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Population

Approx. 11 million

Currency

Rouble, 1 Rouble = 100 kopeks

Opening hours

Most shops are open from 11 a.m. to 7 p.m. Banks are open from 10 a.m. to 5 p.m. Some offices are closed an hour for lunch. Many museums are closed on Mondays and Tuesdays.

Internet

www.waytorussia.net
www.moscow.info
www.moscow-city.ru

Newspapers

The Moscow Times
The Moscow Tribune
Newspapers contain tips about entertainment and events and can be found in restaurants and hotels for free.

Emergency numbers

112
Helpline for tourists:
free dial (select the Megafon network) 0333
+7 812 300 33 33

Tourist information

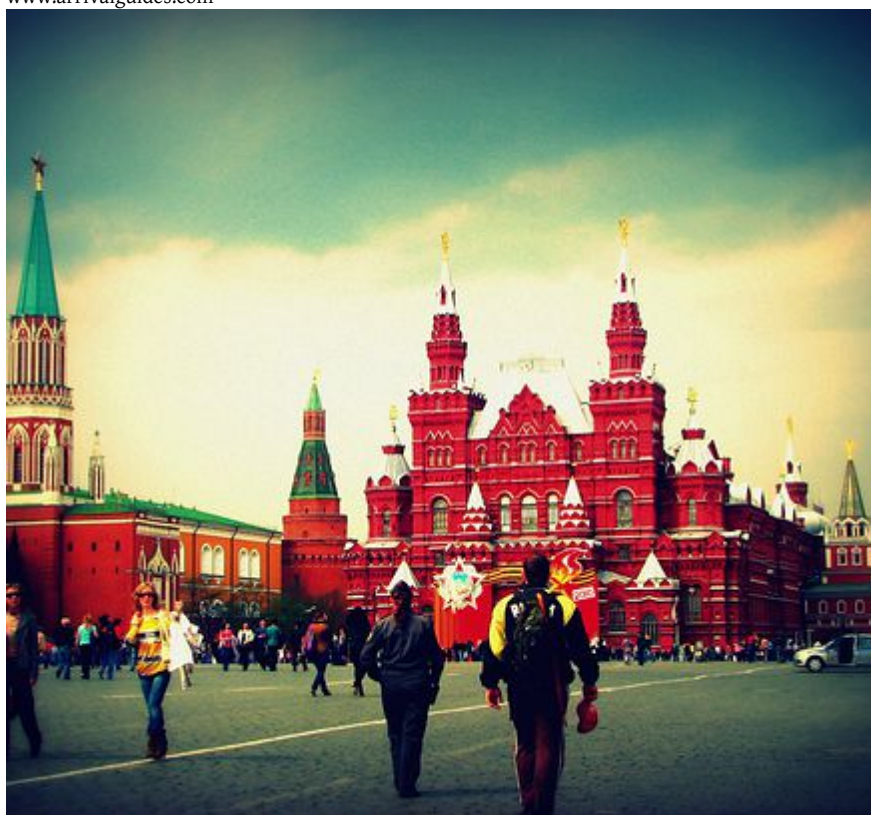
Address: Gostiny Dvor, 4 Ilyinka
Phone: +7 495 232 56 57

MOSCOW

PUBLISHING DATE: **2012-05-10** | COUNTRY CODE: **RU**

Contents: The City, Do & See, Eating, Cafes, Bars & Nightlife, Shopping, Sleeping, Essential Information, Maps

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Moscow is the city of contrasts, here you can find both the simple Bohemian and the glittering glamorous - a church dating from the 16th century covered in gold, next to a glass building from the 1990s. Salty caviar is washed down with sweet shampanskoye. And what represents this spirit better than Moscow's underground railway? For a few roubles you can travel between stations decorated with chandeliers and marble.

THE CITY



© Ed Yourdon

Since the 12th century the Kremlin has been the dead centre of the city, Ivan the Terrible and Stalin issued their orders from here. Today, the Kremlin's walls protect some of the country's most precious treasures.

Outside the walls lies Russia in constant flux. Since Gorbachov introduced perestrojka (restructuring) in 1985, the Communists have given way to a new generation of business-minded men and women hungry for progress. But besides the new, traditions are still being honoured: Russian authors, Orthodox churches and national cuisine.



