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#### Population

128 000

#### Currency

Euro, €1 = 100 cents

#### Opening hours

Shops are generally open from 9 am to 1.30 pm and between 5 pm and 6 pm. Banks are open from 8 am to 2 pm.

#### Internet

[www.turismolanzarote.com](http://www.turismolanzarote.com)

[www.lanzarote.com](http://www.lanzarote.com)

[www.discoverlanzarote.com](http://www.discoverlanzarote.com)

#### Newspapers

In Spanish: La Voz de Lanzarote

In English: The Entertainer

#### Emergency numbers

112

#### Tourist information

Tourism Society

Address: Ave. Blas Cabrera Felipe

Tel: +34 928 811 762

Email: [info@turismolanzarote.com](mailto:info@turismolanzarote.com)

[www.turismolanzarote.com](http://www.turismolanzarote.com)

# LANZAROTE

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Contents: The City, Do & See, Beach Life, Eating, Cafes, Bars & Nightlife, Shopping, Sleeping, Essential Information, Maps

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Sun, warmth and relaxation are just the start. More than 300 volcanic peaks create a fascinating lunar landscape on the “Island of Fire,” the landscape of which is tinged with pink, purple and ochre. Subterranean caves, tunnels and lakes entice the calmest visitors to seek adventure. For surfers, moreover, Lanzarote is the Canary Island with the most perfect waves. It’s often rumored that the island was once part of the lost city of Atlantis... come see for yourself!

## THE CITY



© tegioz

The influence of Africa is greater than that of Europe. But it was a European – Lancelotto Malocello, from Genoa – who “discovered” the island in 14th century. Lanzarote’s 795 square kilometres of land are a lava landscape painted with Canary Islands’ most beautiful pallet. There are camels everywhere – the island’s farming livestock from the coast of the African mainland 120 kilometres away. Although there is only 144 millilitres of rainfall a year, fresh produce – mainly onions – are grown and the average temperature on the white beaches of Playa Blanca and Papagayo is a steady 22 degrees Celsius.

Enjoy the holiday atmosphere and entertainments in resorts such as Costa Teguisse and Playa del Carmen. That’s when the adventure begins. Lanzarote’s landscape is unique, as indicated by the fact that UNESCO has created a nature reserve. The lava tunnel of Atlantida, and the caves of La Cueva de los Verdes and Jameos del Agua allow for fascinating expeditions into the Earth. See the crab that dances when it hears music, sample fiery wines, delicious fresh fish and discover the interesting lava features in the architecture!



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## DO & SEE



© Andrea

In Lanzarote you can enjoy a wonderful mix of nature, culture and just simple relaxation. Experience the UNESCO Timanfaya National Park, visit the home of the world famous architect César Manrique or spend you days at the beach.

### Timanfaya National Park

UNESCO designated the Timanfaya volcanic field a national park in 1993. The 200 square kilometre area affords an interesting geological phenomenon and contains 180 types of plant. Only ten metres below, in the Earth’s interior, the temperature reaches 600 degrees Celsius! Timanfaya is a living laboratory for biological research. The area was completely destroyed by repeated volcanic eruptions between 1730 and 1736, and later in 1824. Not surprisingly, one of the peaks is called Fire Mountain.

Subway: Local bus (guaguas), hire a camel and ride to Fire Mountain, hire a car or take a taxi.  
Opening hours: 9 am–5 pm  
Internet: [www.lanzarote.com](http://www.lanzarote.com)

### **Puerto Del Carmen**

Low, sugar-lump houses and over six km of sandy, golden beaches: Welcome to Lanzarote's tourist centre. Water sports such as windsurfing, diving and angling are popular. There is much to offer in the way of restaurants, nightlife and shopping. Good wines and evening strolls on Puerto del Carmen's beach promenade – with a gentle sea-breeze, the sound of laughter and the start of nightlife – are a life-affirming experience.

