



Vancouver

Photo: Dan Breckwoldt / Shutterstock.com



Dan Breckwoldt / Shutterstock.com

Vancouver, a coastal seaport city in Canada, boasts stunning mountain ranges, sandy beaches, and a breathtaking rainforest. It is consistently ranked as one of the world's most desirable places to live and is known for its energy, diversity, and cultural richness. This city is truly a unique and captivating destination.



Jeffrey Eisen/unsplash



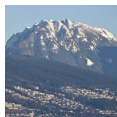
romakoma / Shutterstock.com

Featured



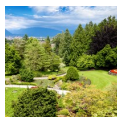
Canada Place

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Grouse Mountain

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Queen Elizabeth Park

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Top 5



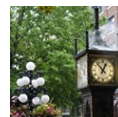
Capilano Suspension Bridge

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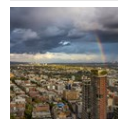
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Gastown

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THE CITY



Edgar Bullon / Shutterstock.com

The city of Vancouver offers everything from stunning landscapes, superb restaurants, remarkable cultural diversity, and some of the best sporting events in the world.

Vancouver is a city with many neighborhoods, each with its own characteristics. Gastown is a charming and historic area with small shops and intimate restaurants. Kitsilano is a casual and health-conscious neighborhood. Chinatown has traditional architecture and large open-air markets. Robson Street is known for its fashionable boutique shopping and unique eateries.

The city boasts 400 hectares of breathtaking scenery in Stanley Park, which has been designated a national historic site of Canada and attracts visitors and residents alike to enjoy the outdoors at its finest.

It is no wonder that Vancouver has been named one of the most beautiful and livable cities in the world.

SUSTAINABLE CITY



Jeffrey Eisen/unsplash

Vancouver is consistently recognized as one of the greenest cities in the world. It is a true example of inspiring environmental action on a bug urban scale with the lowest greenhouse gas emissions per capita within Northern America.

The city has set many ambitious goals, including a plan to become zero waste by 2040. The plan aims at reducing air pollution and waste, fostering energy-efficient construction and improving the city's natural environment.

Capilano Suspension Bridge



The company running the Capilano Suspension Bridge Park is dedicated to environmental stewardship and aims to be a leader in the tourism

industry. They seek to reduce the impact on the environment beyond what is required by governmental permit or rule, conserving natural resources and ensuring long-term sustainability for the region.

The Capilano Suspension Bridge is one of the most known tourist attractions in the area. Walk the gently swaying suspension bridge 85 meters above the Capilano River. The bridge was originally built in 1889 and stretches almost 140

meters across, through the lush green surroundings. But the bridge is not the only thing to see and do in the area, as there are tons of trails to explore.

Photo: Cayetano Gil/Unsplash

Address: 3735 Capilano Road, Vancouver

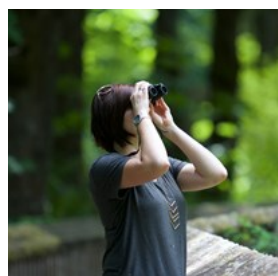
Phone: +1 604 985 74 74

Internet: www.capbridge.com

Email: info@capbridge.com

More Info: North Vancouver

Birdwatching



One of the greenest cities in the world, Vancouver is home to countless bird species. Eagles, herons, snow geese, owls, gulls, jays and sandpipers — you can find them all here. Casual watchers and serious ornithologists will enjoy the abundance of bird life in the region.

The temperate rainforest, alpine landscapes and waterways bring you a variety of species like nowhere else in the urbanized world. You will be reaching for binoculars even downtown.

Stanley Park, Pacific Spirit Regional Park, George C. Reifel Migratory Bird Sanctuary, the Brackendale community and Boundary Bay are excellent places to see our feathered brethren. Check out the Nature Vancouver webpage for an impressive list of bird-watching spots.

Photo: Kayla Farmer/Unsplash

Internet:

www.naturevancouver.ca/birding/birding_birding_sites

Cycling & Mountain Biking



Bikes are an important part of the transportation system in Vancouver. Navigate the numerous cycle paths and bike routes, ranging from easy, flat terrain around Stanley Park to mountain biking on the famous North Shore. You can safely move through the city at your pace and see more than you would on foot or by bus.

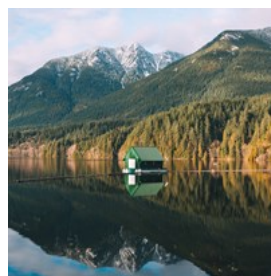
Vancouver's moderate climate makes it possible to cycle almost year-round. The city does have some steep hills and downtown traffic can be a bit much sometimes. Check out the City of Vancouver's Bicycle Route Map & Guide to plan your journey. Remember, that British Columbia has a mandatory helmet law.

The easiest way to get a bicycle is to sign up for the Mobi Bikes sharing system. Alternatively, you could join a bike tour.

Photo: Shawn.ccf/Shutterstock

Internet: www.destinationvancouver.com/activities/cycling-mountain-biking

Hiking Trails



Downtown Vancouver gives you glimpses of the vast waterways, lush forests, and dramatic mountains. Don't resist the urge to go and explore. Start with Vancouver's Seawall or rush straight to the challenging climbs of Grouse Grind.

The Destination Vancouver website provides you with a useful list of hiking ideas like Capilano Canyon, Pacific Spirit Park, Stawamus Chief, and

Lighthouse Park. You can also join any of the well-reviewed hiking tours that take care of transportation and meals.

Photo: Kelen Loewen/unsplash.com

Internet: www.destinationvancouver.com/activities/hiking

Indigenous Culture



Vancouver is located in the traditional territory of the Squamish, Musqueam and Tsleil-Waututh First Nations, members of the Coast Salish linguistic

group. Metro Vancouver has the third-largest urban Indigenous population in Canada with over 52,000 people.

These three First Nations have a special spiritual, cultural, and economic connection to the land that goes back more than 8,000 years. Make sure that your trip benefits not only the trendy European restaurants and big businesses but also the smaller businesses owned by indigenous people. Get acquainted with their art and culture, as well as the traditional sustainable land management practices.

