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Artush/Shutterstock

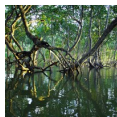
Just ten degrees north of the equator, Quepos offers a rich mix of rainforests, waterfalls, and the Pacific coast. Named after the Quepoa people who once lived here, the town serves as the gateway to Manuel Antonio National Park, with its mangroves, lagoons, and beach-lined forests. Quepos is a place where nature's variety and beauty invite outdoor lovers to explore and soak in its wild charm.

Featured



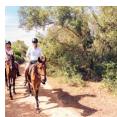
Zip Lines

Nature lovers and thrill seekers can soar high through the rain forest and w...



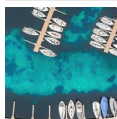
Damas Estuary Boat Trip

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Horseback Riding

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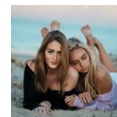
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Top 5



Manuel Antonio Beach

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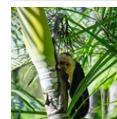
Playitas Beach

Playitas Beach, an extension of Playa Espadilla, is a cosy beach on the nort...



Biesanz Beach

Biesanz Beach is tucked away not far from Manuel Antonio village. Not overru...



Puerto Escondido Beach

Puerto Escondido Beach is located inside a cosy and tranquil cove in the Man...



Espadilla Beach

The stunning Playa Espadilla is located on the grounds of the Arenas Del Mar...

THE CITY



Stefan Neumann/Shutterstock

Quepos is situated on Costa Rica's central Pacific coast and serves as the gateway to a popular National Park and numerous sandy beaches. The city centre has many restaurants, bars, bakeries, art galleries, and gift shops. Its citizens love life, celebrating it with a month-long party every February when the streets overflow with dancers, concerts, parades and street carnivals. This cosy beach community is a great destination for an adventurous and fun-filled vacation.

BEST BEACHES



Christina Victoria Craft/Unsplash

The expansive shoreline of Costa Rica's Pacific coast is a true gift for beach lovers. Beautiful white or volcanic black sand paradise lined with palm trees, naturally rugged beach coves surrounded by tropical rainforest, abundance of wildlife, both marine and peaking out from the forest. People come here to surf, swim, bask in the sun or simply enjoy the laid-back beach

towns sprinkled along the coasts.

The beaches around and inside the Manuel Antonio National Park are considered to be the best in the country. The best place to stay in close proximity to a variety of beaches is the Manuel Antonio village.

Manuel Antonio Beach



The Manuel Antonio beach is an absolutely beautiful piece of nature where you can see monkeys, toucans, raccoons and sloths on the seafront edges of the national park. Mind your stuff — those monkeys love grabbing backpacks and dragging them into the forest. You'll find a cute café up the hill and a shower facility.

Photo: Vincent Branciforti/unsplash.com

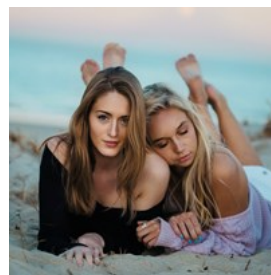
Address: Playa Manuel Antonio, inside Manuel Antonio National Park

Opening hours: The park wardens stop the swimming at 3 pm

Internet: www.tourismincostarica.org/playa-manuel-antonio

More Info: You'll need a ticket for the Manuel Antonio Beach, since you can reach it only through the National Park

Playitas Beach



Playitas Beach, an extension of Playa Espadilla, is a cosy beach on the north side of the Arenas Del Mar Beachfront and Rainforest Resort. Beach chairs can be set up in the sun or the shade, according to your preference. Great waves for surfing. Playitas is also known as a hangout spot for LGBTQA+ folks.

Photo: Kristopher Roller/unsplash.com

Address: Playitas Beach, Manuel Antonio, Costa Rica
More Info: About 25 minutes from Manuel Antonio on foot

Biesanz Beach



Biesanz Beach is tucked away not far from Manuel Antonio village. Not overrun by tourists, with locals offering drinks, kayaks, lounge chairs, restrooms and some snacks. The trail down to the beach is a bit rocky, so consider wearing stable shoes and not flip-flops. The beach has a quiet surf, perfect for swimming and relaxing.

If you're lucky, you'll see sloths up in the trees.

Photo: Paz Arando/unsplash.com

Address: About 30 min walk from Manuel Antonio village
Internet: www.tourismincostarica.org/playa-biesanz

Puerto Escondido Beach



Puerto Escondido Beach is located inside a cosy and tranquil cove in the Manuel Antonio National Park. The 650-metre-long cove offers a spectacular landscape, thanks to the biodiversity of the flora and fauna, both terrestrial and marine, that live here. You'll see plenty of animals peaking out of the lush forest.

Photo: Dennis Michel/unsplash.com

Address: Manuel Antonio National Park, Puntarenas Province
Internet:

www.tourismincostarica.org/puerto-escondido-beach

More Info: Some tourists have reported that this beach could be closed since the stairs down to the sea level are in need of repairs. Ask the National Park administration when you enter the territory. If it's closed when you arrive, head to the Espadilla Sur Beach instead.

