Trieste

Photo: traveleden

Photo: ho visto nina volare

As the poet Umberto Saba wrote: "Trieste has an unsociable grace. Located between the sea and the mountains of Carso, beautiful and fascinating, she does not like to show off, although she conquers her visitor at first sight."

"Tergeste," as Trieste was named during the Roman era, is to be discovered on foot, to fully taste her richness and to breathe, through her streets, buildings and monuments, her 2000-year-old history.

Photo: ho visto nina volare

Photo: Simon

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Piazza Unità d´Italia
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Teatro Romano
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Cattedrale di San Giusto
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The Basilica
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Museo del Mare
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THE CITY

Photo: ho visto nina volare

Situated in northeastern Italy on the border to Slovenia, Trieste has always been the meeting point of trade and culture. The likes of James Joyce, Italo Svevo and Umberto Saba were all frequent visitors to this beautiful city. The historic city flourished as part of the Austro-Hungarian Empire during the period of 1867–1918, making it one of Central Europe's most prosperous Mediterranean seaports, as well as its capital of literature and music.

With its close proximity to Slovenia the region has developed its own dialect. The dominant local Venetian dialect of Trieste is called Triestine' and is spoken in the city centre, while Slovenian is spoken in several of the city's suburbs. There is also a large German-speaking population in the region. Trieste itself has been divided into eleven zones (beginning with the most southerly) in order to make things easier for visitors to get oriented. The city centre is highly urbanised, while the south contains of small towns and villages such as Sgonico, Monrupino, Duino, Basovizza and San Pelagio, which are predominantly inhabited by the Slovenian-speaking minority.

Visitors to Trieste will foremost notice the numerous examples of Art Nouveau and Neoclassical architecture from its Austrian past. Visits to some of the small towns outside of Trieste are highly recommended, as they – together with the city centre – give a feeling of the true' Trieste. Its history can not be forgotten, nor should it, as this is what makes up the Trieste of today.

DO & SEE

Photo: ho visto nina volare

Trieste's city centre offers a nice walk among criss-cross roads in the Borgo Teresiano part of town, while taking in the many elegant Neo-classical buildings that define the city's architecture. Situated by the sea front, the city holds some gorgeous scenery, which can be experienced when visiting the Castle of Miramare.

Piazza Unità d´Italia

This is one of the largest and certainly most beautiful squares facing the sea in Europe, in the very heart of the city. Looking at the sea, on your right you'll find Palazzo Modello, Casa Stratti and Palazzo del Governo. On your left, you will see Palazzo Pitteri and Palazzo del Lloyd Triestino. It is an absolute must to stop and sit in one of the old cafés lining the square.

Address: Piazza Unità d´Italia

Teatro Romano

The Roman Theatre was built between the first and second century AD, on behalf of Quinto Petronio Modesto from Trieste and it can hold about 6,000 spectators. The statues that adorned the theatre are now preserved in the Town Museum.

Address: Via del Teatro Romano

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Cattedrale di San Giusto

The entire city lives in the shadow of this Saint. The Cathedral is dedicated to San Giusto, patron saint of Trieste, and dates back to 1300.

Address: Piazza Cattedrale 1
Phone: +39 040 309666

The Basilica

The Basilica's main feature is a large 14th-century Gothic rose window and central location. There are three entrance portals, decorated with Roman material. To the side stands the 14th-century bell tower built in large blocks and decorated with a Romanesque style border and Gothic relief work depicting San Giusto, the city's patron Saint.

Address: 1 Piazzetta San Silvestro

Museo del Mare

This museum provides an interesting opportunity to get an overview of the history of Trieste as a city born of the sea. In connection to that, a comprehensive exhibition of reproductions of different types of ships and means of navigation.

Address: Via Campo Marzio 5
Phone: +39 040 304987 / +39 040 304885
More Info: Email : museomare@comune.trieste.it

Castello di Miramare

In 1855, the Archduke Massimiliano of Hapsburgs built this palace and lived here with his wife Carlotta del Belgio, until 1864. Though beautiful, this castle holds a tormented story behind it: Massimiliano was killed in Mexico in 1867, and Charlotte died insane in a Belgian castle, sixty years later. The Duke of Aosta, who lived there some sixty years later, died in Africa during World War II.

