



Provence

Photo: Léonard Cotte/Unsplash



mk. s/Unsplash

Located in the southeast of France, Provence-Alpes-Côte d'Azur is a charming region celebrated for its beautiful coastline, with popular destinations like Nice and Saint-Tropez, as well as its spectacular natural scenery, ranging from the majestic French Alps to the awe-inspiring lavender fields. The region boasts numerous historical landmarks, such as the ancient Roman city of Arles and the Palais des Papes in Avignon. Provence is also a hotspot for outdoor activities, such as skiing and hiking, and hosts renowned festivals, such as the Cannes Film Festival.



Caudron Florie Laure/Unsplash



Xuan Nguyen/Unsplash

Featured



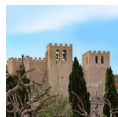
Marseille History Museum (...)
Step back in time and discover the fascinating history of Marseille at the M...



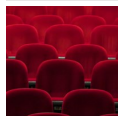
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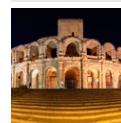


Saint-Victor Abbey (Marseille)
A few steps from the Vieux-Port lies Saint-Victor Abbey, Marseille's oldest ...



Eden Theatre — The Oldest ...
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Top 5



Arles
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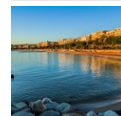
Avignon
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Aix-en-Provence
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Antibes
Antibes is a captivating seaside town situated on the French Riviera, betwee...



Cannes
Cannes is a resort town on the French Riviera, famous for its glamorous atmo...

THE REGION



Auriane Clément/Unsplash

The region of Provence-Alpes-Côte d'Azur is more than just a picturesque destination in Southern France. It's a place where the past and present come together in a colourful blend of culture and history. The region's strategic location at the crossroads of several civilisations has left an indelible mark on its identity, from its architecture and cuisine to its art and traditions.

In ancient times, this area was inhabited by Ligurian and Celtic tribes before being conquered by the Greeks and then the Romans. The Roman Empire left a lasting impact on the region, with impressive architectural feats such as the Pont du Gard and the Roman city of Arles.

In the Middle Ages, Provence was ruled by various feudal lords and became a centre of trade and culture. In the 14th century, Avignon became the seat of the Catholic Church and the Palais des Papes was constructed, marking a period of great wealth and cultural flourishing.

In the 18th and 19th centuries, Provence experienced economic growth through the textiles and soap production industries. The region also attracted artists such as Vincent van Gogh and Paul Cézanne, who were inspired by its natural beauty and vibrant culture.

During World War II, Provence was occupied by Italy and later Germany. The ports of Marseille and Toulon were heavily bombed, but after the war, the region was reconstructed, and tourism thrived.

Today, Provence-Alpes-Côte d'Azur still maintains its vibrant and lively character, boasting a rich cultural legacy and a profound sense of identity. It is France's most popular holiday destination, with six departments and numerous cities, including Nice, Avignon, Aix-en-Provence, Cannes, Antibes, Orange, and Marseille.

CITIES & TOWNS OF PROVENCE



freddie marriage/Unsplash

Provence boasts a treasure trove of captivating cities and towns to explore, each with its own unique charm and allure. And with so many delightful destinations to choose from, deciding where to start can be a bit overwhelming. But fear not, for we have compiled a concise guide to help you uncover some of the must-visit cities and towns in this enchanting region.

Arles



Once a provincial capital of ancient Rome and an important trading centre thanks to its strategic location along the Rhône River, Arles is a fascinating destination renowned for its impressive architecture, rich history, and thriving arts scene.

The city boasts a number of impressive Roman ruins, including an amphitheatre and a theatre, which are both still used for performances today. Arles is also famous for its association with Dutch painter Vincent van Gogh, who lived and worked in the city for a time and painted many of his most iconic works there.

In addition, Arles is also known for its stunning natural beauty, with the nearby Camargue region providing opportunities for outdoor adventures like horseback riding, birdwatching, and hiking.

Photo: Taljat David/Shutterstock

Avignon



Set along the Rhône River, Avignon is a captivating city brimming with history, art, and culture. From 1309 to 1377, the city served as the seat of the Catholic popes and remained under papal rule until it was incorporated into France in 1791. Avignon's rich papal history is evident in the formidable Palais des Papes, located at the heart of the city and encircled by medieval stone ramparts.

But Avignon has much more to offer than just its famous palace. From the bustling Place de l'Horloge to the charming cobblestone streets of the Old Town, Avignon is a city that delights at every turn. With its sunny climate, rich culinary traditions, and laid-back lifestyle, Avignon is truly a gem of the South of France.

Photo: gillag/pixabay

Aix-en-Provence



Aix-en-Provence, or simply Aix, is a beautiful university city located in the heart of Provence, known for its picturesque Old Town, stunning architecture, and vibrant cultural scene.

Founded by the Romans in 123 BC, Aix is steeped in history and boasts an impressive array of architectural styles, from medieval to modern. It is often referred to as the "City of a Thousand Fountains" due to its numerous fountains, which are a popular attraction for visitors. Travellers can also explore the narrow streets of the Old Town, see the famous Cours Mirabeau boulevard, or take in the stunning views from the top of the Sainte-Victoire mountain, which overlooks the city.

Aix-en-Provence is also known for its art and culture, with a number of museums, galleries, and festivals throughout the year, including the prestigious Festival d'Aix, which celebrates opera and classical music each summer. The city is also particularly famous for being the birthplace of the post-impressionist painter Paul Cézanne, and visitors can explore his former studio and the landscapes that inspired his work.

Photo: Neirfy/Shutterstock

Antibes



Antibes is a captivating seaside town situated on the French Riviera, between Nice and Cannes. Known for its stunning coastline, rich history, and vibrant culture, Antibes boasts a unique blend of old-world charm and modern sophistication. With its winding cobblestone streets, pastel-coloured buildings, and picturesque harbour, Antibes is a popular destination for visitors seeking a serene getaway. The town also offers a rich cultural scene, including art galleries, museums, and a thriving music and theatre scene.

Photo: SoleneC1/Pixabay

Cannes



Cannes is a resort town on the French Riviera, famous for its glamorous atmosphere, opulent hotels, and international film festival held annually in May. The city boasts stunning sandy beaches, crystal clear waters, and an energetic nightlife that attracts visitors from around the world. Cannes is also known for its high-end shopping, delectable cuisine, and elegant architecture.

Photo: OSTILL is Franck Camhi/Shutterstock

Cassis



Cassis is a quaint coastal town known for its breathtaking natural beauty, charming Provençal atmosphere, and warm hospitality. The

town is situated amidst the rugged Calanques cliffs and the sparkling waters of the Mediterranean Sea, providing visitors with stunning views and a picturesque setting. Cassis is famous for its colourful port, lined with traditional fishing boats and lively cafés and restaurants. The town also offers a range of activities, from hiking and swimming to exploring the local vineyards and savouring the region's delectable cuisine.

Photo: Pauline Bernard/Unsplash

Gordes



With its honey-coloured stone houses and winding streets, Gordes is a quaint village that attracts numerous tourists seeking to experience the beauty and charm of the French countryside. The village is situated on a hilltop, offering breathtaking views of the surrounding landscape, which includes vineyards and lavender fields, providing a truly idyllic experience for visitors. Gordes is also home to several historic landmarks, including the 12th-century castle that dominates the village skyline, and the 18th-century S enanque Abbey, which is still inhabited by Cistercian monks.

Photo: Irina Wilhauk/Shutterstock

L'Isle-sur-la-Sorgue



Known as the "Venice of Provence," L'Isle-sur-la-Sorgue is a charming little town situated on a series of canals that are lined with quaint shops, caf es, and restaurants. The town is famous for its antique market, which draws

visitors from all over the world. The market takes place on Sundays and includes over 300 antique dealers selling everything from vintage clothing and furniture to rare books and paintings.

L'Isle-sur-la-Sorgue is also home to several art galleries and museums, including the Musée du Papier, which explores the history of paper-making in the region. Visitors to L'Isle-sur-la-Sorgue can also enjoy outdoor activities such as kayaking and hiking, as well as exploring the nearby lavender fields and vineyards.

Photo: Novinit Images/Shutterstock

Marseille

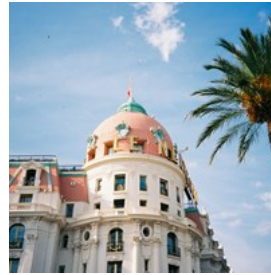


Situated on the Mediterranean coast of France, Marseille is a hidden gem waiting to be discovered. The city is surrounded by the rugged

hills of Provence and boasts a historic port teeming with thousands of boats nestled in crystal-clear blue waters. This vibrant town has inspired many artists who were drawn to its sunny climate and bustling atmosphere. As France's second-largest city, Marseille offers a plethora of attractions, including stunning beaches, ancient architecture, a thriving arts scene, and a dynamic nightlife.

Photo: Elisa Schmidt/Unsplash

Nice



Situated on the pebbly shores of the Baie des Anges on the French Riviera, Nice is renowned worldwide for its year-round sunshine,

azure sea, and sophisticated boutiques. Breathe in the fresh Mediterranean air as you stroll the famous Promenade des Anglais or lose yourself in the quaint streets of the Old Town, a maze of narrow streets, colourful buildings, and charming squares that provide visitors with a glimpse into the city's rich history.