Espadilla Beach



The stunning Playa Espadilla is located on the grounds of the Arenas Del Mar Beachfront and Rainforest Resort, and is characterised by its natural rock protecting the warm tide pools and its tropical shore birds. A jungle surrounds Arenas Del Mar and touches the sand, offering natural shade. The beach is 2 km long and connects to the National Park.

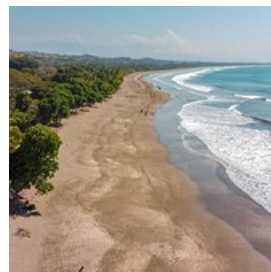
Photo: jlazouphoto/Shutterstock.com

Address: Playa Espadilla, Manuel Antonio, Costa Rica

Opening hours: Espadilla Norte Beach: always open,
Espadilla Sur Beach: Mon & Wed-Sun 7am-4pm, Tue closed
Internet: www.tourismincostarica.org/playa-espadilla

More Info: You'll need a ticket for the Espadilla Sur Beach (entry through the National Park), while the Espadilla North Beach is open to the public.

Palo Seco Beach



Palo Seco is a very tranquil, unpopulated, sandy and palm-fringed beach that extends for as far as the eye can see. Most people congregate close to their hotels, and it's not difficult to find a section of the beach all to yourself. This beach is not perfect for swimming because of the rough surf, but it is perfect for surfing and long walks.

Photo: Nat Fernandez/unsplash.com

Address: About 40 min by car west of Quepos

Internet: www.tourismincostarica.org/playa-palo-seco

Rey Beach



El Rey beach is the most secluded and least known on our list. Playa Rey is well known for being a perfect spot for surfers — the breaks are super clean and the coast is seemingly infinite. Best reached by car via road 235, and then the 34 direction Dominical, and then a short stretch down a dirt road. You'll see plenty of animals in this less-travelled part of the Manuel Antonio National Park.

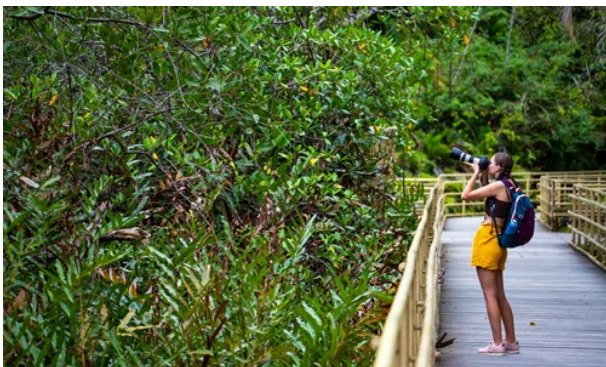
When you're close to the Naranjo River, watch out for crocodiles!

Photo: Lindsay Loucel/unsplash.com

Address: East of the Punta Serrucho and west of Savegre beach

Internet: manuelantoniopark.com/tag/playa-rey

DO & SEE



Jakub Maculewicz/Shutterstock

Book an exhilarating canopy tour, go horseback riding, kayaking, or rafting, learn to surf or go deep sea fishing, all while enjoying the colourful flora and fauna surrounding this tropical paradise. The diversity of things to do and see will keep you busy for many, many days.

White-water Rafting



Amigos del Rio offers intense and exhilarating tours that cover over seven miles of challenging river rafting, going through some of the most beautiful stretches of the jungle. Their tours are kid-friendly and include meals. As an alternative, they also offer more tranquil ocean and mangrove kayaking.

Photo: Angga Indratama/unsplash.com

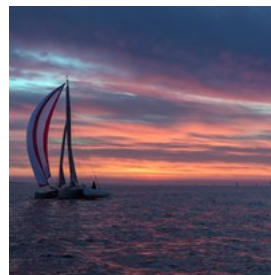
Address: Puntarenas Province, Quepos, Costa Rica

Phone: +506 2777 0082

Internet: www.amigosdelrio.net

More Info: Located 2 km on the main road to Manuel Antonio National Park, Quepos.

Trimaran Sunset Sail Tours



Encounter dolphins, giant sea turtles and whales while sailing to the offshore islets. Snorkelling and spectacular views of the sunset will wrap up a perfect day on the water.

Photo: Kevin Pedersen/Shutterstock

Address: Marina Pez Vela, Paseo Del Mar, Quepos

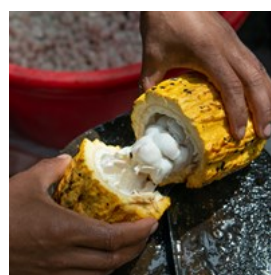
Opening hours: Morning tour 8:30am-12:30pm, afternoon tour 2pm-6pm

Phone: +506 2777 1304

Internet: www.sunsetsailstours.com

Email: info@sunsetsailstours.com

Chocolate & Coffee Tour



Exotic and rich in their decadent flavours, Costa Rican chocolate and coffee are worth exploring. The chocolate part of the tour starts with the cultural and biological background of

cocoa and goes on to teach you about the collecting, fermenting, grinding and finally the making of chocolate.

