
Avenue de Republique	C3	Boulevard Raynouard	C2 D2	Rue du Murier	C3
Avenue de Siblas	C1	Chemin de la Loubiere	D2	Rue du P Ollivault	C1
Avenue de Valbourdin	A1	Chemin de Plasance	A1	Rue Emile Zola	C3
Avenue des Dardanelles	B1	Cours Lafayette	C2 C3	Rue Ernst Renan	C4 D4
Avenue des Lices	C1	d'Estienne	A2	Rue F Fabie	C2
Avenue du 21 RIC	D4	d'Orves	A2	Rue Felix Pyat	C2
Avenue du 3e Rgt de Tirailleurs Algeriens	D3	Gal Nogues	A2 B1	Rue Gabriel	D1
Avenue du Mal de Lattre de Tassigny	C3 D4	Leclerc Boulevard de Strasbourg	B2 C2	Rue Gal Fayat	C4 D4
Avenue du Port de Plisance	C4	Place de la Liberte	C2	Rue Gimelli	B2 C2
Avenue du XV Corps	A1	Place du Souvenir Francais	C2	Rue Gorlier	A1
Avenue Ed Pellegou	D3	Place d'Armes	B2	Rue Grandval	D1
Avenue Emile Vincent	B1	Place Jolidon	A1	Rue Henri Seillon	C3
Avenue Franklin Roosevelt	C3 D3	Place Marie Curie	D1	Rue Henri Vienne	A1 B1
Avenue G Clemenceau	C2 D2	Place Victor Hugo	C2	Rue Hippolyte	D1
Avenue Gal Magnan	B2 C3	Quai marcel Pagnol	D4	Rue Hippolyte Duprat	C2
Avenue Guiramand	D4	R Robert Guillemard	B2	Rue J Cesari	D4
Avenue Henry Dunant	D2	Rageot de la Touche	B1 B2	Rue J P Rameau	D3
Avenue Jean Moulin	B2	Rd. Pt. Du Gal Bonaparte	C3	Rue Jean Bartolini	D3
Avenue Lazare Carnot	B1	Rue A Mabily	B1	Rue Jean Jaures	B2 C2
Avenue Louis Roche	C1 D1	Rue Albert	C3	Rue Lacordaire	A1
Avenue Marcel Castie	D2	Rue Amiral Emeriau	B1	Rue Lamalgue	D4
Avenue Marechal Foch	A2 B2	Rue Amiral Jaujard	C3 D3	Rue Lamartine	D2
Avenue Philippe lebon	D2	Rue Antonie	A1 B1	Rue Larmodieu	C2
Avenue Pierre Loti	D3 D4	Rue Bon Pasteur	C2	Rue Louis Henseling	D4
Avenue Regrutto	A1 B1	Rue Castel	D4	Rue Lyautey	B1 B2
Avenue Saint Roch	A1 B1	Rue Castillon	D4	Rue M Sembrat	A1
Avenue Vauban	B1 B2	Rue Centrale	C1 D1	Rue Marc Baron	C4
Avenue Vert Coteau	D2	Rue Chalucet	B1 B2	Rue Massena	C4
Avenue Winston Churchill	B2	Rue Charles Poncy	C2	Rue Michel d Bourges	A1
Boulevard Bauchiére	A1	Rue Chevalier Paul	C2 C3	Rue Mireille	D4
Boulevard Colonel Albert Grant	B1 C1	Rue Coulmier	A1	Rue Muiron	D4
Boulevard Commandant Nicolas	B1 C2	Rue d l Murette	C1	Rue Nicolas Laugier	C2 C3
Boulevard de Bazeilles	C4 D4	Rue Danton	D2	Rue Paul Marchelli	C4
Boulevard de la Democratie	C2 D2	Rue de Alger	C2 C3	Rue Peiresc Maneheim	B2 C2
Boulevard de Tesse	C1 C2	Rue de Alma	D3	Rue Peyre Ferry	A1
Boulevard Desaix	D2	Rue de la Reine Jeanne	B1	Rue Picot	C2
Boulevard Docteur Charles	B1	Rue de Lorgues	C2	Rue Pierre Semard	B2 C2
Boulevard Dr Felix Escudier	D1	Rue de Pomet	C2	Rue Pilote	D4
Boulevard du 112e Rgt d'Infanterie	C1 C2	Rue de Provance	A1	Rue Reboul	D4
Boulevard Eugene	C4	Rue Delpech	D1	Rue Revel	B2
Boulevard Ferdinand de Lesseps	D1 D2	Rue des Remparts	C2	Rue Reymoneng	A1
Boulevard Georges Richard	D1	Rue des Riaux	C2 C3	Rue Robert Schuman	C4

Rue Rosa

Rue Sainte Bernard

Rue Sant Laurent

D2 Rue Scotto

C2 C3 Rue Thoulon

A1 Rue V Clapier

D3 Rue Victor Esclangeon

C1 Victor Micholet

C2

D1

B2 C3