



Photo: Pawel Papis/Shutterstock.com



The Ballina/Byron region is delightfully diverse. It ranges from the quiet family world of Ballina to Byron Bay, the former hippy capital of Australia. Byron Bay was once a simple whaling station later rediscovered by surfers. Now, long after the 60s, the place is swarmed with tourists and celebrities wishing to experience this alternative town, which is still one of the most hippy destinations on the East Coast.

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Shanti Hesse/Shutterstock.com

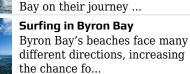


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Lake Ainsworth



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Shaws Bay

Big Prawn

The scenic Shaws Bay is located just ten minutes from Ballina by car. Surrou...

THE CITY



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There are a plethora of pleasures to be experienced in Ballina, Byron Bay and the surrounding area. Creative types are particularly attracted to this region and there are many authors and film-makers who seek their inspiration alongside surfers and sun lovers.

Ballina originally gained its reputation as a fishing and timber port on the wide Richmond River. Then, road transportation took over, and with it came one of the craziest moves in town planning history: Ballina's main street was set way back from the river, with buildings on both sides of the street blocking all river views. However, this has now changed with the development of the river foreshore area.

Only three decades ago, Byron Bay was a small sleepy enclave unaware of the hustle and bustle it would later experience. Nowadays, it has a small town charm mixed with a cosmopolitan yet alternative — lifestyle that attracts many people from all over the world. Among its attractions, there are kilometres of unbroken sandy beaches and heaps of great surf waves to catch, but also pristine nature and wildlife. Due to its location as Australia's most eastern point, the majestic humpback whales can be spotted twice a year on their migratory routes. There's always a local market taking place somewhere and all through the year several festivals take place.

Despite the coastal town's reputation as being laid-back and alternative, it is anything but boring and visitors have the time of their lives in Ballina and Byron Bay.

DO & SEE



Susan Harris/Shutterstock.com

There is no lack of beaches along the coastline if you want to enjoy a day on the sand. Once you're rested, outdoor and water activities are a must in Ballina and Byron Bay. Walking, picnicking, kayaking, swimming, surfing, snorkeling... You'll be spoilt for choice. Day trips in the surrounding villages are also possible, as well as museum visits and spotting dolphins and whales.

Seven Mile Beach



Just a few kilometres noth of Ballina's centre, Seven Mile Beach is one of Australia's finest and longest beaches. Wildlife, including dolphins and

eagles, populates the area. Swimming, surfing and sunbathing are of course the recommended activities.

For an unusual experience, Pegasus Park Equestrian Centre offers horseback rides under the supervision of an expert E.F.A. Grade 1 instructor.

Pegasus Park Equestrian Centre +61 2 6687 1446 www.pegasuspark.com.au Hours: 9am-5pm

Photo: K. Mitch Hodge/unsplash.com (cropped) Address: Pacific Parade, Lennox Head

Byron Bay From The Air



Take the opportunity to get another perspective of Byron Bay and the amazing nature surrounding it by... jumping out of an

airplane. This exciting experience will be a safe one thanks to Skydiving Byron Bay.

Photo: Germanskydiver/Shutterstock.com Address: Hangar 1, Tyagarah Airport, Pacific Hwy, Tyagarah Opening hours: Daily 9am-6pm Phone: +61 1300 663 634 Internet: www.skydive.com.au/byron-bay Email: info@skydive.com.au

Big Prawn



About 9 metres high, the Big Prawn is exactly what you'd expect it to be: a huge sculpture of a crustacean. You'll find it in a parking lot on River

Street outside Ballina's town centre. Just park your car and take a few pictures with this Australian icon, likely among the oddest monuments you'll ever encounter.

Photo: cn2480.com.au/Wikimedia Commons (upscaled and with noise reduction)(image cropped) Address: 507 River St, West Ballina

Historic Ballina Waterfront Trail



Put your hiking shoes on and start a scenic walk from the boardwalk of Ballina RSL club, walking alongside the Richmond River, cross the

Missingham Bridge and continue towards the North Wall. Along the road you'll find 19 panels with information about the area. At the end of the walk you can relax on Lighthouse Beach or just enjoy the view from North Wall. You might be able to spot dolphins, turtles and various birds.

Photo: Tony Partridge/Shutterstock.com Address: 1 Grant Street, Ballina

Shaws Bay



The scenic Shaws Bay is located just ten minutes from Ballina by car. Surrounded by beaches and parks, the area lends itself to long walks and

picnics, as well as water activities like swimming, snorkeling and canoeing.

Photo: kellyocs/Shutterstock.com Address: Shaws Bay, Ballina

Macadamia Castle and Animal Park



About half-way between Byron Bay and Ballina, the Macadamia Castle offers an insight into local animal life. Expect to see, among others, koalas,

goats, rabbits, various birds and reptiles. The park also has leisure facilities like mini golf, playgrounds, a train ride and a cafe, making it a popular venue for family trips.

