



Photo: Julia Silvestrow Bagno/unsplash



Alexander Sinn/unsplash



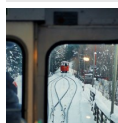
Marcus Löfvenberg/unsplash



Jan Brennenstuhl/unsplash

A Swedish ski resort comparable with the mountain villages in the Alps, Åre has seen an increasing number of visitors every year. With a total piste length of 95 kilometres, around 100 descents, 40 lifts, almost 50 restaurants and over 30 bars and nightclubs, it is arguably Sweden's number one ski resort.

Featured



Åre Bergbana

The iconic 800-meter Åre Bergbana funicular connects Åre Square to Fjällgård...



Kretsloppshuset in Mörsil

Kretsloppshuset provides an eco-friendly experience and educational facility...



Fröå Mine

Fröå Gruva, a historic copper mine near Mount Åreskutan, now serves as an op...



Naturum Valådalen

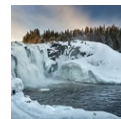
Naturum Valådalen is an information centre with exhibitions on the mountain!...

Top 5



Åreskutan

At 1,420 metres above sea level, Åreskutan is one of Sweden's most famous mo...



Tännforsen Waterfall

A visit to Sweden's largest waterfall is a must for anyone coming to Åre. In...



Duved Church

The magnificent wooden church of Åre Parish, consecrated in 1894, is designe...



Njarka Sami Camp

Learn about the Sami way of life at Njarka Sami Camp, located on a peninsula...



Karoliner Monument in Duved

The Karoliner Monument is a ten-meter-high granite obelisk, erected in 1892 ...

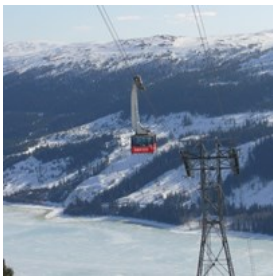
DO & SEE



Roman Sulla/Shutterstock.com

Besides skiing, there is a multitude of other activities to choose from such as paragliding and kite flying, helicopter tours, dog sledding, snowmobile tours, canoeing, hunting, fishing, horseback riding, and whitewater rafting.

Åreskutan



At 1,420 metres above sea level, Åreskutan is one of Sweden's most famous mountains, offering a magnificent view over the western

Jämtland mountain world. Reaching the summit and Sweden's highest eatery, Toppstugan, is made easy thanks to the Kabinbanan — the only one of its kind in the Swedish mountains.

Photo: petritech/cc by-sa 2.0/Flickr(image cropped)

Address: Åreskutan, Åre

Tännforsen Waterfall



A visit to Sweden's largest waterfall is a must for anyone coming to Åre. In the summer, the falls are incredibly powerful, while in the winter,

beautiful ice formations occur, and seeing the water surge over the ice is a very special

experience. The rapids are also lit up at night, adding a magical dimension to the water and ice.

Photo: PhotoVisions/Shutterstock.com

Address: Tännforsen, Åreälven, Åre

Internet: tannforsen.se

Email: info@tannforsen.se

More Info: Situated 22 km from Åre.

Duved Church



The magnificent wooden church of Åre Parish, consecrated in 1894, is designed in Neo-Gothic style. It harks back to a time when economic

growth in the area, thanks to emerging tourism, copper mining, and forestry, led to a significant increase in both residents and visitors, making the old church too small.

Photo: Piotr Wawrzyniuk/Shutterstock.com

Address: Duveds kyrka, Karolinervägen 24, Duved

Phone: +46 647 61 84 00

Njarka Sami Camp



Learn about the Sami way of life at Njarka Sami Camp, located on a peninsula in Häggsjön. The camp has several different types of huts,

while a special octagonal hut, called Jarngge, is the centre of Njarka and the venue for special occasions like weddings and christenings. In addition to learning about Sami history, visitors can also feed the reindeer some lichen, sleep in a traditional Sami fashion, and try their hand at lasso throwing.

