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Coopers Brewery Tour

Photo: rickyd/Shutterstock.com



Adelaide is a new city in an old land, founded as a British colony in 1836 and now the capital of South Australia. Today, its rich mix of diverse cultures has adapted a relaxed and cosmopolitan lifestyle amidst green parks as well as 30km of beaches stretching along its suburbs. The city is famous for its al fresco eating culture, and it is the centre of the Australian wine industry, with some of the best food and drinks in the world.

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THE CITY



Leshaines123/Flickr.com (image cropped)

When Colonel William Light picked the Adelaide Plains as the capital of the new British colony back in 1836, the region had already been home to the Kaurna Aboriginal people for thousands of years. Previously known as Tarndanyangga, or place of the red kangaroo, the new settlement that arose on the plains developed into one of the most culturally diverse cities in the world.

Named after the wife of King George IV of the United Kingdom, Adelaide soon spread out to the seashore, now dotted with a long line of relaxing beach suburbs.

The arrival of successive waves of immigrants--from Germans and Italians to Lebanese and Japanese--has given the city an enviable reputation for good food and drinks with some of the most diverse eating opportunities within the whole world. The wine-making brought by German immigrants, for example, has turned Adelaide into one of the world's great wine-producing centres.

The city's 19th-century centre, which lies closer to the Torrens River, is still intact, and it gives visitors a feel for the colony's early days. It is also a grid of wide graceful streets encircled by a ring of parks, which rewards Adelaide with an open and green atmosphere. Combined that with the blue skies and warmth of the South Australian climate, and you've got yourself one of the most beautiful cities in the world.

DO & SEE



ymgerman/Shutterstock.com

Adelaide is easy to get around and offers a wide variety of attractions for all ages. Learn more about the country's history at the South Australian Museum or the Migration Museum. If you long for the beaches, take the tram to Glenelg, a popular seaside suburb. To top it all off, Adelaide's Cleland Wildlife Park is among the select few places in the world where you can hold a koala.

Adelaide Botanic Garden



Explore the beauty and diversity of plants from across Australia and around the world at the Adelaide Botanic Garden. Spanning 50 hectares,

this public garden is a great place to relax surrounded by nature right in the heart of the city. The Bicentennial Conservatory that towers over the gardens houses a tropical rain forest environment, and it is the largest glasshouse in Australia.

Photo: Puffin's Pictures/Shutterstock.com Address: North Terrace, Adelaide Opening hours: Mon-Fri 7:15am-5:30pm, Sat-Sun

9am-5:30pm Phone: +61 8 8222 9311 Internet: www.botanicgardens.sa.gov.au/home Email: botanicgardens@sa.gov.au More Info: Closing time depending on season, varying every month.

South Australian Museum



The main focus of this museum is the astonishingly ancient history of the land of Australia, with the Origin Energy Fossil Gallery

displaying some of the oldest fossils in the world. Here you will also find extensive exhibitions on Aboriginal history.

Photo: Monkey Business Images/Shutterstock.com Address: North Terrace, Adelaide Opening hours: Daily 10am-5pm Phone: +61 8 8207 7500 Internet: www.samuseum.sa.gov.au Email: feedback@samuseum.sa.gov.au

Glenelg



Glenelg is Adelaide's most popular beach destination, always buzzing with people browsing through shops, dining at sidewalk cafes,

and enjoying the beach, of course. Be sure to also visit the port and check out the many events going on there all year round.

Photo: amophoto_au/Shutterstock.com Address: Glenelg, Adelaide

Migration Museum



To get a real picture of the stories of the diverse ethnic groups that now make up the South Australian people, head for this museum full of

fascinating personal stories of arrival in the new colony. Plus, the story of the Aboriginal people.

Photo: lakov Filimonov/Shutterstock.com Address: 82 Kintore Ave, Adelaide Opening hours: Daily 10am-5pm Phone: +61 8 8207 7580 Internet: migration.history.sa.gov.au Email: migration@history.sa.gov.au

Tandanya National Aboriginal Cultural Institute



Oldest indigenous-owned and managed arts centre in Australia, the Tandanya National Aboriginal Cultural Institute features

exhibitions of Aboriginal and Torres Strait Islanders art from across Australia.

Photo: Fiqah Anugerah Dah Besa/Shutterstock.com Address: 253 Grenfell St, Adelaide Opening hours: Mon-Sat 10am-5pm Phone: +61 8 8224 3200 Internet: www.tandanya.com.au Email: web@tandanya.com.au

National Wine Centre of Australia



The nearby Barossa Valley is Australia's wine-producing heartland, and this centre offers interactive exhibitions explaining the

whole winemaking process, along with wines to taste and buy. In addition, the surrounding wine

yards are just beautiful to see and photograph.