Art and culture enthusiasts will be in their element in Nice, with several world-class museums and art galleries, including the Musée Matisse and the Musée d'Art Moderne et d'Art Contemporain.

Photo: Nick Page/Unsplash

Roussillon



Located in the heart of the Luberon Natural Regional Park, Roussillon is a charming village famous for its magnificent red and ochre-coloured

cliffs that have been sculpted over millions of years. The village is also known for its traditional ochre mines, which were a major industry in the area. Today, visitors can explore the old quarries, transformed into a hiking trail, to discover the history and techniques of ochre extraction.

The village itself is full of character, with narrow streets, old stone houses, and colourful shutters, making it a lovely place to wander and soak up

the Provençal atmosphere. Besides, Roussillon is home to several art galleries and studios, where visitors can discover the work of local artists inspired by the beautiful surroundings.

Photo: Majonit/Shutterstock

Saint-Rémy-de-Provence



Saint-Rémy-de-Provence is a charming medieval town nestled at the foot of the Alpilles mountains and surrounded by lush fields of olive trees,

vineyards, and lavender fields. The town is renowned for its picturesque narrow streets, beautifully preserved historic buildings, and vibrant cultural scene.

Saint-Rémy is home to a number of impressive Roman ruins, including the ancient city walls and the remains of a Roman aqueduct. It is also known as the birthplace of Nostradamus, the famous French astrologer and physician.

Visitors can also explore the town's museums, galleries, and studios to discover the works of contemporary artists inspired by the area's natural beauty and cultural heritage.

Photo: C.Valdez/Unsplash

Saint-Tropez



Experience the glitz and glamour of the French Riviera with a visit to the picturesque town of Saint-Tropez. Renowned for its luxurious lifestyle

and beautiful beaches, Saint-Tropez has been attracting celebrities and tourists alike for decades. Visitors can indulge in high-end

shopping and dining in the town's charming boutiques and restaurants or opt for thrilling water sports and outdoor adventures on the town's stunning beaches.

Photo: Robert Aardenburg/Unsplash

Sanary-sur-Mer

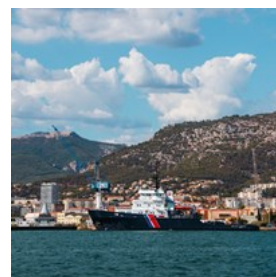


Sanary-sur-Mer is a quaint seaside town known for its picturesque harbour, colourful buildings, and lively markets. It is a popular

tourist destination, especially during the summer months, thanks to its pristine beaches, excellent seafood restaurants, and vibrant cultural events. It's an ideal destination for those looking to experience the laid-back Mediterranean lifestyle and soak up the sun in a beautiful setting.

Photo: tuulijumala/Shutterstock

Toulon



Situated on the banks of the Mediterranean Sea and set against the rugged backdrop of limestone mountains, Toulon is a small port

city, known primarily as the base of the French Navy and the largest naval base in the Mediterranean.

For an unforgettable adventure with breathtaking views, take a ride on the cable car that ascends Mont Faron in Toulon. This thrilling journey will take you to the top of the mountain, where you can soak up sweeping panoramic views of the stunning coastline, bustling harbour, and rugged mountain ranges.

For those who love beaches, Toulon boasts sandy beaches and shingle coves that offer plenty of opportunities for swimming, sunbathing, and water sports. Some of the most popular beaches in the city include Mourillon, Sablettes, and Anse de Méjean.

Photo: François Genon/Unsplash

DO & SEE



Arndale/Shutterstock

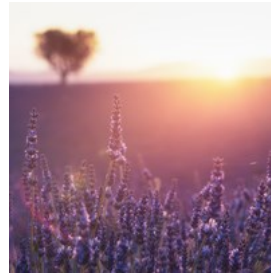
From exploring its stunning lavender fields to skiing in the French Alps to wandering through its picturesque hilltop towns to rubbing elbows with the rich and famous in the French Riviera, there's definitely something for everyone in Provence.

The Mediterranean climate is ideal for growing grapes, and wine enthusiasts will be delighted by the region's vineyards, which produce some of the finest wines in France. Visitors can also explore the region's ancient olive groves, learn about the history and production of olive oil, and even participate in tastings to discover the diverse flavours of this culinary treasure.

The Côte d'Azur's beautiful coastline is another major draw, with glamorous cities such as Nice and Saint-Tropez offering sun, sea, and sand in abundance.

Culture vultures will love exploring the region's historic landmarks and fascinating museums, such as Cézanne's Studio and the Vincent van Gogh Foundation.

Provence's Lavender Fields



Immerse yourself in the captivating aroma of Provence by visiting its famous lavender fields. While the duration of the lavender season varies

across different areas of Provence, it generally takes place from the last week of June to the beginning of August when the flowers are harvested. This is the perfect time to capture stunning photographs and witness the biggest variety of shades of blue and purple.

If you're looking for the best areas to see lavender fields in Provence, the Plateau de Valensole and Luberon are both popular choices. Sault, located just off the city of Avignon, is also a celebrated destination for lavender enthusiasts, as it's home to one of the most spectacular lavender fields in France and hosts the yearly Lavender Festival every August.

And if you want to learn more about the interesting history and uses of lavender, be sure to visit the Lavender Museum. Here, you can discover everything there is to know about Provence's number one export and the beloved flower that is the soul of this beautiful region.

Photo: Thomas Despeyroux/Unsplash

Address: 276 Route de Gordes, Cabrières-d'Avignon

Opening hours: Daily 10am-1pm / 2pm-6pm

Phone: +33 4 90 76 91 23

Internet: www.museedelalavande.com

Email: contact@museedelalavande.com

Arles Amphitheatre (Arles)



The Arles Amphitheatre (Arènes d'Arles) is the most prominent tourist attraction in the town. It was constructed in 90 AD and could seat up to

20,000 people. The design of the amphitheatre was influenced by the famous Coliseum in Rome and it features 120 arches, galleries, staircases, and two levels of seating. The venue hosted a range of entertainment events such as gladiatorial contests, chariot races, and plays for over four centuries.

Photo: SCStock/Shutterstock

Address: Rond-Point des Arènes, Arles

Phone: +33 891 70 03 70

Internet: www.arenas-arles.com

Email: contact@arenas-arles.com

Palais des Papes (Avignon)



The Palais des Papes, a UNESCO World Heritage Site, is a magnificent historical palace located in Avignon and one of the most grandiose medieval

Gothic buildings in Europe. It once served as a fortress and palace and housed 9 Popes throughout the 14th century. Visitors can explore the palace and gain an insight into its rich history by visiting more than 20 rooms, including the Papal apartments adorned with frescoes painted by the renowned Italian artist Matteo Giovannetti.

Photo: LianeM/Shutterstock

Address: Place du Palais, Avignon

Opening hours: Daily 10am-5pm

Phone: +33 4 32 74 32 74

Email: officetourisme@avignon-tourisme.com

Vincent van Gogh Foundation (Arles)



The Vincent van Gogh Foundation is a non-profit organisation dedicated to celebrating the works of this prolific artist whose creativity blossomed

during his stay in Arles between 1888 and 1889.

But the Vincent van Gogh Foundation is more than just a museum showcasing the artist's works; it is a platform that explores the impact of van Gogh's art on the contemporary world. The foundation achieves this by presenting his original works alongside those of contemporary artists paying tribute to the Dutch master through temporary exhibitions renewed once or twice a year.

Photo: Anna Kolosyuk/Unsplash

Address: 35 Rue du Dr Fanton, Arles

Opening hours: Tue-Sun 10am-6pm, Mon closed

Phone: +33 4 90 93 08 08

Internet: www.fondation-vincentvangogh-arles.org

Email: contact@fvvga.org

Pont du Gard



The Pont du Gard is a remarkable ancient Roman aqueduct bridge located near the town of Vers-Pont-du-Gard, less than 40 min from

Avignon. It's a UNESCO World Heritage Site and one of the most visited attractions in the country. The bridge is renowned for its impressive engineering, stunning beauty, and historical significance, serving as a testament to the advanced engineering and architectural capabilities of the Roman Empire.

Photo: margouillat photo/Shutterstock

Address: 400 Route du Pont du Gard, Vers-Pont-du-Gard
Internet: www.pontdugard.fr/en

Calanques National Park



Located between the communes of Marseille and Cassis, the Calanques National Park is a sequence of stunning inlets boasting

brehtaking landscapes, diverse flora and fauna, and a plethora of outdoor activities.

The Park includes coastal mountain ranges, a vast expanse of the Mediterranean Sea, several islands, and one of the world's most bountiful submarine canyons. One of the most enjoyable ways to experience the Calanques is by hiking along one of the numerous trails within the park. However, if trekking is not your thing, don't miss out on the Calanques' splendour by embarking on a sailboat or a catamaran to explore this wondrous area from the water.

Photo: [marako85/Shutterstock](#)
Internet: www.calanques-parcnational.fr

Picasso Museum (Antibes)



The Picasso Museum in Antibes is housed in the stunning Château Grimaldi, where Pablo Picasso took up residence following an invitation by the then-curator of the Grimaldi Museum. During his two prolific years in Antibes, Picasso produced numerous works that he later donated to the castle.

The museum displays an impressive collection of Picasso's paintings, drawings, ceramics, and sculptures, as well as some of his personal

belongings. Additionally, the museum features works by other artists who inspired or were influenced by the Spanish artist. Visitors can enjoy the stunning views of the Mediterranean from the castle's ramparts and explore the museum's beautiful sculpture garden.