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DO & SEE



© Chris

The Armoury in The Kremlin

If you yearn for gold, velvet and precious stones, you must go to the Armoury. The treasures collected over the centuries by the Russian tsars and princes can be found here. Some magnificent examples are the Fabergé egg and Catherine the Great's coronation dress.

Address: The Kremlin
Phone: +7 495 621 46 31
Internet: www.kreml.ru
More Info: Entrance from the Alexander Garden

The Red Square and The Lenin Mausoleum

Enclosed by GUM, the Kremlin and Vasilij Cathedral, the Red Square stands proud. Lenin also rests in his mausoleum here. Since 1924 he has been as carefully guarded, as he was embalmed.

Address: Krasnaya Ploshad'
Internet: www.lenin.ru, www.aha.ru/~mausoleu

St. Basil's Cathedral

With its round, brilliantly coloured cupolas, the cathedral looks like a fairytale castle. Ivan the Terrible had it built around 1550, in order to celebrate a victory over the Tartars and today the cathedral is one of the world's architectural wonders.

Address: Krasnaya Ploshad' 2
Opening hours: Closed on Tuesdays

The Tretiakov Gallery

With its 62 halls and 100.000 paintings, the Tretiakov Gallery contains the world's largest collection of Russian art. Fortunately, these are not all displayed together, but a few at a time.

Address: Lavrushkinskiy pereulok 10
Subway: Tretyakovskaya, Novokuznetskaya
Phone: +7 495 953 10 51
Internet: www.tretyakovgallery.ru

The Pushkin Museum Of Fine Art

A paradise for those interested in art. Here Impressionist and Post-Impressionist art mingle with older works by Rembrandt and Botticelli.

Address: Ulitsa Volchonka 12
Phone: +7 495 697 95 78 (in russian)
Internet: www.arts-museum.ru

EATING



© Steve Jurvetson

It is an adventure to go out and eat in Moscow. It is teeming with extravagant theme restaurants where you are transported through both time and space, suddenly you find yourself in Thailand, on a farm or in the last century. If you want to eat well for little you can go to some of the city's many Georgian and Armenian restaurants. There are also chains such as Moo-Moo and Yolki-Palki where you can serve yourself inexpensive, simple Russian fare. For the restaurants listed below you must always book in advance:

Café Pushkin

This is one of Moscow's finest restaurants. Go on a journey through time back to a sumptuous 19th

century. Here, well-dressed Muscovites enjoy caviar and the Franco-Russian cuisine. Open 24 hours. There is a grandiose breakfast buffet.

Address: Tverskoy Bulvar 26a
Phone: +7 495 739 00 33
Internet: www.cafe-pushkin.ru

Noev Kovcheg (Noah's Ark)

Noev Kovcheg serves award-winning Armenian food. While you're there, be sure to taste the famous Armenian cognac. The prestigious restaurant opened its doors to the public on July 17th, the same date that Noah's Ark settled on the mountain of Ararat, a date that is supposed to bring luck.

Address: Maliy Ivanovskiy pereulok 9
Phone: +7 495 917 07 17 / +7 495 628 29 29
Internet: www.noevkovcheg.ru

Scandinavia

Swedish chefs serve European food of a very high standard, the steaks are renowned. In the winter you can have a drink in the ice bar, and in the summer a cocktail in the courtyard.

Address: Maliy Palashevskiy pereulok 7
Phone: +7 495 937 56 30
Internet: www.scandinavia.ru

Maharaja

Maharaja is one of the best Indian restaurants located in the heart of the city. The staff is bilingual and the service is excellent. They focus on natural ingredients so you don't have to worry about artificial colouring or preservatives.

