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Population

240.000

Currency

Euro 1€ = 100 Cents

Opening hours

Shops are usually open from 10.00 to 19.00 (Monday to Friday) Most close at 13.00 on Saturdays.

Shopping centres tend to be open from 10.00 to 23.00 or midnight all week.

Internet

www.visitportugal.com

Newspapers

Jornal de Noticias – Porto based newspaper

Emergency numbers

Police, Ambulance and Fire – 112

Tourist information

Rua Clube Dos Fenianos 25, Porto

Opening hours: every day 09.00-19.00

Tel: +351 (0)22 339 34 72

PORTO

PUBLISHING DATE: **2012-05-15** | COUNTRY CODE: **PT**

Contents: The City, Do & See, Eating, Cafes, Bars & Nightlife, Shopping, Sleeping, Essential Information, Maps

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Once considered the edge of the known world in the Middle Ages, the industrious town of Porto clung to the side of Portugal looking out across the endless Atlantic Ocean, before adventurers risked it all to head to the new world. Half a millennium has passed since then, but Porto has retained much of that rugged adventurous and determined spirit. The cliché that Lisbon shows off and Porto works is a well-worn metaphor that fails to fully do justice to its real charms. With images of a past way of life hidden down every bustling alley, Porto is a place determined to hold on to its own distinct identity.

THE CITY



© Angelo Romano

Time has seemingly failed to touch some of the hidden corners of Porto, with many of its winding alleys full of shoemakers and craftsmen looking like a scene straight out of a medieval history book. The city is so soaked in the past that the historic area of Barredo has been deemed a UNESCO World Heritage site.

Add to this a backdrop of wrought-iron balconies full of flowers and the daily washing and an array of fresh white and blue 'azulejos' tiles and you have the perfect city for aimless wandering. However, the city does have a few key landmarks that are worth—in any tour, including the elaborately decorated Palacio da Bolsa or Stock Exchange building and the medieval cathedral and tower.

The other big draw for tourists is the tour of the Porto wine cellars at Vila Nova de Gaia on the other side of the Douro River.

The surrounding suburbs of the city also have something to offer visitors. Matosinhos is great for its array of seafood eateries and its small beaches stretching down the coastline. Amarante is another gorgeous colourful nearby town worth a day trip and the wealthier area of Foz do Douro, with its nightclubs and restaurants, is found just 5 kilometres northwest of Porto.



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DO & SEE



© Harshil Shah

In Porto there are so much to see and do and its beautiful surroundings is spectacular. Below you'll find tips on where to go and visit the port wine caves, markets and museums.

Porto Cathedral

The Porto Cathedral was built around 1110 and is located in the historical centre of the city. Is one of Porto's oldest monuments and one of the most important Romanesque monuments in Portugal. A defining landmark of the city, it resembles a grand fortress overlooking the city. Worth visiting for the views, which stretch across the old historic part of the city to the sea.

Ribeira

The "Riverbank" quarter of the city is where you can explore the winding streets of the historic heart of the city, where the dark shadowy paths contrast with the bright colourful facades of many of the buildings. Great place to venture into during the day and at night when the array of restaurants and nightclubs open

their doors.

Torre Dos Clerigos

A 18th-century tower built by the Italian artist Niccolo Nazzoni, stretching 246-feet in the air, which makes for some fantastic views once you make it up the 200-step climb to the top. Nazzoni also chose to be buried in the Baroque church at the foot of the tower.

Address: Rua Sao Filpe Neri, Porto
Phone: +351 22 200 17 99
Tickets: Tickets to the tower are 2 Euro.

Port Wine Caves at Vila Nova De Gaia

Across the Douro River, you can visit the port wine caves of Vila Nova de Gaia and sample some of the region's famous Port wine. There are over fifty wine companies found in the area with their wine lodges offering organised tours and tasting sessions. A privately owned English wine company, Taylors, is a recommended lodge.

Internet: www.taylor.pt

Bolhao Market

Here you will find a bright and vibrant open-air market full of fresh produce such as olives, cheese and freshly baked bread. It is a great way to start the day, taking in the atmosphere and picking up some food for a long day of sightseeing.

Address: Rua Fernandes Tomás, Porto

Soares dos Reis National Museum

Immerse yourself in 19th- and 20th-century Portuguese painting and sculpture at this museum.

Address: Rua Dom Manuel II 44
Phone: +351 22 339 37 70
Internet: www.mnsr-ipmuseus.pt

Serralves Museum of Contemporary Art

If modern art is more to your taste, this museum offers some of the best collections featuring contemporary

Portuguese painters and sculptors and some contributions from internationally known artists such as Warhol and Pollock.