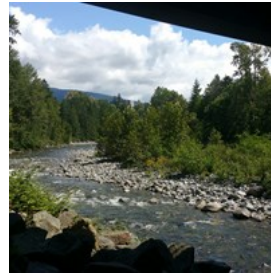
Destination Vancouver has a list of businesses and cultural institutions related to the First Nations heritage. Indigenous Tourism British Columbia organizes nature tours and experiences in collaboration with over 200 Indigenous communities.

Photo: Catherine Anne Thomas/Shutterstock

Internet:

www.destinationvancouver.com/activities/indigenous-tourism

Capilano River Hatchery



The Capilano River Hatchery was completed in 1971 to strengthen the declining Capilano salmon population, affected by the

construction of the Cleveland Dam. Beyond its ecological role, the hatchery is a major tourist attraction. The educational center is open daily, giving locals and visitors a chance to learn more about the salmon life cycle.

See the Capilano River Hatchery official website for opening hours and when you can see the salmon depending on the season.

Photo: Rohit D'Silva/Unsplash

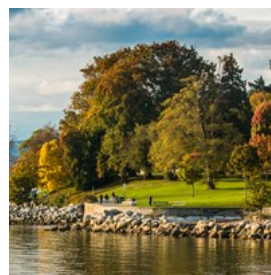
Address: 4500 Capilano Park Road, North Vancouver

Opening hours: Daily from 8am

Phone: +1 604 666 1790

Internet: www.pac.dfo-mpo.gc.ca/sep-pmvs/hatcheries-ecloseries/capilano-eng.html

Stanley Park



A green oasis in the middle of the thick urban landscape, the beautiful island-park of Stanley Park spans 400 hectares. The park is not only the

world's largest uninterrupted waterfront path, but also a measure against flood risk. When construction on Stanley Seawall began in 1917, its design was intended as a measure of flood protection along the waterfront edge of Vancouver's Stanley Park. The park expertly combines environmental resilience with everyday recreational use.

Today, it is home to kilometers of trails, beautiful beaches and numerous landmarks. It is without

a doubt one of the most beloved spots in the city for both pedestrians and cyclists.

Photo: Poul Riishede / Shutterstock.com

Address: Stanley Park, Vancouver

Phone: +1 604 257 8400

Internet: www.vancouver.ca/parks-recreation-culture/stanley-park.aspx

More Info: Downtown Vancouver

DO & SEE



StockWithMe / Shutterstock.com

Enjoying the city's cultural, natural and social attractions is easy. Whether by foot, bus or boat, you can feel the pulse of this vibrant city everywhere you go. Discover the magnificent green oasis and surrounding landscapes that make Vancouver a favourite for visitors from all over the world.

Capilano Suspension Bridge



Walk the suspension bridge 85 meters above the Capilano River where millions of visitors have come to seek adventure. The bridge was originally

built in 1889 and stretches almost 140 meters across, through lush green surroundings. But the bridge is not the only thing to see and do in the area, as there are tons of trails to explore.

Photo: Cayetano Gil/Unsplash

Address: 3735 Capilano Road, Vancouver

Phone: +1 604 985 74 74

Internet: www.capbridge.com

Email: info@capbridge.com

Vancouver Art Gallery



Located right in downtown Vancouver, the Vancouver Art Gallery is the largest art museum in Western Canada, featuring thousands of pieces, both from history's greats and from modern, cutting-edge artists. The Gallery Cafe makes for a pleasant break between exhibitions, and the Gallery Store offers wonderful mementos and gifts.

Photo: Jeff Whyte/Shutterstock

Address: 750 Hornby Street, Vancouver

Opening hours: Mon, Wed, Sat & Sun 10am-5pm; Wed 10am-5pm; Thu 10am-8pm; Fri noon-8pm

Phone: +1 604 662 4700

Internet: www.vanartgallery.bc.ca

Email: customerservice@vanartgallery.bc.ca

Gastown



Gastown is the oldest neighborhood in the city, and every quarter-hour, steam pours out the top of the Gastown Steam Clock and whistle chimes can be heard. Gastown is an eclectic mix of contemporary fashion boutiques, tourist-oriented businesses (generally restricted to Water Street), restaurants and nightclubs.

Gastown also hosts numerous annual events and festivals, such as the Vancouver International Jazz Festival and the Global Relay Gastown Grand Prix international bicycle race.

Photo: Artisan / Shutterstock.com

Internet: www.gastown.org

More Info: Corner of Cambie & Water Streets.

Vancouver Lookout



Ride to the Observation Deck 177 meters above the city for a breathtaking 360-degree view of Vancouver. The elevator ride to get up to such heights is a thrill, and once you're there you can partake in an interesting and informative guided tour.

Photo: Alan Stucchi / Shutterstock.com

Address: 555 West Hastings Street, Vancouver

Opening hours: Daily 11am-4pm

Phone: +1 604 689 0421

Internet: www.vancouverlookout.com

Email: info@vancouverlookout.com

More Info: Harbour Centre Tower

Vancouver Aquarium Marine Science Centre



Vancouver Aquarium Marine Science Centre is home to 60,000 animals and represents 800 species of aquatic life.

"As a self-supporting, non-profit association, the Aquarium is dedicated to effecting the conservation of aquatic life through display and interpretation, education, research and direct action."

Photo: Pavel Vakhrushev / Shutterstock.com

Address: 845 Avison Way, Vancouver

Opening hours: See official website

Phone: +1 604 659 3400

Internet: www.vanaqua.org

Email: webmaster@vanaqua.org

Dr. Sun Yat-Sen Classical Chinese Garden



Step out of your daily life and into this beautiful garden as your heart and mind relax and you renew your energy. Journey back in time to 15th

Century China and enjoy this "window to another world", named "World Top City Garden" by National Geographic.

Photo: Verena Matthew / Shutterstock.com

Address: 578 Carrall Street, Vancouver

Public Transport: SKYTRAIN Station "Stadium - Chinatown"

Phone: +1 604 662 3207

Internet: www.vancouverchinesegarden.com

Email: marketing@vancouverchinesegarden.com

Science World



Science World provides interactive exhibits and unique presentations of the wonders of science and technology for all ages. Knowledge is what

keeps this business going as it is operated by a non-profit organization.