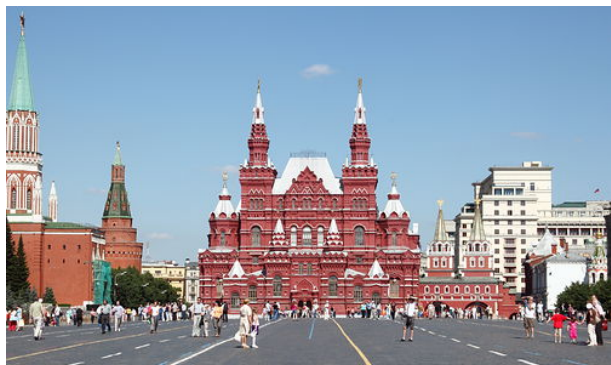
Address: Ulitsa Pokrovka 2/1
Phone: +7 495 921 98 44
Internet: www.maharaja.ru

El Gaucho

Argentinean restaurants are your best bet if you feel like a big and tasty steak. This one is no exception, the meat is fantastic and cooked over charcoal. Of course, they also have an extensive wine menu to match.

Address: 6 Zacepinsky Val Street
Phone: +7 495 953 2876
Internet: www.elgaucho.ru

CAFES



© Einar Fredriksen

The Russians love chocolate and sweets. The well-off like to go to one of the luxury hotels and enjoy a cake together with a cup of tea and a slice of lemon. A magnificent example is Vienna Café at the hotel Renaissance Moscow. Below are listed some more of Moscow's best known cafés.

Art Klub "nostalgie"

A charming café with a touch of Paris. While the little ones are enjoying the children's menu, the adults can study the wine list. 5.000 bottles are waiting to be uncorked in the wine cellar.

Address: Chistoprudniy bulvar 12a
Phone: +7 495 258 5668
Internet: www.nostalgie.ru

Upside Down Cake Company

A bakery inspired by the metropolis New York, white walls and granite table tops makes for a cool interior. The pastry menu is quite impressive, containing cupcakes, ciabatta sandwiches, coconut pie and a number of cakes, just to mention a few.

Address: 76 B. Gruzinskaya Street
Phone: +7 495 926 8397
Internet: www.upsidedowncake.ru

Kafé Margarita

This nice café, named after Bulgakov's novel "The Master and Margarita," lies next to the Patriarch's pond. Come here in the evening, have a beer and listen to violin and piano concerts.

Address: Malaya Bronnaya ulitsa 28
Phone: +7 495 699 65 34
Internet: www.cafe-margarita.ru

Coffeemia

This Moscow-based coffee shop chain has two cafés in the city centre and two in the Domodedovo airport. The thing uniting these coffee shops is the passion for coffee in all its forms. You can try a large number of espresso-based beverages or some of their cakes, pastries and desserts.

Address: Trubnaya sq., 2
Phone: +7 495 229 84 59
Internet: www.coffeemia.ru
More Info: Neighborhood: Philistine, "Neglinnaya Plaza" Commercial center

Bed Café

This is the perfect venue for a romantic date with your sweetheart, a café with a budoir theme full of white linen, white sofas and soft lighting.

Address: 6, Ulitsa Presnensky Val
Phone: +7 499 253 94 54
Internet: www.bed-cafe.ru

BARS & NIGHTLIFE



© Kyle Taylor

Vodka means “little water,” and many Russians also drink it as if it were water. It is no wonder that the atmosphere is so lively in Moscow’s bars and dance halls.

Vogue Café

This venue is the result of a collaboration between Vogue and well renowned Russian restaurateur Arkady Novikov. The chic and elegant interior draws the fashion friendly and glamorous people in for exotic cocktails.

Address: Ulitsa Kuznetsky Most Lubyanka
Phone: +7 95 923 1701

Night Flight

Night Flight is a well known night club amongst the party people in Moscow. This sophisticated club is Swedish-managed and boasts a gourmet restaurant, a VIP lounge and a disco bar with a live DJ.

Address: Tverskaya st., 17
Phone: +7 495 629 41 65
Internet: www.nightflight.ru

Irish Pub Belfast

Irish pubs all around the world all offer great atmosphere and hearty meals, this one is no exception.

Phone: +7 495 953 05 56
Internet: www.belfast-pub.ru

Sixteen Tons

At this popular English pub they brew their own beer - 16 ton - that has gotten several international awards. Upstairs there is a club with good live bands.

Address: Presnenskiy val, ulitsa 6
Phone: +7 499 253 53 00
Internet: www.16tons.ru

Propaganda

A club classic. Here famous DJs play for a good-looking and dancing crowd. Open every day with house music on weekends and "Propaganda Got Soul" on Tuesdays.