Address: Rua D. João de Castro 210, Porto
Phone: +351 22 615 65 00
Internet: www.serralves.com

EATING



© Javier Lastras

The people of Porto managed to acquire the name 'tripeiros' or tripe eaters after they shipped all their fine cuts of meat to feed their armies and traders adventuring across the seas in the 15th-century. However, nowadays there's a lot more on the menus than just offal, and much port to wash it down with.

Being on the coast, seafood restaurants are both ubiquitous and delicious. Snack-wise, most cafés will serve you a 'francesinha,' which is a cholesterol-full delicacy made from meat, bread and cheese finished off with some spicy sauce. The city also has a good array of Brazilian inspired restaurants, reflecting its former colonial links with the South American country. The 'Rodízios' or Brazilian barbecues are a carnivore's heaven!

Churrascão Gaúcho

Brazilian typical restaurant and South American influenced dishes, with an excellent range of seafood and grilled fish. Other specialities are Meat Rodízio and meats in the live and cool caipirinha.

Address: Avenida da Boavista, 313
Phone: +351 22 609 82 06
Internet: www.churrascoes.pt

Chez Lapin

Rustic cosy and highly recommended restaurant serving meals such as roast octopus and other Portuguese specialities. Enjoy your dinner out on the pleasant outdoor terrace.

Address: Rua dos Canastreiros, 40-42
Phone: +351 22 200 64 18
Internet: www.douroacima.pt

ODE Porto Wine House

A very nice restaurant, small, cozy and romantic. Their dishes are based on high quality organic food from local products. Located in the historic part of Porto.

Address: Largo do Terreiro, 7
Phone: +351 913 200 010

O Papparico

This restaurant is very popular and gorgeous inside. They serve typical Portuguese food and the presentation is fantastic, the service likewise.

Address: Rua de Costa Cabral 2343
Phone: +351 225 400 548
Internet: www.opaparico.com

Trás da Orelha

Located in Matosinhos in the northern suburbs of Porto, Trás da Orelha has a very nice dining room with Portuguese cuisine. Both meat and fish dishes are available. Ask for Dona Cidália's (the friendly owner) recommendation.

Address: R.Herois de Franca, No. 549-440 Matosinhos
Phone: +351 22 937 19 20

CAFES



© Martin Pulaski

Café Majestic

Not just any café. Majestic is an essential stop on any visitor's sightseeing itinerary. First founded in 1921, it still retains the original flamboyant glamour of the roaring '20s, decadently decorated with marble walls, cherubs and gilded mirrors.

Address: Rua Santa Catarina 112
Phone: +351 22 200 38 87
Internet: www.cafemajestic.com

Centro Comercial Via Catarina

It is ideal if you're in a hurry or have a hankering for a hamburger or a pizza. Head to the fourth floor of the shopping centre for a selection of cafés and fast food outlets.

Address: Rua Santa Catarina, Porto
Phone: +351 22 207 56 00
Internet: www.viacatarina.pt

Café Guarany

Known as the musician's café due to the artistic atmosphere that has existed since its founding in 1933.

Address: Avenida dos Aliados 89/85
Phone: +351 22 332 12 72
Internet: www.cafegarany.com

Café Progresso

One of the oldest cafés in the city dating from 1899.

Here you can enjoy very good pastries in a cozy atmosphere, they also serve delicious breakfasts.

Address: Rua Actor João Guedes, 5
Phone: +351 22 332 26 47
Internet: www.cafeprogresso.net

Praia Da Luz

A beachside café in Foz do Douro, it offers everything from pancakes for breakfast, afternoon tea and even midnight snacks. In winter visitors can eat in front of a log fire.

Address: Avenida do Brasil, Foz
Phone: +351 22 617 32 34
Internet: www.praiadaluz.pt

Lais de Guia

A beachside café/bar in Matosinhos with friendly and efficient service. Also serves meals and sandwiches.

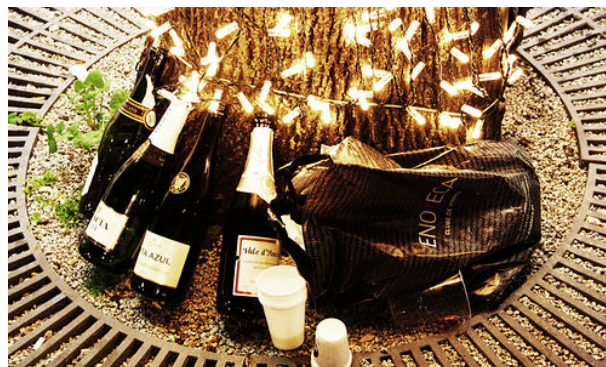
Address: Av. Norton de Matos, Matosinhos
Phone: +351 22 938 14 28
Internet: www.laisdeguia.com

Confeitaria Tavi

The best café and pastry shop in the Foz do Douro suburb. Overlooking the ocean, you can just sit down in one of their lovely armchairs and enjoy your coffee. They also offer free wifi.