Photo: Dan Breckwoldt / Shutterstock.com

Address: 1455 Quebec Street, Vancouver

Opening hours: Daily 10am-5pm

Phone: +1 604 443 7440

Internet: www.scienceworld.bc.ca

Email: info@scienceworld.ca

Canada Place



Canada Place is a building that houses the Vancouver Convention Centre, the Pan Pacific Hotel and Vancouver's World Trade Centre.

Stroll the Promenade, enjoy live music and

picturesque views of the harbour and feel the pulse of the city in this important centre of urban life.

Photo: Edgar Bullon / Shutterstock.com
Address: 540-999 Canada Place, Vancouver
Phone: +1 604 665 9000
Internet: www.canadaplace.ca

Stanley Park



A green oasis in the middle of the thick urban landscape, the beautiful island park of Stanley Park spans 400 hectares. It is home to kilometers

of trails, beautiful beaches and numerous landmarks, and it is, without a doubt, one of the most beloved spots in the city for locals.

Photo: Poul Riishede / Shutterstock.com
Address: Stanley Park, Vancouver
Phone: +1 604 257 8400
Internet: www.vancouver.ca/parks-recreation-culture/stanley-park.aspx
More Info: Downtown Vancouver

Chinatown



Step through the Millennium Gate for unique entertainment, dining, shopping and history in Vancouver's Chinatown. Chinese

immigrants first settled here between 1890-1920, and the community has greatly grown over the years.

Photo: Dan Breckwoldt / Shutterstock.com
Internet: www.vancouver-chinatown.com
More Info: Bounded by Hastings, Keefer, Gore & Taylor Streets

Granville Island

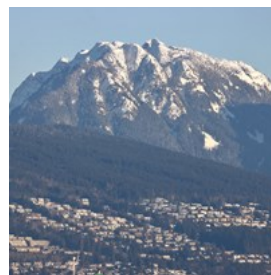


Granville is an island in the middle of the city, a center for dining, the arts and shopping, and home of the famous Granville Island fresh food market.

No visit to Vancouver is complete without a day spent meandering around the island and taking in everything it has to offer.

Photo: inacioluc / Shutterstock.com
Internet: www.granvilleisland.com
Email: info@granvilleisland.com

Grouse Mountain

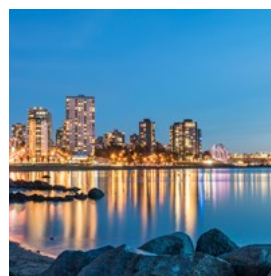


Just 15 minutes from downtown Vancouver, Grouse Mountain is a skiing haven for local enthusiasts. The resort offers all manner of

activities and entertainment, including cultural, educational, and outdoor adventures for all ages and all seasons.

Photo: Modfos / Shutterstock.com
Address: 6400 Nancy Greene Way, Vancouver
Phone: +1 604 984 0661
Internet: www.grousemountain.com
Email: info@grousemountain.com
More Info: Most of Grouse Mountain's summer and winter activities are complimentary with a Grouse Mountain Admission ticket. See our Activities Guide to learn more.

English Bay



You will find bays everywhere you turn in Vancouver. Whether you're looking for a stretch of sand to spread out and relax with a good book or an outdoor volleyball court, you're sure

to find it in Vancouver. English Bay is a beautiful, vibrant beach that comes alive when it's sunny and warm with various activities such as scuba diving, kayaking, and more.

Photo: Zhenwang Wang / Shutterstock.com

Lynn Canyon



Lynn Canyon Park has been a popular destination among tourists and residents of Lynn Valley ever since it first opened in 1912. It is

a great location for a day out in the open, with several great places to relax. There are also many popular swimming holes that are perfect for a refreshing swim during the summer months, as well as breathtaking waterfalls.

Photo: Dean Fikar / Shutterstock.com

Address: 3663 Park Road, North Vancouver

Phone: +1 604 990 3755

Internet: www.lynncanyon.ca

Museum of Anthropology



The Museum of Anthropology, on the campus of the University of British Columbia, is home to an incredible collection of artifacts and art from around the world, including weavings, carvings, and even contemporary artworks.

Photo: Xuanlu Wang/Shutterstock

Address: 6393 Northwest Marine Drive, Vancouver

Phone: +1 604 822 5087

Internet: www.moa.ubc.ca

Email: info@moa.ubc.ca

Queen Elizabeth Park



Queen Elizabeth Park is located in Little Mountain, the highest point in Vancouver. It was once a rock quarry but has been converted into a lush, lovely city park, complete with gardens, hills, public art and great views of the city.

Photo: Ronnie Chua / Shutterstock.com

Internet: www.vancouver.ca/parks-recreation-culture/queen-elizabeth-park.aspx

9 O'Clock Gun



Every evening at 9 o'clock, this old naval artillery gun blasts a deafening shot from its barrel. The sound used to be a signal for fishermen—they knew to return to the harbour following a day's work. The daily signal continues to serve its purpose until today. If you choose to come watch the gun go off, make sure to keep a safe distance or cover your ears.

Photo: ppa/Shutterstock.com

Address: Stanley Park Seawall Path, Vancouver

Rocky Mountaineer Train from Vancouver



Admire the magnificent scenery on this stunning ride from Vancouver from the luxury of your wagon. All routes are "daylight trains" to make sure that passengers can take in the beauty of the landscapes in daylight. Trains run to multiple destinations, with hotels and other traveller facilities readily available in each.

Photo: Natalia Bratslavski/Shutterstock.com

Address: 1755 Cottrell Street, Vancouver
Phone: +1 604 606 7245
Internet: www.rockymountaineer.com
Email: reservations@rockymountaineer.com

DINING



Jeffrey Mitchell / Shutterstock.com

The multicultural character of Vancouver can easily be seen in the wide range of cuisine, a fusion of many ethnic flavours: African/Indian, Greek/Italian and Mediterranean/French, with fresh seafood is on almost every menu. With chefs blurring international boundaries and restaurants ranging from bohemian to ultra chic, Vancouver has refined the art of eating out.

Farmer's Apprentice



Chef David Gunawan uses only local organic ingredients to prepare his dishes, aiming to "serve unique food and wine in a comfortable setting

accessible to everyone", which is amply accomplished in both the small patio and bright interior.