Address: Viale Miramare
Phone: +39 040 224143
Internet: www.castello-miramare.it

Castello di Duino

At the end of the Rilke path, you will find the Castello Vecchio (10th-11th century), which survives today as the ruins of a tower and an arch. The Castello Nuovo is today a group of buildings of different ages, with a central courtyard and surrounded by a beautiful park.

Address: Duino Aurisina
Phone: +39 040 208120
Internet: www.castellodiduino.it

Sentiero Rilke

One of the most enchanting paths in Carso, a wonderful walk starting from Sistiana and leading to the castle of Duino along white cliffs. Named Ofor Rainer Maria Rilke, the famous poet from Prague, who loved walking here.

Address: Sentiero Rilke

La Grotta Gigante

This cave is a spectacular jewel of natural phenomena. It was discovered in 1840, and opened to the public in 1908. An indeed unusual excursion into what looks like another world.

Address: Borgo Grotta Gigante 42/a
Phone: +39 040 327312
Internet: www.grottagigante.it

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EATING

Photo: Simon

The multicultural atmosphere in Trieste is reflected in the cuisine, where culinary influences from Veneto, Austria, Hungary and Slovenia come together. Among the traditional dishes not to be missed are: Brodeto a la Triestina and Granzievola alla Triestina (fish), Gnocchi di patate o pane filled with raisins and the Jota soup. When it comes to cheese, try these local specialities: Tabor del Carso and a wonderful cream cheese called Liptauer. The local wines are a fine compliment to the local cuisine. Vitoska, a white wine ideal for fish, and Maalvasia, perfect for an aperitif, are highly recommended. Buon Appetito!

Ristorante Al Bagatto

Al Bagatto offers, with almost 45 years of experience, unbeatable quality and a wide range of Trieste fish specialities. Not to be missed in a sea side city.

Address: Via L. Cadorna 7
Phone: +39 040 301 771
Internet: www.albagatto.it

Al Cantuccio

Taste dishes prepared with creativity at Al Cantuccio. This is Italian food at its best, appetizers, fish, meat and hand-made desserts. In particular you can choose among different types of cheese and cold cuts.

Address: Via Manzoni 17, Legnano
Phone: +39 0331 441 160
Internet: www.alcantuccio.it

Al Barattolo

Located close to the Canal Grande, this restaurant offers any type of pizza your heart desires, as well as meat, fish and traditional Italian starters such as gnocchi, pasta and lasagna. To heighten the experience further, they have an extensive wine list, with wine from various Italian regions.

Address: Piazza S. Antonio Nuovo 2
Phone: +39 040 631 480
Internet: www.albarattolo.it

Antica Trattoria Suban

Since 1865, this is one of the most appreciated restaurants by the inhabitants of Trieste. Local specialities served.

Address: Via Comici 2
Phone: +39 040 54 368
Internet: www.suban.it

Bar Ristorante Primo

This restaurant offers fish dishes and typical Trieste specialities. Triestini Doc Bar Prime is a buffet restaurant that has everything from gnocchi with goulash to barbecued fish.

Address: Via Santa Caterina 9
Phone: +39 040 634 398

Trattoria al Nuovo Antico Pavone

Here you will find fish of excellent quality and prepared according to original recipes. The chef makes innovative dishes that are simple yet elaborate.

Address: Riva Grumula 2
Phone: +39 040 303 899
Internet: www.nuovoanticopavone.it

CAFES

Photo: Hugo Pardo Kuklinski

In Trieste, the cafès have always been the perfect meeting point to discuss politics, art, literature and philosophy. It is here that the tradition of drinking coffee prepared in many different ways started. Tasting the different cakes Trieste offers is a must. In particular, you need to taste the Putizza, the Strucolo de Pomi and the Palacinke.