Photo: O.C Ritz/Shutterstock.com

Address: Njarka Sameläger, Häggsjönäs Njarka 111, Duved

Phone: +46 76 770 07 79

Internet: njarka.com

Email: info@njarka.com

More Info: About 30 km west of Åre: Take the E14, turn right about 2 km past Duved and follow the signs for Njarka.

Karoliner Monument in Duved



The Karoliner Monument is a ten-meter-high granite obelisk, erected in 1892 in memory of the 3,000 men who perished in harsh winter conditions

during and after Charles XII's invasion forces' retreat from Trøndelag in 1718. Regular lectures about the death march across the Sylarna are held at Roxy's Sled Dogs.

Photo: Piotr Wawrzyniuk/Shutterstock.com

Address: Karolinermonument i Duved, Karolinervägen, Duved

Naturum Valådalen



Naturum Valådalen is an information centre with exhibitions on the mountain's geology and wildlife, the Sami people, and reindeer husbandry.

Let the staff ignite your sense of discovery before you set off on your own excursions in the easily accessible mountain and mountain forest nature outside.

Photo: Piotr Wawrzyniuk/Shutterstock.com

Address: Vålådalens naturreservat, Vålådalen 26, Vålådalen

Phone: +46 10 225 32 26

Internet: www.naturumvaladalen.se

Email: naturum.jamtland@lansstyrelsen.se

More Info: Take the E14 to Undersåker where you drive southwards and follow the signs to Vålådalen which is located 30 kilometres from Undersåker in the mountains.

There are also train and bus connections.

Kretsloppshuset in Mörsil



Kretsloppshuset provides an eco-friendly experience and educational facility with a winter garden, rose cultivation, garden park, traditional henhouse, café and restaurant, slide shows, lectures and courses, as well as sales of environmentally friendly produced goods in an old-fashioned shop.

Photo: underworld/Shutterstock.com

Address: Kyrkvägen 5, Mörsil

Opening hours: Fri-Sun 11am-4pm

Phone: +46 647 66 52 12

Internet: www.kretsloppshuset.com

Fröå Mine



Fröå Gruva, a historic copper mine near Mount Åreskutan, now serves as an open-air museum, showcasing a unique blend of mines, stone

heaps and pastures. Operational from 1744 to 1919, this site has been revitalised, featuring reconstructed buildings, a 19th-century water system, and big water wheel. Explore the old mine canals, enjoy guided tours in summer, or walk one of the hiking trails. The area also includes a café, perfect for a fika break amidst the rich history and stunning mountain scenery.

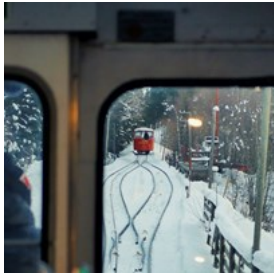
Photo: Tulipasyllvestris/cc by-sa 4.0/wikimedia(image cropped)

Address: Bergstugan Fröå Gruva, Fröåvägen, Åre

Internet: www.froagruva.se

Email: info@froagruva.se

Åre Bergbana



The iconic 800-meter Åre Bergbana funicular connects Åre Square to Fjällgården Hotel at 556 meters above sea level. Inaugurated in 1910, this engineering marvel remains a symbol of Åre's transformation from a farming village to a renowned winter sports resort. The railway, featuring two carriages operating in tandem, offers year-round service, included in Skistars lift pass. Its upper station houses a museum, narrating Åre's evolution and celebrating local culture and history.

Photo: Tushar Mahajan/unsplash

Internet: aresweden.com/en/are-bergbana

SLOPE LIFE



Johannes Andersson/unsplash

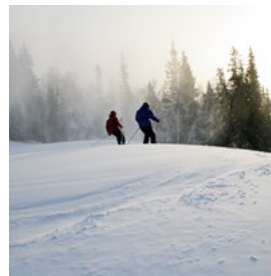
Åre offers, without doubt, one of the best skiing experiences in the Nordic countries with a vertical drop of 890 meters, 40 lifts and around 100 pistes.