### **The César Manrique Foundation**

The world-renowned architect César Manrique's (1919-1992) studio and home house both his foundation and a fine art collection with works by, among others, Picasso, Miró and Chillida. The house is a perfect example of César Manrique's art. Volcanic bubbles are incorporated into modern architecture. The building and garden were built on a lava pile from the period of volcanic eruption from 1730 and 1736.

Address: Taro de Tahiche  
Phone: +34 928 843 138  
Internet: [www.fcmanrique.org](http://www.fcmanrique.org)  
More Info: [fcmanrique.org](mailto:fcmanrique.org)

### **Arrecife**

The Canary Islands' largest fishing fleet is found in the capital. Go down to the harbour with a plastic bag with a bit of luck, a fishing boat will berth. Visitors are sometimes given 10-12 sardines as a present. See the harbour, the construction of which was started in the 15th century, and the fortifications of Castillo de San Gabriel from 1574, and Castillo de San José from 1771. Arrecife is Lanzarote's commercial centre with onions as an important export. A more original export is a pigment from a louse – cochineal. The louse lives on a cactus and contains a concentrated dose of red pigment which is used to colour Campari and lipstick.

### **Jameos Del Agua And Cueva De Los Verdes**

One of the world's most interesting cave formations is to be found 27 km north of the capital, Arrecife. When the volcano Monte de la Corona erupted 3,000 years ago, a subterranean complex of caves and lakes was

created – Jameos del Agua. One of them is 62 m long and 21 m high. Here you can find everything from courtyards to subterranean auditoria.

Cueva de los Verdes is adjacent with its 7 km long volcanic tunnel. There is a subterranean lake in the largest cave.

Phone: +34 928 848 020  
Internet: [www.lanzarote.com](http://www.lanzarote.com)

### **BEACH LIFE**



© Andrea

It is lovely to go swimming on Lanzarote, but the sea can be wild. Red flags mean that swimming is forbidden. Yellow flags mean that swimming is at your own risk and green flags mean off you go! The best beaches are generally at the southern end of the island – the Papagayo half of the island.

### **Playas Del Papagayo**

At the southern end of Lanzarote there is a candidate for the title of "Spain's most beautiful beach." A small bay with a little island in front of it and a mountain of white sand. This is where you find Lanzarote's unbeatable beaches.

Address: Playas del Papagayo  
Subway: Transport by local bus, hire car or taxi

### **Playa Blanca**

This beach, near Papagayo, is characterised by its white sand and the atmosphere of a genuine fishing village. Ideal for families and water sports enthusiasts. Ferries go to Fuerteventura.

Address: Playa Blanca  
Subway: Transport by local bus, hire car or taxi

### Arrecife

Arrecife's best beach is considered to be Playa El Reducto, to the south of Lanzarote's capital.

Address: Arrecife

### Costa Teguisse

There are all kinds of windsurfing in Costa Teguisse, on the beach at Las Cucharas. Furthermore, there are many underwater excursions and genuine nightlife.

### La Graciosa Beaches

La Graciosa is a small island situated north of Lanzarote in what's called the Chinijo Archipelago. La Graciosa is the largest island in the Chinijo Archipelago with different types of beaches. The two communities on the island is Caleta de Sebo, where most residents live and Casas de Pedro Barba. The island is in addition to upland areas almost entirely composed of volcanic sand.

Address: La Graciosa

## EATING



© Fernando

Fresh fish and papas arrugadas – Canary potatoes cooked in salt in their skins – one of the best dishes. Eat spicy Mojo sauce with the potatoes! Also try grilling lamb on real volcanic embers.

### La Dolce Vita Due

Cosy, intimate and lively with pizzas baked in a wood oven and fresh, homemade pasta with delicious sauces... Low prices at midday. Try their ice cream for dessert!

Address: Avenida de las Playas 31  
Phone: +34 928 511 161

### La Cañada Restaurant

This restaurant is considered to be one of the Canary Islands' best with regard to service. Furthermore, rated best for food and ambience in most surveys. Seats around 100 people with good service and a medium price-range.