Photo: [ArtMediaFactory/Shutterstock](#)
Address: Château Grimaldi, Place Mariejol
Internet:
www.antibes-juanlespins.com/culture/musee-picasso

French Riviera Day Trip with Monaco & Cannes from Nice



Explore the south of France's playground of the rich and famous on this day trip to Cannes & Monaco from Nice.

Prepare yourself to feel like a movie star as you tour the Côte d'Azur's elegant coastal towns like Cannes, Èze, and Juan-les-Pins, as well as the glamorous city-state of Monaco.

Photo: [Melody Temple/Unsplash](#)

Gorges du Verdon



Carved by the Verdon River, Gorges du Verdon is a remarkable natural setting that is among the most spectacular in Europe. This 25-kilometre limestone canyon is characterised by turquoise

waters and reaches depths of over 700 meters at some points.

Travellers have several options for experiencing this breathtaking landscape, including driving along the top, climbing the sides, hiking into it, or kayaking through it — with the latter being

the most popular choice. The kayak route leads to the stunning artificial lake of Sainte-Croix, which is an ideal spot for renting a pedalo, having a picnic, or simply admiring the magnificent scenery.

Photo: JFFotografie/Shutterstock

Museum of Civilisations of Europe & the Mediterranean (Marseille)



The MuCEM (Musée des Civilisations de l'Europe et de la Méditerranée) is an award-winning museum dedicated to the rich history of the

civilisations of Europe and the Mediterranean. It was designed by French-Algerian architect Rudy Ricciotti and built in 2013, the year in which the city of Marseille was named the cultural capital of Europe.

Situated on the coast of the Mediterranean Sea, the building has become an iconic landmark of the city. The museum is shaped like a large cube with sides that measure approximately 72 meters in length, and it has three floors. Its facades are made up of hollow concrete elements that shimmer like silver in the sun and offer breathtaking views of the sea from all angles.

Photo: laurence soulez/Shutterstock

Address: 7 Promenade Robert Laffont (esplanade du J4), Marseille

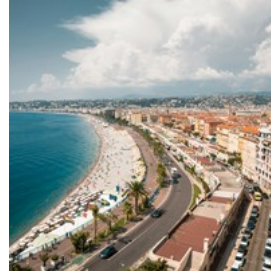
Opening hours: Wed-Mon 10am-6pm, Tue closed

Phone: +33 4 84 35 13 13

Internet: www.muцем.org

Email: contact@muцем.org

Promenade des Anglais (Nice)



The Promenade des Anglais is the most famous stretch of seafront in Nice, and it owes its name to the English ex-pats who paid

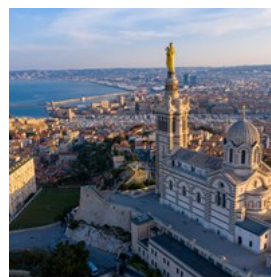
for it in 1822. Over the years, it has become a fashionable meeting place for beach lovers, joggers, skaters, and cyclists alike.

The seven-kilometre walkway offers stunning views of one of the most beautiful bays on the Côte d'Azur. As you stroll along the promenade, keep an eye out for some of its landmarks, including the iconic Hôtel Negresco and the art-deco Palais de la Méditerranée. You'll also see the giant iron sculpture, La Chaise de SAB, created by Niçoise sculptor Sabine Géraudie in 2014, which pays homage to the city's famous blue-and-white beach chairs.

Photo: Danilo Pantalena/Unsplash

Address: Promenade des Anglais, Nice

Basilique Notre-Dame de la Garde (Marseille)



An emblematic figure of Marseille, the Basilique Notre-Dame de la Garde, known to locals as la Bonne Mère, towers on a hilltop 154 metres above

the city, with the gilded statue of the Virgin Mary stretching skywards. The views from up here are simply stunning. Take the shuttle for convenience or embark on a just-under-an-hour-long hike up from the old port.

Photo: ALTV/Shutterstock

Address: Rue Fort du Sanctuaire, Marseille

Opening hours: Daily 7am-6pm

Phone: +33 4 91 13 40 80

Ride the Cable Car to Mount Faron (Toulon)



A must-do activity when in Toulon is to ride the cable car up Mont Faron, a towering limestone crag that stands at an impressive 584 meters

above the city. The seven-minute ascent in the charming red cable car — featuring a sizeable glass floor panel — offers magnificent vistas throughout, including a panoramic view of the bay, renowned as one of the most exquisite in Europe, Toulon's port, the island of Porquerolles, as well as other nearby islands, the mountains, and the city. At the summit, an array of amenities awaits visitors, such as a zoo, restaurants, hiking trails, picnic areas, playgrounds, a sanctuary chapel, and a memorial.

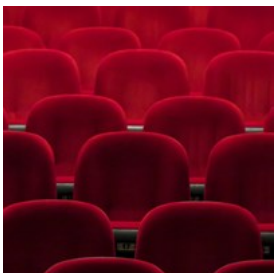
Photo: BearFotos/Shutterstock

Address: 2 Boulevard Amiral Vence, Toulon

Internet: www.telepherique-faron.fr

Email: contact@telepherique-faron.fr

Eden Theatre — The Oldest Cinema in the World (La Ciotat)



The Eden Theatre opened in June 1889 as a theatre and music hall but also played host to boxing and Greco-Roman wrestling, opera performances, and concerts. It is recognised as the world's first public cinema and remains the oldest functioning one.

In 1982, it closed after its proprietor was killed in a robbery. However, it re-opened once a year for a week to organise small film festivals, until it

eventually closed down in 1995 and fell into disrepair. In 2013, when Marseille was declared the European Capital of Culture, the theatre underwent a €6.5m renovation, returning it to its former glory. It's a must-visit in the region — not only to enjoy the movies and the festivals but also because of its remarkable long history.

Photo: Denise Jans/Unsplash

Address: 25 Boulevard Georges Clemenceau, La Ciotat

Phone: +33 4 88 42 17 60

Internet: edencinemalaciotat.com

Email: contact@edencinemalaciotat.com

Place Masséna (Nice)



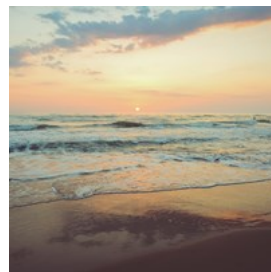
Located in the heart of Nice's historic quarter, Place Masséna is a charming 19th-century square with striking black and white geometric tiles.

The square is surrounded by elegant neoclassical buildings and cafés, making it the perfect place to relax and soak up the city's ambience. Throughout the year, Place Masséna hosts a variety of public events that attract visitors from around the world.

Photo: Sergey Dzyuba/Shutterstock

Address: Plassa Carlou Aubert, Nice

Prado Beaches (Marseille)



Located at the end of the corniche are the Plages du Prado, Marseille's stretches of sandy beaches. With a steady sea breeze, the beaches

are excellent for kite-flying or a first windsurfing lesson. Prado encompasses several compact beaches with multiple shopping and dining opportunities in the vicinity.

Photo: Camille Minouflet/Unsplash

Address: Plage du Prado near Avenue Pierre Mendès,
Marseille

Château d'If (Marseille)



Château d'If is a historic fortress located on a small island off the coast of Marseille. Built in the 16th century, the castle served as a military

prison until the end of the 19th century. Visitors can explore the castle's narrow cells and see the exhibitions about the fortress's history and its use as a prison. Château d'If is also famous for being featured in the novel "The Count of Monte Cristo" by Alexandre Dumas.

Photo: JeanLuclchard/Shutterstock

Address: Embarcadère Frioul If, 1 Quai de la Fraternité,
Marseille

Public Transport: Boat leaving from the quai des Belges
(vieux port)

Opening hours: Tue 10am-6pm, Wed-Sun 10am-5pm, Mon
closed

Phone: +33 6 03 06 25 26

Internet: www.chateau-if.fr/en

Email: resa-if@monuments-nationaux.fr

Cézanne's Studio (Aix-en-Provence)



Located on the outskirts of Aix-en-Provence, just a 20-minute walk from the Cours Mirabeau, Cézanne's Studio or Atelier de Cézanne was

the home and studio and is now a museum of 19th-century Impressionist painter Paul Cézanne. During the years 1902 to 1906, Cézanne worked daily in this bright studio, creating many of the works now preserved there.

Photo: Andres Perez/Unsplash

Address: 9 Avenue Paul Cézanne, Aix-en-Provence

Phone: +33 4 42 21 06 53

Internet: www.cezanne-en-provence.com

Email: infos@atelier-cezanne.com

Cours Mirabeau (Aix-en-Provence)



Cours Mirabeau is a picturesque, tree-lined avenue that serves as a hub of commerce and entertainment in

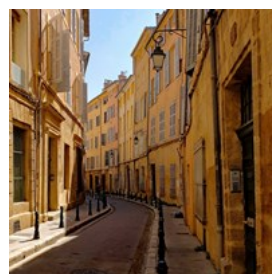
Aix-en-Provence. The avenue boasts a variety of restaurants, bars, and shops, catering to both locals and visitors. The thoroughfare is also home to a diverse array of markets, offering locals a convenient spot for their regular shopping needs.

Along the avenue, you can find the ancient Fontaine Du Roi René, which honours René of Anjou, who died in the 15th century while holding a sceptre in one hand and a bushel of local grapes in the other. Next to it, lies the strange Fontaine Moussue. The fountain is fed by a natural spring, covered in moss and creates a delicate mist on cold winter days.