There are several different types of lift passes in the area. Children under 8 years ski for free provided that they wear a helmet. All 40 lifts are included in the Åre ski lift pass, from Duved in the west to Åre Björnen in the east.

The first lifts open as early as possible in November, and after that the system opens up gradually depending on the amount of snow. The season is expected to last until May 1st.

For those who don't have much experience, there is of course a ski school in Åre. Skiers will find several rental shops for ski equipment.

Åre Village



Åre village offers world-class skiing with a wide range of pistes, modern lift system and varied terrain. The après-ski in the village's many bars easily rivals the nightlife in many Swedish cities.

Photo: Alexei Novikov/Shutterstock.com

Internet: www.skistar.com/en/ski-destinations/are/winter-in-a-re/ski-areas/are-by

Åre Björnen



Åre Björnen is a child-friendly ski area with a focus on beginner and children's slopes where kids can independently explore the lift system. If you're looking for more challenging slopes, you can quickly access the lift system of Åre village, which is just around the corner.

Photo: YanLev/Shutterstock.com

Internet: www.skistar.com/en/ski-destinations/are/winter-in-a-re/ski-areas/are-bjornen

Duved

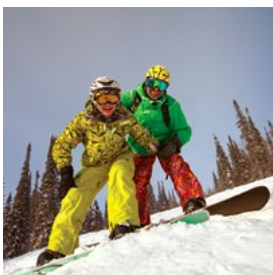


Those who prefer a slower pace and fewer people on the slopes, but still want to enjoy world-class skiing, should head to Duved. Many ski instructors and professionals choose to ski here in their free time, as they enjoy the variety, the natural surroundings, and the vertical drop.

Photo: Song_about_summer/Shutterstock.com

Internet: www.skistar.com/en/ski-destinations/are/winter-in-a-re/ski-areas/duvedtegefjall

Tegefjäll



Like Åre Björnen, Tegefjäll is also family-friendly, but with a greater emphasis on older children and teenagers. The Duved ski area is easily accessible from here, as its lift system is interconnected with Tegefjäll's.

Photo: lpatov/Shutterstock.com

Internet: www.skistar.com/en/ski-destinations/are/winter-in-a-re/ski-areas/duvedtegefjall

DINING



Barbro Bergfeldt/Shutterstock.com

In Åre, hungry skiers and partygoers will find a variety of restaurants offering a wide range of cuisines, from Sami and Jämtland dishes to food from every corner of the globe. There are beautiful, old turn-of-the-century restaurants, trendy sushi bars, cafés, pizzerias and fast-food stands.

Buustamons Fjällgård



At 730 metres above sea level, situated between the Rödkullen and Ullådalen ski slopes, Buustamons Fjällgård offers modern Swedish cuisine with Northern influence.

Photo: ImYanis/Shutterstock.com

Address: Buustamon 142, Åre

Phone: +46 647 531 75

Internet: buustamonsfjallgard.se/en/restaurant

Email: bokning@buusta.se

Täljstenskrogen at Hotell Karolinen



Hotell Karolinen is reputed to have one of Sweden's oldest soapstone inns, where guests can cook their own food such as elk entrecôte, beef, chicken fillet, or fish on a heated

soapstone placed on the table.

Photo: Oleksiy Mark/Shutterstock.com
Address: Björnänge 841, Åre
Phone: +46 647 320 90
Internet: www.karolinen.se
Email: info@karolinen.se

Werséns

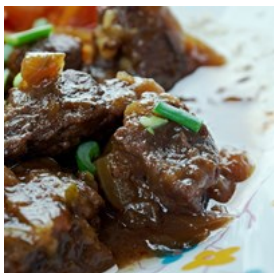


Werséns Brasserie offers a blend of Jämtländish fare, Swedish classics, French favourites, and European flavours.