Photo: symbiot/Shutterstock.com

Address: Corner of Hackney Rd & Botanic St, Adelaide Opening hours: Mon-Thu 8am-5pm, Fri 8am-9pm, Sat-Sun 9am-5pm Phone: +61 8 8303 3355 Internet: www.nationalwinecentre.com.au Email: nwc.info@adelaide.edu.au

Adelaide Festival Centre



The Festival Centre was built in 1973, as the venue for the Adelaide Festival of Arts, which is the city's major arts event since its inception in

1960. The large modernist theatre complex is still the heart of the festival, and its theatres are open all year, hosting different events and activities. Check out their schedule and stay tuned.

Photo: Michael Zimmer/Flickr.com(image cropped) Address: King William St, Adelaide Phone: +61 8 8216 8600 Internet: www.adelaidefestivalcentre.com.au Email: contact@adelaidefestivalcentre.com.au

Cleland Wildlife Park



Cleland Wildlife Park has been a popular tourist attraction since 1967, and it is a Conservation Park where you can interact with Australian wildlife.

Here, you can cuddle with a koala bear or hand-feed kangaroos and wallabies while also seeing the famous waterfall Gully-Mount.

Photo: IntoTheWorld/Shutterstock.com Address: 365 Mount Lofty Summit Rd, Crafers Opening hours: Daily 9:30am-5pm Phone: +61 8 8339 2444 Internet: www.clelandwildlifepark.sa.gov.au Email: clelandwildlifepark@sa.gov.au

Art Gallery of South Australia



In the heart of the austere and monumental Victorian grandeur of Adelaide's official buildings, you will find the Art Gallery of South

Australia. It houses nearly 45,000 works of art spanning 2000 years. From paintings, prints and drawings, photographs and videos to sculpture, textiles, ceramics, jewellery and furniture. It's a vast collection, which covers Aboriginal art, colonial and modern Australian, European art, and much more.

Photo: denisbin/Flickr.com Address: North Terrace, Adelaide Opening hours: Daily 10am-5pm Phone: +61 8 8207 7000 Internet: www.agsa.sa.gov.au Email: info@artgallery.sa.gov.au

Adelaide Oval



One of the most picturesque cricket grounds in the world, the Adelaide Oval, is home to the West End Redbacks, South Australia's cricket

team. It also hosts Aussie Rules football, rugby matches, and concerts.

Photo: Fotoaray/Shutterstock.com Address: War Memorial Dr, North Adelaide Phone: +61 8 8211 1100 Internet: www.adelaideoval.com.au Email: enquiries@adelaideoval.com.au

Adelaide Zoo



With over 1,800 animals and 300 species, you will find yourself quite busy at the Adelaide Zoo, learning more about animals like African lions,

giant pandas, sea lions, kangaroos, American alligators, to only name a few. It is also interesting to know that the zoo is focusing on endangered and rare animals.

Photo: Hung Chin/Shutterstock.com Address: Frome Rd, Adelaide Opening hours: Daily 9:30am-5pm Phone: +61 8 8267 3255 Internet: www.zoossa.com.au Email: information@zoossa.com.au More Info: Opening hours can vary depending on area.

Wine cellars



Some of the most famous wine regions in the world are lined across South Australia. From Shiraz in the Barossa and Riesling in the Clare Valley to the

big reds of the Coonawarra--your wine holiday will be as rich and seamless as the wines themselves. You will find more than 200 cellar doors open for you within an hour drive away from Adelaide.

Photo: Paranamir/Shutterstock.com Internet: www.southaustralia.com

South Australian Maritime Museum



Explore SA Maritime Museum's great nautical collection, which already began in 1872. Here you will get a better picture of the life at sea for those immigrating to Australia in the early years, as there is also a replica of a ship with lots of artefacts and passenger stories to hear.

Photo: Tatiana Bobkova/Shutterstock.com Address: 126 Lipson St, Port Adelaide Opening hours: Daily 10am-5pm Phone: +61 8 8207 6255 Internet: www.samaritimemuseum.com.au Email: maritime@history.sa.gov.au

Dolphin Swim & Watch



Temptation Sailing is a boat tour agency located in Glenelg that takes you to the sea with a sailing catamaran, where you will get the chance to

swim with wild dolphins or simply watch these fascinating creatures in their natural habitat. As this is a once-in-a-lifetime experience, be sure to bring your camera along!

Photo: Paulphin Photography/Shutterstock.com Address: 10 Holdfast Promenade, Glenelg Phone: +61 412 811 838 Internet: www.dolphinboat.com.au Email: info@dolphinboat.com.au More Info: The boat leaves from Glenelg.

Coopers Brewery Tour



Well established (not only) on the Australian beer market, Coopers is a family business with several different beers, stouts, or lagers in its

assortment. Six generations back, Thomas Cooper brewed his first batch of ale in 1862 and until today, the very same methods are still used in the production. During the tour here, you will learn more about its 150 years of history, and you will get the chance to taste different Cooper

brews.

Photo: grekoff/Shutterstock.com Address: 461 South Rd, Regency Park Phone: +61 8 8440 1800 Internet: www.coopers.com.au Email: coopers@coopers.com.au

DINING



Aedka Studio/Shutterstock.com

Adelaide, the home of eating out, has more restaurants per person than any other city in Australia. A nation abundant with good food and the pleasures of al fresco dining. The city's cultural mix--from Thai to Italian to Indian and Lebanese--offers a bewildering array of cuisines for you to enjoy, all complemented by the incredible range of fresh vegetables, fruits, seafood, and meats available in South Australia.