Address: Calle Cesar Manrique, 3  
Phone: +34 92 851 2108  
Internet: [www.restaurantelascanadas.com](http://www.restaurantelascanadas.com)

### El Diablo

With temperatures of 600 degrees Celsius, the luncheon restaurant Diablo specialises in grilling in real volcanic embers in the Timanfaya National Park. Lamb, fish and Canary potatoes.

Address: Timanfaya National Park  
Phone: +34 928 840 056

### La Cabaña Restaurante

Call and make a reservation in good time as it tends to fill up pretty fast here. Lovely atmosphere and the food is cooked to perfection.

Address: Crtra Macher Yaiza 84  
Phone: +34 650 685 662  
Internet: [www.lacabanamacher.com](http://www.lacabanamacher.com)  
More Info: [lacabanamacher@hotmail.com](mailto:lacabanamacher@hotmail.com)

### Mikes Restaurant

Mike might not be so big but the food plates sure are. This is the place to go to if you are in the mood for BBQ. Here you will find steaks, ribs, chicken wings and much more!

Address: Avda. Islas Canarias  
Phone: +34 669 813 367  
Internet: [www.mikes-restaurant.net](http://www.mikes-restaurant.net)

## CAFES



© garycycles7

In Lanzarote you can find many lovely cafés with a wide variety of different snacks and desserts to choose from. Enjoy a smoothie or a coffee in the wonderful sun.

### César Manrique Café

This café, fashioned out of the lava, is to be found in the famous architect's garden in Tahiche and offers art, culture and natural beauty.

In the afternoon this is a café, but in the evening things hot up at this little gem in Arrecife.

Address: César Manriques Foundation

Internet: [www.cesarmanrique.com](http://www.cesarmanrique.com)

### Lighthouse Café

Tasty homecooked meals and amazing staff, those are two of the strongest points when it comes to the Lighthouse Café. They also offer internet access. The menu is extensive so prepare for a delish lunch!

Address: Faro Park  
More Info: Saturday equals pool table & live music!

### Café Aroma

This is really a small snack bar serving fresh sandwiches made to your request. They have homemade scones with jam and cream that will make your mouth water and a wide range of coffees and teas.

Address: Avenida Papagayo  
Phone: +34 660 911 485  
More Info: Playa Blanca

### Sandra's Cafeteria

This café has a wide selection of fresh sandwiches, exquisite cakes and they staff always service with a smile. There is a terraced area and they offer Wifi for their customers. Also, there is an impressive collection of different types of tea bags - black, green, lemon, mint, summer fruits, lime blossom, cinnamon and many more.

Address: Avenida de Papagayo  
Phone: +34 928 517 940

### Surf Corner Vegetarian Cafe

This is a vegetarian café which offers delicious juice, freshly made sandwiches and wraps. Strongly recommended!

Address: Las Cucharas Beach  
More Info: Costa Teguisse

## BARS & NIGHTLIFE



© Teo Romera

In Puerto del Carmen and Costa Teguise the nightlife is young and lively. Try any of the cocktail lounges with the sun going down for that extra touch. Canary Islanders eat late and this influences the nightlife. Many clubs stay open until breakfast time.

### San Miguel

One of the liveliest pubs in Puerto del Carmen specialises in serving a wide range of beers – not only Spanish beer as the name implies. Cocktails, drinks and alcohol-free beverages in cosy surroundings with music.

Address: Avenida del Varadero  
Phone: +34 928 515 265

### Charlie's Bar

Charlie's Bar is great fun! Friendly staff, great live music makes it almost certain that you will come here more than once during your vacation.

Address: Centro Atlantico  
Phone: +34 928 833 967  
Internet: [www.charlieslanzarote.com](http://www.charlieslanzarote.com)  
More Info: Puerto del Carmen

### The Purple Turtle

This is a lovely bar that serves good food, delicious drinks and has a pool to dive into whenever you get too hot. As the beer is cheap the place gets busy!

Address: 32 calle reina sofia  
Phone: +34 928 510 449  
More Info: [kdneale@hotmail.com](mailto:kdneale@hotmail.com)  
Puerto Del Carmen

### Wax Bar

If you feel the itch for sports then this is the bar to find. While you are there, try out their karaoke machine!