Address: Rua Senhora da Luz, 363
Phone: +351 22 618 01 52
Internet: www.tavi.pt

BARS & NIGHTLIFE



© RUI BITTENCOURT

In central Porto the liveliest place to head for drinks is Ribeira—the vibrant historic heart of the city—also a popular haunt for students. For a flavour of traditional Portugal, head to a Fado bar where you can hear a form of Portuguese blues, with melancholic artists singing of lost loves and regrets.

The distinction between bar and nightclub in Porto is slightly blurred with most bars being open to the early hours of the morning. But if you want to dance the hours away, Porto definitely has enough to cater for all tastes, from traditional 'Fado' evenings to dance clubs in converted warehouses.

Pipa Velha Petisqueira

One of the oldest bars in the city, it has been open in the city's central part since 1981. The walls are decorated with old posters and newspapers on Porto's history. The music is a blend of alternative rock and indie.

Address: Rua das Oliveiras, 75/77
Phone: +351 222 082 025

Solar do Vinho do Porto

A laid-back place to sample some great Port wine. The evening is complete with great music and great views of the river.

Address: Rua de Entre Quintas, 220, Quintas da Maceirinha
Phone: +351 22 609 47 49

Triplex Bar

Hidden within a three-storey 19th-century building are two bars open until the early hours of the morning. Located in one of the city's trendiest areas.

Address: Avenida de Boavista, Porto
Phone: +351 22 609 89 68/9
Internet: www.triplex.com.pt

Clube 3C

Clube 3C is located in Clérigos field and is a popular restaurant and at midnight it turns into a trendy bar. The place is often visited by famous DJ's.

Address: Rua de Cândido dos Reis, 18
Phone: +351 222 018 247
Internet: www.clube3c.pt

Candelabro

This bar was renovated in 2009 and is intimate and cozy. It looks like an old library with shelves filled with books and photographs on the walls. A cozy atmosphere with soft music and pleasant light.

Address: Rua da Conceição, 3
Phone: +351 966 984 250
Internet: www.cafecandelabro.blogspot.com

Estado Novo

Very popular club for serious clubbers found in a converted warehouse in the Matosinhos suburb.

Address: Rua Sousa Arosa 722
Phone: +351 22 938 59 89
Internet: www.estadonovo.com

Bazaar

Inspired by London's cosmopolitan and urban ambiance, Bazaar is the right place for those wanting to listen to electronic music, buy Portuguese design pieces and see good looking people.

Address: Cais das Pedras 13
Phone: +351 91 259 58 82
Internet: www.bazaar.com.pt

Plano B

Very popular nightclub, the most popular in town when it comes to live music and DJ gigs. It has also quite often art exhibitions that attract a young audience with aesthetic interest.

Address: Rua Cândido dos Reis, 30, Clérigos
Internet: www.planobporto.com

SHOPPING



© Fiore Silvestro Barbato

Porto's main shopping street is the pedestrianised Rua de Santa Catarina in the city centre. The usual international brands such as Zara and Mango are found here along with the large Centro Comercial Via Caterina shopping centre. However, the small streets off the main streets are also worth visiting, brimming with independent shops, selling fresh bread, cheese or cakes, interspersed with bookstores and traditional shoe stores.

Porto's open-air markets are also worth a visit to get a taste of daily Portuguese life. There is a flower market every day from April to October at the Praça da Liberdade. The most well-known market, the Mercado do Bolhao runs every morning from Monday to Saturday, selling fresh food, spices and flowers in Rua Fernandes Tomas. To pick up local delicacies such as chocolates and sugar almonds, the Arcadia patisserie on Rua do Almada, 63, is worth a look, as could A Perola do Bolhao on Rua Formosa, 279. The Ribeira Craft Centre, on Rua da Reboleira 37, is also popular with tourists and locals alike for traditional Portuguese goods such as handed painted 'azulejos' (tiles).

Gold jewelry is also another speciality of Portugal, a

reflection of its colonial past and its conquests of gold-rich lands of South America. Recommended jewelers are David Rosas, on Avenida de Boavista, and Elysee Joias on Praca Mouzinho de Albuquerque. Pedro A Baptista is also a good option for its collection of antique and modern jewelry.