Known for its honest ingredients and comprehensive wine list, it aims to cater to all palates. Alongside traditional and unique pizzas crafted with care, Werséns stands as a popular gathering spot near Åre Square.

Photo: Vladislav Noseek/Shutterstock.com
Address: Årevägen 95, Åre
Phone: +46 647 505 05
Internet: wersens.se

Fjällpuben



Fjällpuben serves Swedish food in a cosy setting right in Åre's centre. Some of the specialities you can try here include elk and

reindeer meat, salmon tartare, fried goat cheese and fondue.

Photo: Fanfo/Shutterstock.com
Address: Årevägen 72B, Åre
Phone: +46 647 502 40
Internet: www.fjallpuben.se/en/welcome
Email: info@fjallpuben.se

CAFES



Susanne Nilsson/cc by-sa 2.0/Flickr (image cropped)

Make sure that you have enough strength for the day's activities by starting the day with an energizing breakfast buffet and an invigorating cup of coffee. A cup of hot chocolate after skiing is always a good idea, too.

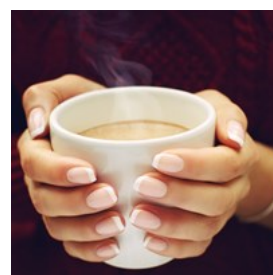
Hamrestugan



Hamrestugan is a cosy café with a wonderful view over the mountains, located in the centre of Hamrebacken in Duved. The usual café products can be found here, along with goulash, burgers and daily specials.

Photo: DwaFotografy/Shutterstock.com
Address: Lennart Brunnhages väg 25, Duved
Opening hours: Daily 9am–4:30
Phone: +46 647 261 35
Internet: www.hamrestugan.se
Email: info@hamrestugan.se

Årehyddan



Enjoy a well-deserved cup of hot coffee or chocolate by the woodburner after a skiing tour, and feel free to indulge in a waffle with cloudberry and cream.

They also have a hearty lunch menu and organise

lively apres-ski daily after 3 pm.

Photo: Victoria Chudinova/Shutterstock.com
Address: Stjärnbacken 3, Åre
Opening hours: Daily 10am–6pm
Phone: +46 647 66 59 77
Internet: www.arehyddan.se
Email: info@arehyddan.se

Grädda Åre



Grädda Åre serves fresh coffee, ice cream, organic juices and traditional hot chocolate in addition to the freshest bread, freshly baked cinnamon

rolls and cloudberry biscuits. The café is decorated in warm, soft colours to provide a pleasant and relaxing environment.

Photo: Alp Aksoy/Shutterstock.com
Address: Årevägen 150, Åre
Phone: +46 647 515 15
Internet: www.gradda.se
Email: info@gradda.se

Lilla Tyrolen

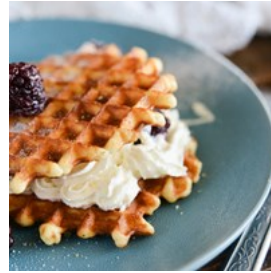


Lilla Tyrolen is the ideal café for skiers looking to warm up, housed in an old log cabin from the 19th century with two open fireplaces.

Tyrolean-inspired dishes, goulash, and Swedish waffles are served throughout the day. In the evenings, guests can enjoy three-course meals and fondue.

Photo: Milarka/Shutterstock.com
Address: Björnen Råven 66, Åre
Opening hours: Daily from 11am
Phone: +46 647 324 25
Internet: lillatyrolen.se
Email: Bokning@lillatyrolen.se

Lillåstugans Våffelbruk



Take a break from skiing with crispy waffles, homemade coffee, bread, and sandwiches at this traditional café located at the entrance of Ullådalen, on the eastern slope of Mount Mulfjället.