Photo: Julija Sapic/Shutterstock.com Address: 419 Hinterland Way, Knockrow, Ballina Opening hours: Daily 9am-4pm Phone: +61 2 6687 8432 Internet: www.macadamiacastle.com.au Email: info@macadamiacastle.com.au

Lake Ainsworth



Adjacent to the Seven Mile Beach and within walking distance from Lennox Head village lies Lake Ainsworth, a fresh water lake surrounded by

trees. Tea-tree tannins and oil infuse this

freshwater lake for the most refreshing swim of your life. Have a picnic or a barbecue and then take off on a water adventure such as kayaking, swimming and windsurfing.

Photo: Tony Partridge/Shutterstock.com Address: Pacific Parade, Lennox Head

Diving and Snorkelling



The sea around Byron Bay has abundant marine life among the rock reefs. If you are not a certified diver yet, Byron Bay Dive Centre is the place to go

for a guided experience and maybe complete your training. They will take you to the beautiful Julian Rocks Aquatic Reserve, one of Australia's major diving sites.

Photo: Sebastien Burel/Shutterstock.com Address: 9 Marvell Street, Byron Bay Phone: +61 2 6685 8333 Internet: www.byronbaydivecentre.com.au Email: info@byronbaydivecentre.com.au More Info: Check their website to pick the best time of the year to dive.

Surfing in Ballina



With more than 32 kilometres of beautiful winding coastline, you will not have to look hard to find a good surfing spot. The calm sandy

beaches and rising swells are perfect for getting your surf on.

Ballina Surf School offers tailored packages for personalised session. They specialise in private classes with small numbers but also do group sessions.

Photo: Kudriavtcev Mikhail/Shutterstock.com Address: Tamar Street, Ballina Phone: +61 402 152 732 Internet: ballinasurfschool.com Email: info@ballinasurfschool.com

The Ballina Naval & Maritime Museum



The Ballina Naval & Maritime Museum has an eclectic collection of different kinds of ships, not to mention exhibitions on maritime history, life

at sea and in the navy. The most famous attraction is the raft Las Balsas, which landed in Ballina on 21 November 1973 after a 178-day journey from Ecuador.

Photo: Caftor/Shutterstock.com Address: Regatta Ave, Ballina Opening hours: Daily 9am-4pm Phone: +61 2 6681 1002 Internet: www.ballinamaritimemuseum.org.au

Lennox Head



Lennox Head is a laid-back village at the northern end of Seven Mile Beach and a mecca among surfers with its world-renowned breaks

at Lennox and Boulders Point.

Photo: jessicakirsh/Shutterstock.com Address: Lennox Head, Ballina

Brunswick Heads



Brunswick Heads, located about 20 minutes by road north of Byron Bay, is approximately what Byron used to be before the hippie invasion — a

sleepy little village on a super-scenic inlet, with top boating and fishing, several bars and restaurants, and a great cafe culture. It is the perfect place for a peaceful getaway.

Photo: Phillip Minnis/Shutterstock.com Address: Brunswick Heads, North South Wales, Australia More Info: Just off the Pacific Highway

Whale Watching



From May to July, grandiose humpback whales pass Byron Bay on their journey to calving and breeding grounds further north. In

September and October they pass Byron Bay again when they migrate back to the Antarctic with their youngsters. Several companies organise boat trips out to sea to watch the whales. One of those companies is Whale Watching Byron Bay. Address: 9 Marvell Street, Byron Bay Phone: +61 2 6685 8333 Internet: www.byronbaywhalewatching.com.au Email: info@byronbaywhalewatching.com.au

Cape Byron Lighthouse



Cape Byron Lighthouse, Australia's most eastern lighthouse, is an iconic sight of Byron Bay. Construction started in 1899 and the plans for

the lighthouse were done in the style of New South Wales colonial architect of the day, James Barnet. The view from the top is magnificent and on a good day you might even spot dolphins or whales with your binoculars. The hill where it's located is also a nice place to see the colours of sunset itself liven up the landscape.

Photo: ian woolcock/Shutterstock.com Address: Cape Byron Walking Track, Byron Bay Opening hours: Daily 10am-4pm Internet: www.nationalparks.nsw.gov.au/things-to-do/historic -buildings-places/cape-byron-lighthouse

Surfing in Byron Bay



Byron Bay's beaches face many different directions, increasing the chance for great waves. For those who still need to learn, Byron Bay is the perfect

place to take surfing lessons with its often mellow waves.