Address: Centro Comercial Papagayo  
Internet: [www.waxbars.com](http://www.waxbars.com)  
More Info: Playa Blanca

### Marina Rubicon

Stroll along the marina and take a pick from many cosy bars and restaurants. Here you are guaranteed to find a nice place to take a drink and enjoy the view.

Address: Urbanizacion Castillo del Aguila  
Phone: +34 928 519 012  
More Info: [info@marinarubicon.com](mailto:info@marinarubicon.com)  
Playa Blanca

## SHOPPING



© Chris

Lanzarote is a Tax Free zone which means low prices – above all for alcohol, perfume, Cuban cigars and cigarettes. Hot tips for those who want to buy something typical from the island of Lanzarote are local lacework, baskets or pottery made by the indigenous population, the *guancher*. There are shops in all the main resorts in Calle Real, which is really called Calle Leon y Castillo, in Arrecife, in the Biosfera Shopping Centre in Puerto del Carmen (with clothes shops like Zara) and in the Deiland Centre in Playa Honda, where besides shops of all sorts, there are also cosy cafés and a cinema.

It can pay off to buy electronics. Ask for a discount – it's part of the process. Also, make sure that you try to

haggle before you leave the shop with purchased goods. In Lanzarote's old capital, Teguise, there is a market every Sunday from 8.30 am and 2 pm. Everything from jewellery to paintings and local wines. On Friday evening there is an arts and crafts market in Pueblo Marinero. The shops in the area stay open and there is a lively atmosphere in the cafés.

## SLEEPING



© Noam, Jemima & Lila

Whether you are planning a vacation, a special weekend or a business meeting, rest assured, you will find a place that appeals to you. Lanzarote offers a wide range of accommodation to suit all needs, a diverse collection of modern hotels and guest houses.

### Finca La Corona

Beautiful, high-class apartments – including the most fantastic view of the area around the volcano of La Corona. Six apartments are located right between the volcano and the viewpoint Mirador del Rio. Subterranean tunnels, caves and water within ten minutes' walk.

Address: Las Rositas 8  
Phone: +34 619 231 904  
Internet: [www.rural-villas.com](http://www.rural-villas.com)  
More Info: [info@rural-villas.com](mailto:info@rural-villas.com)

### Casa Tomaren

A night in a beautifully restored 18th-century house in the centre of Lanzarote is unforgettable. The house is in the centre of the lava landscape, surrounded by fruit trees, palms and plants. Here you will find pool, spa and yoga.

Address: El Islote calle El parral, 144  
Phone: +34 928 522 618  
Internet: [www.tomaren.com](http://www.tomaren.com)  
More Info: [info@tomaren.com](mailto:info@tomaren.com)

### Hotel Natura Palace

This spa hotel with all facilities is near the beach in Playa Blanca. Close to shopping, centre and entertainments, ideal for couples!

Address: Urbanización Montaña Roja  
Phone: +34 928 519 070  
More Info: Playa Blanca

### Residencia Golf Y Mar

Residencia Golf Y Mar is an intimate apartment hotel in private surroundings. Near the harbour and golf course.

Address: Las Piteras 6  
Phone: +34 678 921 920  
Internet: [www.golfymar.com](http://www.golfymar.com)  
More Info: [info@golfymar.com](mailto:info@golfymar.com)

### Hotel San Antonio

Hotel San Antonio is located just by the lively beach in Playa Los Pocillos. There are three pools, a cocktail bar, cafeteria and restaurant.