SLEEPING



© RUI BITTENCOURT

Whether you are planning a vacation, a special weekend or a business meeting, rest assured, you will find a place that appeals to you. Porto offers a wide range of accommodation to suit all needs, a diverse collection of modern hotels, guest houses and stunning boutique hotels.

Sheraton Porto Hotel & Spa

A spacious and luxurious hotel with some rooms that have balconies overlooking the city. The Spa area has eight treatment rooms, two of them are double suites specially prepared for treatments which take a holistic approach. The hotel is centrally located and close to many popular tourist attractions.

Address: Rua Tenente Valadim 146, Porto
Phone: +351 22 040 40 00
Internet: www.sheratonporto.com

Palace Hotel do Bussaco

One hour south of Porto, this hotel offers a peaceful country retreat from the city. Once the hunting grounds of Portuguese kings, this converted palace is buried deep in the forests of Bussaco.

Address: Mata do Bussaco, Luso
Phone: +351 23 193 79 70

Hotel Solverde Porto

A more luxury end hotel but offers relatively mid-range prices and is ideal for pampering weekends away. The hotel also offer a modern Spa Wellness Center which is fully equipped. The Hotel Solverde is located outside Porto, next to the Baia beach.

Address: Avenida da Liberdade, Sao Felix da Marinha, Vila Nova Gaia
Phone: +351 22 731 31 62
Internet: www.solveردهotel.com

Grande Hotel de Paris

A hotel recommended for its historical charm, rather than ultra-sleek modern facilities. It also has a garden full of orange trees to relax in.

Address: Rua da Fabrica 27-29, Porto
Phone: +351 22 207 31 40
Internet: www.ghparis.pt

Andarilho Oporto Hostel

Andarilho Oporto Hostel is located in the heart of Porto's city center, next to Santa Catarina (main shopping street), close to metro (5 min) and bus stop. The hostel is within walking distance of many popular attractions. Friendly atmosphere where it's easy to meet fellow travellers.

Address: Rua da Firmeza 364, Porto
Phone: +351 22 201 20 73
Internet: www.andarilhohostel.com

Residencial Costa do Sol Hotel

Found in the heart of the busy shopping area of Porto, this budget hotel offers a warm welcoming environment.

Address: Rua Santa Catarina, 1432
Phone: +351 22 509 33 44
Internet: www.costa-do-sol.com

ESSENTIAL INFORMATION



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Exchange Office

There are more fun things to do on your holiday than look for exchange offices or ATMs. Exchange your currency before you leave and get time to do things that you really want. At Forex Bank you can always buy foreign currency free of charge, at hours that suits you. For more info about Forex Bank visit our website or click:

<http://www.forex.se/sv/Om-FOREX/Bankbutiker/>

Airport

The airport in Porto is called Aeroporto Francisco Sa Carneiro and is situated 11 kilometers north of the city. From there you can take buses 601, ZA, 602 and 604 into the city center.

Address: Pedras Rubras, Maia
Phone: +351 22 943 24 00
Internet: www.ana.pt

Public Transport

Porto has a good bus and tram network with routes serving all the key tourist spots and operated by STCP. Single tickets cost € 1.45.

The city has a Metro system that is still clean and efficient, with single journeys costing between € 1.20 and € 3.45.

Internet: www.metrodoporto.pt, www.stcp.pt

Taxi

Taxis Invicta
Tel: +351 22 507 64 00

Radio Taxis Os Unidos
Tel: +351 22 502 98 98

Post

Post offices are open from Monday to Friday from 08.30 to 20.00. You can buy stamps there or any shop that has a sign of the red horse outside.

Internet: www.ctt.pt

Medical And Dental Services

Clinics open from 08.00 to 20.00 and hospitals provide 24-hour emergency service. Find the nearest orange SOS phone, to get help if involved in a road accident.

Chemists are open 09.00 until 13.00 and then from 15.00 to 19.00. All areas have one chemist open all night or on Sunday. A white cross on a green background marks out the chemists.

Telephone

Country Code: +351

Area Code: (0)22

Electricity

230/400 volts/50 hertz, European standard sockets.