Mojosurf Byron Bay surf school:

Photo: ohrim/Shutterstock.com Address: Shop 6/4 Jonson St, Byron Bay NSW 2481 Opening hours: Daily 10am-4pm Phone: +61 2 6639 5100 Internet: www.mojosurf.com Email: info@mojosurf.com

Kayaking with dolphins



Get up close and personal with the local bottlenose dolphins in the bay. A kayak is a great and sporty way of observing these lovely mammals.

Tours are available everyday for both whale and dolphin watching.

Go Sea Kayak Byron Bay:

Photo: Tory Kallman/Shutterstock.com Address: Opp 56 Lawson Street, Byron Bay Opening hours: Daily 8am-6pm Phone: +61 416 222 344 Internet: www.goseakayakbyronbay.com.au Email: info@goseakayakbyronbay.com.au More Info: On The Park - Opposite 56 Lawson Street

Northern Rivers Community Gallery



If you're into contemporary art, Northern Rivers Community Gallery might be an interesting detour from beach days and

outdoor activities. They have four exhibition spaces showing diverse artwork mostly by local artists, but not exclusively. Check their website to see what exhibitions, cultural programs and events are currently going on.

Photo: New Africa/Shutterstock.com Address: 44 Cherry Street, Ballina Opening hours: Wed-Fri 10am-4pm, Sat & Sun 9:30am-1pm Phone: +61 2 6681 0530 Internet: www.nrcgballina.com.au Email: nrcg@ballina.nsw.gov.au

DINING



svry/Shutterstock.com

The Ballina/Byron Bay region has some top restaurants, highlighting the region's fine produce, like the world's best macadamia nuts. Fresh seafood also plays a leading role in the local cuisine.

Beanz (Ballina)



For a quick, healthy and light lunch, head over to Beanz. In addition to salads, you'll find falafel, tacos, sandwiches, and burgers, all at reasonable

prices.

Photo: Marie C Fields/Shutterstock.com Address: 222 River Street, Ballina Opening hours: Daily 11am-4pm Phone: +61 2 6686 6170

Raes on Wategos (Byron Bay)



This elegant hotel restaurant is located in front of the beautiful Wategos Beach. They serve a selection of dishes belonging to

modern Australian cuisine with Mediterranean influence.

Photo: msheldrake/Shutterstock.com

Address: 6/8 Marine Parade, Byron Bay Phone: +61 2 6685 5366 Internet: www.raes.com.au Email: contact@raes.com.au

Harvest Newrybar (Byron Bay)



At the Harvest Newrybar, they use seasonal local and organic ingredients that translate into an ever-changing and creative menu. On

Saturday and Sunday mornings they host an a la carte breakfast. Beside the restaurant you'll find a deli, a bakery, and a lovely garden that you can also see from their patio.

Photo: Helga Chirk/Shutterstock.com Address: 18/22 Old Pacific Highway, Newrybar Village, Byron Bay Opening hours: Wed-Sat 12-11pm. Sun 12-5pm Phone: +61 2 6687 2644 Internet: www.harvestnewrybar.com.au

Earth 'n' Sea Amazing Pizza (Byron Bay)

Email: goodtimes@harvestcafe.com.au



Gourmet pizza garnished with fresh, local ingredients can be found at Earth 'n' Sea Amazing Pizza. Here you can choose between 22 types

of pizza, with vegan and gluten free options available. Their specialty are baked pizza dough balls served with garlic butter. You might also want to check their deals for large and family pizzas.

Photo: Dream79/Shutterstock.com Address: 2/3 Marvell Street, Byron Bay Opening hours: Wed-Sun 5-8pm Phone: +61 2 6685 6029 Internet: www.earthnsea.com.au Email: info@earthnsea.com.au

Fishmongers (Byron Bay)



Fishmongers serves fresh, fast seafood in Byron Bay, from prawns and calamari to octopus and oysters. They are particularly proud of their

gourmet fish and chips and the vegetable tempura. There are some tables to eat on the spot, but take-away is a popular option as well.

Photo: Janet Faye Hastings/Shutterstock.com Address: 9 Bay Lane, Byron Bay Opening hours: Daily noon-late Phone: +61 4 1205 9771 Internet: www.fishmongersbyron.com.au Email: eat@fishmongersbyron.com.au More Info: Behind the Beach Hotel

OSushi (Byron Bay)



At OSushi, they serve upscale Japanese and modern Asian fusion cuisine and drinks, offering several vegan and vegetarian options.

Most of the ingredients come from the northern rivers region and the sushi selection is ever-changing. There are lunch specials that allow you to try a few dishes for a fixed price, while for dinner you can share a more substantial "premium set menu".