Caffè Tommaseo

In its rooms decorated with mirrors, you can taste all the coffee and sweet specialities of Trieste. It is one of the oldest coffee houses in Trieste and is part of the Association of the Italian Historical inns.

Address: Piazza Tommaseo 4/c
Phone: +39 040 362 666
Internet: www.caffetommaseo.com

Gelateria Udevalla

This ice cream is made of natural ingredients and high quality products, there are no short cuts when it comes to making the best Italian ice cream. Even if you're not a big fan of ice cream, you will surely find something here to satisfy your sweet tooth, pie, cannoli and cookies.

Address: Strada di Rozzol, 117
Phone: +39 040 912 887
Internet: www.udevalla.com

Pasticceria Pirona

James Joyce was among the regulars at this joint, where he started writing Ulysses. An absolute must-try is the presnitz, putizza and pinza.

Address: Largo Barriera Vecchia 12
Phone: +39 040 636 046
Internet: www.pirona.blogspot.com

Pasticceria Penso

At the bakery Pasticceria Penso you will have a lot to choose from. It is centrally located and has a charming interior design.

Address: Via Diaz 11
Phone: +39 040 301 530
Internet: www.pasticceriapenso.com

Caffe Degli Specchi

Both outside and inside it is possible to feel the atmosphere of fin de siècle Trieste. Very famous is the Caffè Vienna, prepared with chocolate and whipped cream.

Address: Piazza Unità d' Italia 7
Phone: +39 040 365 777
Internet: www.caffespecchi.it

BARS & NIGHTLIFE

Photo: Paolo Tosolini

Apart from the "historical caffè," Trieste is full of nice places where you can have a typical aperitive or snack, in Italian called "spuntini," as well as coffee, sweets, beer and wine. For those who want to "Tirare Tardi," Trieste offer night owls many pubs, enoteche, and disco pubs where live music is often played.

Caffè Stella Polare

Bar Stella is located in the city centre. It is a great meeting point to start the night with aperitive and continue on into

the night.

Address: Via Dante Alighieri, 14
Internet: www.caffestellapolare.com

Knulp

Knulp is located close to Piazza Unità and is a nice place that comprises of a little bookshop, bar, internet point and a space for expositions while drinking tea, infusions, beers and wines and eating delicate sweets. Really for all kind of people and tastes.

Address: Via Madonna del Mare 7/a
Phone: +39 040 300 021
Internet: www.knulp.org

Naima Jazz Club

This is a very picturesque place to enjoy breakfast, snacks, stuzzicherie, lunch, aperitives, everything accompained by swing, cool jazz a new rythms.

Address: Via Rossetti 6/c
Phone: +39 040 662 686

Bierstrasse - Mea Culpa

This is truly the place to be if you love beer. Choose your type from many different brands of beer.

Address: Via Giulia 57
Phone: +39 040 51111
Internet: www.bierstrasse.it

Nettare diVino

This is a lovely wine bar with typical products from Trieste and the region of Friuli-Venezia Giulia. Welcome in and enjoy!

Address: Via Diaz 6/b
Phone: +39 040 310 200

SHOPPING

Photo: ho visto nina volare

Il Tarlo

Il Tarlo offers antique trade. Here you will find stuff of all ages and styles.

Address: Via S. Michele 7/a
Phone: +39 040 311 474

Libreria Achille

Founded in 1934, Libreria Achille sells new and second-hand books. A real historic place.

Address: Piazza Vecchia 4
Phone: +39 040 638 525
Internet: www.libreriachille.com

Libreria Antiquaria Umberto Saba

Libreria Antiquaria Umberto Saba is a historical place, where once Umberto Saba himself, was selling books.

Address: Via San Nicolò 30
Phone: +39 040 631 741

Artigianato Artistico Hrovatin

Not very far from the Grotta Gigante, this laboratory is specialised in creating pieces of art with Carsic rocks.

Address: Borgo Grotta Gigante 9/a, Sgonico
Phone: +39 040 327 077

Saint Honoré

If you are looking for delicacies and sweeets to bring home

then this is the shop you are looking for.