Avenida da A Henriques	B3 B4	Rua d Raul Doria	B2 C1	Rua de Monte Tadeu	C1 D1
Avenida da Republica	B4	Rua d Santo Ildefonso	B3 C3	Rua de Mouzinho da Silveira	A3 B3
Avenida de Camilo	D3	Rua d Sol	B3 C3	Rua de Rodrigues de Freitas	B4 C4
Avenida de Paiva Couceiro	D4	Rua d T Gonzaga	A3 A4	Rua de S Bras	B1
Avenida dos Aliados	B2 B3	Rua da Alegria	C1 C2	Rua de S Joao	A4 B4
Avenida Fernao de Magalhaes	D1 D2	Rua da Boavista	A1	Rua de S Vitor	C3 D3 D4
Avenida Gustavo Eiffel	C4	Rua da Firmeza	C2	Rua de Sa da Bandeira	B2 B3
Cais de Ribeira	B4	Rua da Picaria	B2 B3	Rua de Salgueiros	A1
Gil de Vicente	C1	Rua da Restauracao	A3	Rua de Santa Catarina	B3 C1 C2
Passeio das Fontainhas	B4 C3	Rua da Silva Tapada	C4 D4	Rua de Santos Pousada	C2
Pc da Algeria	C3	Rua da Torrinha	A2	Rua de Sto Ildefonso	C3
Peres	B4	Rua da Vitoria	A3	Rua Diogo Leite	A4
Porto Sol	B3	Rua das Doze Casas	C1	Rua do Bolhao	B2
Pte Dom Luis I	B4	Rua das Eirinhas	D2	Rua do Bonfim	D2
Rua 31 de Janeiro	B3	Rua das Flores	A3 B3	Rua do Bonjardim	B1 B2 B3 C1
Rua Alvares Cabral	A1 A2	Rua das Fontainhas	C3	Rua do Breiner	A2
Rua Barao Forrester	A1	Rua das Taipas	A3	Rua do Cabo Simao	B4 C4
Rua Candido	B4	Rua de A Granjo	D3	Rua do Cardeal D Americo	C2 D2
Rua Carl Malheiro Dias	D1	Rua de A Herculano	B3 C3	Rua do Heroismo	D3
Rua Carmelitas	A3	Rua de Aires de Ornelas	D1	Rua do Melo	A1
Rua Carmo	A3	Rua de Almada	B2 B3	Rua do Moreira	C2
Rua Cha Cimo de Vila	B3	Rua de Anselmo Braamcamp	C1 C2	Rua do Morg. d Mateus	C3
Rua d Alferes Malheiro	B2	Rua de Antero de Quental	B1	Rua do Paraíso	B1
Rua d Amparo	D1	Rua de Antonio Carneiro	D2 D3	Rua do Pilar Calc da Serra	B4
Rua d Aurelia d Sousa	C1 D1	Rua de Camoes	B1	Rua do S Barao de Cosme	C3 D3
Rua d Azevedo Albuquerque	A3	Rua de Cedofeita	A2	Rua dos Bragas	A2
Rua d Bainharia	B3	Rua de Cervantes	A1	Rua dos Burgaes	A1
Rua d Belomonte	A3	Rua de Coutinho de Azevedo	D1	Rua Formosa	C3
Rua d Bolsa	A4	Rua de Entreparedes	B3 C3	Rua Gen Sousa Dias Duque d Loule	B3 C3
Rua d Caldeireiros	A3 B3	Rua de Faria Guimaraes	B1	Rua General Torres	B4
Rua d Clerigos	A3 B3	Rua de Fernandes Tomas	C2	Rua Guith Gomes Fernandes	A4 B4
Rua d Com d Porto	A3 A4	Rua de Fons eca Cardoso	B1 B2	Rua Lapa	B1
Rua d D Ag d Jesus e Sousa	C2 D2	Rua de Fontinha	C1	Rua Martires Liberdade	A2
Rua d Dr Alves da Veiga	C2	Rua de Gomes Freire	C3 D4	Rua Monte Pedral	A1
Rua d Dr Tiago d Almeida	A3	Rua de Gomes Leal	D2	Rua Nova da Alfandega	A3 A4
Rua d Duque d Terceira	C3 D3	Rua de Goncalo Cristovao	B2 C2	Rua Nova de S Crispim	D1
Rua d Ferreira Cardoso	D3	Rua de J A d Aguiar	D3	Rua Passos Manuel	B3 C3
Rua d Jose Falcao	A2 A3	Rua de Joao das Regras	B1	Rua Santo Isidor	C1
Rua d Mirante S Ty Carlos	A2	Rua de Joao IV	C2	S Dores	C3
Rua d Monte Cativo	A1	Rua de Latino Coelho	C1	Tv d Carregal	A2 A3
Rua d Nau Trindade	D1	Rua de Marciano de Azuaga	B4 C4	Tv d Salgueiros	A1 B1
Rua d Navegantes	D1	Rua de Miguel Bombarda	A2	Tv de Antero de Quental	B1