Photo: kamui29/Shutterstock.com Address: Shop 15, 90-96 Jonson Street, Byron Bay Opening hours: Daily noon-8:30pm Phone: +61 2 6685 7103 Internet: www.osushi.com.au Email: info@osushi.com.au More Info: Shop 15 Woolworths Plaza

Che Bon (Ballina)



Che Bon is an authentic French restaurant owned by a couple from Burgundy. Here you'll find typical French dishes like escargot, foie gras,

and crème brûlée, but also seafood dishes along with many gluten/dairy free as well as vegetarian options.

Photo: HUANG Zheng/Shutterstock.com Address: 37/41 Cherry Street, Ballina Opening hours: Tue-Sat 5pm-10:30pm Phone: +61 2 6687 8221 Internet: www.chebonrestaurant.com Email: mail@chebonrestaurant.com

The Boardwalk (Ballina)



The Boardwalk is a restaurant, brasserie, and bistro with a waterfront location. They keep their menu varied and affordable, serving

anything from seafood and salads to pastas and steaks. At sunset, enjoy a truly stunning view of the Richmond River through its big windows.

Photo: chndkmn/Shutterstock.com Address: 1 Grant Street, Ballina Opening hours: Lunch: daily noon-2pm; Dinner: Sun-Thu 6pm-8pm, Sat 5:30pm-8pm Phone: +61 2 6681 9500 Internet: www.ballinarsl.com.au/dining/the-boardwalk More Info: At the Ballina RSL club

CAFÉS



Kichigin/Shutterstock.com

With the city now being home to a beguiling mix of surfers, "new-agers", artists, craftspeople, writers and film makers, this is a perfect place for people watching while sipping a cup of coffee. Sit down and enjoy the relaxing atmosphere at one of many cafés in Ballina and Byron Bay.

The Gallery Cafe (Ballina)



Adjacent to the Northern Rivers Community Art Gallery you'll find this sophisticated cafe with outdoor tables in a lovely garden. The menu

features eggs cooked in a variety of ways, pancakes, healthy salads, but also more substantial options like burgers and pasta.

Photo: Pressmaster/Shutterstock.com Address: 46 Cherry Street, Ballina Opening hours: Open seasonally. Check hours on their social media Phone: +61 2 6681 3888 Internet: www.thegallerycafeballina.com Email: ballinagallerycafe@gmail.com

Bayleaf Cafe (Byron Bay)



Located in the heart of Byron Bay, Bayleaf Cafe is one of the most popular spots in town for brekkie and lunch. They gather ingredients from local

suppliers, including their coffee beans. Expect healthy and creative dishes served in generous portions. The green breakfast bowl is a big favourite.

Photo: Borys Vasylenko/Shutterstock.com Address: 2A Marvell Street, Byron Bay Opening hours: Daily 7am-2pm Internet: www.bayleafbyronbay.com Email: hello@bayleafbyronbay.com

Swish Cafe (Ballina)



Swish Cafe is a busy, popular place in the heart of Ballina, just a short walk from the beach. Until 11:30am, they offer huge breakfast specials

for those who want to start their day on the right foot. They also have an excellent variety of cakes and sweets, as well as light lunch options like salads, wraps, and sandwiches.

Photo: Olga Nayashkova/Shutterstock.com Address: 147 River Street, Ballina Phone: +61 2 6681 4033

Brewsters Cafe (Ballina)



Open since 1989, Brewsters Cafe is the oldest coffee shop in Ballina. Don't worry if you wake up late, as they serve breakfast all day

long and their award-winning coffee will surely keep you awake. Besides toasts and pancakes,

they also have light lunch options.

Photo: anshu18/Shutterstock.com Address: 105 River Street, Ballina Opening hours: Mon-Fri 7am-3:30pm, Sat & Sun 7:30am-1:30pm Phone: +61 2 6686 8313

The Top Shop (Byron Bay)



As the name suggests, you'll find this little cafe on top of a hill a short walk away from Tallow Beach. Their blackboard menu always displays

many burger options, but you'll also find bowls, baked treats, juices, smoothies and, of course, coffee. There is not much seating to eat on the spot, but it's very popular to take away and have a picnic either on the grass or at the beach.

Photo: Jacob Lund/Shutterstock.com Address: 65 Carlyle Street, Byron Bay Opening hours: Daily 6:30am-3pm Phone: +61 2 6685 6495 Internet: www.topshopbyronbay.com.au Email: charlie.topshop@gmail.com

Combi (Byron Bay)



Combi is a family-owned cafe with an organic menu focusing on treats and breakfast offerings. For a healthy and nourishing breakfast, try

one of their beautifully-presented super bowls with açaí, granola and fresh fruit. They have plenty of gluten-free, vegan and raw options to choose from.