Photo: Malykalex/Shutterstock.com
Address: Lillåstugan, Åre
Phone: +46 647 530 33
Internet: www.lillastugan.se
Email: lillastugan@mail.com
More Info: On the mountain in Ullådalen

BARS & NIGHTLIFE



Vulp/Shutterstock.com

Åre is famous for its fantastic nightlife, and with more than 30 bars and nightclubs and a host of party-ready visitors, it's hardly surprising.

Many of the bars and clubs are located in Åre's hotels. Often, there is a restaurant adjacent to the bar or club, allowing you to spend the entire evening in one place. Åre is also renowned for its superb après-ski, and several bars offer top-class events. Owing to its reputation as a party town, some of Sweden's biggest artists frequently perform in Åre.

Bygget



Bygget is Åre's premier entertainment establishment features three dance floors with different music styles, from mainstream chart favourites, modern dance hits and old favourites on the Main Floor to R&B, soul and hip-hop in the Studio Bar. The clubn offers some of Åre's best après-ski!

Photo: Syda Productions/Shutterstock.com
Address: Fjällbyvägen 12, Åre
Phone: +46 647 123 45
Internet: bygget.se
Email: info@bygget.se

Verandan



Verandan is one of Åre's absolute best nightclubs, with live bands and performances, DJs, and fashionably dressed partygoers. The après-ski here is in a class of its own.

Photo: Standret/Shutterstock.com
Address: Sankt Olavs väg 40, Åre
Phone: +46 647 501 00
Internet: verandanare.se
Email: info@verandanare.se

Fjällgården



Fjällgården hotel offers classic après-ski daily, accompanied by varied and uplifting music.

Photo: Pressmaster/Shutterstock.com
Address: Fjällgårdsvägen 35, Åre
Phone: +46 647 145 00

Internet: www.hotellfjallgarden.com
Email: info@fjallgarden.se

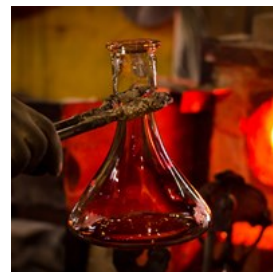
SHOPPING



Iryna Inshyna/Shutterstock.com

The village's shops have everything you would expect to find in other Swedish towns and in the Continental ski resorts. Also, don't miss the opportunity to buy some local products and handicrafts as souvenirs.

Åre Glashytta



A visit to Åre Glashytta in Duved is a must. All the glasswork sold here is designed and blown in this magical workshop. From glassware and bowls to vases and trinkets, there is something for every taste and budget.

Photo: Sergii Kovalov/Shutterstock.com
Address: Duveds Stationshus, Stinsvägen 12, Duved
Opening hours: Tue–Fri 10am–5pm, Sat 11am–4pm, Sun closed
Phone: +46 0 647 260 70
Internet: areglashytta.se
Email: info@areglashytta.se

Åre Hemslöjd



If you are after Sami handicrafts, visit Åre Hemslöjd, situated in the 100-year-old Köpmanshuset on Åre Torg. Here, you will find everything from games to cuddly toys, jewellery, leather goods, ceramics, art and more. It's the perfect shop if you are looking for a special gift or souvenir.

Photo: Inger Eriksen/Shutterstock.com

Address: Årevägen 87, Åre

Opening hours: Mon-Fri 11am-6pm, Sat 11am-5pm, Sun noon-5pm

Phone: +46 647 501 30

Internet: www.arehemslojd.se

Email: shop@arehemslojd.se

Åre Chokladfabrik



Åre Chokladfabrik is a chocolate factory and shop outside the city centre, but worth the ride. Here you can try new flavours like cloudberry, lingonberry and goat cheese, and then bring home your favourite ones. They also have a chocolate bar where you can order a delicious hot chocolate that will warm up your body and soul.