Penfolds Magill Estate Restaurant



Situated on the Magill Estate with panoramic views over the vineyards and the city beyond, this 5-star restaurant offers modern Australian

cuisine and one of the most impressive restaurant cellars in the world. The estate itself, which in total houses four different dining and drinking locations, overlooks more than five hectares of Shiraz vines, which are among the most celebrated in the whole world, and they also contributed to the first vintages of Grange in the 1950s.

Photo: rss_maxim/Shutterstock.com Address: 78 Penfold Rd, Adelaide Opening hours: Wed-Fri 6:30-11pm, Sat 12-3pm, 6:30-11pm, Sun 12-3pm Phone: +61 8 8301 5551 Internet: www.magillestaterestaurant.com Email: magillestaterestaurant@penfolds.com.au

Jolleys Boathouse



This restaurant situated in a converted boathouse offers fine contemporary Australian cuisine on the banks of the Torrens River. The menu changes

seasonally and thus assures that only the best (and regional) products are used.

Photo: Jolleys Boathouse/Shutterstock.com Address: 1 Jolleys Lane, Adelaide Opening hours: Wed-Fri 12-2pm, 6-8pm, Sat 6-8pm, Sun 12-2pm Phone: +61 8 8223 2891 Internet: www.jolleysboathouse.com Email: management@jolleysboathouse.com

Jasmin Indian Restaurant



Jasmin Indian Restaurant is a family-owned restaurant with a cosy and intimate atmosphere, serving classic North Indian dishes as kormas

or vindaloos.

Photo: hlphoto/Shutterstock.com Address: 31 Hindmarsh Square, Adelaide Opening hours: Tue-Wed 5:30-9pm, Thu 12-2pm, 5:30-9pm, Fri 12-2pm, 5:30-9:30pm, Sat 5:30-9:30pm Phone: +61 8 8223 7837 Internet: www.jasmin.com.au Email: contact@jasmin.com.au

Star of Siam



In the heart of the city near the Central Market, this Thai restaurant is one of the best dining locations in town, serving great fresh produce at

reasonable prices. On the menu, you will find tasty dishes like Pad-Thai, the national dish of Thailand, and other specialities like spicy crispy prawn and pepper & garlic chilli pork.

Photo: ARENA Creative/Shutterstock.com Address: 67 Gouger Street, Adelaide Opening hours: Tue-Fri 11:30am-2pm, 5-9pm, Sat 5-9pm Phone: +61 8 8231 3527 Internet: www.starofsiam-adelaide.com.au Email: starofsiamadelaide@gmail.com

The Greek on Halifax



Reinvented into The Greek on Halifax, you have come to one of the best Greek restaurants in Australia, easily spotted due to a huge chimney

right behind. For starters, try the pickled octopus, kefthedes (spicy meatballs) or haloumi cheese with roasted cherry tomatoes, followed by the saganaki prawns or crispy whitebait. Again, you might have a hard time to choose.

Photo: iMarzi/Shutterstock.com Address: 75-79 Halifax Street, Adelaide Opening hours: Tue-Thu 10:30am-9pm, Fri-Sat 11:30am-10pm, Sun 11:30-3pm Phone: +61 8 8223 3336 Internet: www.thegreek.com.au Email: info@thegreek.com.au

Sosta Argentinian Kitchen



Sosta is a temple for the faithful to eat spectacular steaks, chorizo, quail, rump, chicken, and veal ribs. Try the Parrillada de Carne for two, a platter

with grilled meat, and you won't be disappointed. While carnivores will feel right at home at Sosta's, vegetarians, however, may want to steer clear.

Photo: Tatiana Volgutova/Shutterstock.com Address: 291 Rundle St, Adelaide Opening hours: Tue-Thu 5:30-9pm, Fri 12-2pm, 5:30-10pm, Sat 5:30-10pm Phone: +61 8 8232 6799 Internet: www.sostaargentiniankitchen.com.au Email: info@sostaargentiniankitchen.com.au

Ying Chow



This buzzing restaurant offers wonderful North Chinese cuisine at reasonable prices, as they – accommodatingly – accept the for Adelaide so

typical BYO option: bring your own (booze). Although it can get quite packed, it is definitely worth the wait.

Photo: Kzenon Address: 114 Gouger St, Adelaide Opening hours: Daily 5-10:45pm Phone: +61 8 8211 7998 Email: brianshair@hotmail.com

Chianti



Family-run trattoria in a beautiful heritage-listed building, which has been restored with the same quality and attention to detail as before. Such

characteristics are also found in the food, wine, and service of Chianti. The menu represents the best of Tuscan and Northern Italian dishes, which can be enjoyed either in the comfort of inside dining or al fresco.