Photo: zstock/Shutterstock.com Address: Shop 5b, 21/25 Fletcher Street, Byron Bay Opening hours: Daily 7am-3:30pm Internet: www.wearecombi.com.au Email: by ronbay @weare combi.com.au

The Belle General (East Ballina)



The Belle General a takeaway store and beachside cafe with smoothies, cold press juice, amazing coffee. Absolutely perfect for late

breakfast or lunch. They specialise in gluten & dairy free range, stay very vegan friendly but also have plenty of classic meals like burger and chips. Stop by and have "Something Healthy with Salmon" in this venue with industrial design and exceptionally good coffee.

Photo: Travis Yewell/unsplash.com Address: 12 Shelly Beach Rd, East Ballina Opening hours: Daily 8am-2pm Phone: +61 411 361 453 Internet: www.bellegeneral.com More Info: A stone's throw away from stunning Shelly Beach

The Pass Cafe (Byron Bay)



By making a slight detour on your way to or back from Byron Bay Lighthouse, you can stop by The Pass and enjoy the beautiful view of Pass

Beach and surf break. Whether it's for breakfast or lunch, you'll find popular foods like pancakes and burgers, and more sophisticated ones like açai bowls or salads with avocado and super greens. They also offer a wide selection of vegan smoothies featuring healthy ingredients like matcha and macadamia milk.

Photo: NuTz/Shutterstock.com Address: 1 Brooke Drive, Byron Bay Opening hours: Daily 7am-2pm Phone: +61 2 6680 8028 Internet: www.thepasscafe.com.au Email: eat@thepasscafe.com.au

BARS & NIGHTLIFE



Bruce/Flickr.com (image cropped)

Byron Bay rocks like jelly in an earthquake and has gained a reputation as one of Australia's very best music venues. Major world-class groups will often tour the major state capitals of Australia 'plus Byron Bay'. In Ballina, there are many places to kick back and relax before you head off to Byron Bay for a lively night.

The Balcony Bar and Oyster Co. (Byron Bay)



The Balcony Bar and Oyster Co is a chic venue located in one of Byron Bay's last remaining historical buildings. Their list of cocktails includes

several signature drinks like chilli mojito and gin tonic with aniseed myrtle. Happy hour is every day from 4pm to 6pm. On Wednesday, at 5pm it's oyster hour: don't miss the chance to try this delicious seafood at a very discounted price. For some live music, go on Thursday night instead. Fridays are "Drag and Dine".

Photo: Shebeko/Shutterstock.com Address: 7/3 Lawson Street, Byron Bay Opening hours: Mon-Fri 12pm-10pm. Sat 10am-11pm. Sun 10am-10pm Phone: +61 2 6680 9666 Internet: www.balcony.com.au Email: info@balcony.com.au More Info: Corner of Lawson Street & Jonson Street

Light Years (Byron Bay)



Light Years is an airy bar with Vietnamese-inspired design reminiscent of French-colonial Hanoi. Offers with authentic street food such as

roasted duck pancakes and succulent bao buns. Pop in mid-week for Hot Pho and ice-cold beer the contrast is devilishly delicious.

Their cocktail menu is an artisanal delight. Netflix and Chill comes highly recommended the perfect marriage of toasty popcorn and smokey rum.

Photo: Nikita Tikhomirov/unsplash.com Address: 3/17 Lawson St, Byron Bay Opening hours: Mon-Thu 4:45pm-10pm, Fri-Sun noon-10pm Phone: +61 423 138 538 Internet: lightyearsasiandiner.com.au Email: lightyearsbyron@arcadeagency.com.au

Beach Hotel (Byron Bay)



If you are tired after a long day on the beach, you don't have to look far for a place to cool down with an icy drink, as the Beach Hotel in Byron Bay

has a popular bar serving cocktails, mocktails, wine, and beer. They also often host live music and beach gigs.

Photo: Here/Shutterstock.com Address: 1 Bay Street, Byron Bay Opening hours: Mon-Sat 8am-1am. Sun 8am-12am Phone: +61 2 6685 6402 Internet: www.beachhotel.com.au Email: enquiries@beachhotel.com.au

The Bolt Hole (Byron Bay)



The Bolt Hole is a chic whisky, gin and craft cocktail bar with a multinational cast of bartenders behind the shinning copper bar.

Open until very late, it's the ideal last stop of the night. Alternatively, come here for pre-drinks with rooftop views and vintage decor.

Choose from more than 300 whiskies and gins, or go for wines, artisanal spirits and signature craft cocktails. Small bites will keep you satisfied and ready for more fun.

Photo: Louis Hansel/unsplash.com Address: 9 Fletcher St, Byron Bay Opening hours: Wed-Sun 5pm-late Phone: +61 2 6685 8410 Internet: www.thebolthole.com.au

The Railway Friendly Bar (Byron Bay)



The funky Railway Friendly Bar is famous for rocking live music seven days a week, all year around. They have over 20 types of beer on tap,

which you can enjoy in the open beer garden.