Photo: smallblackcat/Shutterstock.com

Address: Björnänge 801, Åre

Opening hours: Mon-Fri 10am-5pm, Sat 11am-4pm, Sun closed

Phone: +46 647 155 80

Internet: arechokladfabrik.se

Email: order@arechokladfabrik.se

Åre Skidsport



Åre Skidsport sells everything you need for skiing, snowboarding and biking, plus a selection of streetwear clothes. Some equipment is also available for rent.

Photo: Iakov Filimonov/Shutterstock.com

Address: Årevägen 88, Åre

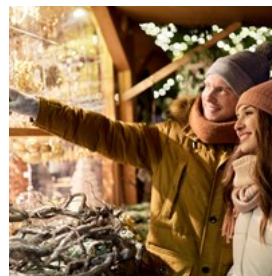
Opening hours: Daily 9am-6pm

Phone: +46 647 501 19

Internet: areskidsport.se

Email: info@areskidsport.se

Årebutiken



Årebutiken is a souvenir shop with local products, handicrafts and gift ideas like slippers, pillows, mugs, t-shirts and sweaters.

Photo: Syda Productions/Shutterstock.com

Address: Torggränd 6, Åre

Phone: +46 647 522 33

Internet: www.instagram.com/arebutiken

Email: info@arebutiken.se

Åre Ljusfabrik



Åre Ljusfabrik, located in the converted old fire station in Undersåker, near Åre, specialises in traditional candle making. Crafting candles in various sizes and subtle hues, they focus on quality and longevity. Their range includes the unique Tändälgar and various candle holders. Visitors can explore the factory, observe the candle-making process, and shop for these handcrafted items, perfect for any occasion or as

thoughtful gifts.

Photo: arnold_leung423/unsplash

Address: Byvägen 38, Undersåker

Opening hours: Wed-Sun 10am-5pm, Mon & Tue closed

Phone: +46 70 654 06 80

Internet: areljusfabrik.se

Email: info@areljusfabrik.se

TOURIST INFORMATION



tomtsya/Shutterstock.com

Åre Östersund Airport (OSD)



Åre Östersund Airport, formerly Östersund-Frösön Airport, is situated 11 km west of Östersund and 94 km from Åre. While daily transfers to Åre aren't available, pre-booked journeys can be arranged via the Flygtaxi website.

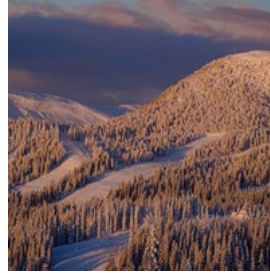
Photo: public domain/Andreas Eriksson/wikimedia(image cropped)

Address: Åre Östersund Airport, Frösön, Sweden

Phone: +46 10 109 56 00

Internet: www.swedavia.com/ostersund

Best Time to Visit



The ski season in Åre is usually from mid-November until early May. The best time to visit is from early February to late April, when the days are longer and the weather more pleasant, but still snowy enough to ski.

Photo: Håkon Grimstad/unsplash

Passport / Visa



Sweden can be visited visa-free for up to 90 days by citizens of most European countries, Australia, New Zealand, Japan, South Korea, Taiwan, Malaysia, Israel, UAE and most countries in America. If you are unsure whether or not you need to apply for a visa, we recommend contacting the embassy or consulate in your country. International (non-Schengen) travellers need a passport that is valid for at least 3 months after the end of their intended trip in order to enter the Schengen zone. Citizens of Schengen countries can travel without a passport, but must have a valid ID with them during their stay.

Photo: mana5280/unsplash

Post



There are no post offices in Sweden. Stamps are available for purchase at most kiosks, newsstands and convenience stores. Postboxes can usually be found nearby. For packages and big parcels, look for "Postombud", a designated area in grocery

stores or corner stores.

Photo: Ali Bakhtiari/unsplash

Public Transport



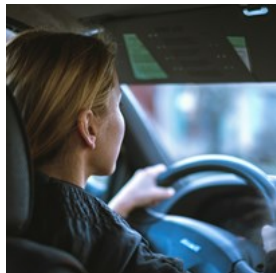
Länstrafiken in Jämtland has buses that run between Åre and Duved and a lot of other locations in Åre municipality.