Photo: Christian Mueller/Shutterstock

Address: Cours Mirabeau, Aix-en-Provence

Old Town (Aix-en-Provence)



North of Cours Mirabeau lies Aix-en-Provence's Old Town (Vieil Aix), the city's ancient heart. This area has been inhabited and used for commerce since

Roman times and boasts some of the city's grandest historical buildings. Today, it is a lively and vibrant neighbourhood, with an abundance of shops, cafés, restaurants, and museums.

Photo: djedj/Pixabay

Address: Old Town, Aix-en-Provence

Place de l'Horloge (Avignon)

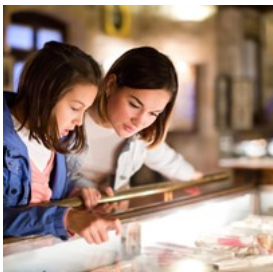


Place de l'Horloge (Clock Tower Square) is the main square and heart of Avignon. It gets its name from the city's Gothic clock tower, which is, ironically, barely visible from the square as it's obscured by newer Neoclassical City Hall buildings. The square is a melting pot of culture and history, housing the City Hall, Avignon's Opera House, as well as a variety of outdoor restaurants and cafés. Place de l'Horloge is also a popular venue for annual events such as the Festival d'Avignon in July and the Christmas Market in December.

Photo: Anamaria Mejia/Shutterstock

Address: Place de l'Horloge, Avignon

Museum of the Roman Docks (Marseille)



The Museum of the Roman Docks is situated on the site of a Roman docks warehouse discovered after World War II. Here you can find a range of impressive artefacts discovered during the reconstruction of the old harbour. One of its primary attractions is the 'dolia' — large ceramic containers once used to store oils and wines.

Photo: BearFotos/Shutterstock

Address: 28 Place Vivaux, Marseille

Opening hours: Tue-Sun 9am-6pm, Mon closed

Phone: +33 4 91 55 36 00

Marseille History Museum (Marseille)



Step back in time and discover the fascinating history of Marseille at the Marseille History Museum. The museum boasts an impressive collection of historical and archaeological artefacts that date back to the city's founding times. With 3500 m2 of exhibition space, an auditorium, and a documentation centre, there is plenty to see and do here. Kids will love the hands-on exhibits, while adults will appreciate the carefully curated displays that provide insight into Marseille's rich and complex past.

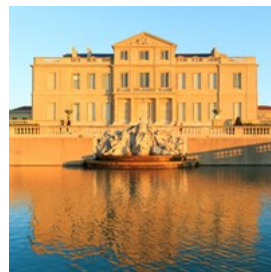
Photo: Marcin Babul/Shutterstock

Address: 2 Rue Henri Barbusse, Marseille

Opening hours: Tue-Sun 9am-6pm, Mon closed

Phone: +33 4 91 55 36 00

Parc Borély (Marseille)



Parc Borély is a stunning development covering many hectares, situated not too far from the Prado beaches. Apart from the 18th-century château, there are the superbly well-maintained English and French Botanical Gardens and a rowing lake.

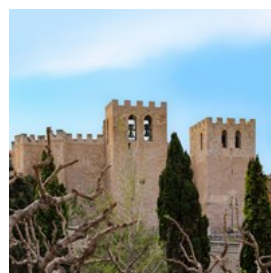
Photo: Vincent Ducheman/Shutterstock

Address: Avenue du Parc Borély, Marseille

Opening hours: Daily 6am-9pm

Phone: +33 4 91 55 25 51

Saint-Victor Abbey (Marseille)



A few steps from the Vieux-Port lies Saint-Victor Abbey, Marseille's oldest church. Built by the graves of Marseille's first martyrs,

the abbey has served various purposes throughout history, including as a church, prison, warehouse, and barracks. And despite a history that is lined with war and destruction, this remains one of the most beautiful churches in the city and therefore, should not be missed.

Entry is free, but a small fee is collected for seeing the crypt containing important historical artefacts and sarcophagi.

Photo: Ina Meer Sommer/Shutterstock
Address: 3 Rue Abbaye, Marseille

DINING



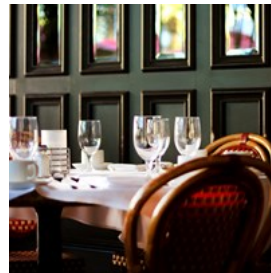
PetiaS/Pixabay

The cuisine of the Provence-Alpes-Côte d'Azur region is known for its fresh and flavorful ingredients, which are influenced by the region's Mediterranean climate and proximity to the sea. It is strongly characterised by the use of olive oil, garlic, tomatoes, herbs, and seafood.

Popular dishes include bouillabaisse (a fish stew), ratatouille (a vegetable stew), socca (a chickpea pancake), and pissaladière (a pizza-like dish with caramelized onions and anchovies). For those with a sweet tooth, you can try local treats such as honey, calissons (candies made from almonds and melon), chocolate mendiants, and quince paste.

The wine region in Provence boasts an exceptional variety of wines due to the favourable climate and soil conditions. The region is especially known for its rosé wines, which pair perfectly with the local cuisine.

Bistrot d'Antoine (Nice)



If you're looking for an authentic taste of Old Nice, look no further than Bistrot d'Antoine, a quintessential French bistro that captures the essence of the city's rich culinary heritage. The menu features a tempting array of meat and seafood dishes, bursting with flavours. And don't forget to leave room for dessert — the Italian-inspired treats are simply irresistible!

Bistrot d'Antoine is renowned for its classic dishes, such as the smoked tuna salad, the moreish pork casserole with vegetables, or the indulgent sausage with lentils. And all of this is served up in a warm and inviting venue, where you'll be surrounded by beautiful art on the walls or outside where you can soak up the atmosphere of Vieux Nice.

Photo: Cody Chan/Unsplash
Address: 27 Rue de la Préfecture, Nice
Opening hours: Tue-Sat noon-1:30pm / 7pm-9:30pm; Sun & Mon closed
Phone: +33 4 93 85 29 57

La Villa Madie (Cassis)



At La Villa Madie, award-winning chef Dimitri Droisneau masterfully captures the essence of the South of France's land and sea produce to create a truly magical culinary

experience. The resulting dishes are nothing short of exquisite, seamlessly blending the finest Mediterranean flavours and aromas. The restaurant's wine selection is on par, featuring an array of local and regional Grands Crus that perfectly complement the cuisine.

And then, there's the sea view, which is simply out of this world, framed by coloured cliffs and pine trees, offering a Cézanne-like landscape that's a feast for the eyes. Whether you're enjoying a romantic dinner for two or celebrating a special occasion with friends and family, La Villa Madie is the perfect destination for those seeking an unforgettable culinary experience in the South of France.

Photo: Stefan Johnson/Unsplash

Address: Anse de Corton, 30 Avenue du Revestel, Cassis
Opening hours: Mon noon-1:15pm; Thu-Sun noon-1:15pm / 7:30pm-12:30am

Phone: +33 4 96 18 00 00

Internet: lavillamadie.com

Email: contact@lavillamadie.com

Le Miramar (Marseille)



This restaurant is located in the heart of the Vieux Port (along with all the other upmarket local fish restaurants). Le Miramar has earned its spotless reputation as being the place to go for bouillabaisse. The restaurant's menu is, however, rather varied and includes other French and Mediterranean seafood dishes as well.

Photo: Kirienko Oleg/Shutterstock

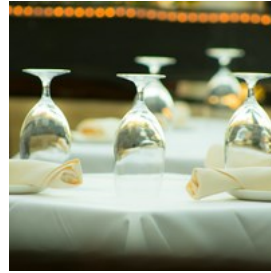
Address: 12 Quai du Port, Marseille

Opening hours: Tue-Sun noon-2:30pm / 7pm-10:30pm; Mon closed

Phone: +33 4 91 91 41 09

Internet: lemiramar.fr

Restaurant Le Violette (Avignon)



Away from the hectic tourist streets of Avignon and inside Hôtel de Caumont, a private art museum, you'll find this unique and elegant restaurant serving traditional and regional flavours inspired by cuisine from around the world, especially Asia.

Photo: Francisco De Legarreta C./Unsplash

Address: 5 Rue Violette, Avignon

Opening hours: Tue noon-2pm; Wed-Sat noon-2pm / 7:30pm-9:30pm; Sun noon-2pm; Mon closed

Phone: +33 4 90 85 36 42

Internet: restaurant-le-violette-avignon.eatbu.com

Mitch (Aix-en-Provence)



Located in the heart of Aix, Mitch is a family-owned restaurant that serves contemporary French cuisine with a creative twist. It may be a small place, but it's making a big impression on the local dining scene. From start to finish, the culinary experience at Mitch is a delight, with fresh, locally-sourced ingredients that are attentively prepared and bursting with flavour. Guests can savour these exceptional creations in their rustic-chic space or dine al fresco on a charming street.

Photo: Davey Gravy/Unsplash

Address: 26 Rue des Tanneurs, Aix-en-Provence

Opening hours: Mon-Sat 7:30pm-10pm, Sun closed

Phone: +33 4 42 26 63 08

More Info: Make sure you reserve well in advance.