Photo: rocharibeiro / Shutterstock.com
Address: 1535 W 6th Avenue, Vancouver
Opening hours: Dinner: Tue-Thu 5pm-9pm, Fri & Sat 5pm-10pm
Phone: +1 604 620 2070
Internet: www.farmersapprentice.ca
Email: info@farmersapprentice.ca

More Info: Happy Hour every Friday & Saturday from 3:30pm to 5pm

La Quercia



La Quercia is one of the city's premier Italian restaurants, serving locally sourced organic dishes in their elegant space. While the menu

includes traditional Italian specialties, they are all prepared and served with the chefs' unique sense of style and flair.

Photo: carpe89 / Shutterstock.com
Address: 3689 W 4th Avenue, Vancouver
Opening hours: Deli: Tue-Sat noon-6pm; Restaurant: Tue-Sat 5pm-10pm
Phone: +1 604 676 1007
Internet: www.laquercia.ca
Email: info@laquercia.ca

Cuchillo



Cuchillo serves dishes and snacks from around the Latin America continent, from Peruvian ceviche to Mexican tacos, and everything in

between. For fun after dark, be sure to try some of their unique and classic cocktail creations.

Photo: rodrigobark / Shutterstock.com
Address: 261 Powell, Vancouver
Opening hours: Daily 5pm-close
Phone: +1 604 559 7585
Internet: www.cuchillo.ca
Email: info@cuchillo.ca

Joe Fortes Seafood & Chop House



Joe Fortes is a household name in the city, attracting diners from all over the world to enjoy the creations of this top chef and his San

Francisco-style seafood grill. After over 30 years in the business, Joe Fortes has achieved iconic status.

Photo: Mateusz Gzik / Shutterstock.com
Address: 777 Thurlow Street, Vancouver
Opening hours: Daily 11am-11pm
Phone: +1 604 669 1940
Internet: www.joefortes.ca
Email: info@joefortes.ca
More Info: Corner of Robson Street

L'Abattoir



L'Abattoir boasts not only its famed French cuisine and impressive wine list, they are also one of the best cocktail bars in town. The Federales

comes highly recommended, made with mezcal, amaro Bigallet China-China, and orange bitters.

Photo: Kondor83 / Shutterstock.com
Address: 217 Carrall Street, Vancouver
Opening hours: Dinner: Tue-Sat 5pm-close
Phone: +1 604 568 1701
Internet: www.labattoir.ca
Email: info@labattoir.ca
More Info: Happy Hour from 5pm to 6pm at the bar

CinCin Ristorante & Bar



The open kitchen, with its wood-fired forno, is the center of attention in this fantastic Italian restaurant. On the other hand, you could always

dine al fresco on the wonderful terrace. Either way, you'll be treated to traditional Italian fare and your taste buds will rejoice.

Photo: Sam Lustig / Shutterstock.com
Address: 1154 Robson Street, Vancouver
Opening hours: Dinner: Wed-Sun from 5pm
Phone: +1 604 688 7338
Internet: www.cincin.net
Email: info@cincin.net

Simba's Grill



Simba's Grill offers Eastern African fusion cuisine with many exotic flavors. The restaurant is family-operated and has been around for more than ten years, serving fantastic food and delighting customers with its unique decor.

Photo: mezzotint / Shutterstock.com
Address: 3300 Boundary Road, Burnaby
Opening hours: Tue-Sun 11:30am-10pm, Mon closed
Phone: +1 604 974 0649
Internet: www.simbasgrill.com
Email: info@simbasgrill.com

Pink Pearl

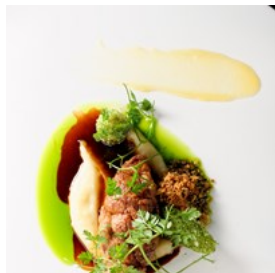


Pink Pearl is synonymous with Cantonese first-class dining and dim sum. Fresh local produce and West Coast seafood comprise the menu, so

fresh, in fact, that the staff bring the live fish and crab to the table for your inspection before preparing your meal.

Photo: Haines / Shutterstock.com
Address: 1132 East Hastings Street, Vancouver
Opening hours: Daily 9am-9pm
Phone: +1 604 253 4316
Internet: www.pinkpearl.com
More Info: Chinatown

Water Street Café



Water Street Café is located in the historic area of Gastown, with everything that entails: cobbled streets outside and a nice view of the

famous steam clock. The menu consists of expertly prepared haute cuisine in beautiful presentations.

Photo: Visionsi / Shutterstock.com

Address: 300 Water Street, Gastown

Opening hours: Mon-Thu & Sun 11am-9pm, Fri & Sat 11am-10pm

Phone: +1 604 689 2832

Internet: www.waterstreetcafe.ca

Email: info@waterstreetcafe.ca

Jinya Ramen



Jinya Ramen Bar is a popular chain of Japanese noodle restaurants that originated in Tokyo and has locations around the world, including several

locations in Vancouver. The restaurant is known for its wide variety of ramen dishes, which are made with fresh, high-quality ingredients and a variety of broth styles. In addition to ramen, the restaurant also serves a range of other Japanese dishes, including donburi (rice bowls), gyoza (dumplings), and more.

The atmosphere at Jinya Ramen Bar is casual and lively, with a modern, industrial design and a focus on communal seating. Many of the restaurant's locations offer both indoor and outdoor seating options.

Photo: Matthew Hamilton/unsplash

Address: 541 Robson Street, Vancouver

Opening hours: Mon-Thu 11am-10pm, Fri & Sat

11am-11pm, Sun 11am-10pm

Phone: +1 604 699 9377

Internet: www.jinyaramenbar.com/locations/vancouver

CAFÉS



Uber Images / Shutterstock.com

Vancouver is a great destination for coffee lovers, with a number of cafés offering cups of slow-brewed java made with organic, fair-trade, and locally roasted beans. In addition to their delicious coffee, many of these cafés also have lovely outdoor seating with views over the water. Whether you're looking to relax and take in the sights or simply need a pick-me-up, these cafés are the perfect place to enjoy a great cup of coffee in Vancouver.

Caffe Artigiano



Caffe Artigiano serves high-quality coffee, including Cup of Excellence winners from coffee countries all over the world. Each cup is

brewed individually, to ensure a fresh and flavorful coffee. The baristas here take pride in their coffee art, so you can fully expect a tulip or heart on top of your latte or cappuccino.