Address: Via di Prosecco 2
Phone: +39 040 213 055

SLEEPING

Photo: ho visto nina volare

Grand Hotel Duchi D' Aosta

Located in Piazza Unità d' Italia, it's famous with such men as Casanova, Goldoni and Nelson, sleeping in the rooms here. There must be something special here and is definitely worth finding out.

Address: Piazza Unità d' Italia 2
Phone: +39 040 760 0011
Internet: www.grandhotelduchidaosta.com

Continentale

The hotel is located at the very heart of Trieste, along the most famous shopping street. The rooms are in a fine combination of elegance, charm and luxury.

Address: Via San Nicolò 25
Phone: +39 040 631 717
Internet: www.continentalehotel.com

L' Albero Nascosto

Apartment hotel with a few rooms available for shorter stays. The rooms are decorated with beautiful paintings made by local artists.

Address: Via Felice Veneziani 18
Phone: +39 040 300 188
Internet: www.alberonascosto.it

Albergo Alla Posta

This hotel is located in one of the most important squares of Trieste where the Post Office once stood. They offer 47 lovely rooms.

Address: Piazza Oberdan 1
Phone: +39 040 365 208
Internet: www.albergopostatrieste.it

Hotel James Joyce

At the heart of the old part of Trieste, a small and cosy hotel. James Joyce slept here.

James Joyce was an Irish poet and novelist, and one of the most influental writers of the 20th century. His most famous piece of work is Ulysses.

Address: Via Cavazzeni 7
Phone: +39 040 311 023
Internet: www.hoteljamesjoyce.com

Gianni

Gianni is ideal for students and travellers with a small budget. Rooms are without bathroom.

Address: Via Lazzaretto Vecchio 22
Phone: +39 040 4702 638
Internet: www.pensionegianni.com

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ESSENTIAL INFORMATION

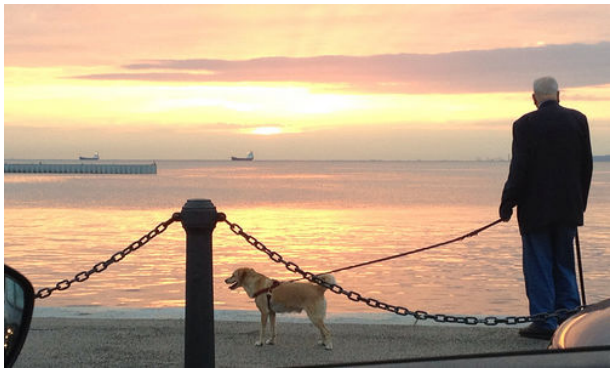


Photo: Denis

Train

Central Railway Station of Trieste

Address: Piazza Libertà, 8
Phone: +39 06 68475475
Internet: www.trenitalia.com

Airport

The Trieste Ronchi Airport (Aeroporto Internazionale di Ronchi dei Legionari) is about 33 km from the Trieste city centre.

There is a bus connection to the city centre leaving from outside the Terminal building. This is operated by APT Gorizia – the journey time is 50 minutes. Updated schedules and fares are available on the internet site: www.aptgorizia.it or calling the coach operator (+39 0481 593511).
Tickets can be purchased at city bus/coach stations, at the airport in the Arrivals Hall, or with an automatic machine for self-ticketing at the Post Office.

You can get to the airport by train, which links the airport to the Monfalcone Railway Station. The train station can be reached by Local Transport service APT Bus 10, running every 20/25 minutes from the city centre. More information available at www.trenitalia.com.

Taxies are available outside the Arrivals hall from 08.00 to 24.00.