Address: Avenida de las Playas, 84  
Phone: +34 928 514 200  
Internet: [www.vikhotels.com](http://www.vikhotels.com)  
More Info: Puerto del Carmen

## ESSENTIAL INFORMATION



© wiseGuy71

## KOM IHÅG ATT VÄXLA INNAN DU RESER!

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### Exchange Office

There are more fun things to do on your holiday than look for exchange offices or ATMs. Exchange your currency before you leave and get time to do things that you really want. At Forex Bank you can always buy foreign currency free of charge, at hours that suits you. For more info about Forex Bank visit our website or click:

<http://www.forex.se/sv/Om-FOREX/Bankbutiker/>

### Airport

Lanzarote Airport is in San Bartolomé. Every year around 5.5 million people land here and the airport is expanding rapidly. The local bus stops right outside the Arrivals Hall. The journey to Arrecife takes around 15 to 25 minutes. From there, there are connecting buses to holiday resorts such as, for example, Playa del Carmen.

Phone: +34 91 321 10 00

Internet: [www.aena.es](http://www.aena.es)

### Public transport

Distances on the island of Lanzarote (800 km<sup>2</sup>) are not great and getting about by local bus is easy. There is a good transport network and most places of interest are accessible by local transport. All resorts are reached via Arrecife.

Phone: +34 928 811 522

Internet: [www.lanzarote.com](http://www.lanzarote.com)

### Taxi

There are plenty of taxis in the large tourist resorts. But remember that public transport is good and that it is often significantly cheaper.

Furthermore, Lanzarote is well-known for keeping hire car prices low. Normally, you hire the car with a full tank and return it full.

Radio Taxi, Arrecife

+34 928 800 806

Phone: +34 928 803 104

Internet: [www.lanzarotetaxi.com](http://www.lanzarotetaxi.com)

### Post

The post office is open from 9 am to 9 pm except for Saturdays when it is open from 9 am to 2 pm. Stamps are also available from tobacconists'.

You will find post offices on all the main resorts, Costa Teguisse, Playa Blanca and Puerto del Carmen.

### Pharmacy

There are pharmacies across the island. In Arrecife there is a pharmacy which is often open 24 hours – Farmacia Consuelo Pez.