Address: Bolshoy Zlatoustinskiy pereulok 7
Phone: +7 495 624 57 32
Internet: www.propagandamoscow.com

SHOPPING



© Kyle Taylor

In order to satisfy the wishes of Russian business women, chic designer stores have opened their doors in Moscow. Today there is a risk that visitors will return home with considerably more expensive souvenirs than fur caps and Russian dolls.

Popular shopping streets are Noviy Arbat and the more exclusive Kuznetskiy, but the number one shopping street is Tverskaya ulitsa. Stalin had the street restored in the '30s, so here, too, there is evidence of his liking for massive, grey buildings.

Those who wish to start their shopping trip at one of the shopping centres with the finest old traditions in the world should head for GUM. The building was designed in the new Russian style at the end of 19th

century. During the Stalinist period, GUM was temporarily converted to offices. Now it accommodates, among other things, Galeries Lafayette, Dior and Benetton.

Yeliseyev's covered market is the name of Moscow's most famous delicatessen shop. During the Soviet period it was called Gastronom no. 1. It is here you buy your ration of vodka and caviar. The Russians are professional tea drinkers and at Chudesa Podnebesnoi you can find the finest Chinese teas.

For those who wish to visit a market, a trip to Vernisazh, the famous market in Izmailovo Park, is recommended. There are hundreds of stalls selling traditional souvenirs, but also porcelain and jewellery. Don't be afraid to bargain, if it does not work at the first stall, then maybe at one of the subsequent 99.

Families with children can have a wonderful time at Detskiy Mir – the children's department store, which is full of an interesting mixture of Russian and imported toys.

SLEEPING



© Bernt Rostad

Prices fluctuate depending on the season and the country's economy. There may be additional charges in the form of reservation fees and taxes. Hotels often indicate their prices in dollars or euros.

Hotel Metropol

The city is proud of the Metropol, known for its impressive dining room with a domed glass roof. The 5-star hotel is built in beautiful Art Nouveau style, in the vicinity of Red Square.

Address: Teatralniy proezd 2
Phone: +7 499 501 78 00
Internet: www.metropol-moscow.ru

Hotel Savoy

5-star Savoy is one of Moscow's most popular hotels, built in 1912, and recently restored. The interior, with its murals and chandeliers, gives a flavour of pre-Revolutionary Russia. Good service, perfect location and a popular restaurant.

Address: Ulitsa Rozhdestvenka 3
Phone: +7 495 620 85 00
Internet: www.savoy.ru

Vanilla Bed & Breakfast

This Bed & Breakfast abides by three words: Affordable, Personal and Private. The location in the city centre combined with spacious rooms and a homey feeling make this place appreciated by many.

Address: Bol. Kozikhinskiy per. 4
Phone: +7 926 539 1489
Internet: www.vanillabnb.com

Jazz Hotel

This little inn has spacious accommodation with an exciting contemporary design. The staff welcomes you with open arms, the rooms are clean and the WiFi is always available with a strong connection.

Address: 2 Starokashirskoe Shosse
Phone: +7 499 613 8008
Internet: www.jazzhotel.ru

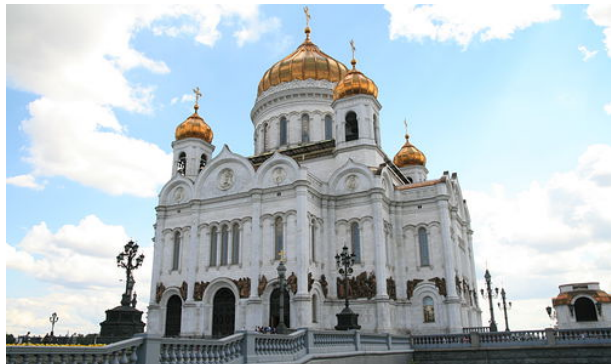
Royal-Zenith Hotel

Royal-Zenith Hotel is located in the leisure resort Serebryaniy Bor with plenty of facilities and entertainment to make your stay pleasant. The hotel has a sports and health center, two restaurants with bars and live music every night, several cafés, roof-top solarium and even a bar in the sauna.