Coffee aficionados will be delighted to learn about the economic and cultural importance of this most important crop. Get introduced to Café-Chorreado — the authentic Costa Rican practice of preparing coffee.

Last but not least, learn about the production of cane sugar that both sweetens the chocolate and is used in making some exciting local treats.

Photo: Rodrigo Flores/unsplash.com
Internet: terratravelcostarica.com

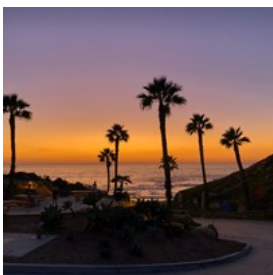
Stay in Manuel Antonio



Although you can't stay inside the national park itself, the village of Manuel Antonio has an excellent range of accommodations — from affordable hostels for backpackers and long-term travellers to luxury hotels. Be prepared to pay a bit more for proximity to nature and the beaches. Staying here might be a better option if you are not into the busy vibe of central Quepos.

Photo: PAUL ATKINSON/Shutterstock
Address: Manuel Antonio, Quepos

Nahomi Park

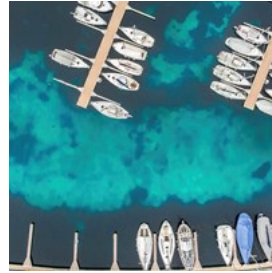


Parque Nahomi is the go-to place for enjoying the sunset. This small park on Quepos' southern edge offers incredible views of the sea and is easily reached on foot from the centre. There are a few cliff jumping spots, too. There isn't a big

beach here, but it's a convenient place to launch kayaks or to snorkel. The tranquil, low-key environment makes it popular with locals.

Photo: Leosprspctive/unsplash.com
Address: Parque Nahomi, Quepos

Marina Pez Vela



Marina Pez Vela — or The New Marina, as some refer to it is in Quepos — hosts some of the world's best fishing tournaments. If you're not into fishing, you can still enjoy great shops, restaurants and beautiful boats. The marina is a calm and safe place to just sit down, gawk at the views and wander around.

Photo: Victor/unsplash.com
Internet: marinapezvela.com

Hanging Bridges and Waterfalls in the Rainforest



There's nothing like crossing some of the highest hanging bridges in the country and then enjoying a refreshing dip in a 36 m waterfall hidden deep within the primary rainforest. Apart from the abundance of natural life, some tours offer cultural and culinary experiences. You get to meet locals and have a rustic lunch in their home, all while learning about the realities of living in the Costa Rican wilderness.

Photo: Fabio Fistarol/unsplash.com

Zip Lines



Nature lovers and thrill seekers can soar high through the rain forest and witness the beautiful harmony of the jungle biodiversity: admire birds, monkeys, sloths and other small jungle animals in their natural habitat. This is one adventure you will never forget.

Several companies organise tours around Quepos. Titi Canopy Tours is located close to the local La Managua airport, while Amigos del Rio can be found along the highway from Quepos to Manuel Antonio.

Photo: Perry Grone/unsplash.com

Manuel Antonio National Park



Established in 1972 to preserve and protect the jungle and idyllic beach, the Manuel Antonio National Park is home to many endangered species. There are many tours to suit any interest, including guided hiking or monkey feeding. So abundant are the riches of the Central Pacific coast that it is said explorer Ponce de Leon might have discovered the fabled fountain of youth, searching for which he had gone ashore.

If you're not into organised tourism, Manuel Antonio National Park is one of the best natural spots in Costa Rica to explore by yourself. Just make sure to stay on the trail and don't feed the animals, no matter how cute they are. And beware of monkeys — they'll snatch your backpack in a second if left unattended.

An adapted trail for people in wheelchairs is available.

Photo: Donnebryant/Shutterstock

Address: Manuel Antonio National Park, Manuel Antonio, Costa Rica

Opening hours: Mon & Wed–Sun 7am–4pm, Tue closed

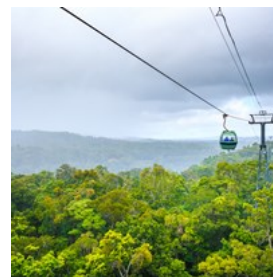
Phone: +506 2777 2100

Internet: www.manuelantoniopark.com

Email: info@manuelantoniopark.com

More Info: Entrance tickets can only be purchased online, and your passport number is required for registry at the national park. When booking a guided tour, the tour includes the entrance fee and the guide will have your tickets. You are not allowed to bring any food into the park.

Pacific Rainforest Aerial Tram



The Pacific Rainforest Aerial Tram allows guests to view the 222 acres of tropical rainforest from a safe, open-air gondola. They have seating and roofs, which are great for those interested in birding. Expect to get views of a 40-foot waterfall and views of the Pacific coastline.