La Cuisine du Dimanche (Avignon)



At La Cuisine du Dimanche, innovative and seasonal dishes are served in a lovely and intimate setting. You can either choose your meal or have the chef choose for it you — the 3-course surprise menu is always a big hit among diners. Booking is essential as there's a limited seating capacity of 25 people maximum.

Photo: Jason Leung/Unsplash

Address: 31 Rue de la Bonneterie, Avignon

Opening hours: Wed–Thu 7pm–9:30pm; Fri–Sun noon–1:30pm / 7pm–9:30pm; Mon & Tue closed

Email: contact@lacuisinedudimanche.fr

La Trinquette (Gordes)



Hidden away on a beautiful cobblestone street with an incredible view over a Provençal valley, La Trinquette offers superb modern

French cuisine in an unpretentious environment. Impeccably flavoured, plated and presented, the food is sure to leave your tastebuds craving more. Don't miss the highly recommended seafood ravioli — it's a standout dish that perfectly encapsulates La Trinquette's culinary prowess.

Photo: Tom Dillon/Unsplash

Address: Rue des Tracapelles, Gordes

Opening hours: Thu–Mon 5pm–9:30pm, Tue & Wed closed

Phone: +33 4 90 72 11 62

Internet: www.instagram.com/la_trinquette_gordes

L'incontournable (Aix-en-Provence)



L'incontournable is an elegant eatery that offers a blend of traditional French cuisine and modern culinary techniques, resulting in artfully plated classics that are sure to tantalize your taste buds.

One of the highlights of L'incontournable is its stunning location. Situated in the heart of the city, the restaurant is surrounded by historic architecture and charming cobblestone streets. In the summertime, diners can enjoy their meal on the beautiful terrace, which is adorned with a fountain and shaded by large hackberry trees. It's the perfect spot to soak up the sunshine and enjoy a leisurely lunch or dinner.

Photo: Marika Sartori/Unsplash

Address: 14 Rue de Montigny, Aix-en-Provence

Opening hours: Tue–Sat noon–2pm / 7:30pm–10pm, Sun & Mon closed

Phone: +33 9 80 32 86 32

Internet: www.instagram.com/lincontournable_aix

Email: lincontournable.grill@hotmail.fr

Restaurant JAN (Nice)



Acclaimed South African chef Jan Hendrik van der Westhuizen invites diners to embark on a culinary journey celebrating the best of France and his homeland through his whimsical and exquisite creations. And as a special treat, the menu includes a visit to MARIA, where guests can explore a selection of the finest curated cheese and preserves.

Photo: Jay Wennington/Unsplash

Address: 12 Rue Lascaris, Nice

Opening hours: Tue-Sat 7pm-10pm, Sun & Mon closed
Phone: +33 4 97 19 32 23
Internet: janonline.com/restaurantjan
More Info: Reservations are strongly recommended.

Chez M^o – Albert 1er (Antibes)



Located just a stone's throw away from the ramparts and the Cap d'Antibes peninsula, Chez M^o – Albert 1er is both a fishmonger and restaurant that serves the finest seafood delicacies the sea has to offer. Indulge in super fresh fish, oysters, sea urchins, and Japanese sushi in a spacious, bright, and comfortable setting that includes a veranda and covered terrace with gorgeous sea views.

Photo: Charlotte Harrison/Unsplash
Address: 46 Boulevard Albert 1er, Antibes
Opening hours: Daily noon-10pm
Phone: +33 4 93 34 33 54
Internet: www.chezmo-antibes.fr/en
Email: contact@restaurant-albert-1er.com

Le Criquet (Arles)



Located near the Arles amphitheatre on a dead-end street, Le Criquet is a quaint and delightful family-owned restaurant serving set menus of French classics and seafood dishes in a rustic ambience, with exposed stone walls and wooden beams.

Photo: Masaaki Komori/Unsplash
Address: 1 Rue Porte de Laure, Arles
Opening hours: Mon 9am-3pm; Tue-Sun noon-1:30pm / 7pm-9:15pm
Phone: +33 4 90 96 80 51
Internet: www.instagram.com/le.criquet.arles

La Table du Fort (Marseille)



Hidden on a quiet street near the docks, La Table Du Fort is a popular restaurant serving inventive and refined French cuisine boasting a combination of flavours that are great discoveries, such as mint oil with veal and Tonka beans with zucchini.

Photo: Julien Sarazin/Unsplash
Address: 8 Rue Fort Notre Dame, Marseille
Opening hours: Mon-Thu 7pm-10pm, Fri-Sun noon-2pm / 7pm-10pm
Phone: +33 4 91 33 97 65
Internet: www.latabledufort.fr
Email: latabledufort@hotmail.fr

La Cantine (Marseille)



Tucked away in a beautiful and vibrant square just off the old port of Marseille, La Cantine features a menu of French and Mediterranean specialities, rich desserts, a great selection of wines, as well as a large outdoor terrace.

Photo: sunorwind/Unsplash
Address: 27 Cours Honoré d'Estienne d'Orves, Marseille
Opening hours: Mon-Sat noon-2:15pm / 7:30pm-10:15pm; Sun closed
Phone: +33 4 91 33 37 08
Internet: www.la-cantine-de-marseille.fr
Email: lacantine13@bbox.fr

Jardin Des Arts (Arles)



Jardin Des Arts is a charming and unpretentious restaurant offering tasty pasta and meat dishes in the cloister of the Trinitarians from the 13th century.

Photo: Clark Douglas/Unsplash

Address: 38 Rue de la République, Arles

Opening hours: Tue-Sat noon-2:15pm / 7pm-11pm; Sun & Mon closed

Phone: +33 4 90 96 10 36

Le Petit Nice Passadat (Marseille)



Treat your taste buds to chef Gérald Passadat's delightful signature dishes at this three-star-Michelin restaurant inside Le Petit

Nice Passadat Hotel. Ingredients are fresh, locally sourced, and seafood based. Each dish is artfully presented, and the atmosphere is serene and romantic, with beautiful views of the sea.

Photo: Sebastian Coman Photography/Unsplash

Address: 17 Rue des Braves Anse de Maldormé, 156 Cor

Président John Fitzgerald Kennedy, Marseille

Phone: +33 4 91 59 25 92

Internet: www.passedat.fr/en/5-star-boutique-hotel-restaurant-marseille

Email: contact@passedat.fr

CAFÉS



Roman Kraft/Unsplash

While France may be more famous for its wine and cheese, the region's coffee scene is a hidden gem worth exploring. From quaint cafés in charming villages to chic espresso bars in trendy cities, coffee lovers will find plenty of options to satisfy their caffeine cravings.

The region's coffee culture is influenced by both French and Italian traditions, creating a unique blend of flavours and brewing techniques. Whether you prefer a classic café au lait or a frothy cappuccino, the Provence-Alpes-Côte d'Azur region has something to offer for every coffee lover.

Torréfaction Noailles (Marseille)



Looking for a taste of history in the heart of Marseille? Look no further than Torrefaction Noailles, a historic coffee shop that has been

servicing the community since 1927. Step inside and you'll be transported back to a bygone era as you take in the charming ambience of the shop. Enjoy a wide selection of coffee, as well as a variety of local and regional sweets such as pralines, macarons, and cookies. Whether you're looking for a quick pick-me-up or a sweet treat to enjoy with your coffee, Torrefaction Noailles is

the perfect place to indulge in a little taste of Marseille's history.

Photo: Nathan Dumlao/Unsplash

Address: 56 La Canebière, Marseille

Opening hours: Mon-Sat 7am-7:30pm, Sun 10am-7pm

Phone: +33 4 91 55 60 66

Internet: www.noailles.com

Angela Glacier (Roussillon)



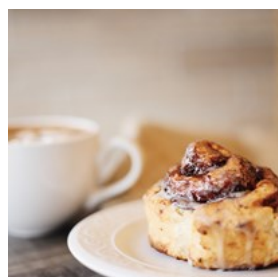
When it comes to finding the best ice cream in Roussillon (perhaps in the region), look no further than Angela Glacier. This artisanal ice cream shop offers a wide range of delicious flavours, all made with care and attention to detail. From classic favourites like chocolate and vanilla to more exotic options like lavender and fig, there's something to suit every taste. The friendly service and welcoming atmosphere make Angela Glacier the perfect spot to take a refreshing ice cream break during a hot summer day in Provence.

Photo: JÉSHOOTS/Pexels

Address: 5 Plade de l'Abbé Avon, Roussillon

Opening hours: Daily noon-5:45pm

7VB Café (Marseille)



Located in the trendy district of Panier, 7VB Café is a cosy and hipster-inspired coffee shop serving specialty coffee, light meals, and delicious pastries, including mouth-watering cinnamon rolls. The sight of lush greenery and plants adorning every corner of the café creates a relaxing and inviting atmosphere, and jazz being played over the speakers completes its laid-back vibe.

Photo: Fallon Michael/Unsplash

Address: 9 Rue Caisserie, Marseille

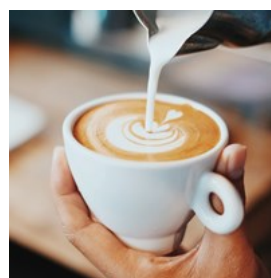
Opening hours: Mon, Tue & Thu-Sat 10:30am-6pm; Sun 2pm-6:30pm; Tue closed

Phone: +33 6 95 42 01 55

Internet: www.7vbcafe.fr

Email: 7vbcafe@gmail.com

Cafés Indien (Nice)



A hidden gem in the middle of the cobbled streets of Nice's Old Town, Cafés Indien is a quaint little artisan coffee shop offering a wide range of high-quality roasted coffee beans from all over the world as well as tea and baked goods in a cosy atmosphere.