Photo: Ekaterina Kondratova/Shutterstock.com Address: 160 Hutt Street, Adelaide Opening hours: Mon-Sat 11am-10pm Phone: +61 8 8232 7955 Internet: www.chianticlassico.com.au Email: chianti@chianti.net.au

Vietnam Restaurant



Step inside this family-owned restaurant with over 30 years of colourful history and a very relaxing and friendly atmosphere. The family

serves authentic fresh Vietnamese food like spring and summer rolls for a start and beef with noodles, hot peppered pork spare ribs, and hot sour fish as the main course.

Photo: hansbui/Shutterstock.com Address: 73 Addison Rd, Pennington Opening hours: Tue-Thu 5-9pm, Fri-Sun 11:30am-3pm, 5-9pm Phone: +61 8 8447 3395 Internet: www.vietnamrestaurant.com.au Email: benphan@vietnamrestaurant.com.au

Oyster Bar Holdfast Shores



Oyster Bar Holdfast Shores attracts oyster lovers from all over the world, as this restaurant serves some of South Australia's finest oysters,

which can be complemented with a perfect glass of South Australian wine. The restaurant is located in Glenelg and, thus, also offers amazing waterfront views.

Photo: Suporn Thawornnithi/Shutterstock.com Address: Marina Pier, 10 Chappell Dr, Glenelg Opening hours: Mon-Thu 11am-11:30pm, Fri 11:30am-12:30am, Sat 11am-12:30am, Sun 11am-11pm Phone: +61 8 8376 3100 Internet: www.oysterbar.com.au Email: holdfastshores@oysterbar.com.au

Press Food & Wine



Enjoy modern Australian cuisine at this high standard restaurant. The menu is created by head chef Andrew Davies and constantly aligned to the

changing seasons, providing only the best and freshest ingredients. For the highest pleasure, do also choose a local wine from their extensive wine list.

Photo: Africa Studio/Shutterstock.com Address: 40 Waymouth St, Adelaide Opening hours: Mon-Fri 11:30am-3pm, 5-11pm, Sat 5-10:30pm Phone: +61 8 8211 8048 Internet: www.pressfoodandwine.com.au Email: eat@pressfoodandwine.com.au

CAFES



Kichigin/Shutterstock.com

Adelaide has a vibrant cafe culture and offers plenty of coffee houses all over the city. Some streets are packed with cafes with outdoor seating, such as the East End of Rundle Street towards Rundle Park, O'Connell Street, as well as the popular Melbourne Street.

The Pantry on Egmont



Tucked away in the backstreets of Hawthorn is this small local cafe serving all-day breakfast and lunch, including vegan, vegetarian, and

gluten-free options in a cosy and very friendly atmosphere. On the menu, besides delicious takes on classics, you will also find some seasonal items. And on the wall, current displays of art from talented local artists.

Photo: Chris Ralston/Unsplash Address: 2 Egmont Terrace, Hawthorn Opening hours: Mon-Fri 7:30am-2pm, Sat-Sun 8am-2pm Phone: +61 8 8271 4409 Internet: www.thepantry.net.au Email: thepantry@thepantry.net.au

Bakery on O'Connell



Family-owned and award-winning bakery and cafe offering more than 200 items, all prepared on their premises. Their vast

menu includes cakes, pastries, doughnuts, croissants, milkshakes, smoothies, and much more. Plus, it's open 24 hours a day, 7 days a week.

Photo: Annie Spratt/Unsplash Address: 128-130 O'Connell St, North Adelaide Opening hours: 24/7 Phone: +61 8 8361 7377 Internet: www.bakeryonoconnell.com.au

Hog's Breath Cafe Glenelg



Down-to-earth steakhouse chain serving burgers, pasta, and a signature prime rib in a friendly and funky atmosphere with walls covered with

cool paraphernalia and memorabilia.

Photo: stockcreations/Shutterstock.com Address: 32/36 Jetty Rd, Glenelg Opening hours: Mon-Thu 11:30am-2:30pm, 5-8:30pm, Fri 11:30am-2:30pm, 5-9pm, Sat 11:30am-9pm, Sun 11:30am-8:30pm Phone: +61 8 8376 7713 Internet: www.hogsbreath.com.au/location/glenelg/ Email: hbglen@hogsbreath.com.au

UR Caffé



Small and popular cafe with outdoor seating, dishing up breakfast and brunch fare made from local produce with Asian inspired recipes.

Photo: Natalie magic/Shutterstock.com Address: 117 Melbourne St, North Adelaide Opening hours: Mon-Fri 7:30am-3pm, Sat-Sun 8am-3pm Phone: +61 8 8267 3553 Internet: www.urcaffe.com Email: urcaffe@gmail.com

The Messy Tomato



Italian cafe serving breakfast, Italian lunches, and desserts right in the heart of Adelaide.

Photo: Maddi Bazzocco/Unsplash Address: 151 Flinders St, Adelaide Opening hours: Mon-Fri 7am-3pm, Sat 8:30am-1pm, Sun 9am-1:30pm Phone: +61 403 643 452 Internet: www.messytomato.com.au Email: eat@messytomato.com.au

BARS & NIGHTLIFE



Neale Cousland/Shutterstock.com

Bars and pubs can be found all over Adelaide, as drinking beer and wine is something of an Aussie national pastime. Many of these establishments are housed in fine historic buildings and also offer good local food.