Photo: My_Tickfeet/Shutterstock.com

Address: Jaco Beach, Jacó, Costa Rica

Opening hours: Daily 7am–4pm

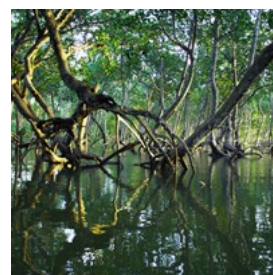
Phone: +506 2257 5961

Internet: rainforestadventure.com/jaco-beach-costa-rica

Email: infous@rainforestadventure.com

More Info: Duration: 2 hrs. 30 min. Distance from Quepos: 66 km. Located just outside the beach town of Jacó.

Damas Estuary Boat Trip



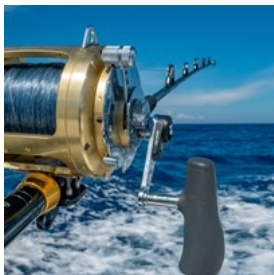
The Damas Estuary Boat Trip takes guests on a covered boat tour along the complex and beautiful estuaries and mangroves surrounding Damas Island. The boats are eco-friendly and designed

for security and comfort, and a naturalist will describe a variety of biological relationships between many organisms in this delicate habitat. Expect to see animals such as white faced monkeys, herons, snakes, crocodiles, and iguanas.

Photo: Timothy K/unsplash.com

More Info: Tour companies usually offer hotel pickup. The tours last about 4 hours

Sport Fishing



Quepos offers world-class sport fishing for all ranges of fishermen. More than 40 world records have been registered, including sailfish, black, blue, and striped marlin, yellow fin tuna, Spanish and sierra mackerel, mackerel and more. Feel the thrill of big-game fishing.

Photo: Wynand van Poortvliet/unsplash.com

Address: Marina Pez Vela, Quepos

Internet: www.aquaquepos.com/sport-fishing

Email: reelinsportfishing@hotmail.com

Horseback Riding



The mountain trails of Manuel Antonio are a wonderful setting for horseback riding. After a short intro and a safety briefing, you will follow

your guide to an altitude of 600 metres, taking in the amazing views, wildlife, and vegetation along the way. On your way back down, you'll take a swimming break and enjoy a well-deserved lunch at the ranch.

Photo: nullplus/Shutterstock.com

Address: Hotel pickup from Manuel Antonio

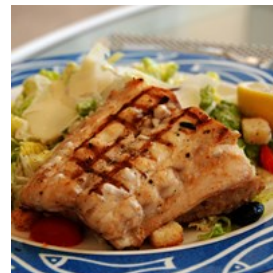
DINING



EQRoy/Shutterstock.com

The dining options are as abundant as the wildlife in Quepos. From restaurants that will cook what you caught that day to local Tico dining or a romantic dinner, Quepos has everything to satisfy your taste buds.

El Avión Restaurant



El Avión is a unique restaurant built around an aeroplane brought from the Nicaraguan Army and converted into a bar. Enjoy the beautiful

ocean and rainforest views while enjoying a sensational menu featuring typical Costa Rican fare.

Photo: Travel Bug/Shutterstock.com

Address: Puntarenas Province, Quepos, Costa Rica

Opening hours: Daily 6:30am-10pm

Phone: +506 2777 3378

Internet: www.elavion.net

Email: info@elavion.net

More Info: Distance from Marco Antonio National Park: 6 km.

Gabriella's Steak Seafood & Pasta



Dining at its finest is guaranteed at this high-end steak and seafood restaurant.

Located at the port and sporting outdoor seating

that offers a view of the ocean, it is famous for its Black Angus beef, amazing scallops and impeccable service.

Photo: Tanya Sid/Shutterstock

Address: Marina Pez Vella, Quepos, Costa Rica

Opening hours: Daily 4pm-10pm

Phone: +506 2519 9300

Internet: www.gabriellassteakhouse.com

Email: gabriellasteakseafood@hotmail.com

More Info: The restaurant hosts themed events throughout the year.

Marisqueria Velamar



Unassuming by day and brightly lit by night, Marisqueria Velamar serves locally sourced fresh seafood cooked in different styles, from

Costa Rican to Caribbean.

Photo: martellostudio/Shutterstock.com

Address: Calle 3, Quepos

Opening hours: Wed-Mon 5pm-2am, Tue closed

Phone: +506 8860 1169

El Gran Escape Bar and Restaurant



This historic pub in Quepos is situated right in the heart of the town.

It is known for introducing new dishes as specials of the day, while

also accommodating as best they can the requests of their customers. Naturally, it's all

about the freshest seafood here.

Photo: dmitrymoi/Shutterstock.com

Address: Avenida 1, Calle 4, Quepos

Opening hours: Daily 11am-11pm

Phone: +506 2777 7850

Internet: www.elgranescapequepos.com

El Lagarto



El Lagarto is a first-class restaurant with one of the best sunset views in Manuel Antonio. The restaurant goes above and beyond when it

comes to genuinely friendly service, steak dinner and grilled veggies. The portions are extremely generous: get your steak with a side of perfectly creamy and smooth baked potato, grilled tomato with garlic butter. El Lagarto knocks it out of the park with their jalapeño margaritas.