Address: Calle Mejico, 70

Phone: +34 928 812 566

**Electricity**

220 V / 50 Hz

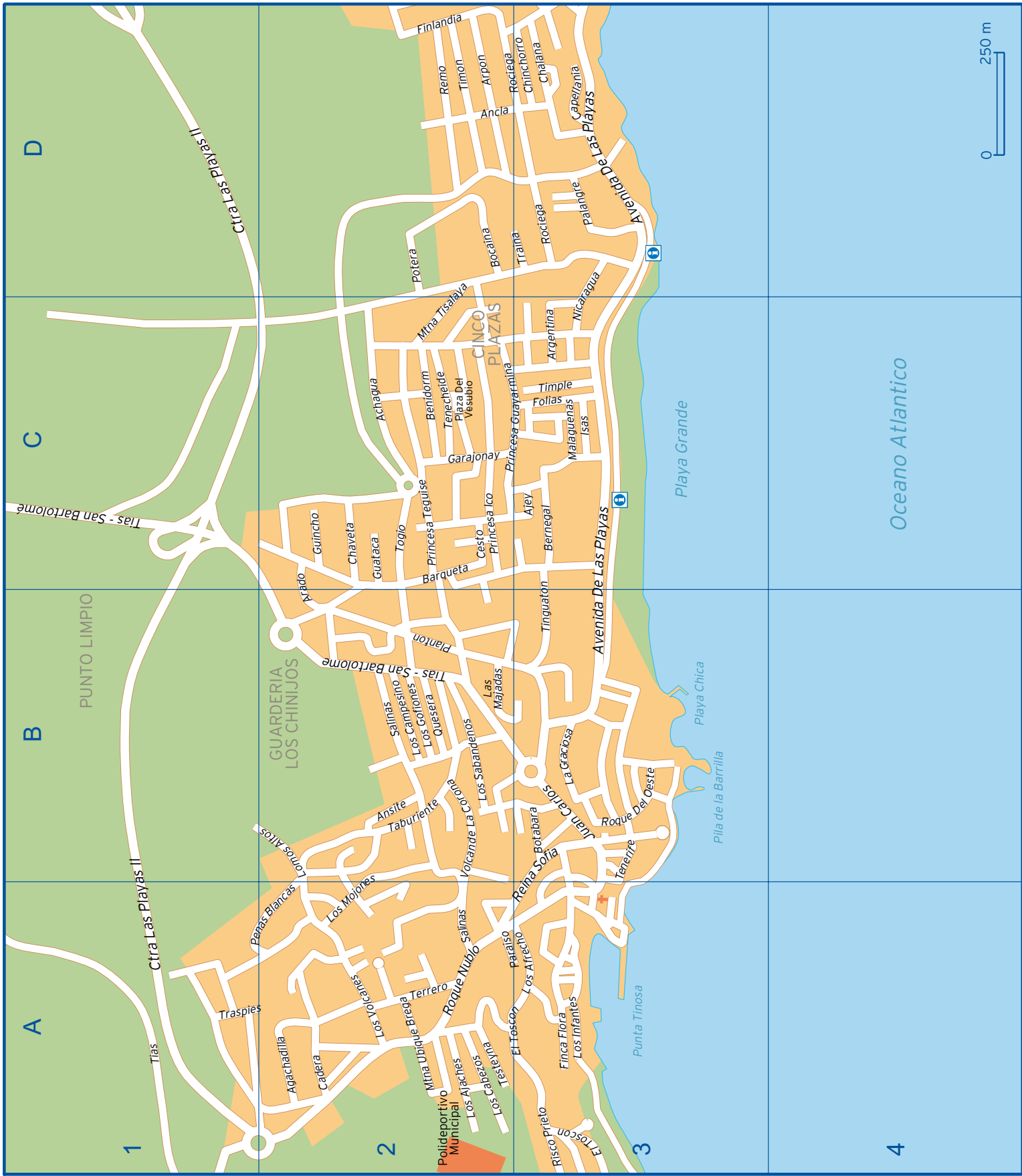
**Telephone**

Country code: +34

Area code: 0928







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PUNTO LIMPIO

GUARDERIA  
LOS CHINIJOS

Ctra Las Playas II

Tías - San Bartolome

Ctra Las Playas II

Tías

Traspies

Agachadilla

Cadera

Los Yocáines

Los Mojores

Los Sabanderos

Los Campesinos

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|----------------------------|----------|----------------------|----------|------------------------|-------|
| Academia Brasil            | C4       | Ciudad Real          | A2       | Hernandez Pacheco      | A2    |
| Achagua                    | C2       | Clavuo y Fajardo     | C3       | Hinos Alvarez Quintero | A2    |
| Agachadilla                | A2       | Cobos                | A2       | Hinos Zero             | B4    |
| Agrup Los Campesino        | B2       | Colombia             | A3       | Hipolito Frias         | D3    |
| Agrup Los Gofiones         | B2       | Conde De Niebla      | B3       | Honduras               | B1 B2 |
| Ajey                       | C3       | Cordoba              | B3 C3    | Huelva                 | B2 C2 |
| Alava                      | D1       | Coronel Capaz        | B2 C2    | Ibiza                  | C2 D2 |
| Alc Lorenzo Cabrera        | A2       | Crucero Baleares     | C1       | Igausu                 | A1    |
| Alcalde Gines De La Hoz    | A2 A3    | Ctra Las Playas II   | A1 B1 D1 | Igualdad               | B4    |
| Almeria                    | B1       | Cuenca               | B2       | Inge Paz Peraza        | C3 C4 |
| Ancla                      | D2       | Del Norte            | B3       | Isas                   | C3    |
| Andalucia                  | B2 C2    | Dieciocho Julio      | B4       | Jaen                   | B2    |
| Angel Ganivet              | B2       | Domantes De Sangre   | C2       | Jerez                  | B2 B3 |
| Ansite                     | B2       | Dr Alfonso Spinola   | C3       | Jose Antonio           | A4    |
| Apolo                      | B3       | Dr Fleming           | B3       | Jose Betancort         | B4    |
| Aquil Fdez                 | C4       | Dr Gomez Ulla        | B3       | Jose Ortega Gasset     | A3 A4 |
| Arado                      | B2 C2    | Dr Gregorio Maranon  | A2       | Jose Pereyra           | A2 B2 |
| Arcipreste De Hita         | C1       | Dr Ramon Y Cajal     | B2       | Juan Carlos            | B3    |
| Argentina                  | A3 A4    | Dr Severo Ochoa      | A2 A3    | Juan Sebastian Elcano  | B2    |
| Argentina                  | C3       | El Antonio           | B2       | Juan XXIII             | A2    |
| Arniches                   | B2       | El Carenero          | C2       | La Anaza               | C3    |
| Arpon                      | D2       | El Greco             | A4       | La Fermina             | B2    |
| Augusto Lorenzo            | A3       | El Isleno            | A2       | La Graciosa            | B3    |
| Avenida Coll               | C4       | El Malacabado        | C3       | La Joaquina            | B2    |
| Avenida De Las Playas      | B3 C3 D3 | El Pedro             | A4 B4    | La Marina              | B4    |
| Avenida De Naos            | D3       | El Rafael            | A2       | La Mercedes            | C3 D3 |
| Avenida Olof Palme         | D3 D4    | El Salvador          | B2       | La Palma               | C3    |
| Avenida Rafael Glez Negrin | A4 B4    | El Toscon            | A3       | La Pardela             | A1    |