Address: 49 B Ulitsa Tamanskaya
Phone: +7 495 721 90 00
Internet: www.royal-zenith.ru
More Info: Free accommodation for children under 12 in hotel rooms

with their parents

ESSENTIAL INFORMATION



© Bernt Rostad

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Köp valuta utan avgift hos FOREX Bank.

FOREX  **BANK**

Exchange Office

There are more fun things to do on your holiday than look for exchange offices or ATMs. Exchange your currency before you leave and get time to do things that you really want. At Forex Bank you can always buy foreign currency free of charge, at hours that suits you. For more info about Forex Bank visit our website or click:

<http://www.forex.se/sv/Om-FOREX/Bankbutiker/>

Airport

The largest international airport in Moscow is Sheremetyevo 2. For domestic travel and to countries within the former Soviet Union there are four smaller airports. Sheremetyevo 2 is located 30 km from the centre and it is easiest to take a taxi.

You can usually book a taxi in advance through the hotel or travel agency. Alternatively, there are two different bus routes. They will take you halfway to the centre where you must change to the underground railway (you may have to walk a bit).

Internet: www.svo.aero

Public Transport

Moscow has one of the world's most beautiful underground railways. Furthermore, it operates quite efficiently. The price of one journey is 22 Rbl.

In addition, there are buses, trolley buses and trams. Tickets for these can be bought at kiosks in the street or from the driver and validated once aboard.

Taxi

It is easiest to get a taxi the traditional way: stand in the street and hold out your arm. Civilian cars like to operate as taxis, the official taxis have a chequered logo on the side and a green lamp on the windscreen. Taxi meters are seldom used, so agree on a price before travelling.

Pharmacy

Address: Kutuzovskiy prospekt 8

Dentist

US Dental Care

Address: 7/5 Bolshaya Dmitrovka

Phone: +7 495 933 8686

More Info: Building 2

Tips

Medical care may be very expensive if you do not have insurance. Hotels often have their own doctor, so start there.