Nightlife in Adelaide is confined to certain streets, whereas some parts of the centre become quite deserted in the evening. The centres of the action are Hindley Street with its brasher and neon-lit strip and Rundle Street with its more bohemian pubs and bars. The beach suburb of Glenelg also has a lively and youthful scene both during the day and night.

The Austral



This fine pub in the heart of Rundle Street is something of an Adelaide institution. The Austral offers an excellent menu of modern Australian

food, local and international ales, as well as live entertainment.

Photo: StudioByTheSea/Shutterstock.com Address: 205 Rundle Street, Adelaide Opening hours: Mon-Wed 12pm-12am, Thu 12pm-1am, Fri-Sat 12pm-3am, Sun 12pm-1am Phone: +61 8 8310 0210 Internet: www.theaustral.com.au

The Oxford Hotel



The Oxford Hotel is a classic Adelaide public house, and it has both great food and drinks as well as one of the best pub dining rooms in the

city. The atmosphere is casual and relaxing, and quite right for after-work drinks during the week. On Friday and Saturday night, however, DJs are playing your favourite tunes.

Photo: VikaGeyde/Shutterstock.com Address: 101 O'Connell St, North Adelaide Opening hours: Mon-Wed 11am-1am, Thu-Fri 11am-2am, Sat 10am-2am, Sun 10am-1am Phone: +61 8 8267 2652 Internet: www.oxfordhotel.com.au Email: admin@oxfordhotel.com.au

The Unley



Open-air rooftop bar offering an extensive drinks menu, which includes local craft beers on tap, South Australian wines, boutique gins, and

creative cocktails, as well as some classic pub fare and restaurant-style meals. The Unley boasts a warm and welcoming atmosphere, which is complemented by its cosy fireplaces.

Photo: Bordovski Yauheni/Shutterstock.com Address: 27 Unley Rd, Parkside Opening hours: Mon-Thu 9am-1am, Fri-Sat 9am-2am, Sun 9am-12am Phone: +61 8 8271 5544 Internet: www.theunley.com.au Email: unley@boozebros.com.au

Treasury 1860



As being the place to see and to be seen on a Friday night, Treasury 1860 is trendy and upmarket. In a terrifically restored South Australian

Treasury building, this bar caters to a finance and government clientele, but it also serves breakfast and lunch, being open nearly all day long.

Photo: Aleksandrs Muiznieks/Shutterstock.com Address: 144 King William St, Adelaide Opening hours: Mon-Fri 6:30am-11pm, Sat 8am-11am, 3-11pm, Sun 8am-11am Phone: +61 8 7225 1722 Internet: www.treasury1860.com.au Email: hello@treasury1860.com.au

The Union



Every weekend, DJs are spinning funk, house, pop, and rock at The Union, while you enjoy a cold beer or a tasty cocktail by the 30-metre

long bar. There are about 12 beers on tap to choose from, including both imported and hand-crafted Australian beers. The menu ranges from traditional pub food to modern Australian creations.

Photo: Master1305/Shutterstock.com Address: 70 Waymouth Street, Adelaide Opening hours: Mon-Tue 11:30am-10pm, Wed 11:30am-12am, Thu 11:30am-1am, Fri 11:30-2am, Sat 4pm-2am Phone: +61 8 8231 2144 Internet: www.theunionhotel.com.au Email: info@theunionhotel.com.au

Mary's Poppin



The two opulent levels of Mary's are finished with sleek edges and furnished with luxurious European décor, while a grand internal balcony gives an

intimate view of three dazzling crystal chandeliers. These magnificent centrepieces cascade from ornate cathedral ceilings to the main dance floor below, creating a truly unique atmosphere that is held up by great drinks. Mary's is known primarily for its electrifying drag shows, but come before the party starts to enjoy the lounge vibe.

Photo: imaginariumau/Shutterstok.com Address: 5 Synagogue Place, Adelaide Opening hours: Thu-Sat 9pm-5am Internet: www.maryspoppin.com Email: info@maryspoppin.com

APOTECA



APOTECA is a stylish place offering high-quality wine, beer, and spirits. This is one of the best wine bars in Adelaide, and the food

follows the very same quality standard. So, make sure to check that out.

Photo: Kondor83/Shutterstock.com Address: 118 Hindley Street, Adelaide Opening hours: Tue-Thu 6-10pm, Fri-Sat 6pm-12am Phone: +61 8 8212 9099 Internet: www.apoteca.com.au Email: drink@apoteca.com.au

Ancient World



Small underground bar and venue tucked away in the heart of Adelaide. The Ancient World is a hidden gem in the city, and definitely one of those

places you do not want to miss out on. Try their whiskey from Tasmania and the Mexican cola Jarritos, and put your signature onto the bathroom door--it is, actually, encouraged!