Photo: Fahmi Fakhruhin/Unsplash

Address: 35 Rue Pairolière, Nice

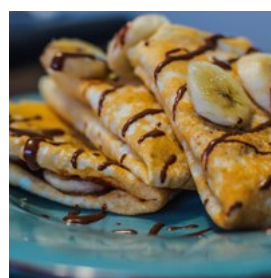
Opening hours: Tue-Sat 9am-12:30pm / 3pm-7pm; Sun & Mon closed

Phone: +33 4 93 85 62 57

Internet: cafes-indien.com

Email: cafesindien@hotmail.fr

Le Petit Arles (Arles)



Nestled away in a side street in the heart of Arles, Le Petit Arles is a popular spot for locals and visitors alike, who come for the delicious savoury and sweet crepes that are a speciality of the house. But if you're in the mood for something other than crepes, you'll find plenty of other options to choose from too, including salad bowls, daily specials, and a tempting array of pastries. And of course, no café experience would be complete without a good cup of coffee. Luckily, Le Petit Arles has you covered in that department too, with beans that are roasted

right here in Arles.

Photo: Delaney Van/Unsplash

Address: 29 Rue de l'Hôtel de ville, Arles

Opening hours: Tue-Sat 9am-6pm, Sun & Mon closed

Phone: +33 9 81 26 93 20

Email: lepetitarles@gmail.com

Café Tulipe (Avignon)



Café Tulipe is a modern and chic café offering specialty coffee, homemade pastries, light meals, plus juices and teas in a bright, airy, and

inviting atmosphere. On a sunny day, you can even take advantage of the café's outdoor seating, which spills out onto the cobbled street in front, and enjoy the warm Provençal sun.

Photo: Jasmin Schreiber/Unsplash

Address: 7 Rue Des Trois Faucons, Avignon

Opening hours: Tue-Sat 9am-6pm, Sun & Mon closed

Internet: tulipeavignon.com

Hobo Coffee (Nice)



Hobo Coffee is a charming coffee shop in the heart of Vieux Nice. Its bohemian vibe and quaint terrace make it the perfect spot to relax and

enjoy a cup of coffee or a casual bite.

Photo: Cristiano Pinto/Unsplash

Address: 5 Bis Rue Sainte-Reparate, Nice

Opening hours: Daily 9am-8pm

Phone: +33 6 71 06 32 81

Internet: www.hoboshop.fr

Email: rh.hobo@gmail.com

Le Tuyau (Aix-en-Provence)



Le Tuyau is a coffee shop and sandwich restaurant that serves a wide variety of delectable open-faced sandwiches, salads, pastries, and specialty

coffee—a great spot for weekend brunches or breakfast during the week.

Photo: Jay Gajjar/Unsplash

Address: 14 Rue des Tanneurs, Aix-en-Provence

Opening hours: Mon 9am-5pm, Thu-Sat 9am-6pm, Sun 10am-3pm

Phone: +33 4 42 95 25 76

Internet: www.le-tuyau-aix.fr

BARS & NIGHTLIFE



Billy Huynh/Unsplash

Provence caters to all kinds of nightlife preferences, whether you're looking for a relaxed evening with friends or a night filled with dancing and socialising. From intimate wine bars to large dance clubs, there's no shortage of options available to visitors seeking an unforgettable night out in the region.

The after-dark offerings in Provence vary depending on the city or town you visit. Below is a brief summary of what to expect in some of the major cities in the region:

Marseille is renowned for its vibrant nightlife,

with the Vieux Port and Cours Julien districts being popular destinations for those seeking bars, clubs, and live music venues.

The Old Town in Nice, known as Vieux Nice, provides an assortment of bars, pubs, and clubs, whereas Promenade des Anglais is a favoured beachfront spot featuring bars and nightclubs.

Cannes, famous for its glamorous lifestyle, showcases a nightlife scene that reflects this with its upscale bars, nightclubs, and rooftop lounges.

As a university town, Aix-en-Provence boasts a dynamic nightlife scene, especially in the Old Town where bars, pubs, and nightclubs abound, primarily catering to its student population.

Finally, Avignon presents a more laid-back nightlife scene, with many bars and restaurants having outdoor seating and live music shows throughout the summer months.

La Cave Des Pas Sages (Avignon)



La Cave Des Pas Sages is a small wine bar located in a picturesque tree-shaded side street featuring a great selection of local

Provençal wines, as well as beers, plus live music every Saturday night.

Photo: Matthieu Joannon/Unsplash

Address: 41 Rue des Teinturiers, Avignon

Opening hours: Mon-Sat 10am-1am, Sun closed

Waka Bar (Nice)



If you're looking for a beachfront bar with a relaxed vibe and stunning sea view, Waka Bar is the perfect place for you.

With great cocktails, delicious tapas-style snacks and sharing platters, this establishment has everything you need to unwind and enjoy the beach life. For a better view, make your way up to the small balcony adorned with wicker umbrellas, providing a magnificent sight of Nice's waterfront. It's the perfect spot to rest your feet before your next adventure and to watch people strolling on the boardwalk.

Photo: Louis Hansel/Unsplash

Address: 57 Quai des États-Unis, Nice

Opening hours: Daily 10am-2am

Phone: +33 7 88 89 97 24

Internet: waka-bar.com

Email: wakabarnice@gmail.com

Bar à Bières (Aix-en-Provence)



As the name implies, Bar à Bières is dedicated to all things beer, which makes it the perfect destination for beer lovers right in the heart

of the city. They offer a wide selection of draft beers, including English, Belgian, brown, blonde, fruity, and citrus options to name a few. There's something for all budgets, so come on in and discover your new favourite brew. Their welcoming atmosphere makes for a great spot to grab a drink with friends or to meet new people. They also have a small outdoor area, perfect for summer evenings.

Photo: Gerrie van der Walt Hire/Unsplash

Address: 4 Rue de l'Annonciade, Aix-en-Provence

Opening hours: Daily 5pm-2am
Phone: +33 7 64 40 67 03

Paddy Mullin's (Arles)



Paddy Mullin's is a beloved old-school Irish pub known for its great selection of beers—both artisanal and local beers as well as more

well-known brews. With live music performances on a regular basis, this lively pub is the perfect place to let loose and have some fun. If you're feeling peckish, their tasty pub grub is sure to hit the spot. And when the weather's nice, be sure to take advantage of their outdoor seating area or head up to the rooftop terrace for a stunning view of Arles.

Photo: Amie Johnson/Unsplash
Address: 5 Boulevard Georges Clemenceau, Arles
Opening hours: Sun-Wed 3pm-12:30am, Thu & Fri 3pm-2am, Sat 10am-2am
Phone: +33 4 90 49 67 25
Internet: www.instagram.com/paddy_mullins_arles

Dock Des Suds (Marseille)



Dock des Suds is a popular cultural and live music venue housed on the site of a former port warehouse. It is known for its diverse

programming of events, ranging from music concerts and festivals to art exhibitions and theatrical performances. Its industrial-style architecture featuring high ceilings and exposed brick walls adds a distinctive character to the venue. Whether you're a music enthusiast or simply looking for an unforgettable cultural experience, Dock des Suds is a must-visit destination in Marseille.

Photo: Colin Lloyd/Unsplash
Address: 12 Rue Urbain V, Marseille
Phone: +33 4 91 99 00 00
Internet: www.dock-des-suds.org

Pam Pam (Antibes)



Pam Pam is a long-standing and vibrant bar offering a wide selection of expertly crafted cocktails and ice cream sundaes along with

Brazilian dancing and exotic shows in a Polynesian setting. With its lively entertainment and unique atmosphere, Pam Pam is a must-visit spot for anyone looking for a fun night out in Antibes.

Photo: Nedelko Dekovic/Unsplash
Address: 137 Boulevard du Président Wilson, Antibes
Opening hours: Sun-Thu 2:30pm-1:30am, Fri & Sat 2:30pm-3am
Phone: +33 4 93 61 11 05
Internet: www.instagram.com/pampam_juan

The Pipeline (Avignon)



Modelled after an English pub, The Pipeline is a convivial beer hall where patrons can catch up on the latest sports events while enjoying a cold

brew from its impressive collection of local and international beers. It also serves a tasty menu of snacks and hearty meals, including salads, pizzas, and sharing boards.

Photo: Drew Farwell/Unsplash
Address: 34 Cours Jean Jaurès, Avignon
Opening hours: Mon-Sat 9am-1am, Sun 5:30pm-midnight
Phone: +33 4 65 87 05 56
Internet: thepipeline.fr
Email: contact@thepipeline.fr

La Cave Romagnan (Nice)



La Cave Romagnan is a hidden gem in the heart of Nice that wine lovers and music enthusiasts alike will adore. As one of the oldest cellars in the city, it has a rich history and a reputation for excellence. It features an impressive lineup of regular events, including live jazz, slam poetry, theatre improv, and open mic nights. In addition to the live performances, La Cave Romagnan also boasts a self-managed library filled with comics, novels, and magazines, along with drawings, paintings, and photographs of talented artists from the region. Whether you're looking for a quiet place to savour a glass of wine or want to immerse yourself in the vibrant cultural scene of Nice, La Cave Romagnan is the perfect place to do it.