Photo: george photo cm / Shutterstock.com

Address: 763 Hornby Street, Vancouver

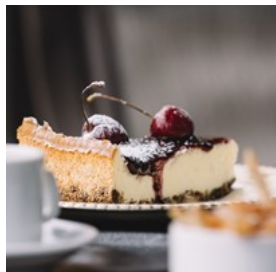
Opening hours: Mon-Fri 6:30am-8pm, Sat & Sun 7:30am-8pm

Phone: +1 604 694 7737

Internet: www.caffeartigiano.com

Email: info@caffeartigiano.com

Trees Organic Coffee



As the name implies, you will only find 100% organic and fair trade coffee at this laid-back, almost bohemian cafe.

Complement your coffee

with a slice of their famous cheesecake, flavors of which include mocha, blueberry, chocolate and cherry.

Photo: Gabriela Tulian / Shutterstock.com

Address: 450 Granville Street, Vancouver

Opening hours: Mon-Fri 7am-10pm, Sat & Sun 8am-10pm

Phone: +1 604 684 5022

Internet: treescoffee.com

Email: info@treescoffee.com

More Info: Trees Organic has 11 locations in Vancouver

Terra Breads



Terra Breads makes true artisan bread, which means the bread is crafted, rather than mass-produced. The bread is baked in

stone-hearth ovens which gives a mouth-watering result. They are inspired by a vision to create authentic artisan bread and pastries — using traditional methods developed over thousands of years — and to share this bread with the people of Vancouver. They set out to create new flavors unique to Terra Breads that reflect the West Coast community and way of life.

Photo: lynea / Shutterstock.com

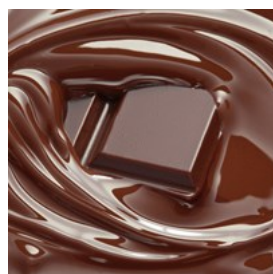
Address: 1605 Manitoba Street, Vancouver

Opening hours: Daily 7:30am-5pm

Phone: +1 604 877 1183

Internet: www.terrabreads.com

Mink Chocolate Cafe



Mink Chocolate Cafe is heaven for every chocolate lover, all year round you can indulge in hot and cold beverages.

Thick, rich,

ultra-luxurious, plus tea, coffee, and dessert.

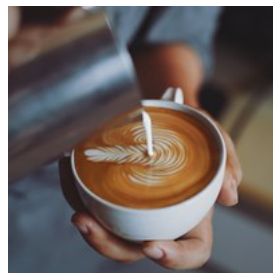
Photo: Shulevskyy Volodymyr / Shutterstock.com

Address: 863 West Hastings Street

Phone: +1 604 633 2451

Internet: www.minkchocolates.com

Kafka's Coffee Roasting



Kafka claims that its coffee is as complex and unexpectedly impactful as the writing of the Czech author from whom the café gets its name—and

that might not be an overstatement. Each cup of coffee is masterfully prepared and full of character and flavour.

Photo: Stay_Positive / Shutterstock.com

Address: 860 Richards Street, Vancouver

Opening hours: Daily 7am-7pm

Phone: +1 604 569 2967

Internet: www.kafkascOFFEE.ca

Bel Café



Located in the centre of the city's business and shopping district, Bel Café (attached to the renowned Hawksworth Restaurant), is famed for

its creative gourmet sandwiches, as well as fresh pastries, filling soups and excellent desserts.

Photo: jps / Shutterstock.com

Address: 801 W Georgia Street, Vancouver

Opening hours: Mon-Fri 7am-3pm, Sat & Sun 8am-4pm

Phone: +1 604 673 7000

Internet: www.belcafe.com

Email: info@belcafe.com

BARS & NIGHTLIFE



Dan Breckwoldt / Shutterstock.com

From the flamboyant and outrageous to the laid-back and quiet, bars and pubs offer Vancouver residents and visitors alike a wide array of choices. The legal drinking age in Vancouver is 19, yet many up-scale establishments enforce a 21-23 age limit.

Nightlife in Vancouver has something to offer everyone, from dance clubs to Irish pubs, live music venues and plenty of theatre and arts. Busy Granville Street on a Saturday night is electrifying, while Gastown and Yaletown have more than their share of hip, trendy spots.

L'Abattoir



L'Abattoir boasts not only their famed French cuisine and impressive wine list, they are also one of the best cocktail bars in town. The

Federales comes highly recommended, made with mezcal, amaro Bigallet China-China and orange bitters.

Photo: Kondor83 / Shutterstock.com

Address: 217 Carrall Street, Vancouver

Opening hours: Dinner: Tue-Sat 5pm-close

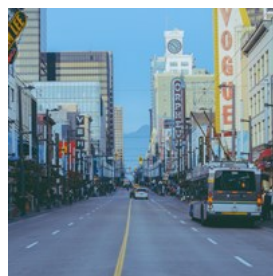
Phone: +1 604 568 1701

Internet: www.labattoir.ca

Email: info@labattoir.ca

More Info: Happy Hour from 5pm to 6pm at the bar

Granville Street Entertainment District



Located in Downtown Vancouver, this entertainment district is the hub of nightlife on the weekends. Within a few blocks, you'll find an

array of restaurants, bars, dance clubs, and other nightlife spots, making it easy to have a full night out without ever leaving the area. On the weekends, popular clubs like The Roxy and The Belmont Bar attract crowds of young adults looking to party.

Photo: Matt Hanns Schroeter/unsplash

Internet: www.destinationvancouver.com/vancouver/neighborhoods/granville-street

The Narrow Lounge



Located on Main Street, this hidden gem is unmarked and can only be found by looking for the red light. If it's on, the bar is open. To get

there, you'll need to walk through a narrow, graffiti-covered hallway. Once inside, you'll find a chic lounge with a plush interior and a menu of classic cocktails and elevated bar fare. This spot is perfect for a sophisticated night out.