Photo: Deniss Grigorjevs/Shutterstock.com Address: 116A Hindley Street, Adelaide Opening hours: Wed 8pm-2am, Thu-Sat 9pm-2am Email: ancientworld5000@gmail.com

SHOPPING



Rawpixel.com/Shutterstock.com

For the best Adelaide shopping experience, there are two main areas you should visit. The first is around Rundle Mall--the heart of retail, dining, and entertainment in the city. The second area is to the southwest of the central grid of streets, between Grote and Gouger Streets, where you will find the Adelaide Central Market, known as the food pantry of Adelaide. Here you will discover the incredible abundance of raw ingredients Australia produces. This area is also a showcase of the melting pot of cultures that make up Adelaide today, with the sights and smells of Italian, Vietnamese, Lebanese, Greek, Chinese, and Japanese cuisines to feast upon-just to name a few.

Adelaide Central Market



The Adelaide Central Market teems with life and colour all year round, and it is a special place for regulars who wouldn't shop anywhere else. Here

you will find a wide range of fresh food, all under one roof: fruit and vegetables, meat and poultry, seafood, baked goods, sweets, nuts, as well as gourmet cheeses. Shoppers can also take a break in some of the hippest cafes in the city.

Address: 44-60 Gouger St, Adelaide Opening hours: Tue 7am-5:30pm, Wed-Thu 9am-5:30pm, Fri 7am-9pm, Sat 7am-3pm Phone: +61 8 8203 7494 Internet: adelaidecentralmarket.com.au

Rundle Mall



When in need of some retail therapy, head over to Rundle Mall. Built in the mid-1970s, this is Adelaide's first pedestrianised street

mall. It features over 1000 retail stores and services, including famous high-end chains and other global brands, along with many interesting local shops.

Photo: Sonpichit Salangsing/Shutterstock.com Address: The Rundle Mall Street is between King William Street and Pulteney Street Opening hours: Mon-Thu 9am-5:30pm, Fri 9am-9pm, Sat 9am-5pm, Sun 11am-5pm Phone: +61 8 8203 7200 Internet: www.rundlemall.com

Adelaide Arcade



Running off Rundle Mall, down to Grenfell Street, the heritage-listed Adelaide Arcade and the Regent Arcade offer boutique shopping,

aboriginal crafts, and even locally-mined opals.

Photo: Syda Productions/Shutterstock.com Address: 112/118 Grenfell St, Adelaide Opening hours: Mon-Thu 9am-6pm, Fri 9am-9pm, Sat 9am-5pm, Sun 11am-5pm Phone: +61 8 8223 5522 Internet: adelaidearcade.com.au Email: info@adelaidearcade.com.au

East Rundle Street



The East End of Rundle Street is another shopper's paradise offering Adelaide's finest fashion and dining experience. The area

boasts hundreds of stalls and specialty shops. Here you will find anything from leading designer labels to homewares, jewellery, and plenty of eateries, bars, and cafes.

Photo: George Bakos/Unsplash Address: Located between Frome Street and East Terrace Phone: +61 411 505 104 Internet: www.rundlestreet.com.au Email: rundlesteast@gmail.com

TOURIST INFORMATION



Neale Cousland/Shutterstock.com

Adelaide International Airport



The Adelaide International Airport and Domestic Terminal are only 6km away from the city centre. The Skylink Airport Shuttle bus links

the airport to the Adelaide Parklands Rail Terminal and the city centre, while local buses also connect the airport to the Adelaide suburbs. There are taxi services as well as car rental available.

Photo: Juan Garces Address: 1 James Schofield Dr, Adelaide Airport Phone: +61 8 8308 9211 Internet: www.adelaideairport.com.au Email: airport@aal.com.au

Passport / Visa



Unless you are a New Zealand citizen granted visa exemption on arrival (in most cases), you will need to obtain a visa prior to visiting Australia.

Citizens of all European Union countries, as well as Andorra, Norway, Iceland, San Marino, Switzerland, Liechtenstein, Monaco, and Vatican City are eligible for an eVisitor visa, which can be applied for online. For citizens of the United States, Canada, Japan, Hong Kong, Singapore, Brunei, South Korea and Malaysia, the Electronic Travel Authority (ETA) entry permit is available, which can be applied for online and grants holders the right to enter Australia an unlimited amount of times for stays of no longer than 3 months per visit.

Citizens of all other world countries (with the exception of Somalia) are also able to apply for a visitor visa online. For more information, visit the official website of the Australian government's department of home affairs: https:/ /www.homeaffairs.gov.au/lega/lega/form/immi-fa qs/what-visa-do-i-need-to-visit-australia

Photo: TukTuk Design/Shutterstock.com

Best Time to Visit



The most lively seasons in which also locals are out in order to enjoy the warm weather in Adelaide is between February and May, as the

average temperatures of around 24 degrees allow for every outdoor (and must-do) activity and also attending interesting events such as the Adelaide Fringe Festival. While February is the hottest month of the year, the following ones cool down the weather to a level of comfort that ends with winter coming around from June until August.