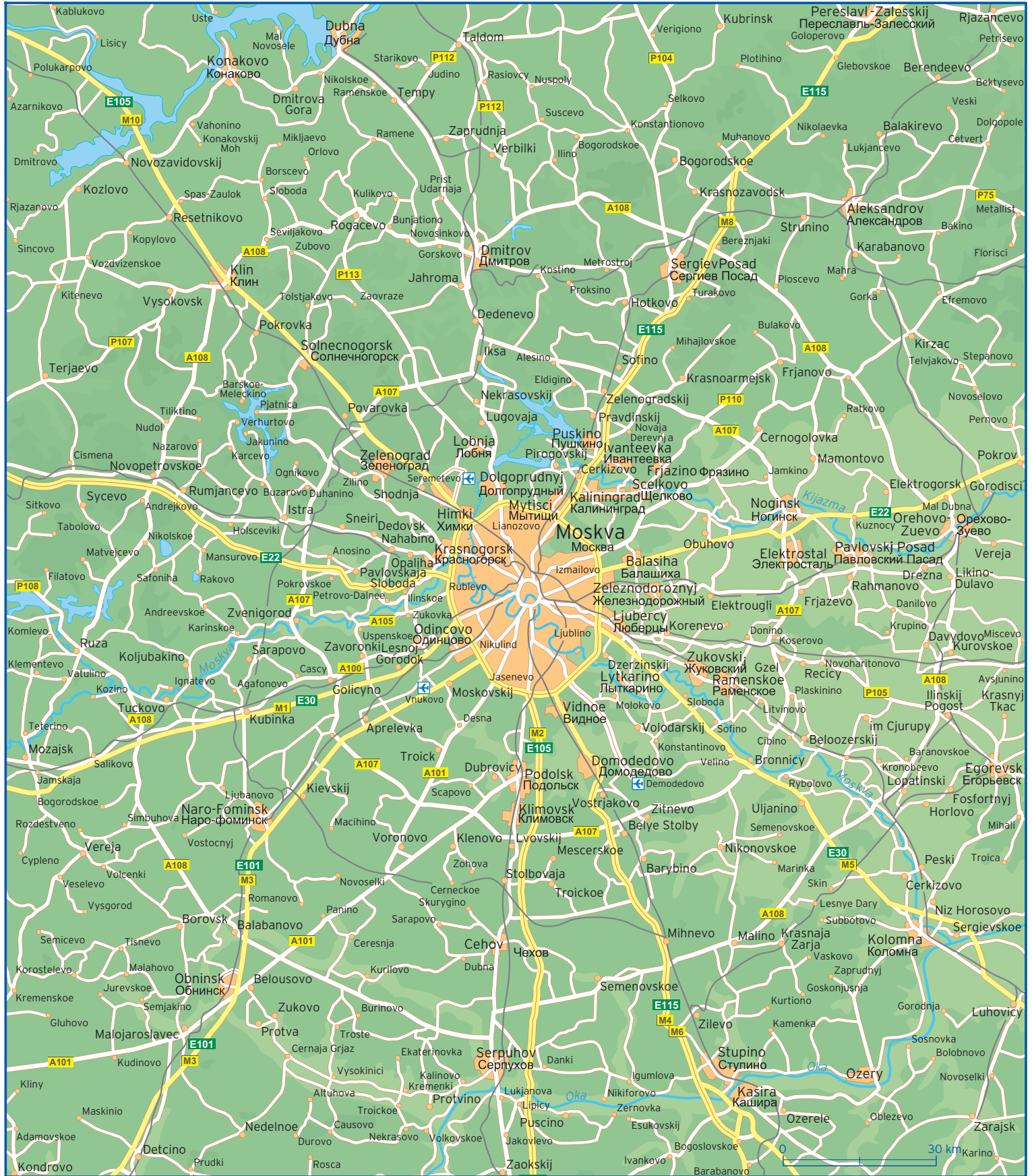
Telephone

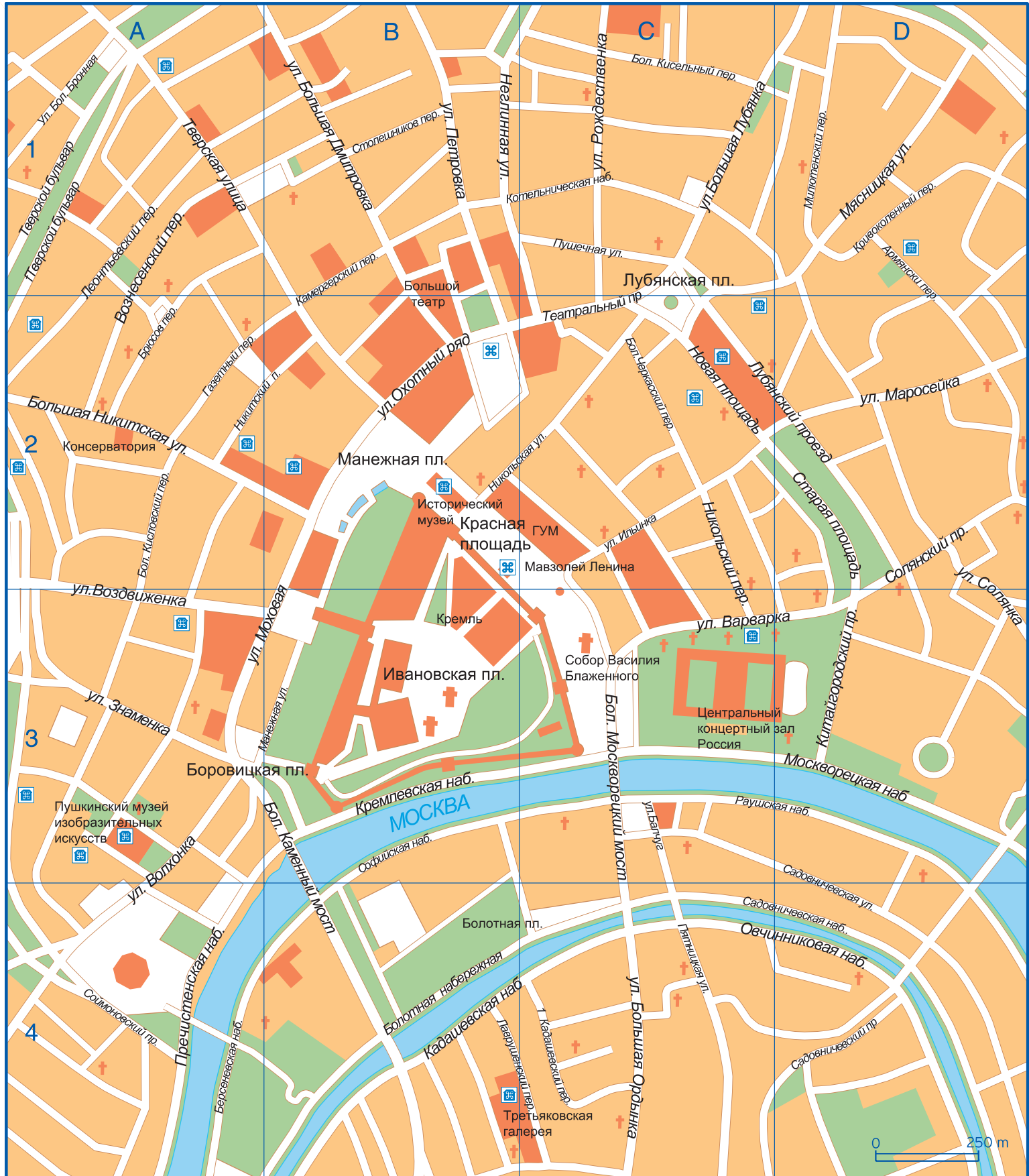
National code: +7

Area code: 495 if you're dialling within the country,
dial 8 before the area code.

Electricity

220 volt





		Вознесенский пер.	A1 A2	Садовничевская наб.	C4 D4
		Газетный пер.	A2 B2	Садовничевская ул.	C3 D3 D4
		Ивановская пл.	B3	Садовничевский пр.	C4 D4
		Кадашевская наб.	B4 C4	Соймоновский пр.	A4
		Камергерский пер.	B1 B2	Солянский пр.	D2
		Китайгородский пр.	D3	Софийская наб.	B4 B3 C3
		Котельническая наб.	B2 C2	Старая площадь	D3
		Красная площадь	B2 C2 C3	Столешников пер.	B2
		Кремлевская наб.	B3 C3	Тверская улица	A1 B2
		Кривоколенный пер.	D1	Тверской бульвар	A1 A2
		Лаврушенский пер.	B4 C4	Театральный пр.	C2
		Леонтьевский пер.	A1 A2	ул. Балчуг	C3
		Лубянская пл.	C1 C2	Ул. Бол. Бронная	A1
		Лубянский проезд	C2 D2	ул. Большая Дмитровка	B1 B2
		Манежная площадь	B2	ул. Большая Лубянка	C1 D1