Address: Via Aquileia 46, Ronchi dei Legionari, Gorizia
Phone: +39 0481 773224 / +39 0481 773225
Internet: www.aeroporto.fvg.it

Public transport

Autolinee Internazionali

Address: Piazza Libertà 11 - Trieste (Bus station)
Phone: +39 040 41 86 12

Public transport

Urban bus lines

Address: Urban bus lines Via dei Lavoratori 2
Phone: +39 040 77951
Internet: www.triestetrasporti.it
More Info: INFORMATION DESK - TOLL-FREE NUMBER: 800016675

Taxi

Radiotaxi
Phone: +39 040 307730

Taxi Alabarda
Phone: +39 040 390039

Pharmacy

Farmacia Alla Borsa

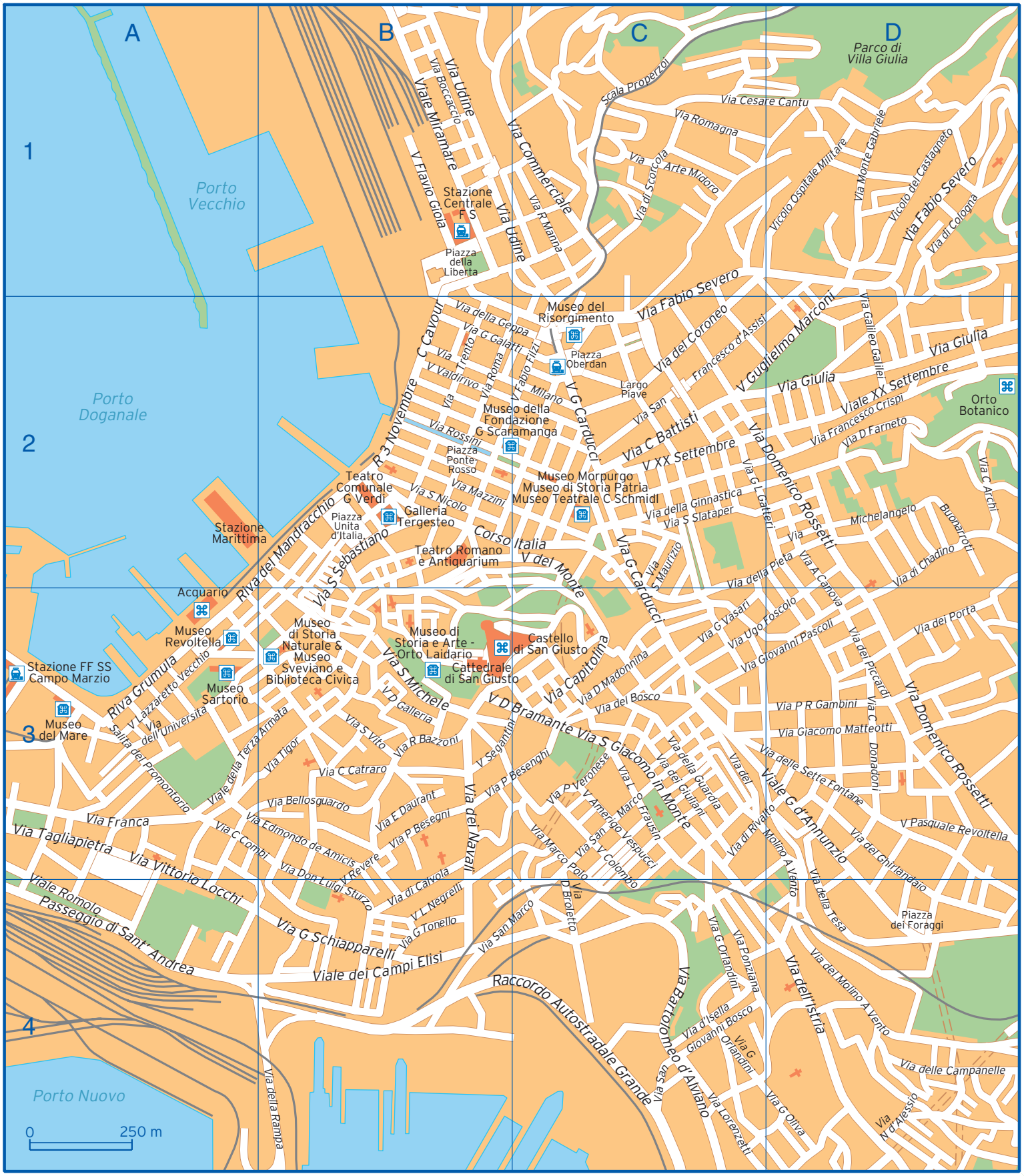
Address: Piazza della Borsa 12
Phone: +39 040 367 967