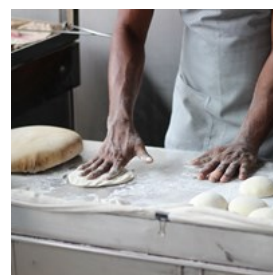
Photo: Krystel Heddy/unsplash.com

Address: 200 m north of the Manuel Antonio's soccer field

Phone: +506 2777 6932

Internet: www.ellagartobbq.com/manuel-antonio

Manuel Antonio Falafel Bar



Sometimes you just need a change of pace from all the excellent seafood and top-notch steaks in Costa Rica. The Manuel Antonio Falafel Bar offers you a

healthy dose of vitamins with their fresh salad bar. The falafel is perfectly seasoned, pita bread is made in-house, and the hummus is creamy and nutty as it should be.

Photo: Vaibhav Jadhav/unsplash.com

Address: Across the street from Casa Linda and Tulemar Resort, Manuel Antonio, Quepos

Phone: +506 2777 4135

Rancho Leon Restaurant



Rancho Leon specialises in traditional Casada dishes: rice, beans, plantains, peppers, and grilled chicken pieces.

The interior is lined with overhead fans to ensure that the guests are kept cool.

Photo: Fredy Estuardo Maldonado/Shutterstock.com

Address: 34, Paquita, Quepos, Costa Rica

Opening hours: Daily 6am-10pm

Phone: +506 2777 1593

Internet: www.visitcostarica.com/en/costa-rica/planning-your-trip/hotels/rancho-le%C3%B3n-hotel

Email: reservasrancholeon@gmail.com

Mira Olas Restaurant



Known mainly for their fine seafood dishes, Mira Olas also has an extensive menu including chicken, steak, and pasta dishes.

Staff will be more than happy to cook the fish that you catch to your taste.

Photo: Olena Serzhanova/Shutterstock.com

Address: Central Avenue, Quepos, Costa Rica

Opening hours: Daily 7am-9am / noon-9pm

Phone: +506 2777 0811

Internet: www.kamuk.co.cr/restaurant

More Info: Located beside Best Western Hotel & Casino Kamuk, in front of Malecon restaurant.

L'Angolo Restaurant



L'Angolo often has a long line for good reason. This small deli is always welcoming to guests of Quepos who are interested in a menu

based on Italian cuisine, which also offers

vegetarian options.

Photo: Kondor83/Shutterstock.com

Address: Central Avenue, Quepos, Costa Rica

Opening hours: Mon-Sat 11am-10pm

Phone: +506 2777 4129

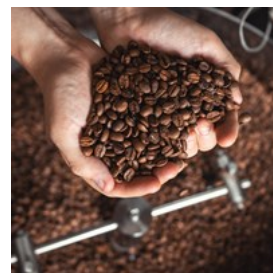
COFFEE & LUNCH SPOTS



Odua Images/Shutterstock.com

Whether you want to relax and recharge from an earlier adventure or take time to plan your next one, Quepos offers many places where you can do so while sipping a cup of coffee or having a light meal.

Café Milagro Coffee Roasters



Authentic Costa Rican Coffee can be found in Café Milagro, where the staff will be more than happy to also explain how the coffee is roasted, the

history of their sustainable store and where their coffee is grown. Excellent service, varied menu, very tasty food, a great place for a nice lunch or dinner. You can buy their own coffee beans to take back home.

Photo: Evgenia Terekhova/Shutterstock.com

Address: Central Avenue, Quepos, Costa Rica

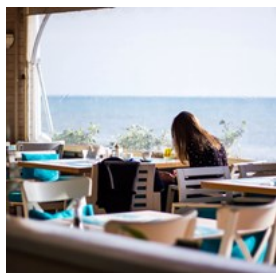
Opening hours: Mon-Sat 9am-5pm

Phone: +506 2777 1707

Internet: cafemilagro.com

More Info: Located in downtown Quepos

Emilio's Cafe



Emilio's Cafe is a fantastic place with great live music and the most stunning views of Manuel Antonio National Park.

It's open-air, naturally cooled by ocean breezes and quiet fans, with modern, artsy decor. The personal touch of Emilio really makes the difference when it comes to friendly service, fresh food and an impressive selection of local coffee! Start the day with breakfast with a view, or close the day with dinner while enjoying live Cuban music.

Photo: Igor Starkov/unsplash.com

Address: 50 m before hotel Mariposa, Manuel Antonio, Quepos

Opening hours: Mon & Wed-Sun 7am-9pm, Tue closed

Phone: +506 2777 6807

Gelateria Amorosi



Gelateria Amorosi great little ice cream shop. Just what you need to cool down after basking in the sun all day. Pay them a visit when you're on a

walk through the marina. They also serve hot and cold coffee drinks, milkshakes and pastries. Many of their gelatos are sugar-free.