Photo: gpointstudio/Shutterstock.com Address: 86 Jonson Street, Byron Bay Opening hours: Daily noon-midnight Phone: +61 2 6685 7662 Internet: www.therailsbyronbay.com Email: therails@bigpond.com More Info: Predictably, located at the Railway Station

The Northern (Byron Bay)



The Northern Hotel has not one, but two bars: the Front Bar and the Back Room. Both venues often host live music sessions, featuring both local and

international bands playing mostly rock which you can enjoy with a locally brewed beer and hearty pub grub.

Photo: PrinceOfLove/Shutterstock.com Address: 35/43 Jonson Street, Byron Bay Phone: +61 2 6685 6454 Email: info@byronbayentertainment.com More Info: Front Bar is walk ins only, while you must buy tickers for Back Room

Supernatural (Byron Bay)



Supernatural Restaurant & Bar is a stylish slice of Milan by the sea. It is arguably Byron's favourite wine bar, and their cocktails are

remarkable. The bar showcases over 50 naturally produced organic wines from around the world. Expert staff will help you select the best wines, which you can pair with salty ocean delicacies including oysters, octopus, kingfish ceviche and zucchini fritters.

Photo: Ash Edmonds/unsplash.com Address: 9 Bay Lane, Byron Bay Opening hours: Sun, Tue-Thu 5pm-10pm, Fri & Sat 4pm-10pm Phone: +61 477 629 271 Internet: supernaturalbyronbay.com Email: bookings@supernaturalbyronbay.com

Mezza @ the Point (Ballina)



From this waterfront restaurant and bar you can enjoy a nice view of the Richmond River. Happy hour is from 3pm to 6pm every day, but you

can also grab some cocktails at the sunset or after dinner.

Photo: Ivan Mateev/Shutterstock.com Address: 2 Martin Street, Ballina Opening hours: Mon-Fri 7am-11pm, Sat & Sun 8am-11pm Phone: +61 2 6618 1188 Internet: www.mezza.com.au Email: info@mezza.com.au More Info: A la carte menu daily noon-8pm

Westower Tavern (Ballina)



The Westower Tavern is a sports bar and bistro serving pub food and cold drinks. They have a big play area for the children and organise

entertainment for adults as well, like live music nights. On regular evenings you can just get a draft, watch some sports, and have a good time.

Photo: zeljkodan/Shutterstock.com Address: 89/93 Kalinga Street, West Ballina Opening hours: Mon-Sat 10am-1:30am, Sun 10am-midnight Phone: +61 2 6686 7272 Internet: www.westowertavern.com.au Email: westower.tavern@alhgroup.com.au

Wharf Bar & Restaurant (Ballina)



At the Wharf Bar & Restaurant, they have many speciality cocktails to choose from. To play it safe, try one of their signature cocktails like

the espresso martini, the Frangelico caipiroska,

or the "Gerry bomb" with vanilla vodka, strawberry, lychee, and lime. Of course, you'll also find wine, beer, mocktails, and spirits.

Photo: CharlotteRaboff/Shutterstock.com Address: 12/24 Fawcett Street, Ballina Opening hours: Daily 7:30am-8:30pm Phone: +61 2 6686 5259 Internet: www.wharfbarballina.com.au Email: wharfbarballina@gmail.com

SHOPPING



HTeam/Shutterstock.com

Ballina is known as a regional hub for bargain shoppers, but there are also two shopping centres. In the main thoroughfare, River Street, you'll find a number of intriguing small boutiques. Byron Bay is home to many small boutiques as well, focusing mainly on hippy style clothes and accessories. However, some of the best shopping can be done at the local markets, hosted every weekend in different places. You can get some good deals for yourself and shop souvenirs for friends.

Ballina Market



Welcome to this craft and produce market that is held every 3rd Sunday of the month at the Outdoor Entertainment Centre in Canal Rd. If you're in

town, you might want to take a stroll through the

stands. You'll find food, clothes, accessories and souvenirs.

Photo: Monkey Business Images/Shutterstock.com Address: Canal Road, Ballina Byron Opening hours: 3rd Sunday of the month 7am-1pm Internet: www.visitnsw.com/destinations/north-coast/byron-b ay-area/ballina/events/ballina-market More Info: The full name is East Ballina Lions Club Community Market

Brunswick Heads Market



Brunswick Heads Market takes place along the riverbank every 1st Saturday of the month. You'll find many artisan stalls selling just about

anything from fresh groceries to clothes and accessories.

Photo: zimmytws/Shutterstock.com

Address: Memorial Park, Fawcett Street, Brunswick Heads Opening hours: Every 1st Saturday of the month 8am-2pm Phone: +61 410 785 554 Internet: brunswickheadsmarkets.com.au Email: bhwoodchop@outlook.com

Beachworkz



After 20 years in business, Beachworkz has become a local institution. Here you'll find everything you need for surfing and skating,

from boards and hardware to clothing and accessories.