| Avenida Vargas             | C4       | El Vicente           | A2       | La Porra               | B4    |
| Barqueta                   | C2       | Emilio Rev           | B4 C4    | La Rosa                | C3    |
| Benidorm                   | C2       | Enrique Suarez       | C1       | La Santa Maria         | A2    |
| Bernegal                   | C3       | Escotilla            | D2 D3    | La Sotileza            | C3    |
| Bilbao                     | D1       | Eugenio Doris        | A4       | Laguna                 | B3    |
| Blas Cabrera Topham        | A3 B3    | Extremadura          | C3       | Las Majadas            | B2    |
| Bocaina                    | D2       | Fajardo              | B4       | Lebrillo               | A3    |
| Borges Diaz                | C3       | Fasnia               | C1       | Leon                   | C2    |
| Botabara                   | B3       | Fayna                | A1       | Leon y Castillo        | B3 C3 |
| Botavara                   | D2       | Fco Acosta Espinosa  | A2       | Lomos Altos            | B2    |
| Brasilia                   | A3 B3    | Finca Flora          | A3       | Los Afrecho            | A3    |
| Cadera                     | A2       | Finlandia            | D2       | Los Ajaches            | A2    |
| Cadiz                      | C2       | Folias               | C3       | Los Cabezos            | A2    |
| Calderon De La Barca       | B2 C2    | Fray Luis De Leon    | C2       | Los Infantes           | A3    |
| Calle Colegio              | B4       | Fred Olsen           | A4       | Los Mojones            | A2 B2 |
| Calle De Colon             | B3       | Gaire                | A2       | Los Sabandenos         | B2    |
| Calle Francos              | B4       | Galvia               | B2       | Los Volcanes           | A2    |
| Calle Guenia               | A3 A4    | Garajonay            | C2       | Luis Braille           | A2    |
| Calle La Inez              | A4 B4    | Garcia Escamez       | A3 B3    | Luis De Guadarfia      | A2    |
| Calle Velazquez            | C3       | Gincho               | D2       | Luis Morote            | B4    |
| Calvo Sotelo               | A3 A4    | Gob Garcia Hernandez | C3 D3    | Malaga                 | B1    |
| Canalejas                  | B4       | Gongora              | A3       | Malaguenas             | C3    |
| Capellania                 | D3       | Gran Canaria         | B3       | Managua                | A1    |
| Caracas                    | A1       | Granada              | C1       | Mar De Plaza           | A1    |
| Carlos III                 | A2       | Guadalajara          | A1       | Maracaibo              | A1    |
| Carretera A Los Marmoles   | D2       | Guanareme            | A1       | Marques Santillana     | C1    |
| Catalunya                  | B3 C3    | Guasia               | B1       | Martin                 | A2    |
| Cervantes                  | C1       | Guataca              | C2       | Mastelero              | D3    |
| Cesto                      | C2       | Guatemala            | A3       | Mejico                 | A3    |
| Chalana                    | D3       | Guatisea             | B1 C1    | Menendez Pelayo        | B2 C2 |
| Chaveta                    | C2       | Guigoa               | B1       | Miguel P De Rivera     | B4    |
| Chimia                     | B1       | Guillermo Tophan     | C1 C2    | Monterrey              | A1    |
| Chinchorro                 | D3       | Guincho              | C2       | Mosta                  | C1    |