Photo: Jason Leung/unsplash.com

Address: Marina Pez Vela Plaza, Quepos

Opening hours: Daily 10am-10pm

Phone: +506 2519 9494

Internet: gelateria-amorosi.business.site

El Patio de Café Milagro



No matter the time of day, El Patio de Café Milagro has got you covered. They offer different menus for breakfast, lunch, and

dinner, so the selection is quite extensive, ranging from their house blend coffee to fish fillets with fruit sauce.

Photo: Freeday/Shutterstock.com

Address: Km 4 on Main Road to Manuel Antonio National Park

Opening hours: Daily 6:30am-9:30pm

Phone: +506 2777 2272

Internet: www.elpatiodecafeamilagro.com

Email: restaurant@cafemilagro.com

More Info: Located on the road between Quepos and Manuel Antonio National Park, at the intersection of the road to Hotel Parador.

Soda Sánchez



In Costa Rica, 'sodas' are small diners with daily handwritten menus, characterised by simple, delicious food for very little money. One of the

dishes offered by Soda Sanchez is the maduro, cooked with plantains plucked directly from a bunch that hangs just outside.

Photo: JoannaTkaczuk/Shutterstock.com

Address: Central Avenue, Quepos

Opening hours: Daily 6:30am-10pm

Phone: +506 2777 7273

More Info: Located 50 meters east from Banco de Costa Rica, in front of Gallo.

Soda Come Bien



In the northeast corner of the market is where you'll find Soda Come Bien.

Among the best on the whole coast, its daily rotation of cafeteria

options might include fresh fish in a tomato citrus sauce, olla de carne, or chicken soup.

Photo: Lyudmila Mikhailovskaya/Shutterstock.com

Address: Calle Central, Avenidas Central & 3, Quepos

Opening hours: Mon- Sat 6am-5pm, Sun 6am-11am

Phone: +506 2777 2550

Agua Azul Café



The open-air Café Agua Azul has a fabulous porch and panoramic ocean vista. They serve fresh fish and upscale bar food.

The tuna margarita, a version of ceviche with a lime-and-tequila marinade, will start you off.

Photo: Patrick Rohr/Shutterstock.com

Address: Manuel Antonio, Costa Rica

Opening hours: Daily from 11am-8pm. Fri until 9:30pm

Phone: +506 2777 5280

More Info: Located on top of Villas del Parque. No reservations accepted.

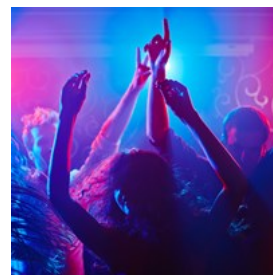
BARS & NIGHTLIFE



Javier Allegue Barros/unsplash.com

Quepos definitely comes alive when the sun goes down. There's no need to pick just one destination: with a bar on every block in downtown, you will be able to fully experience Quepos by sampling the assortment of drinking and dancing options.

Cuban Republik Disco Lounge



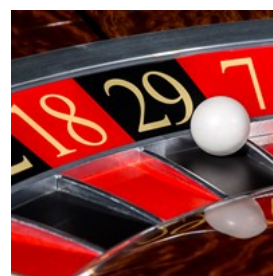
Latin or ladies' nights, as well as drink specials, make Cuban Republik Disco Lounge the most reliable party in Quepos and will never fail to

guarantee a great night out with Latin beats and the latest dance music.

Photo: Pressmaster/Shutterstock.com

Address: Avenida 3, Calle 4, Quepos

Best Western Hotel & Casino Kamuk



Whether you are chasing the big money or just want to have some fun, the casino located in the Best Western Hotel is always a good choice. Be

it poker, roulette or slot machines, this Casino features all the popular entertainment options.

Photo: Sergey Hmelevskih/Shutterstock.com

Address: Central Avenue, Quepos, Costa Rica
Opening hours: Daily 11am-4am
Phone: +506 2777 0811
Internet: www.kamuk.co.cr
More Info: Located in front of the Malecón.

Ronny's Place



Ronny's Place is a restaurant that offers unmatched views of not one, but two pristine bays, as well as the lush jungle all around. The menu features delicacies like coconut breaded shrimp, whole red snapper or a seafood platter for two with lobster, tuna, mahi-mahi and calamari with garlic sauce. Browse their long cocktail list for the perfect pairing.

Ronny's is a bit off the beaten track, which makes it less crowded and well worth a visit.

Photo: [Louis Hansel/unsplash.com](https://unsplash.com/photos/LouisHansel)
Address: Turn on to the dirt road across from the Amigos del Rio building (Rafting and Kayaking adventure company) and continue for 800 m
Phone: +506 2777 5120
Internet: www.ronnysplace.com

Claro Qué Sí

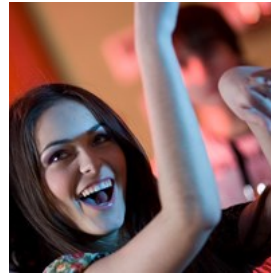


The Claro Qué Sí seafood, grill & wine Bar offers elegant dining from its location at Hotel Sí Como No and features a terrace overlooking the tropical forest and the Pacific coastline. They also host late-night and happy hour events with Latin music from 9 pm to 10 pm, as well as offering complimentary cinema passes to use in the resort's theatre.