Photo: lakov Filimonov/Shutterstock.com Address: 51 River St, Ballina Opening hours: Mon-Fri 9am-5pm, Sat 9am-3pm, Sun 10am-2pm Phone: +61 428 241 299 Internet: beachworkz.business.site Email: beachworkz@bigpond.com

Unplugged Byron Bay



Unplugged Byron Bay is a shop selling vintage-inspired clothes and accessories from

several brands and for modern men and women.

The shop itself has an old school atmosphere, with vintage rugs, skateboards hanging from the ceiling, film cameras and vinyl records on display.

Photo: Kaylin Pacheco/unsplash.com Address: 2 Lawson St, Byron Bay Opening hours: Daily 9:30am-5:30pm Phone: +61 2 6685 7441 Internet: unpluggedbyronbay.com.au Email: info@unpluggedbyronbay.com.au

Bangalow Village Market



Bangalow Village Market is held at Bangalow Showground on the 4th Sunday of the month. It is an excellent excuse for a day trip and to indulge in

some shopping. There's a great mix of coffee, juices, food stalls and many local artists works showcasing local wares. Check out clothing stores, ceramics, plants etc.

Photo: Monkey Business Images/Shutterstock.com Address: 1 Market St, Bangalow Opening hours: 4th Sunday of the month 9am-3pm Phone: +61 2 6687 1911 Internet: www.bangalowmarket.com.au Email: info09@bangalowmarket.com.au More Info: Note that dogs are not permitted

Ballina Book Shop



Right on River Street, there's a lovely book store with friendly staff, great selection of children's and non-fiction books. What can be

better than bringing a brand new book to the beach and unplugging for a few hours!

Photo: Toa Heftiba/unsplash.com Address: 85 River St, Ballina Opening hours: Mon-Fri 9am-4pm, Sat 9am-1pm, Sun 9am-noon Phone: +61 2 6686 2436 Internet: ballinabookshop.business.site

Byron Bay Community Market



Byron Bay Community Market is a colourful market that is held the 1st Sunday of the month. Among the 300 stalls you will find local crafts and

food, interesting art work made of different materials and other original items. Take your time and explore all of this lively market.

Photo: De Visu/Shutterstock.com

Address: Main Beach Foreshore, Dening Park, Byron Bay Opening hours: 1st Sunday of each month 8am-3pm Phone: +61 2 6685 6807

Internet: byroncentre.com.au/markets/community-market Email: marketssupport@byroncentre.com.au

Ballina Central



Ballina Central is a shopping centre offering a break from surf and sand. Here you'll find many dining and takeaway options, The

Vast Interior selling furniture and homeware, the

health shop Go Vita, more shops and even a gym and a massage centre. The shopping centre is also home to Big W, a popular discount department store with interesting bargains.

Photo: Monkey Business Images/Shutterstock.com Address: 44 Bangalow Road, Ballina Phone: +61 2 6681 4260 Internet: www.ballinacentral.com.au More Info: Corner of Pacific Hwy & Bangalow Rd

Big W



Big W discount department store is a popular outlet center with interesting bargains, which you'll find inside Ballina Central. Here you

can get everything from clothes and sports wear to food and toys at very low prices: the ideal shopping experience for budget travellers.

Photo: I i g h t p o e t/Shutterstock.com Address: Bangalow Rd, Ballina Opening hours: Daily 9am-6pm Phone: +61 2 6618 8600 Internet: www.bigw.com.au

Spell Boutique



Spell is a brand based in Byron Bay that has become very popular among young women and celebrities. Their clothes have an unmistakable

bohemian style perfect for both beach days and city breaks.

Photo: Halay Alex/Shutterstock.com Address: 15 Browning St, Byron Bay Opening hours: Daily 10am-5pm Phone: +61 2 8599 7275 Internet: spellboutique.com

Ballina Fair Shopping Centre



With over 60 retailers, Ballina Fair Shopping Centre is the biggest indoor shopping centre in the area. Inside you'll find local shops like Target,

Best & Less, Woolworths, along with a cinema, a gym and several cafes.

Photo: Monkey Business Images/Shutterstock.com Address: 84 Kerr St, Ballina Phone: +61 2 6686 8555 Internet: ballinafairshopping.com.au More Info: Hours may vary from shop to shop. Parking is free

TOURIST INFORMATION



Larissa Dening/Shutterstock.com

Ballina Byron Gateway Airport



Ballina Byron Gateway Airport is the gateway to the whole region. It is situated 5 kilometres from Ballina CBD and about 20 minutes by road

from Byron Bay.