Telephone

Country code: 39
Area code: 040

Electricity

230 V, 50 Hz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Porto Vecchio
Porto Doganale
Porto Nuovo
Parco di Villa Giulia
Stazione Centrale F S
Piazza della Liberta
Museo del Risorgimento
Piazza Oberdan
Museo della Fondazione G Scaramanga
Piazza Ponte Rosso
Teatro Comunale G Verdi
Piazza Unita d'Italia
Galleria Tergesteo
Teatro Romano e Antiquarium
Museo Morpurgo Museo di Storia Patria Museo Teatrale C Schmidl
Stazione Marittima
Acquario
Museo Revoltella
Museo di Storia Naturale & Museo Sveviano e Biblioteca Civica
Museo di Storia e Arte - Orto Laidario
Castello di San Giusto
Cattedrale di San Giusto
Museo Sartorio
Stazione FF SS Campo Marzio
Museo del Mare
Orto Botanico
Via Udine
Viale Miramare
Via Commerciale
Via Fabio Severo
Via Giulia
Viale XX Settembre
Via C Battisti
Via Domenico Rossetti
Via G Carducci
Corso Italia
Via Capitolina
Via S Sebastiano
Via S Michele
Via S Giacomo in Monte
Via dei Navali
Viale G d'Annunzio
Via Tagliapietra
Via Vittorio Locchi
Via G Schiapparelli
Viale dei Campi Elisi
Raccordo Autostradale Grande
Passeggio di Sant' Andrea
Viale Romolo
Riva del Mandracchio
Riva Grumula
Via della Rampa
Via dell'Istria
Via Ponziana
Via Fabio Severo
Via Cesare Cantu
Via Romagna
Via Galileo Galilei
Via Francesco Crispi
Via D Farneto
Via Michelangelo
Via di Chadino
Via dei Porta
Via P R Gambini
Via Giacomo Matteotti
Via delle Sette Fontane
V Pasquale Revoltella
Via del Chiriandaio
Via della Tesa
Via del Molino A Vento
Via delle Campanelle
Via N d'Alessio
Via G Oliva
Via Lorenzetti
Via G Orlandini
Via d'Isella
Via Giovanni Bosco
Via San Bartolomeo d'Alviano
Via San Marco
Via Marco Polo
Via P Broletto
Via P Veronese
Via L Frausin
Via San V Colombo
V Amerigo Vespucci
Via della Guardia
Via dei Giuliani
Via del Molino A Vento
Via di Rivalto
Via del Bosco
Via D Madonnina
Via G Vasari
Via Ugo Foscolo
Via Giovanni Pascoli
Via dei Piccardi
Via C Donadoni
Via A Canova
Via della Pieta
Via S Maurizio
Via della Ginnastica
Via S Slataper
Via G L Gatteri
Via C Atchi
Buonarroti
Via Francesco d'Assisi
Via del Coroneo
Via San
Largo Piave
Via G Carducci
Via Milano
Via Fabio Filzi
Via R Manna
Via di Scorcola
Via Arte Mirdoro
Vicolo Ospitale Militare
Via Monte Gabriele
Vicolo del Castagneto
Via di Cologna
Scala Properzio
Via Boccaccio
V Flavio Gioia
Via della Geppa
Via G Galatti
Via Trento
Via Roma
V Valdirivo
Via Rossini
Via Mazzini
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V del Monte
V D Bramante
V D Galleria
Via R Bazzoni
V Segantini
Via P Besenghi
Via P Besegni
Via C Catraro
Via Tigor
Via S Vito
Via della Terza Armata
Viale della Terza Armata
Salita dei Promontorio
Via dell'Universita
V Lazzaretto Vecchio
Via Bellosguardo
Via E Daurant
Via Edmondo de Amicis
Via C Combi
Via Don Luigi Sturzo
V Revere
Via di Calvola
V L Negrelli
Via G Tonello
Via Franca
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