Photo: Ant Rozetsky/unsplash

Phone: +46 0 771 100 110

Internet: www.ltr.se

Taxi



Make sure to book your taxi in advance on long weekends and during holiday seasons. Many taxis can be found at Åre town square and outside

the railway station.

Topptaxi Åre

topptaxi.se

+46 647 220 20

Åretaxi

+46 647 800 00

TaxiKurir Östersund

www.taxikurir.se/ostersund-are

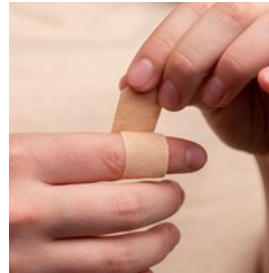
+46 63 12 34 56

Photo: Jan Baborák/unsplash

Phone: +46 647 100 22

Internet: www.taxiare.se

Pharmacy



You can pick up prescription and over the counter medication, buy cosmetics and personal care products, and get medical advice at

Apoteksgruppen Åre.

Photo: Diana Polekhina/unsplash

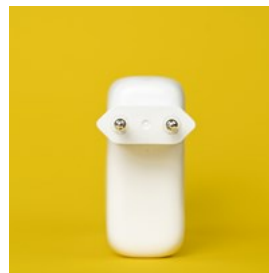
Address: Årevägen 51, Åre

Opening hours: Mon-Fri 9am-6pm, Sat 10am-3pm, Sun closed

Phone: +46 647 503 50

Internet: www.apoteksgruppen.se

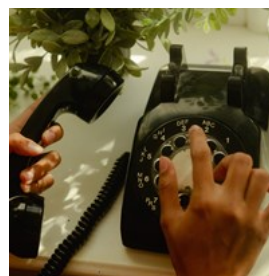
Electricity



220-240V AC, 50Hz

Photo: Mika Baumeister/unsplash

Telephone



Country code: +46 Area code: 647

Photo: Wesley Hilario/unsplash

Population

Åre Municipality: 12,271

Åre village: 3,200

Currency

Swedish krona (SEK)

Opening hours

Monday to Friday 10am-6pm, Saturday 10am-3pm. Most shops are closed on Sunday.