Photo: VectorA/Shutterstock.com

Post



There are several Australia Post offices located all over the town, where stamps can be bought, and where mail and packages can be sent

from.

Photo: Andy Fuchs Address: 59 City Cross Arc, Adelaide Opening hours: Mon-Fri 8:30am-5pm Phone: +61 131318

Public Transport



The Adelaide Parklands Rail Terminal links rail destinations across Australia with airport buses and suburban trains to Adelaide Train

Station on North Terrace.

The Adelaide Metro runs extensive bus services

across the city with various tickets, including multi-trip passes. These bus services link with the TransAdelaide train and tram services.

Tram to Glenelg is a great way to access the lovely seaside suburbs.

Photo: Pierre-Luc Auclair Internet: www.adelaidemetro.com.au

Taxi



It is easiest to hail a taxi on the street, especially in the city centre or at the airport and train stations. However, some companies, such as

Adelaide Independent Taxis, Suburban Taxis, among others, may be well reached via phone or app.

Other option for lower fares is the rideshare company Uber.

Photo: Taxi

Pharmacy



Besides the main pharmacy at Gawler Place, there is another one: Chemist Warehouse 100 Rundle Mall +61 8 8227 2700 Opening

hours: Mon-Thu 8am-6pm, Fri 8am-9pm, Sat 8:30am-5pm, Sun 10:30am-5pm

For urgent medical information call Australia Medic Alert Foundation on +61 8 8274 0361. At emergency, call 000.

National Pharmacies Adelaide address below:

Photo: Gemma Garner Address: 52 Gawler Place, Adelaide Opening hours: Mon-Thu 8am-5:30pm, Fri 8am-7pm, Sat 9am-5pm Phone: +61 8 8223 0400 Internet: www.nationalpharmacies.com.au

Electricity



220-240 volts/50 Hz

Photo: Stirling Tschan

Telephone



Country code: +61 Area code: 08

Photo: Jardson Almeida

Population 1.378 million (2021)

Currency 1 Australian Dollar = 100 cents

Opening hours

General shop hours are from Mon–Fri 9am–5:30pm and Sat 9am–5pm. Most major outlets are also open on Sundays from 11am–5pm.