Photo: Ash Edmonds/unsplash

Address: 1898 Main Street, Vancouver

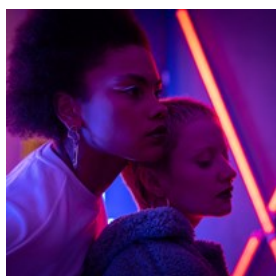
Opening hours: Sun-Thu 5pm-1am, Fri & Sat 5pm-2am

Phone: +1 778 737 5206

Internet: narrowgroup.ca/project/the-narrow

More Info: Daily Happy Hour until 7pm

Fortune Sound Club



This Chinatown nightclub is powered by a state-of-the-art sound system and features a calendar packed with top Canadian and

international DJs playing a diverse range of music including hip-hop, R&B, and techno. The club also hosts live music, themed nights, and artist showcases. The intimate size of the venue makes it a great choice for concerts and shows, and the club supports local artists. With fun drinks and a cool atmosphere, this club is worth checking out if any of your favorite bands are playing here. It's located in a great spot and has a unique aesthetic.

Photo: Mikhail Nilov/pexels

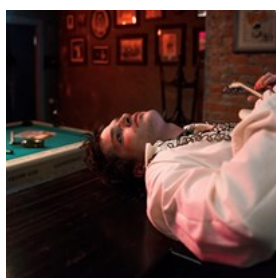
Address: 147 E Pender Street, Vancouver

Opening hours: Fri, Sat & Mon 10pm-2am, plus special events

Phone: +1 604 569 1758

Internet: www.fortunesoundclub.com

Funky Winker Beans



If you love music and want to be the entertainment for the night, this East Vancouver dive bar is the place to be on a Friday.

Featuring karaoke every night of the week, it has an accepting and energetic vibe and is a great spot for metalheads and punk rockers. The cheap beer will fuel you up for a night of singing your heart out. It's the best karaoke around, with a great crowd and good drinks.

Photo: cottonbro studio/pexels

Address: 37 W Hastings Street, Vancouver

Opening hours: Daily 5pm-late

Phone: +1 604 5693 515

Internet: www.funkywinkerbeans.ca

The Cascade Room



The Cascade Room on Main Street is a modern twist on the classic UK pub. It's known for its West Coast comfort fare prepared by Executive

Chef Tim Evans, expertly crafted cocktails, and extensive beer selection. In addition to B.C. beers on tap, the pub also serves fine cocktails, wine, and upscale pub fare. There's always something going on, from video game challenges and tap takeovers to live music and themed parties. Happy hour is popular, as is the late-night menu.

Photo: Aleksandar Andreev/unsplash

Address: 2616 Main Street, Vancouver

Opening hours: Daily 4pm-late

Phone: +1 604 7098 650

Internet: www.instagram.com/thecascaderoom

More Info: Daily Happy Hour 4pm-6pm

SHOPPING



Rawpixel dot com/Shutterstock.com

The casual shopper will enjoy a stroll along Robson Street with its unique boutiques, coffeehouses and restaurants. Granville Island is one of Vancouver's shopping hotspots and the hub of epicurean delight. The Public Market

overflows with fresh vegetables, fruits and exotic herbs and spices. Art and handcrafted items, custom-built kayaks, wooden musical instruments, blown glass, leather goods and one-of-a-kind toys are a small sampling of items for sale.

Mink Chocolate Café



Mink Chocolate Café is heaven for every chocolate lover, all year round you can indulge in hot and cold beverages. Thick, rich, ultra

luxurious.

Photo: Shulevskyy Volodymyr / Shutterstock.com
Address: 863 West Hastings Street
Phone: +1 604 633 2451
Internet: www.minkchocolates.com

Granville Island Public Market



Granville is an island in the middle of the city, a centre for dining, the arts and shopping, and home of the famous Granville Island fresh food market.

Wander through colorful stalls displaying homemade products and fine gastronomic delights.

Photo: Steve Rosset / Shutterstock.com
Address: 1689 Johnston Street, Vancouver
Opening hours: Daily 9am-6pm
Phone: +1 604 666 6655
Internet: www.granvilleisland.com
Email: info@granvilleisland.com

CF Pacific Centre



CF Pacific Centre is downtown Vancouver's premier shopping mall, with tons of shops and major brands represented, as well as a

vast selection of restaurants, cafés, entertainment venues, and even the Four Seasons Hotel.

Photo: WDnetStudio / Pixabay
Address: 701 West Georgia Street, Vancouver
Opening hours: Mon & Tue 10am-7pm, Wed-Fri 10am-9pm, Sat 10am-5pm, Sun closed
Phone: +1 604 688 7235
Internet:
shops.cadillacfairview.com/property/cf-pacific-centre
Email: pccguestservices@cadillacfairview.com

Coastal Peoples Fine Arts Gallery



Established in 1996, Coastal Peoples is a leading Gallery showcasing museum-quality Pacific Northwest Coast and

Inuit artwork for curious newcomers as well as seasoned collectors. Recognized for representing First Nations' master artisans, the Gallery has earned a reputation for discovering a new generation of gifted talent who push the boundaries of this legendary art form.

Ideally situated in the prime downtown location of Gastown by the waterfront — the Gallery is set in a historic warehouse space and focuses on representing an unparalleled collection of contemporary art identifying the distinct styles and diverse nations inhabiting both the communities of the Northwest coast and Arctic regions of Canada.

Photo: Rod Zadeh / Shutterstock.com

Address: 332 Water Street, Unit 200, Vancouver

Opening hours: Daily 10am-6pm

Phone: +1 604 684 9222

Internet: www.coastalpeoples.com

Email: coastalpeoples@telus.net

Fazakas Gallery



The Fazakas Gallery specializes in Contemporary Art, featuring work by Northwest Coast Native artists to more eclectic pieces from around the world. They offer a comprehensive approach to helping clients build their portfolios while reviewing existing collections to identify ways of bringing such work to a broader audience.

Photo: Johnny Habell / Shutterstock.com

Address: 659 E Hastings Street, Vancouver

Opening hours: Tue-Sat 11am-5pm, Sun closed

Phone: +1 604 876 2729

Internet: www.fazakasgallery.com

Email: info@fazakasgallery.com

Treasure Green Tea Company



Treasure Green Tea Company has a bewildering selection of premium speciality teas, including Pu-erh Tea Cakes, Iron Buddha and Treasure Green's Emerald Silver green tea, most of them sourced all the way from China, celebrating an ancient tea culture.

Photo: Wallenrock / Shutterstock.com

Address: 227 East Georgia Street, Vancouver

Opening hours: Mon & Wed-Sat 11am-6pm; Sun noon-6pm;
Tue closed

Phone: +1 604 687 4181

Internet: www.treasuregreen.com

Email: info@treasuregreen.com

Chinatown



activities, and culture.