Photo: [KieferPix/Shutterstock.com](https://shutterstock.com/photos/KieferPix)

Address: Manuel Antonio Road Kilometer 4, Manuel Antonio
Opening hours: Daily noon-10pm
Phone: +506 2777 0777
Internet: www.sicomono.com/dining
Email: information@sicomono.com
More Info: For more casual dining, try the Rico Tico Jungle Grill in the same hotel complex

Bambu Jam



If you're looking for live music, then head to Bambu Jam. The happy hour starts from 4 pm to 7 pm every day, with discounts on several drinks. Sports fans are also welcome to watch the most awaited games while enjoying special promotions on the beverages available.

Photo: [argo74/Shutterstock.com](https://shutterstock.com/photos/argo74)
Address: Manuel Antonio Road, Quepos
Opening hours: Daily 7am-midnight
Phone: +506 2777 3369
Email: bambujambar@gmail.com

SHOPPING



Photo: [Song_about_summer/Shutterstock](https://shutterstock.com/photos/Song_about_summer)

All around Quepos and Manuel Antonio one will find endless shopping opportunities, from open air shops to high-end stores. Browse local art galleries, purchase local spices or cigars, or select from the vividly colored ceramics or silver jewelry.

House of Cigars



The handmade Premium Cigars at House of Cigars are prepared from selected long-leaf tobacco and imported from the best Caribbean crops. A

strict quality control assures that all their products follow the Cuban tradition and know-how.

Photo: merc67/Shutterstock.com

Address: Next to Cafe Milagro, Quepos

Opening hours: Mon-Sat 8am-6pm, Sun closed

Phone: +506 2777 2208

Internet: www.faxascigars.com

Email: info@faxascigars.com

Jungle Avenue



Locally sourced clothes, swimwear and accessories made for both women and men are what you'll find at Jungle

Avenue. Their products are multifunctional, convertible and made from natural fabrics.

Photo: Maridav/Shutterstock.com

Address: Plaza Vista, Quepos

Opening hours: Mon-Sat 9am-7pm, Sun 10am-6pm

Phone: +506 8994 8411

Jass Surf Shop



A wide variety of surf gear is available for sale and rental at Jass Surf Shop. The company also provides surf tours and classes. You can browse

their catalogue and order online.

Photo: idreamphoto/Shutterstock.com

Address: Pastor Diaz Avenue, Jaco

Phone: +506 2643 3850

More Info: Located 200 m north of the Jaco National Bank

Farmers' Market



Artisan cheese (unpasteurised Camembert), fresh bell peppers, aromatic fruits, and fresh fish on Fridays make the Ferias del

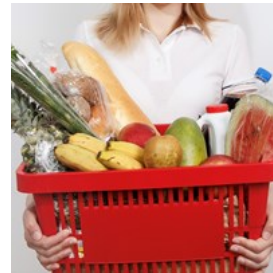
Argicultor a favourite spot. The Amish jams and pastries, fresh coconut water, eggs, and even some meats are among what is sold here.

Photo: Kitreel/Shutterstock

Address: Paseo del Mar, Quepos

Opening hours: Fri 3pm-11pm, Sat 6am-noon

Super Joseth



Supermarkets rarely make it to the top of anyone's travel destinations. Yet having one right around the corner from your hotel is a real blessing. You can stock up on snacks and fruit before your trip to the beach, buy some fish, meat and veggies to grill or get a bottle of something strong to enjoy in the privacy of your balcony with that special someone.

Super Joseth has got you covered when it comes to groceries, household items and miscellaneous articles you might need during your stay.

Photo: Liuba Bilyk/unsplash.com

Address: 100 m east of the bus terminal in Manuel Antonio

Phone: +506 2777 1095

TOURIST INFORMATION



Thea/Unsplash

Juan Santamaría International Airport (SJO)



Juan Santamaría International Airport (SJO), located in Alajuela about 20 km northwest of San José, is Costa Rica's primary and most

convenient international airport for travellers. Although not the closest airport to Quepos, which lies approximately 153 km away (around 2.5 to 3.5 hours by road depending on traffic), SJO provides the best access point for international visitors.

Travellers can reach Quepos from SJO via domestic flights (around 30 minutes), private transfers, shared shuttle services, rental cars, or direct public buses operated by Tracopa.

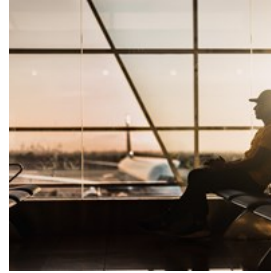
Photo: Bao Menglong/Unsplash

Address: Juan Santamaría International Airport

Phone: +506 2437 2400

Internet: www.sjoairport.com

Quepos La Managua Airport (XQP)



Quepos La Managua Airport (XQP) is a small domestic airport located approximately 5 km east of Quepos town centre.