Internet

aresweden.com/en
are.se

Newspapers

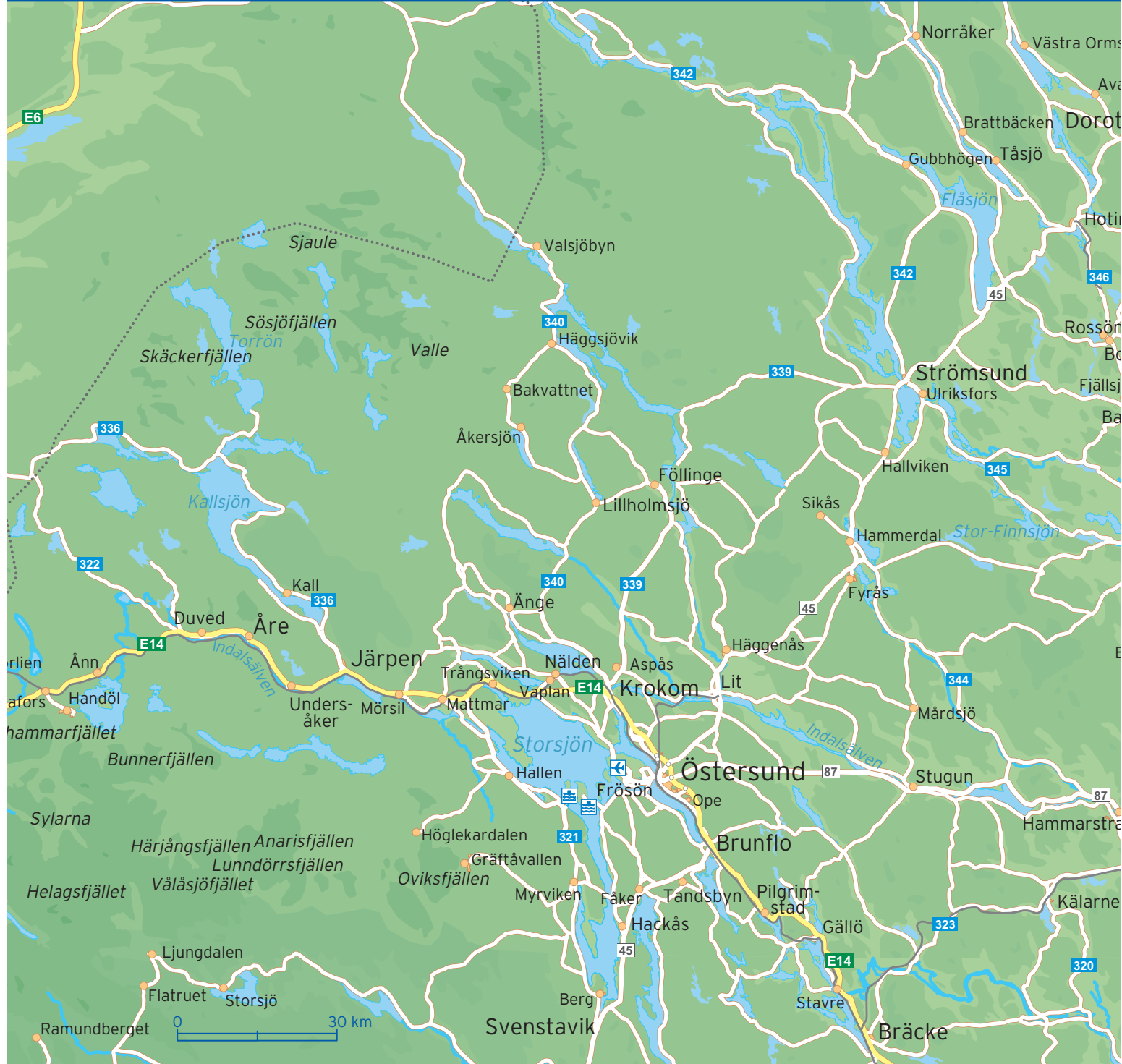
Länstidningen Östersund: www.ltz.se
Dagens Nyheter: www.dn.se
Svenska Dagbladet: www.svd.se
Expressen: www.expressen.se
Aftonbladet: www.aftonbladet.se

Emergency numbers

112

Tourist information

Åre Tourist Office
+46 647 163 21
Open Mon–Fri 10am–5pm, Sat & Sun closed
are.se/turistinformation





Birgittavägen	D3 D4	Källvägen	C3	Solbringsvägen	C3 D3 D4
Blåsippbacken	D3 D4	Lienvägen	A2 B2	Stationsvägen	B2
Bullerbyn	C3 D3	Mörviksvägen	B2	Tottebovägen	D3
Bäckvägen	B2	Nybovägen	C3	Tottens Byväg	C2
Fjällgårdsvägen	C2	Parkvägen	B2	Tottvägen	B2 C2 C3
Frönäsvägen	D4	Pilgrimsvägen	C3 C4	Trotthummelvägen	D3 D4
Granbovägen	C3	Prästvägen	B2 C3	Vikbölevägen	D4
Granlidsvägen	D3	Rahmsvägen	C2	Åre Torg	B2
Kabinbanevägen	B2	S:t Olavsvägen	A2 B2 B3	Årestrand	B2
Karl Johans väg	C3	Sahlins väg	B2	Årevägen	B2 C3 C4
Kurortsvägen	C2 C3	Skolvägen	B2 C2	Östlienvägen	A1 A2
Kyrkvägen	B2	Slalomsvängen	B1 B2		