Photo: Chris Bair/Unsplash

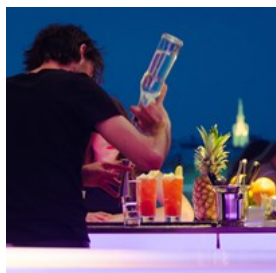
Address: 22 Rue d'Angleterre, Nice

Opening hours: Mon-Fri 10am-2pm / 4:30pm-9pm; Sat 10am-2pm / 5:30pm-11:30pm; Sun closed

Phone: +33 7 69 54 08 06

Internet: caveromagnan.free.fr

La Caravelle (Marseille)



Located inside the iconic Hôtel Bellevue, La Caravelle is a classic bistro and bar offering casual small plates and an assortment of drinks, as well as stunning views of Marseille's old port. The retro nautical décor adds to the overall charm of the bar while the jazz concerts and live music performances enhance even more the experience.

Photo: Kit Suman/Unsplash

Address: 34 Quai du Port, Marseille

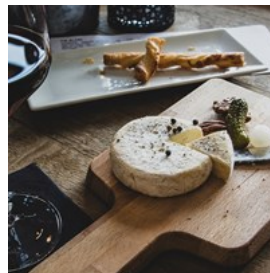
Opening hours: Daily 7am-12:30am

Phone: +33 4 91 90 36 64

Internet: www.lacaravelle-marseille.com

Email: contact@lacaravelle-marseille.fr

Le Petit Baron (Aix-en-Provence)



Le Petit Baron is a charming wine bar located in the heart of Aix-en-Provence that offers a wide selection of local and international wines along with a delicious menu of small plates and cheese boards, which pair perfectly with your wine.

Photo: Camille Brodard/Unsplash

Address: 2 Place Fontêtes, Aix-en-Provence

Opening hours: Daily noon-2pm

Phone: +33 6 13 02 21 04

Internet: www.instagram.com/lepetitbaron_aix

SHOPPING



silviarita/Pixabay

In Provence, visitors can enjoy an array of shopping opportunities, from high-end boutiques and luxury brands to colourful local markets and artisanal crafts.

The region is home to many talented potters and ceramicists, who offer a variety of colourful and unique pottery pieces, such as bowls, plates, and vases. Additionally, Provence boasts a diverse

selection of textiles, including tablecloths, napkins, and curtains that showcase traditional Provençal designs and colours.

Explore the narrow streets of picturesque towns, such as Aix-en-Provence, and browse through shops selling lavender products, soaps, essential oils, and other regional specialities. In larger cities such as Nice, Cannes, and Marseille, you'll find designer shops, department stores, and large shopping centres.

Lastly, Provence is also famous for its food markets, where visitors can taste and purchase local cheeses, honey, and olive oils.

L'Isle-sur-la-Sorgue Market



The L'Isle-sur-la-Sorgue Market is a unique blend of a traditional food market, an antique market, and a flea market all rolled into one,

providing visitors with a one-of-a-kind shopping experience.

Along with a wide variety of fresh produce, artisanal cheeses, meats, pastries, and other culinary delights, the market is renowned for its antique vendors, who showcase a diverse selection of vintage treasures ranging from furniture and textiles to jewellery and art—the quality and diversity of the antiques on offer have made this market one of the most famous antique markets in France.

In addition to this traditional market, L'Isle-sur-la-Sorgue is also home to many antique shops and galleries, making it a popular destination for collectors and art lovers.

Photo: Nikola Đuza/Unsplash

Address: Quai Jean Jaurès, L'Isle-sur-la-Sorgue

Opening hours: Sun 7am–2pm

Les Docks Village (Marseille)



Les Docks Village is a modern shopping and cultural centre located in the heart of La Joliette, a business district in Marseille. The centre is

housed in a beautifully restored historic building that was once a hub of maritime activity in the city.

Les Docks Village boasts a wide range of shops, eateries, and cultural attractions. One of its highlights is the rooftop terrace, which offers stunning views of the surrounding city and harbour. The terrace is home to a bar and restaurant, making it the perfect spot to relax and enjoy a drink or meal while taking in the breathtaking scenery.

Photo: Sara Kurfeß/Unsplash

Address: 10 Place de la Joliette, Marseille

Opening hours: Daily 10am–7pm

Phone: +33 4 91 44 25 28

Internet: www.lesdocks-marseille.com

Rose et Marius (Aix-en-Provence)



Whether you're looking for a special gift or simply want to indulge in the scents and beauty of the Provence region, a visit to Rose et Marius is a must for any fragrance lover visiting Aix-en-Provence.

The shop offers a great selection of exquisite perfumes, soaps, home fragrances, and scented candles, all of which are handcrafted using the

finest ingredients and materials. Each scent is specifically designed to evoke the unique aromas and sensations of the Provence region, from the sweet scent of orange blossoms to the earthy aroma of thyme and rosemary.

Photo: Kristina Balić/Unsplash

Address: 3 Rue Thiers, Aix-en-Provence

Opening hours: Mon-Sat 10am-1pm / 2pm-7pm; Sun closed

Phone: +33 9 82 59 35 35

Internet: www.roseetmarius.com/en

Rue Général Allard (Saint-Tropez)



Saint-Tropez's bustling Rue Général Allard is a charming, historic street, featuring pastel-coloured buildings that host a variety of internationally recognised brands. The street's boutiques offer an excellent selection of trendy fashion items, including swimwear brand Kiwi, a local St Tropez establishment, and independent boutique Othello, which stocks designer brands such as Dsquared2 and Moncler. Visitors can also find a variety of restaurants to relax and replenish themselves after a day of shopping.

Photo: Becca McHaffie/Unsplash

Address: Rue Général Allard, Saint-Tropez

Wednesday Morning Market (Saint-Rémy-de-Provence)



The Wednesday morning market in Saint-Rémy-de-Provence is a lively and bustling affair. Held every Wednesday from early morning until noon (sometimes a bit later), the market takes over the streets of the historic town centre, offering visitors a vibrant and colourful (and fragrant) shopping experience.

It is a great place to find fresh locally-grown produce, such as fruits, vegetables, olives, cured meats, and cheeses, along with a wide variety of other items, including handmade crafts, souvenirs, clothing, and jewellery, making it the perfect place to pick up a unique and authentic souvenir of your time in Provence.

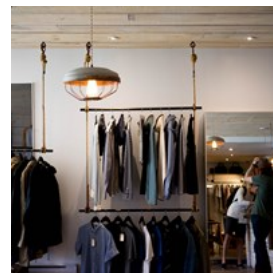
If you're planning to visit the market, be sure to arrive early as it gets crowded quickly, and you'll want to beat the mid-morning rush.

Photo: Christian Mackie/Unsplash

Address: 6 Avenue de la Résistance, Saint-Rémy-de-Provence

Opening hours: Wed 8am-2pm

Les Allées Provençales (Aix-en-Provence)



Les Allées Provençales is a modern shopping mall located in the heart of Aix-en-Provence, just a stone's throw away from the city's historic Old Town. The mall is home to a wide variety of shops, boutiques, and department stores, offering a diverse selection of products and brands.

Spread across three levels, Les Allées Provençales has something for everyone, from high-end fashion and luxury goods to everyday essentials and unique souvenirs. It also features a selection of cafés and eateries, providing shoppers with a variety of dining options.

Photo: Clark Street Mercantile/Unsplash

Address: Avenue Giuseppe Verdi, Aix-en-Provence

Opening hours: Mon-Sat 10am-7:30pm, Sun 11am-6pm

Internet: www.les-allees.com

Maison Auer (Nice)



Maison Auer is one of the oldest confectioneries in Nice and has been providing locals and tourists alike with high-quality sweets for over two centuries.

This cute shop is a real temptation for those with a sweet tooth, with its colourful displays of candy, chocolates, macarons, and other treats arranged in elegant glass cases. Maison Auer is particularly known for its chocolates. The shop's signature chocolate is the "Tourtourel," a delicious truffle filled with a blend of creamy chocolate and hazelnuts. In addition to chocolates, they also sell a wide selection of confectionery delights such as fruit jellies, candied fruits, and nougats.

Many of these treats are made using recipes passed down through the generations, giving customers a taste of the rich history and tradition behind Maison Auer.

Photo: Marquise de Photographie/Unsplash
Address: 7 Rue Saint-François de Paule, Nice
Opening hours: Mon-Sat 9am-6pm, Sun closed
Phone: +33 4 93 85 77 98
Internet: www.maison-auer.com
Email: contact@maison-auer.com

Cours Julien (Marseille)

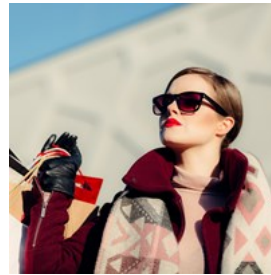


Located just a short walk from Marseille's city centre, Cours Julien is a vibrant and eclectic neighbourhood, known for its colourful street art, trendy cafés, and bohemian atmosphere.

In addition to its artistic flair, Cours Julien is also a great place to shop. The neighbourhood is home to a variety of independent boutiques, selling everything from handmade jewellery and clothing to vintage finds and unique souvenirs. One of the highlights of shopping here is the weekly market, held every Wednesday and Saturday, with vendors selling fresh produce, such as olive oil, honey, and cheeses, as well as flowers, and artisanal goods.