While it does not handle international flights, it provides quick and efficient domestic air connections from San José, making it the closest airport to Quepos. Upon arrival, travellers can reach the town centre in under 10 minutes by taxi, local bus, or hotel shuttle.

Photo: Marco López/Unsplash

Address: Quepos La Managua Airport

Best Time to Visit



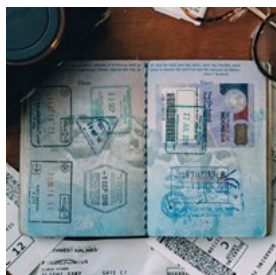
Costa Rica offers warm weather all year round with an average annual temperature of about 29 °C (85 °F) on the coasts and 26 °C (80 °F) in the countryside and in the mountains.

While the air temperature is always pleasant, one thing to keep in mind is the amount of rain. Mid-December to April is the dry season and is also the highest tourist season — the cold weather in the Northern Hemisphere and the promise of daily sunshine lead vacationers to the beaches of Costa Rica.

The rest of the year, you are likely to have some totally overcast days and daily showers that cool down the air. This less touristy period will be easier on your wallet, and you are less likely to get a sunburn. Don't forget to apply sun cream regardless.

Photo: Birger Strahl/unsplash

Passport/Visa



Citizens from most countries in Europe, North America, South America, and Oceania can enter Costa Rica without a visa for tourism

purposes, typically for stays of up to 90 days. Travellers holding a valid, multiple-entry visa or residence permit from the United States, Canada, or a Schengen Area country may also enter visa-free for up to 30 days, provided the document is valid for at least six months beyond their arrival. All visitors must carry a valid passport, proof of onward or return travel, and may be asked to show sufficient funds for their stay.

Entry requirements can vary by nationality and are subject to change, so it's advisable to check with a local Costa Rican consulate or the official immigration website before travelling.

Photo: ConvertKit/unsplash

Public Transport



Public transport between Quepos and Manuel Antonio is a convenient and affordable option for getting around. Two

types of buses run this route: the 'direct' bus, which goes straight to Manuel Antonio with few or no stops, and the 'collective' bus, which stops more frequently to pick up and drop off passengers. Buses run daily from about 5:30am to 9:30pm, with one leaving every 10 to 15 minutes during the day. After around 5 or 6pm, they run about once an hour. The ride takes roughly 20 to 30 minutes, depending on traffic and how many stops are

made along the way.

Photo: Che Media/Shutterstock

Time Zone



Quepos is one hour behind Eastern Standard Time (EST) zone. It is six hours behind Greenwich Mean Time (GMT-6).

Daylight Saving Time is not observed in Costa Rica.

Photo: Bruno Figueiredo/unsplash

Taxi



Taxis are easy to find in Quepos, with a central taxi stand located just south of the market. Official red taxis are

metered, but it's still a good idea to confirm the fare before starting your journey, especially for longer trips. While Uber does operate in the Puntarenas Province, including Quepos, the number of available cars is quite limited, so wait times can be unpredictable. For this reason, local taxis are often the more reliable option for getting around town or heading to nearby destinations like Manuel Antonio.

Photo: Maik Winnecke/Unsplash

Post



Correos de Costa Rica

Photo: Ali Bakhtiari/unsplash

Address: Quepos Post Office, Quepos

Opening hours: Mon-Fri 8am-4:30pm, Sat 8am-noon, Sun closed

Phone: +506 2777 1471

Pharmacy



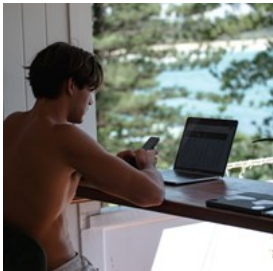
Pharmacy La Economica has two locations in Quepos: in front of Quepos Bus Station and East of Banco Costa Rica.

Photo: Mariano Baraldi/unsplash

Address: Central Quepos

Phone: +506 2777 3212

Telephone



UK and other European countries Exit Code: 00
US, Canada and Caribbean countries Exit code: 011 Australia Exit Code: 0011 Country code

for Costa Rica: 506

Photo: Mark Broadhead/unsplash

Electricity



Costa Rica uses a 120-volt, 60-hertz electrical system. The standard plug types are Type A (two flat prongs) and Type B (two flat

prongs with a grounding pin).

Photo: Kelly Sikkema/unsplash

Population

7,800 (2025)

Currency

Colón (₡, CRC).

The US Dollar is also accepted by many businesses.

Newspapers

In English: Tico Times: <https://ticotimes.net>

Diario Extra: www.diarioextra.com

La Nación: www.nacion.com

Emergency numbers

911

Tourist information

Quepos Info Center Costa Rica

+506 8740 3323