The airport offers shuttles and bus services. There are also taxis and car rental companies represented at the airport. Public Bus Services are operated by Blanchs: +61 2 6686 2144 blanchs.com.au

Byron EasyBus Shuttles +61 02 6685 7447 byroneasybus.com.au

Below you can find a selection of car rental companies:

Avis Car Rental +61 2 6686 7650 www.avis.com.au

Hertz Car Rental +61 2 6686 2143 www.hertz.com.au

Europcar +61 2 6686 2992 www.europcar.com.au

Photo: Juan Garces Address: Ballina Byron Gateway Airport, 210 Southern Cross Dr, Ballina Phone: +61 2 6681 0555 Internet: www.ballinabyronairport.com.au

Passport / Visa



Unless you are a New Zealand citizen granted visa exemption on arrival (in most cases), you will need to obtain a visa prior to visiting Australia.

Citizens of all European Union countries, as well as Andorra, Norway, Iceland, San Marino, Switzerland, Liechtenstein, Monaco, and Vatican City are eligible for an eVisitor visa, which can be applied for online. For citizens of the United States, Canada, Japan, Hong Kong, Singapore, Brunei, South Korea and Malaysia, the Electronic Travel Authority (ETA) entry permit is available, which can be applied for online and grants holders the right to enter Australia an ulimited amount of times for stays of no longer than 3 months per visit.

Citizens of all other world countries (with the exception of Somalia) are also able to apply for a visitor visa online. For more information, visit the official website of the Australian government's department of home affairs: https:/ /www.homeaffairs.gov.au/lega/lega/form/immi-fa qs/what-visa-do-i-need-to-visit-australia

Photo: TukTuk Design/Shutterstock.com

Best Time to Visit



Here, summer lasts from December to February and can get very hot and busy. Spring (September-November) and autumn (March-May)

are great for avoiding the crowds but still being able to enjoy warm days and outdoor activities like sunbathing or surfing at the beach. The former is also the season with a lower chance of rainfall. July is the coldest month, but winter in the Ballina Byron region is still quite mild, with an average minimum of about 12°C/53,6°F.

Photo: VectorA/Shutterstock.com

Public transport



The local bus service in Ballina, Lennox Head and Byron Bay is inexpensive, but the busses don't run very frequently. Blanch's Bus Company runs bus

services from Ballina, Lennox Head, Bangalow

and Byron Bay to Lismore.

Blanch's Bus Company +61 2 6686 2144 blanchs.com.au

Another option to explore the area freely is to rent a car. Below you can find a selection of car rental companies:

Avis Car Rental +61 2 6686 7650 www.avis.com.au

Hertz Car Rental +61 2 6686 2143 www.hertz.com.au

Europcar +61 2 6686 2992 www.europcar.com.au

Photo: Pierre-Luc Auclair

Taxi



It is advisable to check prices before jumping in a taxi and do not forget to add the per kilometres fare depending on time of day, vehicle type and

number of passengers.

You can call Australia's national taxi booking phone number, 131 008, for both Ballina and Byron Bay taxis.

Photo: Taxi Phone: 131 008

Post



Look for the red signs to find a post office or mailbox. Yellow mailboxes are used for express post. Post Office Byron Bay 61 Jonson

Street, Byron Bay +61 2 6639 7852 Mon-Fri 9a-5pm, Sat 9am-12:30pm

Post Office Ballina 85 Tamar Street, Ballina +61 2 6613 1318 Mon-Fri 9a-5pm, Sat 9am-12:30pm

Photo: Andy Fuchs Internet: www.auspost.com.au

Pharmacy



There are several pharmacies in both Ballina and Byron Bay. Here are two of them. TerryWhite Chemmart Ballina 102/110 River St,

Ballina

Mon-Fri 8:30am-6pm, Sat 8:30am-4pm, Sun 9am-3pm +61 2 6686 8800 www.ballinahealthandbeauty.com.au

LiveLife Pharmacy Mercato 114 Jonson St, Byron Bay Mon-Fri 8am-8pm, Sat 8am-6pm, Sun 9am-6pm www.mercatoonbyron.com.au/livelife-pharmacy

Photo: Gemma Garner

Telephone



Country code: +61 Area code: 02

Photo: Jardson Almeida

Electricity



230V / 50Hz Plug type I (Used in Australia, New Zealand, Papua New Guinea, Argentina and others)

Photo: Stirling Tschan

Population Ballina 26,381 (2018) Byron Bay 9,246 (2016)

Currency

Australian Dollar (AUD) \$1 = 100 cents

Newspapers

Lismore Echo Ballina Shire Advocate The Byron Shire Echo Byron Shire News

Emergency numbers

000 for any emergency Poisons information: 13 11 26

Tourist information

Ballina Visitor Information Centre Corner of River St and Las Balsas Plaza, Ballina +61 1800 777 666 Mon–Sat 9am–5pm, Sun 10am–2pm