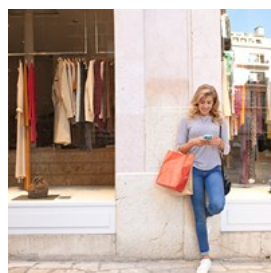
Vancouver is home to Canada's largest Chinese population and a thriving Chinatown, full of authentic shopping experiences, leisure

During summer evenings, shoppers can browse handmade goods and authentic Chinese food stalls lining the streets of the Chinatown Night Market. This unique neighborhood is also a great place to stock up on inexpensive gifts and exotic ingredients.

Photo: Dan Breckwoldt / Shutterstock.com

Internet: www.vancouver-chinatown.com

Commercial Drive



Generations of immigrants and an artistic counter-culture scene have made "The Drive" one of the most diverse areas in Vancouver. After World War II the northern part of Commercial Drive came to be known as "Little Italy". The Drive is also home to sizable Portuguese, Asian and Latino communities. Today, it is the spot to score vintage clothing, vinyl records, smoking paraphernalia and unique books — not to mention, it is the ideal neighbourhood for sampling ethnic and vegetarian cuisine.

Commercial Drive is where Vancouver's Car Free Day first took place in 2005. The initiative grew, and now regularly busy streets are closed to car traffic and used for day-long community festivals to promote active transportation, sustainability,

and public spaces.

Photo: MJTH / Shutterstock.com

Internet: www.thedrive.ca

Gastown



You can see glimpses of Vancouver's origins preserved in the Victorian buildings and cobblestone streets of this once bawdy frontier post. Today it's an official historic area with antique street lamps, shops and bars, First Nations art galleries, and the famous 2-tonne Gastown Steam Clock, and it is packed with quaint boutiques and cutting-edge fashion.

Photo: Zara Sadeqi/unsplash

Internet: www.gastown.org

Granville Street

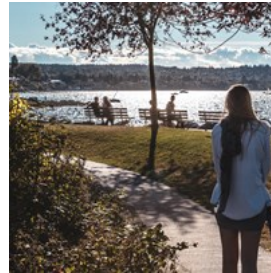


Cutting right through downtown is Vancouver's main entertainment district, featuring bustling shops during the day and happening clubs and bars at night. Spend some time in the Pacific Centre, where you'll find more than 100 brand-name shops and services. For a sampling of authentic Vancouver fashion, visit the trendsetting shops dotting the blocks between Robson and Drake streets, where you can find the latest styles in apparel, club gear and accessories.

Photo: Christian Mesina/unsplash

Internet: www.destinationvancouver.com/vancouver/neighborhoods/granville-street

Kitsilano

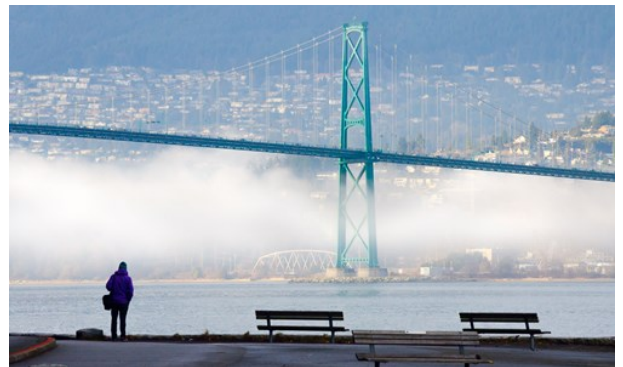


Bordered to the north by two popular beaches, "Kits" is an artsy upmarket neighborhood on the West Side, full of yoga studios, independent bookstores, organic coffee shops and natural grocers. During the warmer months, this area is ideal for checking out one of Vancouver's Farmers' Markets before heading to the beach.

Photo: inacioluc / Shutterstock.com

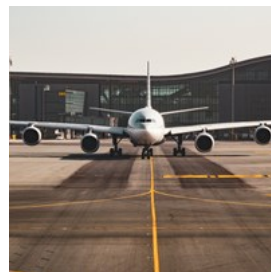
Internet: www.destinationvancouver.com/vancouver/neighborhoods/kitsilano

TOURIST INFORMATION



Puffin's Pictures / Shutterstock.com

Vancouver International Airport (YVR)



Vancouver International Airport (YVR) is located 16 km from downtown Vancouver. Canada Line (the city's rapid transit railway system) connects the airport to downtown Vancouver in under 30 minutes, departing every 7-15 minutes. There are also numerous car rental companies present at the airport, as well as taxi services.

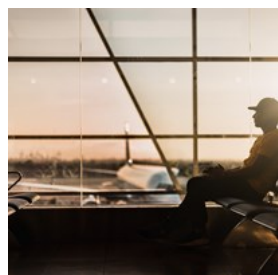
Photo: Bao Menglong/Unsplash

Address: Vancouver International Airport, Richmond

Phone: +1 604 207 7077

Internet: www.yvr.ca/en/passengers

Abbotsford International Airport (YXX)



Located in Abbotsford, British Columbia, about 65 km east of Vancouver, Abbotsford International Airport is a smaller regional airport that primarily serves domestic and regional flights within Canada and the United States. The airport is accessible by car, public transportation, and taxi, and offers a range of amenities and services for travelers, including shops, restaurants, lounges, and other amenities.

Photo: Marco López/Unsplash

Address: Abbotsford International Airport

Phone: +1 604 855 1001

Internet: www.abbotsfordairport.ca

Public Transport



In Vancouver, private vehicles are the most popular mode of transportation. Mass transit includes local buses, Skytrain, and Seabus. A Translink Day Pass, which can be purchased at many stations, grocery stores, and 7/11s, can be used on all of these. Bicycle rental is another very popular way for visitors to get around the city and cover more ground than walking. Several companies located around the city offer these services.

Vancouver has a comprehensive public transportation system, which includes buses, trains, and ferries. The main agency responsible

for public transportation in the city is TransLink, which operates a network of buses, trains, and ferries that serve the Metro Vancouver area.

Buses: The bus system in Vancouver is extensive, with routes serving the city and surrounding areas. Buses run frequently, and many routes operate 24 hours a day.