Photo: Q/Unsplash
Address: Cours Julien, Marseille

Galleries Lafayette

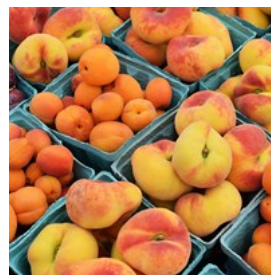


This is France's Rolls-Royce of department stores. In operation since 1893, Galleries Lafayette is known for its wide selection of luxury and designer brands, catering to a discerning clientele who appreciate quality and style. The store offers a range of products, from high-end fashion and accessories to beauty products, home goods, and gourmet food items.

It has several locations across France, including Nice, Toulon, Menton, Cannes, and Marseille.

Photo: freestocks/Unsplash
Internet: www.gallerieslafayette.com

Les Halles d'Avignon (Avignon)



Originally built in the mid-19th century, Les Halles d'Avignon is a bustling indoor market with a vertical garden, cafés, and stalls offering a wide variety of meats, cheeses, fruits, vegetables, and baked goods from the

surrounding Provence region.

Photo: Chris Barbalis/Unsplash

Address: 18 Place Pie, Avignon

Opening hours: Tue-Sun 6am-2pm, Sun & Mon closed

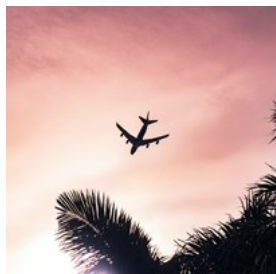
Phone: +33 7 63 21 27 54

TOURIST INFORMATION



Thea/Unsplash

Marseille Provence Airport (MRS)



The Marseille Provence Airport is located 30 kilometres from the town centre. You can take the train to reach the city centre, and the journey

takes approximately half an hour. There are also shuttle buses that run between the airport and Marseille's train station, Gare Saint Charles, every 20 minutes. From the train station, you can easily reach other nearby cities. Taxis and car rental companies are represented at the airport.

From December to April, the 'navettes blanches' (snow shuttle buses) leave from Marseille Provence Airport every Saturday mid-afternoon. During the peak skiing season (from February to early March), a second bus runs in the middle of the day.

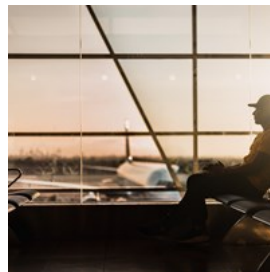
Photo: Eduardo Velazco Guart/Unsplash

Address: Aéroport Marseille-Provence, Marignane, France

Phone: +33 820 81 14 14

Internet: www.marseille-airport.com

Nice Côte d'Azur Airport (NCE)



The Nice Côte d'Azur Airport is located 7 km outside Nice. Tram Line 2 links the airport terminals (both 1 and 2) with Nice's city centre and Port

Lympia. Trams to the airport are available every 8 minutes on weekdays, and the journey takes approximately 30 minutes.

Alternatively, you can take the bus 12 - Palais des Expositions to reach various popular destinations such as Promenade des Anglais, Place Masséna, and Vieille Ville (Old Town). The "Aéroport / Promenade" stop is located in front of Terminal 1 on the southern carriageway closest to the airport.

Taxis and car rental companies are also represented at the airport.

Photo: Marco López/Unsplash

Address: Aéroport Nice Côte d'Azur, 9 Rue Costes et Bellonte, Nice, France

Phone: +33 820 42 33 33

Internet: www.nice.aeroport.fr/en

Best Time to Visit



The best time to visit Provence is either April to May or September to October when the weather is pleasant and the tourist crowds have

largely died down. Having said that, if you wish to witness the picturesque lavender fields in full bloom, you should plan a trip between mid-June

and the start of August, with the peak bloom period around mid-July.

The summertime is perfect for visiting the Côte d'Azur, with abundant Mediterranean sunshine and ideal conditions for beach activities. However, during the summer months, beaches are crowded, and snagging beach chairs and dinner reservations become more challenging. Therefore, the best time to visit the French Riviera is during May and September when there are fewer visitors, the weather is still mild and pleasant, and prices may be more reasonable.

For winter sports enthusiasts, the best time to visit the French Alps is from December to March when the ski resorts are open. For those who enjoy extreme sports like hiking and trekking, the French Alps are best explored between June and September, as there are still avalanche risks before then.

Photo: Kenta Kariya/Unsplash

Passport / Visa



France can be visited visa-free for up to 90 days by citizens of Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport, but must have a valid ID with them during their stay.

Photo: ConvertKit/Unsplash

Travelling around Provence & Public Transport



Renting a car is, undoubtedly, the best way to travel around Provence. With a picturesque village every ten minutes by car, and interesting sights around every corner, Provence is one of those places where getting lost might actually work in your favour.

Many towns and villages in the region boast compact city centres that are pedestrian-friendly and ideal for exploring on foot or by bike. For example, the historic centres of Aix-en-Provence and Avignon are small enough to be explored on foot, and Marseille's Vieux-Port and Le Panier neighbourhoods are great for walking around. Arles is also a relatively small city, and its Roman amphitheatre and other ancient ruins are within walking distance of each other.

However, it's worth noting that many of the cities in Provence, such as Marseille and Nice, do have efficient public transportation systems, making it easy to get around even if you're not on foot.

- Marseille:

Despite being one of the largest cities in France, Marseille is relatively easy to navigate with its public transport network consisting of the metro, buses, trams, trains, and ferries.

The best way to get around in Marseille is by using the very efficient metro system. It has only two lines that cover the city centre and some outer districts. The metro stops at popular sites

and areas, including the Vieux Port, Notre Dame du Mont Basilica, Canebière shopping district, and Prado beaches district. The metro runs between 5am and 11pm, with extended service until 12:30am on Fridays, Saturdays, and Sundays.

Ticket machines can be found at most subway and tramway stations. Bus tickets can be purchased onboard from drivers. You can also buy tickets at tourist information offices and tobacco dispensers. Make sure to validate your ticket before each ride.

- Nice:

Buses and trams are an efficient way to travel in Nice and along the Riviera. You can buy a ticket from a bus driver as you board or from the vending machine at the tram stop.

With that said, Nice is a compact city and therefore very walkable.

Trains are the most comfortable and fastest way to travel along the Riviera. The station in Nice is on Avenue Thier. From here, it takes around 30 minutes to reach Cannes and Monaco.

Photo: why kei/Unsplash
Internet: www.rtm.fr

Taxi



Taxis in Provence can be ordered on the following numbers:

Aix-en-Provence: Taxi MJ
+33 6 50 60 30 56

Avignon: Service de taxi

Avignon +33 6 16 58 61 41

Marseille: Taxis Radio Marseille +33 4 91 02 20

20

Marseille: Les Taxis Marseillais +33 4 91 92 92 92

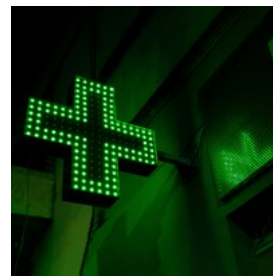
Nice: Taxi Nice +33 6 10 82 11 71

Nice: Taxi Riviera +33 4 93 13 78 78

The rideshare company, Uber, is another option for getting around in most cities and towns in Provence, including Aix-en-Provence, Avignon, Cannes, Marseille, Nice, and Toulon.

Photo: Waldemar/Unsplash

Pharmacy



All pharmacies in France have a flashy green pharmacy sign out front that easily identifies them as a pharmacy.

Photo: Mariano Baraldi/Unsplash

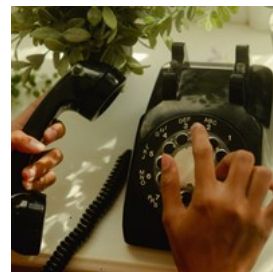
Address: Pharmacie Prado Mermoz, 244 Avenue du Prado, Marseille

Opening hours: Mon-Fri 8am-8pm, Sat 8am-7:30pm, Sun closed

Phone: +33 4 91 77 59 64

Internet: www.parapharmacie-et-medicament.com/web/p/HOME/0/0/STL=EN

Telephone



Country code: +33 Area code: 4

Photo: Wesley Hilario/Unsplash

Electricity



220/240 V, 50 Hz

Photo: Neven Krcmarek/Unsplash

Population

5.1 million (2022)

Currency

1 Euro (EUR) = 100 cents

Opening hours

Normal opening hours for shops are between 10am and 7pm Monday to Saturday. Reduced hours or closed on Sundays. Keep in mind that many shops in smaller towns will close for two hours during the middle of the day.

Internet

provence-alpes-cotedazur.com/en

Newspapers

La Provence (Marseille) — www.laprovence.com

Nice Matin (Nice) — www.nicematin.com

Le Monde — www.lemonde.fr

Le Figaro — www.lefigaro.fr

Emergency numbers

Ambulance: 15

Police: 17

Fire Brigade: 18

Tourist information

Tourist information centres:

Aix-en-Provence

300 Avenue Giuseppe Verdi

Mon–Sat 8:30am–7pm, Sun 10am–1pm / 2pm–6pm

+33 4 42 16 11 61

Avignon

41 Cours Jean Jaurès

Tue–Sat 9am–6pm, Sun & Mon 10am–5pm

+33 4 32 74 32 74

Marseille

11 La Canebière

Daily 9am–6pm

+33 826 50 05 00

Nice

5 Promenade des Anglais

Mon–Sat 9am–6pm

+33 4 92 14 46 14