		Манежная ул.	A3 B3	ул. Большая Ордынка	C3 C4
		Милютенский пер.	D1	ул. Варварка	C3 D3
	C4	Москворецкая наб.	C3 D3	ул. Воздвиженка	A2 B2
	D1 D2	Мясницкая ул.	D1	ул. Волхонка	A3 A4
	A4 B4	Никитский пер.	A2 B2	ул. Знаменка	A3
	B3 B4	Никольская ул.	B2 C2	ул. Ильинка	C2
	C1	Никольский пер.	C2 C3	ул. Маросейка	D2
	A2	Новая площадь	C2	ул. Моховая	A3 B3 B2
	C3	Овчинниковская наб.	C4 D4	ул. Неглинная	C1 B1 C2
	C2	Пречистенская наб.	A3 A4	ул. Охотный ряд	B2
	B4 C4	Пушечная ул.	C2	ул. Петровка	B1 B2
	B3 C3	Пятницкая ул.	C4	ул. Рождественка	C1 C2
	A2 B2	Раушская наб.	C3 B3	ул. Солянка	D2 D3
	A3				
	A1 A2				
1 Кадашевский пер.					
Армянски пер.					
Берсеневская наб.					
Бол. Каменный мост					
Бол. Кисельный пер.					
Бол. Кисловский пер.					
Бол. Москворецкий мост					
Бол.Черкасский пер.					
Болотная наб.					
Болотная пл.					
Большая Никитская ул.					
Боровицкая пл.					
Брюсов пер.					