Trains: The SkyTrain is Vancouver's rapid transit rail system, which consists of three lines: the Expo Line, the Millennium Line, and the Canada Line. The SkyTrain serves a number of cities in the Metro Vancouver area, including Vancouver, Burnaby, New Westminster, and Richmond.

Ferries: The SeaBus is a passenger ferry service that operates between downtown Vancouver and the North Shore. The SeaBus operates every 15 minutes during peak hours and every 30 minutes during off-peak hours.

In addition to these services, TransLink also operates a number of other public transportation options, including community shuttles, HandyDART (a door-to-door service for people with disabilities), and the West Coast Express (a commuter rail service).

Public transportation in Vancouver can be accessed using a variety of fare payment options, including fares paid in cash, fares paid using a Compass Card (a reloadable electronic fare card), and fares paid using the TransLink mobile app.

Photo: Ant Rozetsky/Unsplash

Internet: www.translink.ca

Taxi



Taxis in Vancouver are generally reliable and can be a convenient option for getting around the city. Most taxis in the city are metered, with rates

determined by distance and time, and there are a number of different companies operating in the city.

Ridesharing services, such as Uber, Lyft and Blacklane, have become increasingly popular in recent years, and offer a convenient and often more affordable alternative to traditional taxis.

Photo: Maik Winnecke/Unsplash

Address: Vancouver Taxi

Phone: +1 604 871 1111

Post



In Vancouver, Canada Post offers a variety of services, including letter and parcel delivery, post office boxes, and money orders. The company also

provides a range of shipping options for individuals and businesses, including priority, express, and international shipping.

Photo: Sonia Kardash/Unsplash

Address: Canada Post, 495 West Georgia Street, Vancouver

Opening hours: Mon-Fri 9am-6pm, Sat & Sun closed

Internet:

www.canadapost-postescanada.ca/cpc/en/home.page

Pharmacy



Shoppers Drug Mart, London Drugs, Rexall, and Pharmasave: these Canadian chains have numerous locations throughout Vancouver

and offer a wide range of prescription and over-the-counter medications, as well as health and wellness products, beauty products, and more.

In addition to these larger chain stores, there are also many independent pharmacies throughout the city that offer a range of medications and other health-related products. Many of these pharmacies also offer additional services such as prescription refills, flu shots, and other immunizations.

Photo: Diana Polekhina/Unsplash

Address: Shoppers Drug Mart, 1125 Davie Street, Vancouver

Opening hours: 24/7

Phone: +1 604 669 2424

Telephone



Country code: +1 Area code: 604

Photo: Miryam León/Unsplash

Electricity



In Canada, the electrical system operates on a 120V supply voltage at a frequency of 60Hz. The country uses two types of plugs: type A and type B.

Type A plugs have two flat parallel pins, while type B plugs have two flat parallel pins along with a grounding pin.

Photo: Clint Patterson/Unsplash

Population

Metro area: 2.6 million (2023)

Currency

Canadian Dollar (CAD)

Opening hours

Banks: Mon–Fri 9:30am–4:30pm, extended hours (including weekends) at some locations.

Stores are mostly open Mon–Sat 10am–9pm and Sun 10am–6pm.

Internet

www.destinationvancouver.com

Newspapers

Vancouver Sun: www.vancouversun.com

The Province: www.theprovince.com

Ming Pao (Cantonese): www.mingpaocanada.com/van

World Journal (Mandarin): www.worldjournal.com

The Georgia Straight: www.straight.com

Emergency numbers

Fire, Police & Ambulance: 911

Tourist information

Destination Vancouver Corporate Office

200 Burrard Street #210, Vancouver

+1 604 683 2000

Open Mon–Fri 9am–5pm, Sat & Sun closed



1st Avenue West	A4 D4	Dunsmuir Street	D2	Manitoba Street	D4
2nd Avenue West	A4 D4	Dunsmuir Viaduct	D2 D3	Marinaside Street	C3 C4
3rd Avenue West	A4 D4	Duranleau Street	A4	Mariner Walk	A4
4th Avenue West	A4 D4	Expo Boulevard	D2 D3	Melville Street	C1
Abbott Street	D2	Fir Street	A4	Millbank	C4
Alberni Street	B1	Fountain Way	A4 B4	Nelson Street	B1 C3
Aquarius Mews	C3	Georgia Street	B1 C1 C2 D2	Nicola Street	A1 A2 B1
Barclay Street	B1	Georgia Viaduct	D3	Old Bridge Street	A4 B4
Beach Avenue	A1 A2 A3	Granville Bridge	B4	Pacific Boulevard	C3 D3
Beatty Street	D3	Granville Mall	C2	Pacific Street	B3
Bidwell Street	A1	Granville Street	A4 C2 C3	Park Walk	A4 B4
Broughton Street	A1 A2 B1	Hamilton Street	C3 D2	Pender Street West	C1 D2
Burnaby Street	B2	Haro Street	B1	Pendrell Street	A1
Burrard Street	A3 B2 C1	Harwood Street	A2 B2	Pennyfarthing Drive	A4
Bute Street	A2 B1 B2	Hastings Street West	C1 D1 D2	Pine Street	A4
Cambie Bridge	D4	Helmcken Street	B2 C3	Richards Street	C3 D2
Cambie Street	C3 D2 D3 D4	Homer Mews	B4	Robson Street	B1 C2
Cardero Street	A1 A2 B1	Homer Street	C3 D2	Seymour Street	C2 C3
Cartwright Street	B4	Hornby Street	B3 C1	Smithe Street	C2 C3
Coal Harour Road	C1	Howe Street	C2	Spyglass Place	D4
Columbia Street	D4	Ironwork Passage	B4	Terry Fox Way	D3
Commodore Road	C4 D4	Island Park Walk	A4	Thurlow Street	B2 C1
Comox Street	B1 B2	Jervis Street	A2 B1	Trounce Alley	D2
Cordova Street West	D1	Johnston Street	B4	Victory Square	D2
Creekside Drive	A4	Keefer Street	D2	Water Street	D2
Davie Street	A1 B3 C3	Lamey's Mill Road	A4	Waterfront Road	D1
Denman Street	A1	Mainland Street	C3	Whyte Avenue	A3
Drake Street	B3				