Circunvalacion

A1 B1 Guipuzcoa

D1 Mtna Tisalaya

C2 D2

|                       |       |                     |       |                      |          |
|-----------------------|-------|---------------------|-------|----------------------|----------|
| Mtna Ubique Brega     | A2    | Rociega             | D2 D3 | Tias - San Bartolomé | B2 C1    |
| Muyay                 | B1    | Ronda               | B2 B3 | Tilama               | A2       |
| Navarra               | A2    | Roque Del Oeste     | B3    | Timbayba             | A2       |
| Nestor De La Torre    | C1 D1 | Roque Nublo         | A2    | Timon                | D3       |
| Nicaragua             | C3 D3 | Rubicon             | A4 B4 | Timon                | D2       |
| Ntra Sra Volcanes     | B3    | Ruiz De Alda        | B3    | Timple               | C3       |
| Oscar Romero          | B2 B3 | Salamanca           | C2    | Tinache              | A2       |
| Otilia Diaz           | B4 C4 | Salinas             | A2 B2 | Tinamala             | A2 B2    |
| Palangre              | D3    | Salvador Allende    | A3    | Tindaya              | A1       |
| Palencia              | C2    | San Juan De La Cruz | C1    | Tinguaton            | B3 C3    |
| Palma Mallorca        | C2    | San Sebastian       | C1 D1 | Tisalaya             | A2       |
| Pamplona              | A2    | Santa Teresa        | A3    | Togio                | C2       |
| Paraiso               | A2 A3 | Sevilla             | B2    | Toledo               | A1       |
| Parque Islas Canarias | B4    | Sitio De Cabreron   | D2    | Tomas Lubary         | A3       |
| Parranada Los Buches  | A3    | Taburiente          | B2    | Traina               | D3       |
| Penas Blancas         | A2    | Tagoror             | A4    | Traspies             | A1 A2    |
| Perez Galdos          | C3    | Tamaragua           | A4    | Trece Septiembre     | C3 C4    |
| Peru                  | A3    | Tampico             | A3    | Tres Amigos          | C3       |
| Planton               | B2    | Tarragona           | C3    | Triana               | A4 B4    |
| Plaza Del Vesubio     | C2    | Tebete              | A1    | Trina                | A3       |
| Portugal              | A4 B4 | Tegala              | A1    | Trinquete            | D2       |
| Potera                | D2    | Tegaso              | A1    | Valladolid           | C2       |
| Princesa Guayarmina   | C2    | Temisas             | B1    | Velacho              | D3       |
| Princesa Ico          | C2    | Tenecheide          | C2    | Veracruz             | A1       |
| Princesa Teguisse     | C2    | Tenerife            | B3    | Via Medular          | A3 B3 D3 |
| Puerto De Naos        | D3    | Tenerife            | B4    | Vicente Guerra       | B2       |
| Puerto Rico           | B3    | Tenique             | A1    | Vitoria              | D1       |
| Quesera               | B2    | Terrero             | A2    | Vizcaya              | C1 C2    |
| Reina Sofia           | A3 B3 | Teruel              | A3    | Volcande La Corona   | B2       |
| Remo                  | D2    | Testeyna            | A2    | Yagabo               | A4       |
| Riego                 | B4    | Tias                | A1    | Zamora               | C2       |
| Risco Prieto          | A3    |                     |       |                      |          |