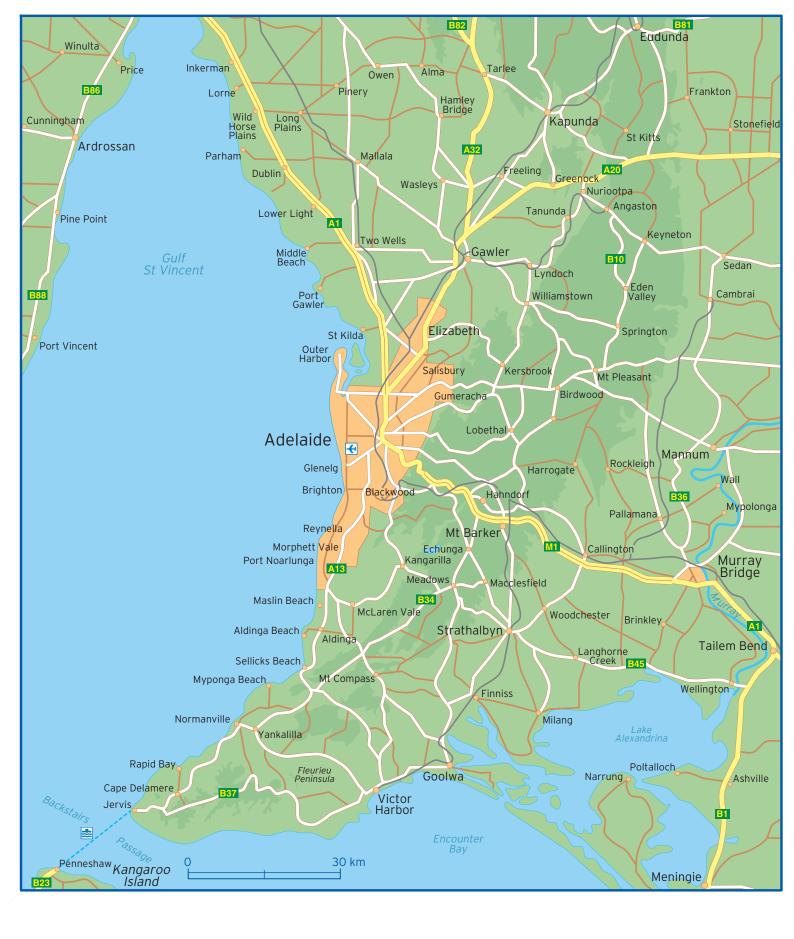
Newspapers

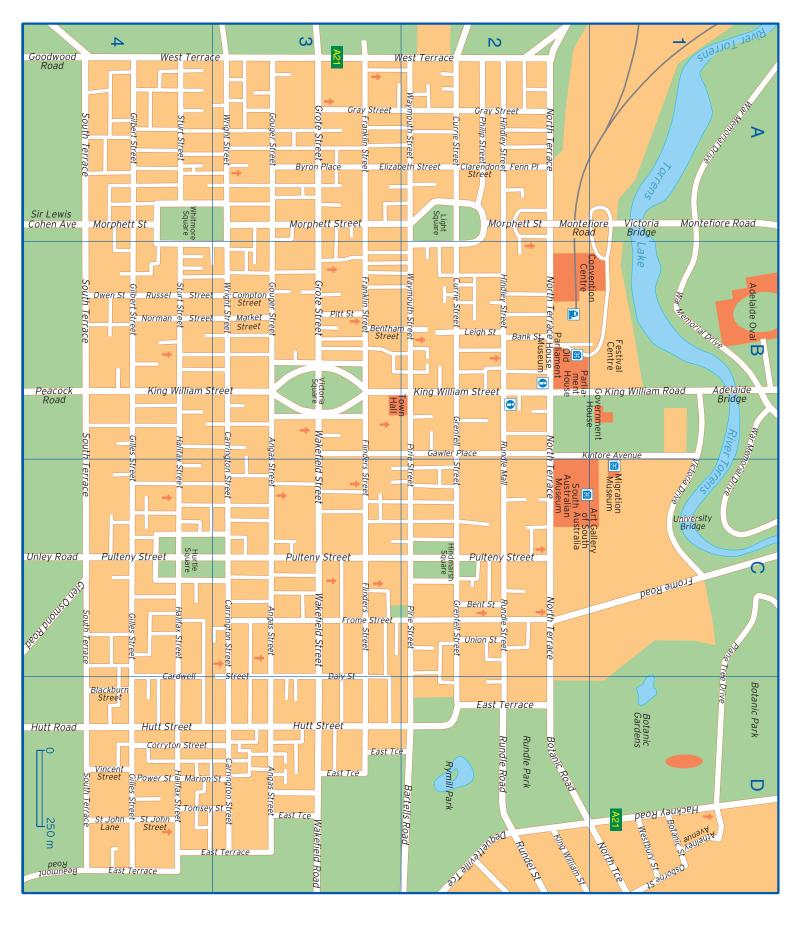
The Advertiser Sunday Mail Messenger Newspapers The Australian

Emergency numbers 000

Tourist information

Adelaide Visitor Information Centre 25 Pirie St, Adelaide Mon–Fri 9am–5pm +61 1300 588 140





	D 4				C1 D1
Adelaide Bridge	B1	Glen Osmond Road	C4	Plane Tree Drive	C1 D1
Angas Street	B3 C3 D3	Goodwood Road	A4	Power Street	D4
Athelney Avenue	D1	Gouger Street	A3 B3	Pulteny Street	C2 C3 C4
Bank Street	B2	Gray Street	A2 A3	Rundel Street	D2
Bartells Road	D2	Grenfell Street	B2 C2	Rundle Mall	B2 C2
Beaumont Road	D4	Grote Street	A3 B3	Rundle Road	D2
Bent Street	C2	Hackney Road	D1	Rundle Street	C2
Bentham Street	B2 B3	Halifax Street	B4 C4 D4	Russel Street	B3 B4
Blackburn Street	D4	Hindley Street	A2 B2	Sir Lewis Cohen Avenue	A4
Botanic Road	D2	Hindmarsh Square	C2	South Terrace	A4 B4 C4 D4
Botanic Street	D1	Hurtle Square	C4	St John Lane	D4
Byron Place	A3	Hutt Road	D4	St John Street	D4
Cardwell Street	D3 D4	Hutt Street	D3 D4	Sturt Street	A4 B4
Carrington Street	B3 C3 D3	King William Road	B1	Tomsey Street	D3 D4
Clarendon Street	A2	King William Street	B2 B3 B4 D2	Union Street	C2
Compton Street	B3	Kintore Avenue	B1 B2	University Bridge	C1
Corryton Street	D4	Leigh St	B2	Unley Road	C4
Currie Street	A2 B2	Light Square	A2	Victoria Bridge	A1
Daly Street	D3	Marion Street	D3 D4	Victoria Drive	B1 C1
Dequetteville Tce	D2	Market Street	B3	Victoria Square	B3
East Terrace	D2 D3 D4	Montefiore Road	A1 A2	Vincent Street	D4
Elizabeth Street	A2 A3	Morphett Street	A2 A3 A4	Wakefield Road	D3
Fenn Place	A2	Norman Street	B3 B4	Wakefield Street	B3 C3
Flinders Street	B3 C3	North Terrace	A2 B2 C2 D1	War Memorial Drive	A1 B1 C1
Franklin Street	A3 B3	Osborne Street	D1	Waymouth Street	A2 B2
Frome Road	C1	Owen Street	B4	West Terrace	A2 A3 A4
Frome Street	C3	Peacock Road	B4	Westbury Street	D1
Gawler Place	B2	Philip Street	A2	Whitmore Square	A4
Gilbert Street	A4 B4	Pirie Street	B2 C2	Wright Street	A3 B3
Gilles Street	B4 C4 D4	Pitt Street	В3		